

November 2017-FDL Cloquet Community Center

Sun 9:30am-6pm	Mon 6am-8pm	Tue 6am-8pm	Wed 6am-8pm	Thu 6am-8pm	Fri 6am-8pm	Sat 9:30am-8pm
			1 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP Get Fit 12-1	2 PiYo 12-1 Open Gym 5-8 GED 5-7:30 BK Language 5-6:30 CC	3 GED (call)	4 Come and Swim and use the Gym
5 Come and Swim and use the Gym	6 Elder Water Aerobic 8:15 Elder Exercise 9am ENP Cribbage 5-8 pm CC Cards 9-12 CC Diabetes Preve12-1CLR Kevin Mtg 5-8 ENP Caregivers 5-7 CLR	7 PiYo 12-1 Health Nutrition 5-7 CC	8 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP Get Fit 12-1	9 PiYo 12-1 Open Gym 5-8 GED 5-7:30 BK Language 5-6:30 CC	10 HOLIDAY	11 Come and Swim and use the gym
12 Come and Swim and use the Gym Elder Movie Morning 11AM	13 Elder Water Aerobic 8:15 Elder Exercise 9am ENP Cribbage 5-8 pm CC Cards 9-12 CC Diabetes Preve12-1CLR Kevin Mtg 5-8 ENP Caregivers 5-7 CLR	14 PiYo 12-1	15 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP Get Fit 12-1	16 PiYo 12-1 Open Gym 5-8 GED 5-7:30 BK Language 5-6:30 CC Great American Smoke Out 4pm ENP	17 GED (call) Elder Bake Sale 10-1 CCC	18 Come and Swim and use the Gym
19 Come and Swim and use the Gym Family Movie Morning 10am	20 Elder Water Aerobic 8:15 Elder Exercise 9am ENP Cribbage 5-8 pm CC Cards 9-12 CC Diabetes Preve12-1CLR Kevin Mtg 5-8 ENP Caregivers 5-7 CLR	21 PiYo 12-1	22 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP Get Fit 12-1	23 HOLIDAY	24 HOLIDAY	25 Come and Swim and use the Gym
26 Come and Swim and use the Gym Elder Movie Morning 11AM	27 Elder Water Aerobic 8:15 Elder Exercise 9am ENP Cribbage 5-8 pm CC Cards 9-12 CC Diabetes Preve12-1CLR Kevin Mtg 5-8 ENP Caregivers 5-7 CLR	28 PiYo 12-1	29 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP Get Fit 12-1 Sobriety Feast 6PM Gym	30 PiYo 12-1 Open Gym 5-8 GED 5-7:30 BK Language 5-6:30 CC		