

PIYO LIVE!

Using only your bodyweight, you'll perform a series of low-impact, high-intensity Pilates- and yoga-inspired moves to work every single muscle in your body.

Wednesdays
Cloquet Community Center
12:00pm - 1:00pm

For more information, call 878-3795.



Ready to make your
power move?

**Starting
Nov. 2!**