

November 2018-FDL Cloquet Community Center

Sun 9:30am-6pm	Mon 6am-8pm	Tue 6am-8pm	Wed 6am-8pm	Thu 6am-8pm	Fri 6am-8pm	Sat 9:30am-8pm
				1 Get Fit 12-1 Open Gym 5-8 GED 5-7 BK Language 5-6:30 CLR Sewing 9-12:30 CLR Entrepreneur Trn 9-5 CC Flu Shots 1-4 CLR	2 Entrepreneur Trn 9-5 CC	3 Come and Swim and use the gym
4 Come and Swim and use the Gym	5 Elder Water Aerobic 8:15 Elder Exercise 9am ENP Cribbage 5-8 pm CC Cards 9-12 CC PiYo 12-1	6 Get Fit 12-1	7 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP Health Nutrition 12pm CC	8 Get Fit 12-1 Open Gym 5-8 GED 5-7 BK Language 5-6:30 CLR Sewing 9-12:30 CLR	9 Respite Care Luncheon 5:30pm CC/ENP	10 Come and Swim and use the gym
11 Come and Swim and use the Gym Elder Movie 11am	12 HOLIDAY	13 Get Fit 12-1	14 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP Adult Game Day 1-2 CC Great Native American Smoke-Out Dinner 5pm CC/ENP	15 Get Fit 12-1 Open Gym 5-8 GED 5-7 BK Language 5-6:30 CLR Sewing 9-12:30 CLR	16	17 Come and Swim and use the Gym
18 Come and Swim and use the Gym Family Movie 10am	19 Elder Water Aerobic 8:15 Elder Exercise 9am ENP Cribbage 5-8 pm CC Cards 9-12 CC PiYo 12-1	20 Get Fit 12-1	21 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP	22 HOLIDAY	23 HOLIDAY	24 Come and Swim and use the Gym Wisdom Steps 10-12 CC
25 Come and Swim and use the Gym Elder Movie 11am	26 Elder Water Aerobic 8:15 Elder Exercise 9am ENP Cribbage 5-8 pm CC Cards 9-12 CC PiYo 12-1	27 Get Fit 12-1	28 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP Sobriety Feast 6PM Gym Flu Shots 4-6 CLR	29 Get Fit 12-1 Open Gym 5-8 GED 5-7 BK Language 5-6:30 CLR Sewing 9-12:30 CLR	30	