

# October 2018-FDL Cloquet Community Center

Sun 9:30am-6pm	Mon 6am-8pm	Tue 6am-8pm	Wed 6am-8pm	Thu 6am-8pm	Fri 6am-8pm	Sat 9:30am-8pm
	1 Elder Water Aerobic 8:15 Elder Exercise 9am ENP Cribbage 5-8 pm CC Cards 9-12 CC PiYo 12-1	2 Get Fit 12-1	3 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP	4 Get Fit 12-1 Open Gym 5-8 GED 5-7 BK Language 5-6:30 CLR Elder Fall Prev. 1-3 CC	5	6 Come and Swim and use the gym
7 Come and Swim and use the Gym	8 <b>HOLIDAY</b> <b>(Indigenous People's Day)</b>	9 Get Fit 12-1	10 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP	11 Get Fit 12-1 Open Gym 5-8 GED 5-7 BK Language 5-6:30 CLR Elder Fall Prev. 1-3 CC	12	13 Come and Swim and use the gym
14 Come and Swim and use the Gym  Elder Movie 11am	15 Elder Water Aerobic 8:15 Elder Exercise 9am ENP Cribbage 5-8 pm CC Cards 9-12 CC PiYo 12-1	16 Get Fit 12-1	17 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP	18 Get Fit 12-1 Open Gym 5-8 GED 5-7 BK Language 5-6:30 CLR Elder Fall Prev. 1-3 CC	19	20 Come and Swim and use the Gym <b>Women's Health Brunch</b> 9-12:30 CC/ENP
21 Come and Swim and use the Gym  Family Movie 10am	22 Elder Water Aerobic 8:15 Elder Exercise 9am ENP Cribbage 5-8 pm CC Cards 9-12 CC PiYo 12-1	23 Get Fit 12-1 Health Nutrition 12pm CC Domestic Abuse Vigil 4:30-7:30 CC/ENP	24 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP	25 Get Fit 12-1 Open Gym 5-8 GED 5-7 BK Language 5-6:30 CLR Elder Fall Prev. 1-3 CC	26	27 Come and Swim and use the Gym Wisdom Steps 10-12 CC
28 Come and Swim and use the Gym  Elder Movie 11am	29 Elder Water Aerobic 8:15 Elder Exercise 9am ENP Cribbage 5-8 pm CC Cards 9-12 CC PiYo 12-1	30 Get Fit 12-1	31 Elder Water Aerobic 8:15 Elder Exercise 9 am ENP Sobriety Feast 6PM Gym  Halloween			