

# Child Car Seat Safety Clinics

## 2019 Schedule

**DID YOU KNOW** that crashes are the leading cause of death for children from age 3 to 14? Using a car seat **correctly** can prevent many of these injuries and deaths. However, if car seats are not used correctly, serious injuries can occur.

### Most Common Child Passenger Safety Mistakes

- Turning a child from a rear-facing restraint to a forward-facing restraint too soon. American Academy of Pediatrics recommends keeping children rear facing until 2 years old or until they outgrow height or weight requirements of their car seat.
- Restraint is not secured tight enough - it should not move more than one inch from side to side at the belt path.
- Harness on the child is not tight enough.
- Retainer clip is too high or low, it should be at the armpit level.
- The child is in the wrong restraint. Be sure the restraint fits the child AND the vehicle.
- All children **under 13** years old should ride in the back seat.

Parents are encouraged to stop by a car seat safety clinic to have their child's car seat inspected free of charge. When a parent arrives, a certified car seat safety technician climbs into the vehicle to inspect child safety seats. Necessary adjustments will be made so the seats are properly installed to protect children in the event of a crash. The technician will also answer parents' questions or concerns about car seat safety.

Child passenger safety clinics are held monthly at the Cloquet Area Fire District. No appointment necessary. People will be helped first come first serve basis. If you have any questions please call Sarah at 218-499-4258. Parents are asked to bring their child(ren), car seats and cars to ensure proper restraint fitting.



**January 15, 2019** | 1 pm - 3 pm  
Cloquet Area Fire District **Station #2**  
2779 Big Lake Road | Cloquet, MN

**May 21, 2019** | 4 pm - 6 pm  
Cloquet Area Fire District **Station #2**  
2779 Big Lake Road | Cloquet, MN

**September 21, 2019** | 9 am - 11 am  
Cloquet Area Fire District **Station #1**  
508 Cloquet Avenue | Cloquet, MN

**February 19, 2019** | 4 pm - 6 pm  
Cloquet Area Fire District **Station #1**  
508 Cloquet Ave | Cloquet, MN

**June 18, 2019** | 11 am - 1 pm  
Cloquet Area Fire District **Station #1**  
508 Cloquet Avenue | Cloquet, MN

**October 15, 2019** | 1 pm - 3 pm  
Cloquet Area Fire District **Station #2**  
2779 Big Lake Road | Cloquet, MN

**March 19, 2019** | 11 am - 1 pm  
Cloquet Area Fire District **Station #2**  
2779 Big Lake Road | Cloquet, MN

**July 16, 2019** | 1 pm - 3 pm  
Cloquet Area Fire District **Station #2**  
2779 Big Lake Road | Cloquet, MN

**November 19, 2019** | 4 pm - 6 pm  
Cloquet Area Fire District **Station #1**  
508 Cloquet Avenue | Cloquet, MN

**April 16, 2019** | 1 pm - 3 pm  
Cloquet Area Fire District **Station #1**  
508 Cloquet Ave | Cloquet, MN

**August 20, 2019** | 4 pm - 6 pm  
Cloquet Area Fire District **Station #4**  
7426 Morris Thomas Rd | Cloquet, MN

**December 2019**  
No Car Seat Clinic



**CMH** Community Memorial Hospital

