

# Nahgahchiwanong (Far end of the Great Lake) Dibahjimowinnan (Narrating of Story)



*Fond du Lac Boys' basketball team ends their season in dramatic fashion against Silver Bay at Proctor Mar. 7.*

**In This Issue:**

Local News.. . . . .	2-3
RBC Thoughts . . . . .	4-5
Etc .. . . . .	6-9
Maple Syrup . . . . .	10
Health News . . . . .	11-13
Legal News.. . . . .	14
Election News. . . . .	15
13 Moons . . . . .	16-17
Community News . . . . .	18-19
Calendar .. . . . .	20

**1720 BIG LAKE RD.  
CLOQUET, MN 55720  
CHANGE SERVICE REQUESTED**

**Presort Std  
U.S. Postage  
PAID  
Permit #155  
Cloquet, MN  
55720**

# Local news

## FDL's sovereignty

By Zachary N. Dunaiski

Last month I wrote about the long overdue sovereignty which culminated in a celebration at Black Bear Casino and Resort on Jan. 29.

In the article, I mistakenly wrote: While it gives us the right to hunt, fish, and gather, it's about so much more than that as our district representatives pointed out.

The agreement with the State of Minnesota and the Fond du Lac Band doesn't give us the right. We retain the right. It's important to understand that this isn't something we've been given. We're retaining the right just as Bruce Savage and Roger M. Smith Sr. stated at the event.

"It's the right to feed ourselves," Bruce Savage, Sawyer District Representative said. "No matter what - we are still going to retain the right to feed ourselves."

"Now we can always feed our families. It's a means to hunt, fish, and gather for our families," Roger M. Smith Sr., Brookston Representative, added. "But more importantly we still have the right to hunt, fish, and gather to conduct our ceremonies. And those are very important to how we do things, and how we retain them."

## Native Arts Initiative Grant at Sawyer Community Center

By Patra Wise

The Sawyer Community Center has been hosting a Native Arts Initiative Class weekly on Thursdays from 5-6:30 p.m. for youth ages 6-17. This class is funded through a Native Arts Initiative (NAI) Grant. The goal of the NAI Grant is to foster the intergenerational transfer of knowledge from Elders in the community to youth while building strong relationships and encouraging community interaction.

We have completed the jewelry portion of the NAI classes and are now moving on to the Regalia making portion. It has been wonderful to see the students interacting with each other while learning new skills. We have some very talented youth! We would like to say thank you to Daniel Zorichak for participating as our first instructor covering the jewelry portion. With Dan's guidance the students were able to produce beautiful and very unique art pieces.

We look forward to Regalia making and are excited to see what these students create with the guidance of our Regalia instructors! We would like to say a big thank you to the Sawyer Center Manager, Brenda Shabiash and the Sawyer Center Staff, Ryan Barney, and Tiffany Mullen for helping to facilitate each class! We also appreciate our parent volunteers and support from community members to help make this program a success! We should also thank Rita Ojibway for helping get the class plan together and helping to facilitate the classes along with the parent volunteers, Naiomi Conley and Corrine Bernu.



## Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

### TABLE of CONTENTS

Local News.....	2-3
RBC Thoughts .....	4-5
Etc .....	6-9
Maple Syrup .....	10
Health News.....	11-13
Legal News.....	14
Election News.....	15
13 Moons .....	16-17
Community News .....	18-19
Calendar .....	20

Published monthly by the Fond du Lac Reservation Business Committee. Subscriptions are free for Fond du Lac Band Members. To inform us of a change of address, write to:  
Fond du Lac News, Tribal Center,  
1720 Big Lake Rd.,  
Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the  
Native American Journalists  
Association

# Local news

## Fond du Lac Police Officers appreciation dinner

By Zachary N. Dunaiski

The Fond du Lac police officers are hard at work keeping us safe every day. Acting FDL Chief of Police, Officer Mike Diver, and the FDL Police Sergeants selected four individuals to honor at their yearly appreciation dinner.

The four awards, Community Police Officer, Leadership award, Distinguished Achievement award, and Officer of the Year, were nominated by the sergeants and chosen by Officer Diver.

"I told my sergeants, 'here's what the awards are and what they have to follow. So select an officer and tell me why.' Then I took what I'd learned and what I heard and go off of their lists," Officer Diver said about how the officers were selected.

Most of us would assume that each officer was chosen by a sergeant that they worked closely with, but that wasn't the case for the FDL Police Department. The officers respect one another and have learned who deserves the recognition.

"The thing about it is you think a sergeant would select one of his own guys but they didn't," Officer Diver added about the great appreciation the officers have for one another. "They looked at the other shifts, they hear what the other shifts are doing and eight times out of ten a sergeant is selecting someone from another shift."

The award for Community Police Officer was awarded to Nils Hansen, an officer who started a little over a year ago, but has gone above and beyond to make himself known in our community.

"When he got hired he was really shy, almost awkward shy. One of the jobs I tasked him to do was, because community policing is a big part of our thing, get out there and introduce yourself," Diver said of Nils when he first started with FDL. It wasn't easy for Nils to go out there, but his effort is what Diver and the other officers noticed.

"With him being so shy, it was really hard. But he would go out there and do it. He would talk to different people at the community centers and at our events. At the picnic we had last year, he played with all the kids. So he was in the bounce houses and he was shooting baskets with all the other kids. He was just introducing himself. And like I said, from a guy that was really shy in the beginning he really took strides in getting to know the community," Diver said.

Being a police officer isn't an easy job, we all know that, which is exactly why the officers have to be deeply involved in the community and have the respect of the residents with whom they are trying to help.

"I really appreciate that he broke out of his shell. He really went out there to be a positive person in our community," Diver added in stating why he

was nominated by the sergeants and given the award.

The next award, the Leadership Award, went to Officer Casey Rennquist. Casey is FDL's K9 officer and his job is hard enough trying to keep drugs off of the Reservation, but that didn't stop Casey from taking on more work.

"Casey Rennquist his leadership just shines," Diver said. "He was basically taken out of his role as a sergeant and told to just do K9 work, because of the drug problem we face on the Reservation. Casey has a K9, and he's probably our most knowledgeable guy that's in drug interdictions."

After Rennquist had been in the position for a while, and doing great work to try to keep drugs off of the Reservation, Diver asked if he was enjoying the work. Casey said he was enjoying it but missed one key thing.

"As I'm at work with him, we'd be in the office and we'd get a call for service. A call got entered and he would go. I would tell him, 'hey, your work is drug interdiction, focus on that.' And he was like 'man, I have to go. I have to make sure my guys are safe.' He said he missed being with his guys," Diver said.

It's the little things like that which led other officers to take notice.

"To me, that tells me he's a leader. He's a guy that leads in front of his guys and not on their backs. Casey is willing to go out there and get in the

dirt, to make sure they're safe," Diver said.

The third award was the Distinguished Achievement Award which went to Officer Kelly Haffield. Over a year ago FDL was awarded a grant for a sex trafficking officer. Kelly was appointed to that position and when she started she immediately went to several trainings and tried to learn as much as she could.

"She worked with the Duluth Police Department within that year and she built a really solid foundation," Diver said of the first time they had the grant money. Then they reapplied for the money and had a different mission.

"This time they wanted us to do a task force. They asked us to do it in a very short time. We were trying to build a task force in just a couple of weeks. It was really hard," Diver said.

But there were some disagreements on how best to run the task force between Duluth and FDL. Diver and Haffield wanted a different strategy and that's just what they got.

"We came back to council and the council said, 'why don't we look at a Tribal task force?' There are 11 Tribes in the state of MN and we want to focus on our Native American victims. Kelly did that. She went out and started calling every Tribal agency and got a hold of the Chiefs and Chairmen and whoever else she needed. She did all the leg-work," Diver said of her work.

The final award is Officer of

the Year, which was awarded to Herb Fineday. He's worked very hard over the last several years even when it wasn't always the easiest job.

"We asked the whole department 'hey, here's a job that we're going to have. The only thing that you're going to be able to do is basically be able to do your own work. But, you're not going to get a raise in pay, you're not going to get a promotion, you're probably going to work long hours and you're probably going to be flexing your time.' There wasn't a lot of benefit to this job," Diver said of the job Fineday took on himself and has been working very hard at to keep the community safe.

But Herb was awarded with the Officer of the Year award for more than just his work on the job.

"He's a very positive role model not only at work, but outside in our community. He's out there dancing and teaching his children how to dance," Diver said of Fineday. "He's a positive individual inside the police department and he's a positive person outside of his job in our community. So that's why I selected him."

There are many great Officers working for the Fond du Lac Police Department keeping us safe and also being very involved in our community. We all appreciate the hard work those men and women do, so please take a moment to thank them when you see them.



Artwork by Aaron Kloss • www.aaronkloss.com

# RBC Thoughts

## Sawyer News

### Boozhoo,

Ziigwan is here! The Spring fishing quotas have been set. We met with the other two Bands of the 1854 Treaty area and informed them of our intent to harvest specific lakes with quotas. Those lakes are listed at the FDL Resource Management office, if you have any questions please feel free to call me and I can forward information to you. Also, a reminder to harvesters: be sure to service your gear and be safe out on the water.

I am looking forward to smelting and looking forward to another smelt fry at the Sawyer Center. If anyone would like to help out and trek into the waters of Lake Superior with us, please contact me.

Within the last month we have met with a number of outside agencies and within our own departments. Notably, we had a good initial meeting with Minnesota Housing Finance Agency and we are looking into more housing options within the Reservation. When we have more knowledge of details and plans, we will be sharing that with the community. The Broadband project is getting geared up to start again, positions are open within this project. We are expecting to have some of

the system up and running this Fall. The completion of the project will be in 2019.

FDL Enrollee Days schedule has been set with canoe races, music, family portraits, good food, and presentations on medicinal plants. This year we will have family softball, kids activities and more. This year FDL Clinic staff will be available to the community to do outreach about their programs and services. The FDL Museum is always a big part of Enrollee Days and the museum will be open with great presentation and displays again this year.



Bruce Savage

Welcome Dan Laprairie, as our Black Bear Casino General Manager. He has been the interim General Manager for the past year and has shown great leadership and commitment to staff and the overall vision of the casino. Thank you Dan for your dedication to the Band, we appreciate your diligence.

Please make your voice heard, vote in all elections. The FDL Primary is April 3, 2018.

*Miigwetch, contact me if you any questions or input.*

*Bruce M. Savage  
Sawyer District Representative  
Cell: (218) 393-6902  
brucesavage@fdlrez.com*

### Boozhoo,

Spring is upon us once again. The snow is melting and the grass is starting to show. Soon the sap will be running and so will the fish. This time of the year is always exciting to watch the change from winter to spring. I like the fresh smell of the outdoors. But with the receding snow comes the need to clean up.

As we do each year we will have a cleanup crew working in all three districts. They will be cleaning the sides of the roads and the parks in their areas.

So if you see them on the road please be safe as they are providing a service for all of us. There will be some seasonal employment available so if interested get your application in at HR.

The Highway 23 grave repatriation project should be complete by the end of this season. All the disturbed soil should be cleaned and any remains should be identified. The work on placing a permanent memorial should also be complete with a design and location. There is still a need for workers on this project.

The line 3 cultural resource survey

seems to be growing each day. We contracted to do a section of the proposed location and now we are being asked to expand our workforce and area to ensure that the survey is done properly. Should our area of responsibility be increased we will need more workers on this project.

Our internet to home project is gearing up for the construction season again. We are projected to finish late fall with phase one and two of the project and phase three will begin early spring next year. Once the cable is laid and a site for the equipment is selected we should be able to start offering services like cable television,

internet, and phone to homes on the Reservation. There is work available during the construction phase which could turn into full time permanent employment with the company. There will also be jobs available in the service area when completed.

*If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinand-martineau@fdlrez.com  
Gigawaabamin.*



Ferdinand Martineau

# An important message at the Ziigwan Celebration

By Zachary N. Dunaiski

Spring is finally here. Well, around here that just means the sun is out longer during the days that are still usually below freezing, but that doesn't stop us from celebrating the season.

The Fond du Lac Ojibwe school hosted their Ziigwan (Spring) celebration Mar. 21. There were several events for the students to enjoy including a Sugar Bush presentation, games, arts and crafts, archery, snack making, planting, and storytelling, but some of the most interesting activities of the event were the onstage performances.

The second act was rap artist Thomas X, a Red Lake Band member, teaching the students at FDLOJS about the importance of a lot of topics. He rapped about the Line 3 pipeline and how we all need to protect the water as well as some freestyle rap before reciting a poem of his about the 7 teachings that were informative and well stated.

He did all of this while handing out stickers and free copies of his CD. He then spoke to the students on a personal level by talking about what's

been going on in this country lately.

Thomas X admitted that he didn't have an answer for how to fix it, but gave the students an important lesson of everyone's worth.

"How much is that worth?" Thomas X asked a young student he called up on stage after handing her a 20 dollar bill.

"20," she replied. He then asked her to crumple it up, throw it on the ground, stomp on it, call it names, smash it some more in her hand before unfolding it and returning it to its flat-ten state.

"How much is it worth now?"

"20," she replied.

"So no matter what happens,"

Thomas X stated, before turning back to the crowd. "When people kick you down, when people say mean things to you, you're still worth what you're worth. You're still worth a lot. And you mean something."

He then thanked the student who helped him by letting her keep the money. Thomas X had many great messages for the students, but none were more important than this.



## FDL basketball seasons end in heartbreak

By Zachary N. Dunaiski

The Fond du Lac boys' basketball team had an exciting season, so it was almost fitting that their playoff game was the exact same way.

At one point, with FDL down double digits to Silver Bay at Proctor High School, the game and season looked to be easily over. But the Ogichidaag fought back and even tied the game up with under a minute to go.

Unfortunately FDL couldn't convert on its final two possessions, forcing a last second, three quarter court heave towards the basket for a chance to tie, but unfortunately it didn't go in. They lost 66-63.

The girls' team didn't fare much better as they lost in their lone playoff game as well to Northland 54-50. Both teams have lots of young, up and coming talent and we're excited to see what the future holds for our teams.

Etc.

# Gitigaan 2018

## Schedule of Classes

Pot Luck Dinner

5:00p.m.

Class 5:30p.m.



- March 20 Herbs
- March 27 Vinegar 101
- April 3 Cancelled for Elections
- April 10 Asparagus and Garlic
- April 17 Mini Hoop Houses
- April 24 Traditional Tobacco
- May 1 Sheep
- May 8 Simple Garden Recipes
- May 15 Pest Management for Apple Trees
- May 22 Farmer Training Program
- May 29 Pollinators
- June 1 Plant Packaging
- June 2 Plant Giveaway

*Seed Packets can be picked up at the Tuesday night classes  
Please bring a Tribal ID*

**Anyone interested in helping package plants or needs tilling please contact Tammy Anderson at 878-2642 or email [TammyAnderson@fdlrez.com](mailto:TammyAnderson@fdlrez.com)**

## Nagaajiwanaang Genawendangig Anishinaabemowin 2018 Language Program News

Submitted by Janis Fairbanks, Anishinaabemowin Coordinator

### April 2018

It is time to give you an update to what is happening at the Kiwenz Ojibwe Immersion Language Camp this June.

As I mentioned last month, we are planning the major Kiwenz Ojibwe Immersion Language Camp June 13 - 17 at Kiwenz Campgrounds. In mid-March, we had an added attraction to the already bursting list of activities! There will be a lacrosse game played on Saturday of the camp, and there will be lacrosse stick-making crafting happening during the camp also. In order

to ensure space for all of the activities on the schedule and to preserve the health and well-being of the trees on the campgrounds, this year there will be no parking available within the campgrounds, except as designated by camp staff, supplies, and deliveries schedule. Instead, there will be shuttle service to and from the campgrounds from designated parking areas. More information will be provided in the next newsletter and

on our Anishinaabemowin webpage as transportation schedules are finalized.

Also, here is some very important information for all campers. There are no electrical hook-ups; camping is rustic, usually in tents. Also, there are no pets allowed in the language camp this year, so please make other arrangements for your pets.

Our immersion activities at this year's camp are funded by the Minnesota Indian Affairs Council through the Legacy Fund, the Northland



Foundation Age to Age Grant, and donations from the Fond du Lac Community Health Services (CHS) division. Planning is being done each month by the camp

planning committee. We have a newly hired Language & Curriculum Specialist who joined our staff on March 5. Bizhiki (Andrew J. Gokee) is a welcomed addition to our department, and has already begun the task of learning the ropes in a new environment with fine results that are expected to continue. One of Bizhiki's strengths is experience in planning a language camp.

Among the performers/

participants at camp, besides Keith Secola, Anishinaabe musician from Minnesota, we have 16 artists and assistants, and several fluent and advanced level Ojibwe speakers. Crafts represented are bead working, birch bark crafting, pucker toe moccasins, feather decorating, pipestone carving, drum stick making, rush mat making, painting for children, and finger weaving. These will all be demonstrated and discussed in immersion Ojibwe by the dozen or more contracted Ojibwe speakers. There will be an ongoing language table operating during camp for all language levels. This year, there will be Nindinawemaaganag ezhi-minwendaagoziwag, bimosewin/bimibatoowin (Family Fun Walk/Run) to those who register for the event on Thursday and Friday mornings only. Participation prizes will be presented, and the walk/run is organized by Fond du Lac's CHS, and funded by Northland Foundation Age to Age Program.

13 Moons, Clearway, SHIP, and MDH will be providing feast ware bundle bags which you are encouraged to use at camp to cut down on rubbish from the use of paper plates and service ware. Stations will be set up to personalize your bags.

Questions or comments, please contact me at [janisfairbanks@fdlrez.com](mailto:janisfairbanks@fdlrez.com)

Etc.

## Conservation Committee seeks new members

The On-Reservation Conservation Committee is taking applications for four new members.

The conservation committee is a seven member advisory group to, and appointed by, the Reservation Business Committee (RBC). Committee members must be FDL Enrollees. The committee advises the RBC on all natural resources matters within the exterior boundaries of the Fond du Lac Reservation.

Committee meetings are held monthly and are compensated.

If you are interested in becoming a member of the committee leave your name and phone number with Terri Redding at resource management (218) 878-7155.

Names will be collected for the next 30-days. All names collected will be submitted to the FDL Reservation committee for appointment selection.

## From the FDL Economic Development Committee

Submitted by  
Heather Abrahamson

March marks the 11th month of the Economic Development Committee (EDC), the EDC had its first meeting in May of 2017. Originally, we were supposed to meet once a quarter, but being a newly formed committee, we felt it important to initially meet once a month and we've hit the ground running ever since. The EDC consists of five members,

Bruce Blacketter, Chairperson; James Kirsch, Vice Chairperson; Heather Abrahamson, Secretary; Eric Rilling, Committee Member; and Russ Savage, Committee Member. In addition to our meetings, one of us can be found at the monthly/quarterly Open RBC meetings, FDL Health Fair, the State of the Band, really all FDL major events because we want to hear from you. The purposes of the EDC are coordinative and advisory and not administrative. The EDC has an email if you would like to reach out to us at [EDC@FDLREZ.com](mailto:EDC@FDLREZ.com).

The EDC and how it came to be...The Fond du Lac Reservation Business Committee by resolution #1378/13 developed the Fond du Lac Reservation 2013-2018 Community Economic Development Strategy (CEDS) that was the framework to move the Fond du Lac Band of Lake Superior in a forward direction. The 2013-2018 CEDS can be found on the Fond du Lac Band of Lake Superior Chippewa website under, Programs & Services, click on Planning Division, and go to "Documents" in addition to CEDS you can review the Fond du Lac Reservation 2010-2020 Strategic Plan.

### The FDL CEDS Plan is:

- Work with public and private sector groups to strengthen and enhance the Band's capacity and economic development
- Prepare the Band for economic growth by expanding and maintaining critical infrastructure including communications, transportation and

public utilities

- Improve the Band's entrepreneurial environment
- Ensure an adequate supply of quality, affordable workforce housing in the region
- Obtain and sustain economic and personal self-sufficiency for all individual members of the Fond du Lac Band of Lake Superior Chippewa.

Fond du Lac Ordinance #02/16 Bylaws of the Fond du Lac Band of Lake Superior Chippewa Economic Development Committee was adopted by Resolution #1375/16 of the Fond du Lac Reservation Business Committee on November 15, 2016. The FDL EDC Bylaws can also be viewed on the FDL website under the Planning Division. The functions of the Economic Development Committee: (a) Acquaint themselves with the Fond du Lac Band of Lake Superior Chippewa Strategic Plan and the Community Economic Development Strategy. (b) Review and make recommendations to the Planning Director about all business proposals brought to the Planning Division both from outside sources and those generated internally. (c) Advise the Planning Director in all matters related to management and development issues affecting business on the Fond du Lac Reservation, including Band business.

## FACE program

The Fond du Lac Family and Child Education (FACE) Program is proudly serving families in our community.

# SPRING ELDER

## BANQUET

TUESDAY  FDL ELDERS RECEIVE:  
APRIL 17, 2018 \*HOTEL STAY  
4:30pm - 7:00pm \*2 BREAKFAST COUPONS  
B.B.C. OTTER CREEK \*\$25.00 CASH 

PLEASE CALL MORGAN (218) 878-2399  
TO RSVP BANQUET  
AND RESERVE A HOTEL ROOM.

Dinner @ 5:00pm



The overall goals of the FACE Program continue to be:

- Support parents/primary caretakers in their role as their child's first and most influential teacher
- Strengthen family-school-community connections
- Increase parent participation in their child's learning and expectations for academic achievement
- Support and celebrate the unique cultural and linguistic diversity of each American Indian community served by the program
- Promote lifelong learning. FACE has been designed to implement a family literacy program for the American

Indian families in BIE-funded schools. Program services integrate language and culture in two settings: home and school. In the home-based setting, services are provided through the 4-component model: Personal Visits, FACE Family Circle (Group Connections), Screening, and Resource Network. In the center-based setting, services are provided through: Adult Learning, Early Childhood Education, Parent Time, and Parent and Child Together (PACT) Time.

Not only do we focus on literacy at school but we also focus on literacy in the home. All actively participating families receive age-appropriate Imagi-

Etc.

**Become a Licensed Child Care Provider**

**LICENSED CHILD CARE PROVIDERS NEEDED**

- Would you like to work from home?
- Do you enjoy working with children?
- Have you or are you willing to take classes regarding child development?

Fond du Lac Reservation Child Care Services is accepting applications for Native American child care providers residing on FDL Reservation.

**For more information, please call 218-878-2138.**

\* Complete Application Package & Home Study \*  
\* Pass Background Check \*

Must meet program eligibility requirements.  
Fond du Lac Human Services Division | Social Services Department

nation Library books from the Dollywood Foundation for their children every month from birth to five.

If you are interested in more information about our FACE Program and the people we serve, please contact us at (218) 878-7231.

**Fond du Lac Ojibwe School Board Regular Meeting Tuesday February 6, 2018 Fond du Lac Ojibwe School Board Room 3 p.m.**

Called to order: 3:01 p.m.

Roll Call: Debra Johnson Fuller, Joyce LaPorte, Betty Anderson, Robert Peacock, Michael Diver, Jeffrey Tibbetts

Absent: Carol Wuollet  
Others present: Jennifer Johnson, Superintendent; Vicki Oberstar, Counselor; Abby Otis, Sub Teacher; Sharon Belanger, Special Education Coordinator  
Betty Anderson read the mission statement.

Motion to approve the agenda with the addition of school royalty request: Joyce LaPorte, seconded by Robert Peacock. Add sub-committee under old business, all in favor, 0 opposed, motion carried.

Motion to approve the January 9, 2018 regular meeting minutes: Betty Anderson, seconded by Jeff Tibbetts. All in favor, 0 opposed, motion carried.

Motion to approve the January 23, 2018 special meeting minutes: There was discussion regarding professional development and prep time. There was further discussion regarding staff follow up to the strategic plan and reading 45 minutes daily of Ojibwemowin in grades K-10.

Betty Anderson, seconded by Joyce LaPorte, all in favor, 0 opposed, motion carried

Review of the ledger – There were questions regarding the Occupational Therapist contract for services.

**New business:**

I. Language & Cultural Specialist & Language Coordinator job description discussion - There was discussion regarding the vision for a Cultural Coordinator, language and the culture activities. Members of the board agree language speaker prevail the culture... discussion regarding cultural competency on the Superintendent's evaluation.

Move to a Special Meeting for further discussion.

Superintendent Johnson will edit the Reservations Ojibwe Language Coordinator position and modify to the Ojibwe School.

School-wide Music Teacher job description discussion. The job description has 42 lines of duties. Betty would like the board to take a look at this.

Assistant Principal discussion.

Motion to table the Culture Coordinator Job Description - Betty Anderson, seconded by Michael Diver. All in favor, 0 opposed, motion carried.

II. Ice Skating Rink Support Letter - There was a phone call requesting the School Board submit a letter of support for the ice rink on the football field. The School Board all agree the rink is already in place. There was discussion regarding the lights on the softball field. Maybe that space would be more community friendly.

Michael Diver motioned to decline the request to support the letter, 0 second, motion denied.

There was discussion to write a letter that does not support the rink

III. SY 18-19 Calendar DRAFT - Jennifer Johnson discussed the draft. There was discussion regarding the number of contact days in each quarter, staff development days and FACE family circle.

IV. SY 18-19 Budget Discussion - Jennifer Johnson discussed the draft. Requesting a \$20K increase.

\*MIS service fee - this will be added to the budget. This is currently a draft.

V. School Royalty Request - Denver March Powwow – The current reigning Jr. Brave family is requesting permission to attend the 2018 Denver March utilizing the royalty funds. They will rent a van and include a couple of students from Cloquet. School Royalty has a budget of \$2500. There was discussion regarding the

required powwows royalty attend.

Motion to support the Jr. Brave request to attend the 2018 Denver March and utilize up to \$1000 of the royalty scholarship fund. Betty Anderson, seconded by Joyce LaPorte, all in favor, 0 opposed, motion carried.

**Old business:**

I. MDE Indian Education Program Plan WBW Overview - no discussion

II. Cloquet Financial Agreement Language Changes - Jennifer Johnson discussed a reading list of books to include in the agreement.

\*Updated Success For All - This is no longer a program used.

\*Portage Lake - Maud Keg (Book to add to the list).

Further discussion regarding newer book that have been released.

\*Superintendent Johnson will update Math - Envisions

III PAG Bylaws update - FDL Legal will present a resolution to the RBC tribal council February 13, 2018.

IV. Sub-committees and the addition of a budget committee

Add Jeff Tibbetts to Community Involvement

Add Robert Peacock to Accreditation

Add Michael Diver to Safety Budget Committee – Betty Anderson

**Supervisor reports:**

There was discussion regarding moving the supervisor reports to the beginning of the agenda.

Special Education Coordinator - Dream Catcher program

Etc.

discussion regarding results. Betty would like to see how many students participate and how effective the program is for the students.

Other:

TNEC Consultations – Jennifer Johnson updated the board on the highlights of the committee. Currently requesting an automatic default to American Indian if applicants check multiple ethnicities.

Motion to Adjourn Robert Peacock, seconded by Jeff Tibbetts, all in favor, 0 opposed, motion carried.

Adjourn 4:55 p.m.

Recorded by Jennifer Trotterchaude

### Black Bear Golf Course Spring Special

\$39.99 + tax for  
18 holes with  
cart  
Golf Course  
opening  
through  
Memorial Day



## Elder Activity Daniel O'Donnell



June 1st 2018

DECC Auditorium

Duluth, MN, 7:30pm

Bus will leave the Tribal Center @ 6:00pm

**Sign-Up starts on Wednesday  
March 14, 2018.  
Deadline for \$50.00 deposit is  
Monday April 16, 2018.**

Sign-up in the Library

Contact for Paying Deposit:

Donna King (218)451-1224

Catherine Follett (218)390-0309

30 tickets available  
to Fond du Lac  
Enrolled Elders On-  
ly. First Come First  
Serve.



## Informational Meeting

Monday April, 9, 2018

5:30pm

FDL Tribal Center

1720 Big Lake Rd.  
Cloquet, MN 55720

ENP

Pot Luck- Please

Bring a dish to  
share.



For more info contact:

Elder Advocate: Velvet Linden (218) 878-8053



The NICOA Conference is being held on  
September 10-13th, 2018 in  
California @ the Pechanga Resort & Casino.  
45000 Pechanga Parkway  
Temecula, CA 92592

## Become A Foster Parent

Open your home. Change a child's life forever



Can you make a difference?

Fond du Lac Social Services is accepting  
applications for foster care homes.

The mission of the FDL Foster Care Program is to  
increase the number of Native American licensed foster  
care homes available for Native American children.

\*\*For more information please call. (218) 879-1227

"OUR CHILDREN ARE OUR FUTURE"

# Maple Syrup

Research by Christine Carlson

## The Gift of the Tree Spirit

Another story is told of an old Indian lady well known in her village for her good deeds. The Indians were collecting maple sap and she was trying to get her share. Although she had tapped a number of maple trees her bark buckets contained very little of the fluid. While she was in the forest a voice spoke to her from the trunk of one of the trees. This tree spirit told her that he would reward her for her goodness. Following the instructions of this mysterious voice she went to the tree on the following day and on its trunk found a lump of congealed sap. With this she scored the inside of her sap-boiling kettle near its rim. Thereafter, no matter how little sap there was in her kettle, it always boiled up to the mark she had made near its rim. So the good old lady always had an abundant supply of sweet maple sap, the gift of the tree spirit.

## Bureau of American Ethnology – Offering of the first fruits

A custom which began with the season of making maple sugar and lasted throughout the industrial year was that of offering a portion of the first fruit or game to manido. This was done by giving a feast at which the host “spoke to manido,” and offered petitions for safety, health, and long life. The speech and prayer on such an occasion depended on the person giving the feast, and often was quite lengthy. Everyone was given a little of the “first fruit” and then partook of the feast. Some of

this special food was usually put on the graves. Persons strict in observing old customs kept a kettle especially for cooking the first fruit or game but this was not necessary.

## Ely Diary entries from the old village of Fond du Lac in the year of 1836

March 20, 1836 – This morning Catherine and myself started on a visit to Mrs. Aitkin’s sugar camp; has been thawing all day.

April 6, 1836 – We ascended the steep bank probably 100 feet to the level of the country; here is a beautiful growth of maples; this is Kebeshko’s sugar camp.

## Superior Chronical of May 4, 1858

The Indians and settlers of the North Shore have manufactured large quantities of maple sugar the present season, and our market is well supplied. The price ranges from twelve to fifteen cents per pound.

## Maple Sugar – Superior Gazette of May 6 1865

Most of those engaged in the manufacture of sugar in this locality, have come in from the bush and so far as we learn have met with fair success. We have not been able to obtain the exact amount made but judge it will not fall far short of 7,000 pounds.

## Superior Times of June 30, 1883

WAR ON HIGH PRICES – Peter E. Bradshaw sells Sugar Cured Hams, per pound – 14 cents; Creamery Butter 5 lb boxes 25 cents; Pure Michigan Maple Syrup 6 lbs. for \$1.

## Price for Maple Syrup in 1896

A quart bottle of maple syrup sells for 15 cents. A gallon of maple syrup sells for 60 cents.

## Old Village of Fond du Lac Column in the Duluth News Tribune of March 24, 1898

Indians are now busily engaged in gathering sap for making maple sugar. There are several sugar camps near here and they all report the outlook good for an abundant yield.

## Maple Sugar Making in St. Louis County – Duluth News Tribune of May 1, 1907

Brookston, Minn. “Home-grown” maple syrup and a large quantity of it will find its way this spring into many St. Louis county households.

Many of the local Indians have just returned from their “sugar bush” camps south of town where there is a fine run of good sap.

## Tapping Trees for Sweet Sap – Duluth News Tribune of April 9, 1908

“Years ago,” said Mr. Hartly, “the Indians made many tons of maple sugar in Northern Minnesota each year. They kept it for considerable periods of time, burying it in birch bark until such time as they wanted it. I once found several hundred pounds of maple sugar that evidently had been buried for several years and forgotten.”

“I am making syrup in a bush where the Indians had been accustomed to making it for many years, some of the trees have scars on the bark from as many as 100 tappings”.



Engraving from Schoolcraft’s Indian Tribes of the United States.

## Recollections of Old Superior by Achille H. Bertrand

Maple Sugar – The maple sugar season was one of the important events of the year. While it did not materially add to the cane supply, it always yielded a generous quantity of sweets which could not otherwise be obtained. Store candy was a luxury on which one could not be accused of having been overfed. The camps were in the hills back of West Duluth and Fond du Lac.

## Indians Making Sugar – Duluth News Tribune of April 5, 1918

Tower, Minn. - The local tribe of Chippewa Indians are out these days in the maple groves within a few miles of the city, making maple syrup. The sap is running and the Indians are gathering large quantities of it with which to make sugar. They have for years been annual producers of many pounds of this slapjack lubricating material.

## Maple Sugar Scarce – Birchwood (also known as Solon Springs) Duluth News Tribune of April 12, 1921

The maple syrup and maple

sugar industry of northern Wisconsin is slack this season due to the absence of warm days and cool nights. The production of sugar and syrup in this locality will not reach a third of the supply of a year ago. Indians of the Chippewa reservation find the lack of maple sugar a heavy blow to them.

## My Story

I have been collecting maple sap for 12 years now but time is taking its toll on me. Last year I tapped about 40 and previously over 100 trees and so I go backwards yet keep going forward for the love of the syrup and experience.

My most memorable time in the woods was a few years back when the snow was super deep. I just sunk up to my waist and was continually stuck in the deep snow expending far too much energy getting out. I figured the only way I could continue tapping was to crawl through the snow. Crawling through the woods and experiencing what the animals see was fascinating. Life offers so many possibilities and I am thankful for all of them.

# Health News

## April is Testicular Cancer Awareness Month

By Denise Houle,  
Cancer outreach worker

**T**esticular cancer is the most common cancer in American males between the ages of 15 and 35. Testicular cancer accounts for approximately 1% of all cancers in men. Testicular cancer is rare and there is no way to prevent it. However, testicular cancer is highly treatable, even when cancer has spread beyond the testicle. Regular testicular self-examinations can help identify growths early, when the chance for successful treatment of testicular cancer is highest. Cancer usually affects only one testicle. Most men with testicular cancer do not have a family history of the disease.

Risk factors for testicular cancer include: Race, age, an undescended testicle, family history of testicular cancer, HIV infection, abnormal testicle development, personal history of testicular cancer, carcinoma in situ (abnormal cells in the testicle which have not yet progressed to cancer) and body size (some studies suggest taller males are at a greater risk).

Signs and symptoms of testicular cancer include: An enlargement or lump in either testicle. Feeling of heaviness in the scrotum, dull ache in the abdomen or groin, sudden collection of fluid in the scrotum, pain or discomfort in a testicle or the scrotum, enlargement or tenderness of the breasts or back pain.

Remember to always talk with your healthcare provider about any concerns you have.

Source: Mayo Clinic [www.mayoclinic.org](http://www.mayoclinic.org) and American Cancer Society [www.cancer.org](http://www.cancer.org)

## Cutting back on sugar

Jessica Kamunen,  
Physician Assistant

**T**he Fond du Lac Medical department is encouraging everyone to try to cut back on sugar intake. Sugar intake has been linked to increase in weight, type 2 diabetes, coronary artery disease, and some cancers. It is important to limit sugar intake from the time we are infants through our adult life to decrease the risk for these conditions.

- It is recommended to keep track of the sugar you are consuming at least for a few days. This gives you insight on how much sugar you actually take in. Aim for no more than 25-35 grams of added sugar per day, which is 6-9 teaspoons. You can convert the grams to teaspoons by taking the grams and dividing by 4. For example, a can of mountain dew has 46 grams of sugar. You take 46 grams divided by 4 which is 11.5 teaspoons of sugar in that one can.
- Cut back on the amount of sugar you are consuming slowly. This allows your body to adjust and not crave the sugar compared to cutting back quickly.
- Reading the ingredient label of processed (packaged) foods can help to identify added sugars. There are many names for

added sugars on food labels that you may not recognize as “sugar” including: anhydrous dextrose, corn syrup, dextrose, fructose, high-fructose corn syrup, honey, malt syrup, maltose, molasses, nectars, sucrose, etc. Connie, RN, states she has completely cut out processed foods from her diet, which she admits was difficult.

- When looking for breakfast cereals, choose one that has less than 8 grams of sugar per serving. Try to stay within one serving of cereal, which is usually only  $\frac{3}{4}$  cup cereal and  $\frac{1}{2}$  cup of milk.
- Cut back on the sugar you are adding into your coffee or teas. Remember, honey, maple syrup, and other natural sweeteners are pure sugar as well. Lisa, Radiology Technician, adds almond milk to her coffee for a slightly sweet, nutty flavor.
- Avoid soda, energy drinks, sports drinks, and juice with sugar in them. Dr. Kendall tells his patients to try a sparkling water for the carbonation. Plain water with a splash of fruit juice, or infused with fruits and cucumbers, can often quench your thirst well.
- Limit the amount of diet drinks and foods with artificial sweeteners. Pharmacist Kenrea tries to avoid food which state

they are low-fat or diet, as they often have quite a bit of added sugar to make them more palatable. These sweeteners, even though they are low in calories, can cause you to crave sweets.

- Nurse Practitioner Mag buys plain yogurt, unsweetened, and adds her own fresh or frozen fruit, along with nuts to limit her sugar intake.
- Nurse Practitioner, Anna, buys her children freeze dried fruit to snack on in place of fruit snacks.
- Nurse supervisor, Carol, will avoid oatmeal that is pre-sweetened and instead buy plain oatmeal and add almond milk and dried fruits.
- Many of the staff mentioned reading labels on the foods they are buying while at the grocery store.

Buy the low-sugar options when available.

- Our medical secretary, Beth, avoids a night-time snack. If she really wants one, she will cut the portion in half to decrease her sugar intake.
- Diabetes Program Coordinator, Jenn Hall, reduces the sugar in a recipe by at least 25%, and she says it still turns out great. Give it a try next time your recipe calls for 1 cup of sugar, add only  $\frac{3}{4}$  cup instead.

We wish you well on your journey on limiting sugar in your diet. It is often very difficult to do, but even small changes can make a difference in your overall health.

## Did You Know?

To be eligible for **Purchased/Referred Care (PRC)**, all other insurance resources must be exhausted prior to being eligible for PRC funding.

Please update PRC staff with all applicable insurance information. Also, you must notify PRC staff **within 72 hours of all emergency room visits.**



Fond du Lac Human Services Division  
**Purchased/Referred Care**  
(218) 878-3733

Must meet program eligibility requirements.  
Fond du Lac Human Services Division | Administrative Services Department

# Health News

## Breakfast Benefits

By Kara Stoneburner,  
RDLD, Public Health Dietitian

Breakfast is a great opportunity to start the day in a healthy way. The first meal of the day (usually called breakfast) contributes to better concentration at work and in the classroom. It promotes better behaviors and easier learning. Breakfast can help with weight loss, weight control, increased strength, and endurance. It can help with blood sugar control and it can help you eat healthier throughout the day.

Many people skip breakfast in an effort to lose weight. However, as the day continues, your body is starving and you tend to replace these skipped calories with mindless nibbling and binging for the rest of the day. Often, this snacking is on high calorie, high fat snacks we can easily get from the vending machine. Skipping breakfast may also cause you to overeat at the next meal. Breakfast skippers tend to consume more calories throughout the day because their body is craving food and energy.

Blood sugars can be harder to control without breakfast. Overnight, your body experiences a fast. By skipping breakfast, the fast continues. Energy stores are not replaced and snacking on foods that may not be the best choice could

cause blood sugars rise and fall undesirably.

Whether at work or school, a grumbling stomach isn't helpful. Skipping breakfast can lead to decreased concentration and alertness. Without breakfast, your body doesn't have the energy it needs to stay fully awake and alert. You are likely thinking about food, not your work.

Make an effort to eat breakfast every day. A healthy breakfast contributes to a more nutritionally complete diet that is higher in nutrients, vitamins, and minerals. Making healthy choices at breakfast doesn't need to be expensive or difficult. Try to avoid sugary cereals, high calorie pastries, and meats high in saturated fat and sodium such as bacon or sausage. Aim to include a lean protein source, a carbohydrate and a fruit and/or vegetable.

Don't forget to plan ahead. Prepping or preparing your breakfast the night before saves time in the morning. Pull the toaster out. Place the loaf of bread and any other non-refrigerated ingredients on the counter so it is all at your fingertips in the morning.

The American Institute for Cancer Research blogger, Sonja Goedkoop, provides us with some great ideas to add to our breakfast repertoire. By picking quality whole grain bread, we can add to the nutrition

benefits the recipes offer. These toast ideas provide cancer-protective ingredients including vitamins, minerals, fiber, protein and some even have a heart-healthy fat. See the following recipes and make some of your own.

Remember, breakfast can be the most important meal of the day, if you eat it. It's an easy step towards a healthier you.

Information collected from the Academy of Nutrition and Dietetics, Mayo Clinic, AICR & WebMD

### Ricotta, Basil, and Strawberry

Ingredients:

- 1 slice whole grain bread, toasted
- 1 Tbsp ricotta cheese
- 3 fresh basil leaves, sliced into strips
- 2-4 strawberries (or other berries), sliced into thin strips

Spread ricotta cheese on toast. Top with basil leaves and berries.

### Refried Beans, Pico, and a Sunny Side up Egg

Ingredients:

- 1 slice whole grain bread, toasted
- 2 Tbsp refried beans (or fresh black or pinto beans)
- 1 Tbsp Pico de Gallo (or any

salsa)

- 1 sunny side up egg

Warm the beans on the stovetop or in a microwave while cooking the egg. Layer beans, egg and Pico/salsa on toast.

### Mashed Avocado with Feta and Pepitas

Ingredients:

- 1 slice whole grain bread, toasted
- 1/3 avocado, mashed
- 1 lemon wedge
- 1 tsp feta cheese
- 1 tsp pepitas (pumpkin seeds)

Mash up the avocado. Mix in the juice from the lemon. Layer avocado, feta cheese and seeds on toast.

### Peanut Butter, Banana, and Chia Seed

Ingredients:

- 1 slice whole grain bread, toasted
- 1 Tbsp peanut butter (or almond butter)
- 1/2 banana, sliced
- 1 tsp chia seed (or flaxseed)

Spread peanut butter on toast. Top with banana and chia seeds.

### Cottage Cheese, Cucumber, Tomato, and Cracked Black Pepper

Ingredients:

- 1 slice whole grain bread, toasted
- 1/4 cup low fat cottage cheese
- 4-5 thin cucumber slices
- 2-3 thin tomato slices, cut into quarters
- Cracked black pepper (to taste)

Spread cottage cheese on toast. Top with cucumber and tomato slices. Add pepper to taste.

### Sautéed Chard with Feta and Egg

Ingredients:

- 1 slice whole grain bread, toasted
- 2 large chard leaves, chopped (Swiss, spinach or kale are great ideas)
- 1 tsp olive oil
- 1 tsp feta
- 1 hard-boiled egg, thinly sliced

Sauté the chard in olive oil (optional to add a squeeze of lemon, chopped garlic, or crushed red pepper flakes) until it is soft and reduced by about 3/4 in size. Spread it atop your toast, sprinkle with feta, and top with a thinly sliced hardboiled egg.

# Health News

## WIC

Your qualification for Free/Reduced School Lunch or Medical Assistance qualifies your family for WIC!

If you are pregnant, or have a child under the age of 5 in your household, please call us to schedule a WIC appointment. You

will receive nutrition education, breastfeeding support and vouchers for healthy foods...

Fond du Lac Reservation WIC  
(218) 879-1227

This institution is an equal opportunity provider.

## Fresh Apple Cranberry Relish

### Ingredients

3 cups diced Granny Smith apples  
1/2 cup dried cranberries or cherries  
1/4 cup pineapple juice or orange juice  
2-3t grated fresh ginger  
1 T lemon juice  
1 T sugar  
1/4 t ground nutmeg  
1/8 t ground cloves

### Directions

In medium bowl combine all ingredients and toss gently, yet thoroughly until well blended. Makes 6 servings.

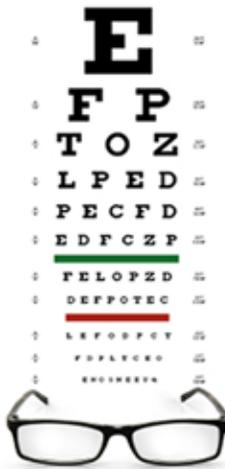
Calories 75, Total Fat < 1g, Saturated Fat 0g, Protein < 1g, Carbohydrate 20g, Cholesterol 0mg, Dietary Fiber 2g, Sodium 1mg

Recipe from: Diabetic Cooking November/December 2010

This material was funded by USDA's Supplemental Nutrition Assistance Program. The Supplemental Nutrition Assistance Program provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet.

To find out more, contact Fond du Lac Community Health Services' Nutrition Education Assistant @ (218) 878-3764.

# ARE YOU DUE FOR YOUR ANNUAL DILATED EYE EXAM?



Feeling good and living life to its fullest also means taking good care of your eyes. A comprehensive dilated eye exam is important to maintain and protect healthy vision.

If you have diabetes, detecting early eye damage may prevent blindness. The longer a person has diabetes, the greater the risk for diabetic eye disease. Once vision is lost, it often cannot be restored.

People with diabetes should have a comprehensive dilated eye exam at least once a year to help protect their sight.

**Call today for an appointment:  
218-878-3627**

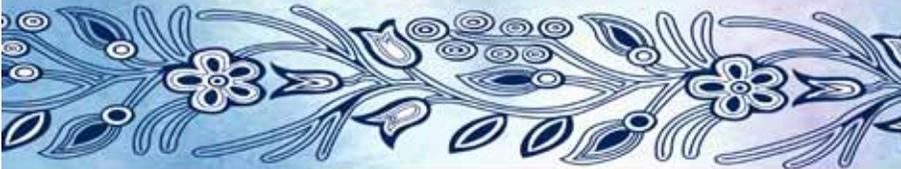
Must meet program eligibility requirements.  
Fond du Lac Human Services Division | Diabetes Program



# Men's Health Dinner

BRING YOUR FATHERS, SONS, GRANDFATHERS,  
GRANDSONS, UNCLES, FRIENDS & SPOUSE





## “Taking Care of Ourselves”

Mens Health Issues

**Thursday, April 12, 2018**  
**Cloquet Community Center**  
1720 Big Lake Road | Cloquet, MN

**5:00 PM - 7:00 PM**  
Join us for a full turkey dinner.

For more information, call Joe @ 218-279-4123 or Denise @ 218-878-2123

Must meet program eligibility requirements.  
Fond du Lac Human Services Division | Community Health Services Department



# FDL Law Enforcement news

## The following is a summary of about one month of select police reports

- Feb. 1 Walk through at Black Bear Casino and Resort (BBCR), all was well
- Feb. 2 Report of something very loud hitting the outside of a house, checked the area and outside of the house, no footprints or anything suspicious
- Feb. 3 Traffic stop on Brevator Rd/Jarvi Rd, driver was warned for taillight being out
- Feb. 4 Security alarms going off at a residence, while en route officers were notified to cancel
- Feb. 5 Driver pulled out in front of an officer, officer observed no license plate illumination, spoke with the driver and advised
- Feb. 6 Witnessed a male who is trespassed from BBCR, citation will be issued
- Feb. 7 Traffic stop on Cary Rd/Homestead Rd, driver warned for speeding
- Feb. 8 Ojibway School Reading Buddies, read books with the students
- Feb. 9 Traffic stop on Highway 210/Olesiak Rd, stopped the vehicle due to littering and speeding; the driver's license was revoked, citation was issued
- Feb. 10 Extra patrol conducted at FDL Supportive Housing; nothing out of the ordinary
- Feb. 11 Traffic stop performed at Hwy 210/Lind Rd, driver was warned for speeding
- Feb. 12 Greeted children at the Ojibway School
- Feb. 13 Traffic stop on Brevator Rd/Reservation Rd, driver arrested for Driving After Cancellation (DAC) Inimical to Public Safety (IPS)
- Feb. 14 Reports of dogs chasing cars on Reservation Rd/Brevator Rd, unable to locate
- Feb. 15 Traffic stop on Brevator Rd/Big Lake Rd, driver warned for Driving After Revocation (DAR)
- Feb. 16 Walk through at BBCR, and spoke with security, no issues
- Feb. 17 Report of an unwanted individual at a residence, individual had an outstanding warrant, was arrested and transported to the jail
- Feb. 18 Report of a suspicious person at the Cloquet Elderly Housing, spoke with an individual and the individual stated he was in the entryway to warm up
- Feb. 19 Received a report of an unwanted person at a residence, person packed a bag and left with a family member
- Feb. 20 Report of a male flipping the plow driver off, met with the male he stated the driver kept hitting the mailbox and just wanted to show that he was mad
- Feb. 21 Extra patrol was conducted at the schools, all was ok
- Feb. 22 Traffic stop on Highway 210/Moorhead Rd, driver was warned for speeding
- Feb. 23 Traffic stop on Brevator Rd/Big Lake Rd, driver was warned for the driver side headlight being out
- Feb. 24 Report of a dog that broke the chain, the owner just wanted to notify the police in case it gets loose, owner is working on getting a new chain
- Feb. 25 Report of a suspicious person at the Recycling Center, located a male and it turned out to be a maintenance worker, working on the furnace
- Feb. 26 Report of a two car vehicle accident, arrived on scene both drivers were ok and very minimal damage to both vehicles
- Feb. 27 Report of people walking towards the church in Sawyer, and possibly fighting, checked the area and could not locate anyone
- Feb. 28 Requested to check a hazard on Connors Rd, arrived and found a couch in the roadway, moved to the side of the road and waste management will pick it up later.

## Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. \*The one year period commences with the first publication.

### **BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:**

AITKIN, James  
ANKERSTROM, Arthur  
BARNEY, Bradley Sr  
BARTEN, Charles  
BLANKENSHIP, Lisa-beth  
CICHY, Gerard  
CICHY, Leslie  
DAY, Talon  
DEFOE, Richard  
DRIFT, Betty  
ERNST, Julia  
FARRELL, Margo  
HANSON, Jeffrey  
KITSON, Patricia  
KUCHERA (DAHLBERG), Lucinda  
LAFAVE, Harry  
LAFAVE, Kenneth  
LAFAVE, Robin  
LAPRAIRIE, Robert  
MARZINSKE, Larry  
PEACOCK, Thomas B.  
SAVAGE, Mark  
SAVAGE, Torrence  
SHABAIASH, Rodney  
SOULIER, Gary  
TEAL, Tammie



# Election News

## Election Calendar

The Minnesota Chippewa Tribe hereby announces that a Regular Election will be held on June 12, 2018 on the FOND DU LAC RESERVATION.

This REGULAR ELECTION provides for an April 3, 2018 PRIMARY ELECTION in the event there are more than two (2) eligible candidates for each open position.

Elected positions to be filled are as follows:

A. SECRETARY/TREASURER - FOND DU LAC RESERVATION BUSINESS COMMITTEE - FOUR (4) YEAR TERM

B. COMMITTEEPERSON DISTRICT II - FOND DU LAC RESERVATION

BUSINESS COMMITTEE - FOUR (4) YEAR TERM

Candidates shall file with the Secretary Treasurer or his designee during regular business hours beginning on January 12, 2018. Filing will close on January 22, 2018 at 4:30 P.M.

### 2018 Regular Election (from March on)

March 30: Notify MCT on choice of appellate forum.

April 3:  
Primary

(Polling places open from 8:00 a.m. until 8:00 p.m.)

April 4:  
General Reservation Election Board certifies Primary Results.

(Prior to 8:00 p.m.)

April 5:  
General Reservation Election Board publishes Primary Results.

April 6:  
Deadline for Request for Recount. (Filed with General

Election Board prior to 5:00 p.m.)

April 10:  
4:30 p.m. - Deadline for Contest of Primary Election.

(Filed with Reservation Election Judge and Executive Director of the Minnesota Chippewa Tribe).

April 11:  
(Results if Allowed or 9th or 10th if earlier request) Deadline for Decision on Request for Recount and Results of Recount, if allowed.

April 20:  
Deadline for Decision on Contest

April 23:  
(or within 3 days of decision on Contest) 4:30 p.m. - Deadline for Appeal to Court of Election Appeals. (Filed with the Executive Director of the Minnesota Chippewa Tribe with Reservation Tribunal rendering Decision).

April 26:  
(or within 3 days upon receipt of Notice to Appeal) Record of Contest forwarded to Court of Election Appeals.

April 30:  
(hearing within 7 days notice of appeal) Last Day for Hearing on Appeal.

May 10:  
(10 days from hearing on appeal). Last Day for Decision on Appeal

May 11:  
Notice of General Election

May 11:  
TEC provides ballots for General Election.

June 12:  
General Election (Polling Places open from 8:00 a.m. until 8:00 p.m.)

June 13:  
General Reservation Election Board certifies results of Election. Prior to 8:00 p.m.

June 14:  
General Reservation Election Board publishes Election results.

June 15:  
Deadline for Request for Recount. (Filed with General Election Board prior to 5:00 p.m.)

June 19:  
4:30 p.m. - Deadline for Notice of Contest. (Filed with Reservation Election Judge and Executive Director of the Minnesota Chippewa Tribe.)

June 20:  
(or 18,19, if request for Recount is filed before deadline) Decision on Request for Recount and Results of Recount, if allowed.

June 29:  
Deadline for Decision on Contest for General Election.

July 2:  
(or within 3 days of decision on contest) 4:30 p.m. - Deadline for appeal to Court of Election Appeals. (Filed with Executive Director of the Minnesota Chippewa Tribe and Reservation Tribunal rendering Decision).

July 5:  
(or within 3 days upon receipt of Notice to Appeal) Record of contest forwarded to Court of Election Appeals.

July 9:  
(hearing within Last Day for Hearing on Appeal. 7 days notice of appeal).

July 9:  
Winning candidates assume office by operation of law, unless sooner seated, or the election is subject of appeal to the Court of Election Appeals.

July 19:  
(or Ten days from Hearing on Appeal) Deadline for decision of the Court of Elections Appeal.

Day following Decision of on appeal. Winning candidate prevailing takes office. Appeal.

## Correction

In last month's paper, I incorrectly put that the General Election was June 14 at the end of the Election Lottery story. The date of the General Election will be Tuesday June 12.

And also don't forget to cast your vote in the Primary Election Apr. 3.

# Ashi-niswi giizisoog (Thirteen Moons)

## Iskigamizige-giizis

The new Iskigamizige-giizis, the Maple Sap Boiling Moon is April 15. Other names for this moon are Omakakiwi-giizis, Frog Moon; Bobookwedaagime-giizis, Snowshoe Breaking Moon; and Maango-giizis, the Loon Moon.

## State and Federal partners work towards 2018 Elk Hunt

By Dylan Jennings, Director Public Information  
Elk Committee determines omashkooz (elk) hunt is viable this year

Odanah, Wisc.- Preliminary research numbers indicate elk have achieved a harvestable population in the Wisconsin Ceded Territory. Ojibwe Tribes exercise their sovereign ability under their own rules and regulations to harvest half of this year's allowable harvestable resource, which is split with the state. The Elk Committee is comprised of Forest Service biologists, DNR

biologists, Tribal biologists, and GLIFWC biologists and is tasked with making decisions that are most protective of the resource. This upcoming hunting endeavor is a positive indicator for the resource. The Tribes have been elk reintroduction partners since 1995 with the goal of someday restoring an indigenous population. The continuation of these efforts from all partners involved will hopefully lead to future harvesting opportunities for both State and Tribal hunters. "This is indeed a positive sign that co-management of the resource is working,

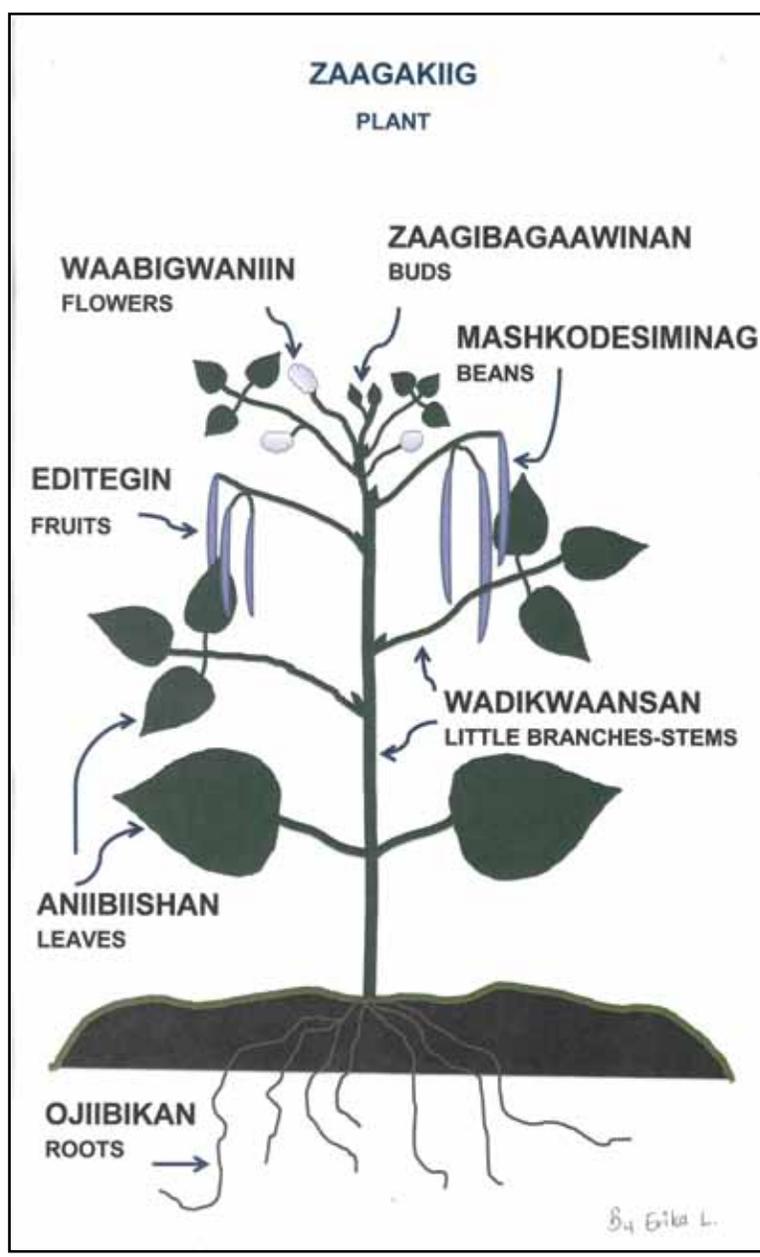
which allows our communities the ability to revitalize these traditional life ways and practices", says GLIFWC Executive Administrator James Zorn. Great Lakes Indian Fish & Wildlife Commission is an intertribal organization comprised of eleven member Ojibwe Bands, located throughout Wisconsin, Michigan, and Minnesota. GLIFWC works with member Bands to both manage and preserve off-Reservation Treaty reserved rights and resources. Please visit [www.glifwc.org](http://www.glifwc.org) for more information about GLIFWC.

## 2018 Spring Spearing/Netting

Resource Management Division (RMD) will be using the same plan for distributing permits in 2018 as we did last year. First thing in the morning, RMD staff will be sending out a mass email or text message to all individuals that register for spearing ahead of time thru the website ([www.fdlrez.com](http://www.fdlrez.com)). This daily email will identify the lakes and number of permits available for that night. Band members that want

to be included in the daily drawing can either respond to the email, text message, or call in to the RMD office (218) 878-7155 M-F or on weekends at (218) 721-8317 by no later than 11 a.m. Band members that do not have email/text message may still phone in on a daily basis to find out which lakes are open, and if interested, may request to be in the daily drawings. RMD staff will have a daily drawing to distribute

available permits to all of those that can participate. RMD staff will notify the winners daily by 1 p.m. If you don't hear from staff by 1 p.m., you were not drawn for that night. RMD will not be keeping a waiting list for the next evening's activities. It is the Band member's responsibility to have their own boat and equipment. RMD staff will assist only in case of an emergency.



# Ashi-niswi giizisoog Ojibwemowin Page

## Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

### Double Vowel Chart

This is how to pronounce Ojibwe words.  
All consonants sound the same as in English.

“Zh”- sounds like the “su” in measure

“a”- sounds like the “u” in sun

“aa”- sounds like the “a” in father

“i”- sounds like the “i” in sit

“ii”- sounds like the “ee” in feet

“o”- sounds like the “o” in go

“oo”- sounds like the “oo” in food

“e”- sounds like the “ay” in stay

## Omaashkooz Poster Available



GLIFWC's 2017 poster features the artwork of Fond du Lac artist Sarah Agaton Howes. She envisioned omashkooz (elk) and many of the plants and medicines that have returned and helped to sustain their healthy survival. To get one free copy, email [lynn@glifwc.org](mailto:lynn@glifwc.org).

By Sarah Agaton Howes,  
*Omaashkooz*

## Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

N S B O H B G N G B Z W P T I I A L R N  
 W T N C Y I I O A J C I U K Q G H Z B G  
 G I T I M I T M W Z A K I K O O G F Q C  
 A Y C A S N A B O N I K P G A Y Y X V L  
 V N K S C D A O W T H M Z F W H P I R R  
 Z P H K D A N R Z S I R A I C A T K H H  
 K I Z D A K I T A S U N I G R M N N X D  
 H X I M K O N M A C A S U W I S F F T R  
 V J R N E O A N W R K M P D N K O A H F  
 B W Q R Z J R I O I Z K K Y K T S P A Q  
 D S E A N I Y P G Q H F I X J T N I X R  
 Y Y Z R I G B A T F L Y L N N B I T P S  
 T G Z E C E M A K O M V R E R E B B F J  
 N V K J Y I Q G A I J P Z M F R A Y L O  
 Y H B W Z U W E D K K H V L J A N T A J  
 C D Q I R P R H K S W A W H P U X L S S  
 A T G T M V F X U C B A Q A G J V O E R  
 E A H O N K K X P A L P D N I L E I M Q  
 N N E G W A A K W A A N A N K L A I A P  
 N I W I Z I D A A M I B Q O R Z N C A N

- Akikoog ..... Containers
- Negwaakwaanan ..... Sap tap
- Misan ..... Firewood
- Ziinzibaakwad ..... Maple sugar
- Bimaadiziwin ..... A good way of life
- Mashkiki ..... Medicine
- Biindakoojige .....
- He makes an offering with asemaa
- Asemaa ..... Tobacco
- Akik ..... Brass kettle
- Ziigwan ..... Spring
- Iskigamizan ..... Boil it down
- Iskigamizigan..... Sugar bush Camp
- Aninaatig ..... Maple
- Mitig ..... Tree



# Community News

## Happy birthday

Happy birthday to **Loretta**

**Brown** (Apr. 4)

*Love, Darrell*

Happy birthday to the greatest

Mom and soon to be Grandma

EVER! **Loretta Brown** (Apr. 4)

*Love you always, Bree and the*

*twins*



Happy 9th birthday

**Greenlee Fineday**

(Apr. 5), we love you!

*Your one and only Mama*

*and Sister Molly*

Happy birthday to

**Greenlee**

**Fineday**

(Apr. 5)

and **Dannin**

**Savage** (Apr.

27), we love

you bunches!

*Love, Dad, Mom, Molly, Daicin,*

*and Alaura*



Happiest of birthday's to our

niece **Greenlee Fineday** (April

5th) and nephew **Dannin**

**Savage** (April 27th)! We love

you.

*Phil, Alyssa, Dylan, and Alyza*

Happy 2nd b-day **Abby**

**Ammesmaki** (Apr. 6), you are

a wonderful and joyful little

girl.

*Love, Grandma Eve and family*

Happy birthday to our **Ms.**

**Sunshine Marshall** (Apr. 9)

you're another year older. Hope

you have a fun and wonderful

day, we love you.

*Love, sister, brother, and mom*

Happy birthday **Dylan Savage**

(Apr. 9)

*Your favorites, Dannin and*

*Daicin*

Happy 19th birthday **Dylan**

**Jordan Savage** (Apr. 9)! Hope

you have a great day and many

more. We love you and are so

proud of you!

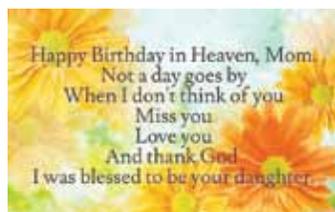
*Mom, Dad, and Alyza*

Happy birthday **Jer Volkert**

(Apr. 11)

*With lots of love, Deb and*

*Jeremiah*



Happy heavenly birthday **Viola**

**E. Foldersi** (Apr. 11)

*You are loved and missed by all*

*your children and family*

Happy birthday to the most

amazing mother, partner, and

best friend anyone could ask

for, **Brooklynn M. Wait** (Apr.

16). The kids and I will never

be able to repay you for all

your sacrifices. Happy 30th

birthday, babe.

*Love, Jake*

Happy birthday to my only

granddaughter **Annika**

**Shabaiaash** (Apr. 18)

*Love, Grandma*

Happy 18th birthday to my

beautiful daughter **Annika**

**Shabaiaash** (Apr. 18), I am so

proud of the young lady you

are becoming. I am thankful

every day for choosing me to

be your Mom. I hope you have

the best day on your special

day.

*I love you 4ever ever, Mom*

Happy birthday **Mom, Ellen**

**Bassett** (Apr. 21)! You're the

heart of all of us. We love you

so much!

*Sincerely, Jamie, Wes, Heather*

*and Kyle, Kenzie, and Chase*

Happy birthday to my

Granddaughter **Becca** on

her 17th Birthday, **Rebecca**

**Thompson** (Apr. 22)

*Love G-PA and G-MA*

Happy 68th

birthday

dad **Butch**

**Martineau**

(Apr. 26)

*Love,*

*Rachel,*

*Joey, Levi,*

*Sterling,*

*Allison, Boobah, and Davis*



Happy

birthday to

my beautiful

daughter-in-

law, **Stepha-**

**nie Dunaiski**

(April 26) and

my darling

grandson, **Mason Dunaiski**

(April 28)

*Love, Grandma and Grandpa*

## Anniversary

Happy 1st anniversary and

many more! **Jesse and Alaina**

**Abramowski** (Apr. 5)

*Love, Ma and Boo*

Happy 25th anniversary **Darrel**

**& Annette Welsand** (Apr. 14)

also happy birthdays on the 5th

and 9th.

## Obituaries

**Dawn Marie Northrup,**

36, Duluth, died Wednesday,

March 14, in Miller Dawn

Medical Center.

A wake was held Saturday,

March 17, and continued until

the service Sunday, March

18, at the Sawyer Community

Center. Burial will be in Sawyer

Cemetery.

## FDL job listings

FT: Full Time PT: Part Time

For more information about

any of these open until filled

or permanent posting positions

contact the Fond du Lac

Human Resources Department

at (218) 878-2653.

## FDL Reservation

•Language and Curriculum

Specialist FT FDL Cultural

Center & Museum

•Maintenance II FT Mino-

bimaadizi-waakaa'igan, Mpls.

•Facilities Site Supervisor FT

Mino-bimaadizi-waakaa'igan,

Mpls.

•K-12 School Wide Reading

and Math Tutor PT FDLOJS

•Elementary Teacher FT

FDLOJS

•Clinical Assistant FT/On Call

MNAW & CAIR

•Registered Dental Assistant FT

MNAW

•Behavioral Health Outreach

Worker FT MNAW & CAIR

•Tribal College Ojibwe Garden

Intern FT/Seasonal FDL

Resource Management

•Dental Hygienist On Call

MNAW

•K-12 School Wide Music

Teacher PT FDLOJS

•K-12 School Wide Drama

Teacher PT FDLOJS

•Clinic Dietician FT MNAW &

CAIR

•Indian Child Welfare Case

Aide FT MNAW & CAIR

•Special Education Teacher FT

FDLOJS

•Driver/Cook On Call SCC

•SUD Treatment Technician FT

FDL Human Services

•Alcohol & Drug Counselor V

FT FDL Human Services

•Alcohol & Drug Counselor IV

FT FDL Human Services

•Alcohol & Drug Counselor II

FT FDL Human Services

•Industrial Arts Teacher FT

FDLOJS

•Substance Use Disorder

Recovery Case Manager FT

MNAW

•Registered Dental Assistant

On Call MNAW

•Pharmacy Technician FT CAIR

•Foster Care Licensing and

Placement Specialist FT MNAW

•Instructional Assistant PT/On

Call FDLOJS

•Mental Health Counselor FT

MNAW & CAIR

•Pharmacy Technician FT

Mashkiki Waakaagan, Mpls

•Clinic Physician FT/PT/On

Call MNAW & CAIR

•Skilled Laborer 1 FT FDL

Tribal Center

•GED Teacher PT FDL CCC,

BCC, or SCC

•Reading Buddies PT FDLOJS

•Driver's Training Instructor FT

- FDL Tribal Center
- Driver/Cook On Call BCC
- School Secretary/ Receptionist On Call/Sub FDLOJS
- Cook Helper On Call/Sub FDLOJS
- Driver/Cook On Call FDL Tribal Center
- Substitute Teacher On Call/ Sub FDLOJS
- Transportation Driver FT/ PT FDL Transportation
- Nursing Assistant FT/PT FDL Assisted Living
- Recreational Aide 1 FT/ PT SCC
- Recreational Aide 2 FT/ PT SCC
- Recreational Aide 1 FT/ PT BCC
- Recreational Aide 1 FT/ PT CCC
- Recreational Aide 2 FT/ PT CCC
- Clinical Pharmacist On Call MNAW, CAIR, Mashkiki Waakaagan-Mpls.
- Pharmacy Technician On Call/Sub MNAW, CAIR, Mashkiki Waakaagan-Mpls.
- Transit Dispatcher FT/PT/ On Call FDL Transit
- Substitute Staff On Call FDL Head Start
- Deli Clerk PT FDLGG
- Transit Driver FT/PT/On Call FDL Transit
- School Bus Driver FT/PT/ On Call FDL Education
- Health Care Assistant FT/ PT MNAW & FDL Assisted Living
- Store Clerk PT FDLGG
- Convenience Store Gas Attendant PT FDLGG

- Buffet Runner FT
- Table Games Dealer PT
- Vault Cashier FT/PT
- Bus Person FT/PT
- Gift Shop Clerk FT
- Buffet Host/Hostess FT
- Golf Course Groundskeeper FT/PT Seasonal
- Steward FT
- Arcade Attendant PT
- Golf Course Pro Shop Sales Representative PT
- Golf Course Ranger/Starter FT/PT
- Golf Course Concession Sales Representative FT/PT
- Golf Course Cart Attendant FT/PT
- Slot Attendant PT
- Custodial Associate FT
- Gift Shop Clerk PT
- Bell Staff PT
- Sage Deli Cook FT
- Bingo Vendor/Floor Worker PT
- Players Club Representative FT/PT
- Wait Staff FT/PT
- Hotel Laundry Worker/ Hauler FT
- Hotel Room Attendant/ Housekeeper FT/PT
- Drop Team Worker FT

**Fond-du-Luth**

- Security Guard/Dispatch FT
- Janitor FT/PT
- Clean up Worker FT/PT
- Beverage Waitperson/ Bartender FT/PT
- Cage Cashier FT/PT
- Players Club Representative FT/PT
- Slot Attendant FT/PT
- Slot Technician FT/PT

**Black Bear Casino Resort**

- Beverage Server FT/PT
- Groundskeeper FT

## Honor the earth Earth Day celebration and feast

**When: Sunday April 22, 2018**  
**Where: Sawyer Center**  
**3243 Moorhead Rd,**  
**Sawyer, MN**

**Schedule of Events**  
 11 a.m. Social time  
 11:30 a.m. opening prayer by Ricky Defoe  
 12 p.m. feast  
 1 p.m. Speakers  
 2 p.m. drawings

To set up an information table at this event for your organization, please contact Debra Topping (218) 721-2748

## The Fond du Lac Reservation Summer Youth Employment Program is now accepting applications

Applications can be picked up at the Tribal Center Human Resources, Sawyer Center, and Brookston Center

through April 6, 2018  
 • Applications will not be accepted after this date. The closing date will be adhered to and applications will NOT be accepted after April 6, 2018

• For more informations contact Fond du Lac Human Resources (218) 878-2653 Patti Jo Fineday (218) 878-7535 Lorraine Houle (218) 878-7231

- You must be between the ages of 14-17
- Applications will be accepted



*Elementary students at the Ojibwe School have been participating in STEM (Science, Technology, Engineering, and Mathematics). The students are required to use existing knowledge to understand a potential problem or situation in the real world. They then apply their thinking skills in order to solve these problems and also increase their interests in possible future careers.*

# Iskigamizige-giizis – Maple Sap Boiling Moon – April 2018

ALR: Assisted Living Residence; BCCR: Black Bear Casino Resort; BBGC: Black Bear Golf Course; BCC: Brookston Community Center, (218)878-8033; CAIR: Center for American Indian Resources (218) 879-1227; CCC: Cloquet Community Center, (218)878-7510; CFC: Cloquet Forestry Center; CPT: Cloquet Premier Theatre; CHS: old FDLSS door; DC: Damiano Center; FACE: Family and Child Education Bldg.; FDC: Food Distribution Center; FDLGG: Fond du Lac Gas & Grocery; FDLM: Fond du Lac Museum; FDLSH: FDL Supportive Housing; FDLTCC: Fond du Lac Tribal & Community College; MKW: Mash-Ka-Wisen Powwow Grounds; MKWTC: Mash-ka-wisen Treatment Center; MNAW: Min no aya win (218)879-1227; MTC: MN Chippewa Tribal building; NRG: Natural Resource Garage; OJS: FDL Ojibwe School; OJSHS: Ojibwe School Head Start; PLT: Perch Lake Townhall; RMD: Resource Management Division; SCC: Sawyer Community Center, (218)878-8185; TRC: Tagwii Recovery Center; TCC: Tribal Center Classroom;

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Come & Swim & use the gym  <b>Happy Easter</b>  1	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC  2	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR  <b>Primary Election</b> 8 a.m. - 8 p.m.  3	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW  4	Get Fit 12 p.m. CCC GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC  5	GED (call) AA Support 6 p.m. BCC  6	Come & Swim & use the gym  7
Come & Swim & use the gym <b>Elder movie morning 11 a.m.</b>  8	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC <b>NICOA 5:30 p.m. CCC</b>  9	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Caregiver support group 12 p.m. CHS  10	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW Adult game day 1 p.m. CCC GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW  11	Get Fit 12 p.m. CCC <b>Men's health dinner 4 p.m. CCC</b> GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC  12	GED (call) AA Support 6 p.m. BCC  13	Come & Swim & use the gym  14
Come & Swim & use the gym  15	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC  16	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Parenting the second time around 1 p.m. CHS <b>Spring Elder Banquet 4:30 p.m. BCCR</b>  17	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW  18	Get Fit 12 p.m. CCC GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC <b>Open RBC meeting 5:30 p.m. SCC</b> AA Support 6 p.m. CCC  19	GED (call) AA Support 6 p.m. BCC  20	Come & Swim & use the gym <b>John Anderson 7 p.m. BCCR</b>  21
Come & Swim & use the gym <b>Elder movie morning 11 a.m.</b> <b>Earth Day celebration 11 a.m. SCC</b>  22	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC  23	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW  24	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW  25	Get Fit 12 p.m. CCC GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC  26	GED (call) AA Support 6 p.m. BCC  27	Come & Swim & use the gym  28
Come & Swim & use the gym  29	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC  30	<b>NICOA informational potluck April 9 5:30 p.m. CCC</b>	<b>Men's Health Dinner April 12 4 p.m. CCC</b>	<b>Spring Elder Banquet April 17 4:30 p.m. BCCR</b>	<b>Primary Election April 3 8 a.m. - 8 p.m. CCC, SCC, BCC</b>	<b>Elder activity Daniel O'Donnell June 1 7:30 p.m. DECC</b>

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.