

Nahgahchiwanong (Far end of the Great Lake) Dibahjimowinnan (Narrating of Story)



This sign was at the corner of Highway 23 and 131st A. W also known as Paul Avenue. The abandoned railroad grade is behind and there was an old wooden bridge that crossed over Mission Creek. On the left corner of the photo is also the famous sand hill. The boy in front is Louie Shea, son of Vi Shea.



The rolling hills and beautiful Ojibway Bowl also known as the Fond du Lac Ski Hill. Both of these photos are from the collection of Dianne and the late "Warney" also known as Paul Shea.

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Local News

We're all in this together

By Zachary N. Dunaiski

If you've felt anxious, scared, or depressed in the past month, know that you are not alone. COVID-19 has made just about everyone feel some level of each of these emotions during the last several weeks.

The spread of the virus even shut down most of the Fond du Lac Reservation. It all began on Mar. 16 when Fond du Lac limited travel to a distance of 50 miles for work purposes. Anyone who traveled outside that radius for personal travel was forced to self-isolate for 14 days.

The following day FDL closed all three of its community centers, trying to limit visitors to the buildings and keep people from gathering in groups of larger than 10.

The following day the difficult decision to close the casinos had to be made. In the days leading up, other casinos around the state had closed, and the concern that someone from the Twin Cities (where cases were rapidly increasing) would be heading north to find a place to gamble.

COVID-19 has impacted so much all over the world that almost nothing has been normal. People aren't allowed to gather in groups. The Governor of Wisconsin Tony

Evers, implemented the "Safer at Home" order, which tells Wisconsin residents not to gather in groups larger than two. On the day that Evers made that order, Wisconsin spiked to 457 cases. The bright side to such a scary number, is that at that time, Wisconsin also had 8,237 negative test results.

The phrase "we're all in this together," has been said a lot over the past month or so, but it's important to remember. Things are very uncertain right now, but remember our friends, family, and celebrities (via social media) are all going through the exact same struggles.

These are stressful times we're living in with all of the uncertainty surrounding COVID-19, but it is imperative that we take care of ourselves and prioritize self-care. Fear and anxiety about the spreading virus are overwhelming and can bring about strong emotions. Things you can do to support yourself:

- Avoid excessive exposure to media coverage of COVID-19
- Take care of your body
- Try to eat healthy, well-balanced meals
- Exercise regularly
- Get plenty of sleep
- Avoid alcohol and drugs
- Make time to unwind and remind yourself that strong feelings will

fade

- Take breaks from watching, reading, or listening to news stories
- Connect with others
- Maintain a sense of hope and positive thinking

These are difficult times, but remember how we can all make things easier for medical professionals, police officers, grocery store employees, and others who all can't stay at home. We need their services, so the least we can do is our part to keep COVID-19 from spreading to levels that overwhelm our hospitals, and amount that at this time we're teetering on, specifically in states like New York and California which have ordered shelter in place orders.

These are all great measure to help the spread of the Coronavirus, but remember that we still need to do our part, wash our hands and not gather in groups. Those are the two biggest measures we can all take to help flatten the curve.

Check the Fond du Lac Newspaper section for the daily updates as this pandemic continues. Also see the home page and Facebook page (which is linked on our homepage, fdlrez.com) where our media team is putting together frequent updates to keep the community and Band members informed.

Emergency Operations Center hotline (218) 878-7175

There was an Emergency of Operations Center (EOC) opened on Monday, Mar. 16. The EOC opens when an emergency occurs. An emergency is defined as unplanned events which require an immediate response to preserve life, health, property, or the environment. The purpose of the EOC is to ensure the effective, coordinated use of local resources, including facilities, equipment, personnel, and skills of government and non-government organizations to:

- Maximize the protection of life, health, property, and the environment (including culturally sensitive areas of concern)
- Ensure the continuity of Fond du Lac Band government services
- Provide support to all districts of the Reservation who require assistance

If the Fond du Lac Community has questions regarding COVID-19 and how it directly affects Fond du Lac programs and services they are strongly encouraged to call the Community EOC Hotline (218) 878-7175.

*The EOC is committed to providing meals for children up to 18 years old and Elders (52+), please call the Community EOC Hotline to sign up.

Update from FDL Human Services

In an attempt to reduce traffic within the Human Services Division, beginning today, Mar. 24, our office hours will be limited to 9 a.m. to 3 p.m. NO WALK-IN APPOINTMENTS will be allowed. Patients will only be seen for scheduled appointments. Guests will not be allowed to accompany patients to appointments unless medically necessary. CHR's will continue to

Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Fond du Lac News, Tribal Center,
1720 Big Lake Rd.,
Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski
zacharydunaiski@fdlrez.com • (218) 878-2682

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the
Native American Journalists
Association

Local News

deliver medications as they have previously. Pharmacy will be dispensing medications through a new curbside medication pickup process—details listed below.

Appointments are limited to the following appointment types:

- Acute/urgent medical appointments (218) 879-1227
- Emergency dental care (218) 879-1227

If you are in crisis and need urgent assistance please call:

- Social Services (218) 878-2145
 - Substance Use Disorder Services (218) 878-3858
 - Behavioral Health: MNAW (218) 878-3729
 - CAIR (218) 279-4104
- Pharmacy Update

To limit the number of people in our waiting areas, beginning Mar. 24, we will be having patients pick up their prescriptions through curbside delivery. We will have staff contact you when your prescriptions are ready for pickup. You will pull into a parking space designated for Pharmacy Curbside Pickup, and then call the phone number on the posted sign. A staff member will verify your information over the phone and will bring your medications out to your vehicle. Those who receive prescriptions through CHR delivery will continue to have this available to them.

Fond du Lac Human Services would like to remind our community not to panic and to continue following recommendations for protecting themselves and others:

- stay home when sick
- frequent handwashing with soap and water for 20 seconds
- cover coughs and sneezes with a tissue or elbow (NOT hands)

- avoid touching your face
- clean and disinfect commonly touched surfaces
- practice social distancing (staying 6 feet away from others)
- avoid public gatherings of ten or more people

As part of our continued dedication and responsibility to our community, Fond du Lac Human Services is working on plans to suspend all non-urgent services. As soon as plans are complete, we will alert our community and employees. We are committed to continuing services such as urgent medical care, pharmacy, and crisis needs through Behavioral Health, Substance Use Disorder, and Social Services. Please check back often for updates related to our services and this pandemic.

At this time we are not supplying items such as gloves, masks, and toothbrushes for patient use at home. We will continue to use personal protective equipment within the Human Services Division as recommended by the CDC.

FDL meals for children and Elders

Fond du Lac is committed to providing meals to children and Elders. STARTING Monday, March 23rd, 2020, if you have a child (0-18 years old) or are an elder (52 years +) and need a meal, please use the following to set up meals:

- If your child attends Fond du Lac Head Start please call (218) 878-8100
- If you have a child (up to 18 years old) who attends school, please see their school's website for meals
- If you are an elder that is in

NEED of a meal please contact your community centers ENP to get on the list Cloquet Community Center (218) 878-2661, Brookston Community Center (218) 878-8042, or Sawyer Community Center (218) 878-8189

- If you are an elder that lives OUTSIDE of the Reservation and is in need of a meal please call the EOC Community Hotline (218) 878-7175

*If it is your child's "pre-planned" spring break and your child needs a meal please call YOUR District Community Center (please call prior to 9 a.m.). If your child lives OUTSIDE of the Reservation and is in need of a meal please call the EOC Community Hotline (218) 878-7175.

Face mask donations needed

Fond du Lac Human Services Division, like all healthcare facilities across the country, is in urgent need of industrial-grade face masks (N95s and all other kinds). Due to this shortage, fabric and hand sewn masks are requested at this time.

If you are a crafter or sewer, please note the specifications below:

- Two kinds of hand sewn masks are requested: larger ones for covering N95 masks and pleated ones to be distributed to patients upon entering our facility
- Ideal fabric is polyester or a polyester/cotton blend; 100% low-lint cotton can be used; no fuzzy fabric
- Including filter paper in your creation would be beneficial
- All fabric must be pre-washed and dried
- Elastic ear loops are preferred,

but tie masks will also be accepted

- All donations must include: name, address, phone number and quantity.

Face masks can be delivered to Min No Aya Win Clinic at 927 Trettel Lane, Cloquet, Minn. inside the main entrance from 10 a.m.-3 p.m., Monday-Friday and will be distributed to other Human Services Division sites as needed.

If you have any questions please call (218) 878-3529. Thank you for all of your support!

Still Open

Fond du Lac Gas & Grocery (FDLGG) made changes to their hours of operations.

Effective immediately the FDLGG will be open from 7 a.m.-7 p.m. Monday-Friday and 10 a.m.-6 p.m. Saturday and Sunday

Fond du Lac Propane and Aaniin remain open. Fond du Lac Propane Company will continue to make deliveries. Office (218) 879-4869 Emergency: 1-866-803-9718. Propane emergency after-hours service is still available, 4:30 p.m. to 8 p.m. weekdays, and 8 a.m. to 8 p.m. weekends.

Aaniin/FDL Communications will continue to service customers and perform installations. Office (218) 878-7337

Payment processing is still being handled at Enterprise Accounting, customers should call (218) 878-7517 to make a payment.

The following events have been either postponed or cancelled

• FDL Assisted Living Residence: limiting visitors for resident's safety

• FDL Resource Management closed to the public until further notice as of Mar. 18

• As of March 17, 2020, all in person interactions with the Court are suspended. The Court discourages the public from making any non-essential visits to court facilities, which includes the Apr. 6 Tribal court hearings; the courts phone number is (218)878-7151

• Fond du Lac Transit is shutting down effective Mar. 16

• Cloquet, Brookston, and Sawyer Community Centers will be closing until further notice

• FDL museum is closed, by appointment only

• Fond du Lac Housing Committee is cancelling the March 23, 2020 Request to Address meeting until further notice

• Men's health supper is cancelled

This is not necessarily a complete list of events that have been cancelled, but they are ones that the newspaper office has been notified about. If you are curious about an event, contact those in charge to see if it has been cancelled and remember that most gatherings over ten people have almost certainly been cancelled.

United Way

The following link is the Carlton County United Way COVID-19 local relief fund link. They are doing a one-time assistance to help families.

<http://unitedwaycarltoncounty.org/covid19-local-relief-fund>

RBC Thoughts

Secretary/Treasurer News

Boozhoo,

The Fond du Lac Ojibwe School boys' basketball team had a great season again this year. Their playoffs were promising and they were marching towards another state tournament appearance before losing in the semi-final game, but that is not the biggest story of the basketball season. The school formed a pep band to perform at home games to get the crowd into the spirit. They have done so well that the Minnesota Timberwolves professional basketball team had asked them to perform their halftime show at the Target Center on March 22. The spread of the COVID-19 virus has cancelled the basketball game so the band will not be going to perform.

We experienced another tragedy in the community this month. I don't want to dwell on the incident because our community is still dealing with the fallout of what happened. I want to share what came as a result of it. Our community came together to march against the senseless violence. What began as a solemn ceremony with lots of hugs and tears soon became a healing ceremony as people began to share their stories about the victims. The pipe was smoked and tobacco distributed while some hand drums were played. The coming together was needed to help deal with the senselessness of the crime. It was a welcome relief to hear some laughter again.

The laughter was short lived as

we had an individual take his own life in the steakhouse. Our staff responded quite professionally and quickly to secure the facility and customers. I am proud of our staff and their professionalism while literally under fire.

As you should know the Band has scheduled its primary election for Mar. 31, but it has been postponed until June 9. There are two contests that have more than two candidates for the positions so a primary election is required. District One has five candidates and District Three has three candidates. There were two candidates that filed for Chairman's position so there will be one election held on Aug. 18. Be sure to get out and support the candidate that best represents your direction for the future.

The RBC open meeting was scheduled to be held at the new cultural center on Big Lake Road but had

to be cancelled due to COVID-19. The construction schedule was very aggressive and the contractor was able to meet the deadlines for a March opening. The term that is being used by the contractor and our staff is substantial completion of the building. I have not had the time to tour the inside, but the outside looks nice. We will be doing a grand opening sometime late spring or early summer so keep your ears open and we should meet there.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com

Gigawaabamin.



Ferdinand Martineau

Cloquet News

Hello all

As you all are aware, the Coronavirus is alive and spreading. This virus has the ability to affect the Fond du Lac Reservation in many ways. The RBC has been doing what it can to stay ahead of this pandemic. We have shut down all non-essential services and we are encouraging hand washing and advising no contact with others, such as hand shaking, etc. Our clinic staff is issuing virus updates and public announcements on a regular basis. I can assure you that the RBC has taken this pandemic very



Wally Dupuis

seriously and will continue to take it seriously to keep Band members, employees, and community members safe.

On a different note, the new cultural center is scheduled to open soon and we were planning on having the Mar. 19, open meeting in the facility. We will have a grand opening at a later date, watch for that date in this

paper and on our website. Also, this month we met with the University of Minn. President and spoke about the future of the U of MN Forestry that is located on our Reservation. It was a productive meeting and some very good first steps to a cooperative understanding were

identified.

The Hwy 23 burial recovery project will be starting up again soon as there is more work to do down there. However, after numerous public meetings and input from our Elders, a design for the completed cemetery has been identified and MnDOT will begin the completion of that design this spring. Thank you to all the community members and Elders who dedicated their time, effort, and input into making this a beautiful resting place for our ancestors again.

As always, please feel free to call or write as I am always glad hear from you. Cell (218) 428-9828, Office (218) 878-8078, or email wallydupuis@fdlrez.com



RBC Thoughts

Brookston News

Boozhoo,

First and foremost I hope everyone is in a safe place with this crazy COVID-19 pandemic! We have been extremely busy here with all the issues that came with the pandemic and trying to keep our Band Members, employees, and communities as safe as we can. We have enacted a "Declaration of a State of Emergency and Request for Federal and State Assistance."

By this time, you may have heard that we have closed the Black Bear Casino and Fond-



Roger M. Smith Sr

du-Luth Casino, Brookston Community Center, Cloquet Community Center, Sawyer Community Center, Ojibway School, Transit Services, and limited services that are provided to Band Members. These decisions have been extremely tough and they have been thoroughly discussed and thought out before anything was put into action.

We understand that this has put an extreme amount of stress on all of us. Our main concern was to keep our Elders, those with compromised medical conditions that were at high risk, Band Member

children and adults, staff, and communities as safe as possible.

We have planned out a process in order to be able to get all of our children a daily lunch that will be delivered. We have monitored all the cases in Minnesota up to this writing and everything has remained around the Minneapolis/St. Paul area. We did not want anyone with possible symptoms of COVID-19 from those areas coming to our area and having contact with our community.

We have established a mandatory 50 mile radius travel restriction for all of our staff and those that traveled outside of this area were asked to return home and

self-quarantine. We have established our Emergency Operations Plan and opened our Emergency Operations Center.

The staff that is working through this and working non-stop to try to stay ahead of this and to be prepared as much as we can for any possible case identified in the area. We just hope that there isn't one. Once again this is in order to prevent/stop any exposure to COVID-19.

The other issue that I would like to touch on is the triple homicide that was committed in our community and the heavy emotions that have been put on our Band Members and communities. I would like to offer condolences to

the family. I was fortunate to have conversations with Jackie from time to time and every talk with her she was always very positive and full of joy. She will be missed by many and her son Kevin Jr. always had a smile for you that would light up the world. I know this is not the news anyone wants to read about, but I think it's important that our Band Membership from around the world get a clear picture of what's happening back at Fond du Lac. Chi Miigwech!

Roger M. Smith Sr
District III Brookston
Representative
rogermsmithsr@fdlrez.com
(218) 878-7509

Sawyer News

Boozhoo,

Congratulations to the Ojibwe School girls' and boys' basketball teams for working hard this season. The Ogichidaag boys advanced in the Minnesota High School League Section 7A tournament and played with great determination. The pep band should also be commended for representing the Ojibwe School with enthusiasm. Miigwech to Josh Danderand, students, volunteers, and fans for making it a memorable year. They were invited to play at the Timberwolves vs Trailblazers game at the Target Center but unfortunately due to extenuating circumstances related to the coronavirus this was canceled.



Bruce Savage

This month has been difficult, our hearts go out to the all families affected by tragedy and loss. As we process and think about the future, be sure and reflect on the positive such as the Journey Garden students, who this month showcased herbs, artisan bread, and other items at the AICHO Niiwin 4th Street farmer's market in Duluth. These types of skills are ones that our great-grand parents taught us, such as making bread and canning food, are good family activities.

This past month we closed our schools, identified essential services and continue to make decisions for the safety of the community. The term 'social distancing' is something you will hear more about, this is something we are encouraging families to practice in order to

lessen the stress on our vulnerable populations. Caring for our Elders is an Anishinaabe value, today we are challenged to put this into practice-I appreciate those that respect the recommendations in regard to social distancing and staying within the recommended 50 miles.

To all of our staff throughout Fond du Lac, we will continue to keep you updated on changes that seem to be occurring very frequently. We realize that these changes are hard on families, but accepting recommendations can save lives.

It is nice to see the trails through the snow, to see families collect the first crop of the year even during these hard times. #SawyerStrong

#FDLStrong
Miigwech,
Bruce M. Savage
(218) 393-6902
Sawyer District Representative

Election Notice

On March 24, 2020, the Minnesota Chippewa Tribe (MCT) Tribal Executive Committee (TEC) announced that the upcoming primary election will be delayed based on concerns about the COVID-19 pandemic. The primary election will now occur on June 9, 2020 (the date of the original General Election), and the general election will occur on August 18, 2020. A copy of the TEC resolution is available on the Fond du Lac website.

Ojibway Bowl and the Fond du Lac Ski Hill

Research and Story by
Christine Carlson

Ojibway Bowl – also known as the Fond du Lac Ski Jump

The 60-meter Ojibway Bowl was dedicated in February of 1941. It was the premier jump in the United States and the jumpers liked it because it was sheltered from the icy, north winds and there was plenty of parking for the thousands of spectators. This place was a national and world class ski jump with skiers from all over the world.

The main ski jump entrance was on 131st A.W. or Paul Avenue in the old village of Fond du Lac in southwestern Duluth. There was a back-service entrance up by the old Roussain Cemetery.

New Winter Sport's Center Along Mission Creek Ready – Duluth News

Tribune of Jan. 5, 1940

A 60-meter ski hill with a 62 ½ foot scaffold leading to a 300-foot slope on which jumps of 240 feet will be possible, will not be completed until next spring. The work is being done under WPA (Works Progress Administration).

Askov American of February 16, 1950

A large number of Askovites went to Fond du Lac Sunday and were among the 8,000 fans that were there to see the National Ski

Association championships and jumpers from this country and Europe taking part in the event.

Big Ojibway Mountain now 70-Meters

A Ski Jump official program from 1963 shows that the Big Ojibway Mountain was now 70-meters to accommodate the world class skiers. This year there were Olympic Try-outs on this famous hill that were sponsored by the Duluth Ski Club.



Photo from the top of Ojibway Bowl looking over the valley. The end area of the landing passed over the historic Mission Creek. Photo compliments of the late Clarice Rask.

Winter Sports Center and the Ojibway Bowl Valley

The entire ski jump area was 577 acres which included an entire winter sports center. There was a slalom course, a thrilling toboggan slide on west side of Mission Creek and smaller warming shack which was later used as a Boy Scout cabin.

Off to the back of the large parking area was a municipal club house/warming chalet that was later used as a Community Club for Fond du Lac folks. Near the chalet was the ice-skating rink. In back of the club house there was an Indian ski trail.

Fond du Lac Ski Jump not to Open - Duluth Herald of October 31, 1974

A Fond du Lac ski jump that has produced more "big time" athletes than any other Duluth sports facility will be closed.



The daring and adventurous Paul "Warney" Shea jumping off the ski jump. He was a Nett Lake Band member and the son of Vi Shea and Charles Roy. Charles Roy, Ben Petite, and William Nickaboine were part of a Chippewa delegation that visited D.C. in 1940



Ojibway Bowl Jump from the parking lot February 1955- Shea family photo

Etc

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Cancelled Events

Many Fond du Lac events have been cancelled or postponed due to the COVID-19 pandemic. Assume for the most part that events in April have either been cancelled or postponed.

For more information on specific events check fdlrez.com, where the homepage shows a list of cancelled events.

Notice for FDL Housing

By **Samantha Branley**,
Resident Services Coordinator

Now that spring is here it is time to clean up our yards. As a tenant of Fond du Lac Housing it is your responsibility to get your yard picked up. Under the obligations of tenant concerning use and care of the premises: 4. The tenant at all times keep the dwelling and fixtures therein in a clean and sanitary condition.

It is understandable that the garbage or debris may have

blown over from another yard, but we are a community, lets help out our neighbor. Also, under the Rules and Regulations: 7. Non-operating cars or vehicles must not be kept on the premises. Remember that all rental units have free garbage service with no cost to you, also you are provided garbage receptacles that are collected weekly.

The recycling center will come out and pick up bulk items such as furniture, washing machines, and mattresses to name a few. They will not come out to pick up household garbage. In order to use this service you will need to call the Recycling Center at (218) 878-8069 to set up an appointment. The hours of operation are Monday-Friday 8 a.m.-4:30 p.m. Saturday-Sunday 8 a.m.- 4 p.m.

Remember you signed a lease that states this is your responsibility. You have until June 1, 2020 to complete this clean up or you will be in violation of your lease.

FDL Propane reminders

As winter comes to an end, Fond du Lac Propane would like to remind you of a few things.

First and most importantly, they would like to remind you to check your tank's propane levels and lines for leaks. They also would like customers to keep tanks clear of debris and garbage, check tank levels often, and when the snow flies keep your pathway clear for easy access.

Remember to call before your tank level gets too low. FDL Propane staff recommends that you call when you have about 20% remaining.

FDL Propane's regular hours of operation are Monday through Friday 8 a.m.-4:30 p.m. Propane's after hours are Monday through Friday 4:30-8 p.m. as well as on Saturday and Sunday from 8 a.m.-8 p.m.

Propane's fees are for, afterhours/emergency deliveries, \$330.00 plus cost of propane. The same day fee is \$50.00.

For more information or to order your propane call them during business hours at (218) 879-4869.

BBCR Golf Course excited for spring

By **Dan Walker**,
PGA Head Golf Professional

Spring Greetings from Black Bear Golf Course! It is finally that time of year again where we get to see some rising temperatures and to start planning our summer outdoor activities.

We are excited to get the 2020 golf season underway and would love to have you plan some of your outdoor activities at The Bear this summer.

Season golf passes are now available for sale. Any first time season pass purchaser will receive 10% off for being a new member.

We are also currently taking sign-ups for all of our summer golf leagues. Couples league will be on Monday, Women's League will be on Tuesday and



our Men's League will be on Thursday all starting at 5:30 p.m. Stop by the Pro Shop and reserve your spot today.

Our new merchandise in the Pro Shop has also been arriving daily. Come check out the new SIM driver from

TaylorMade, the Mavrik driver from Callaway or the new Ping G410 driver. We also have new apparel from Nike's N7 line, Under Armour, Foot Joy, and Straight Down.

So if you are looking for something fun and exciting to

Become A Foster Parent

Open your home. Change a child's life forever



Can you make a difference?

Fond du Lac Social Services is accepting applications for foster care homes.

The mission of the FDL Foster Care Program is to increase the number of Native American licensed foster care homes available for Native American children.

**For more information please call. (218) 879-1227

“OUR CHILDREN ARE OUR FUTURE”

Etc

do with your family or friends this summer, Black Bear Golf Course is your place to be. Hope to see you soon!

Some important dates to remember:

League Kick Off Scramble, May 16
FDL Veterans Tournament, June 13
Black Bear Men's Invitational, June 26, 27 & 28
Black Bear Casino Senior Tournament, July 17
Black Bear Casino Tournament, July 18 and 19
REACH Mentoring Scramble, August 14



13 Moons Golf Tournament, August 21
Women's Invitational, August 23

Wisdom Steps, September 4
Club Championship, September 12 and 13
Dave Reynolds Black Pants Memorial, September 19
League Closing Scramble, October 3

FACE Program The Fond du Lac Family

and Child Education (FACE) Program is proudly serving families in our community. The overall goals of the FACE Program continue to be:

- Support parents/primary caretakers in their role as their child's first and most influential teacher
- Strengthen family-school community connections
- Increase parent participation in their child's learning and expectations for academic achievement
- Support and celebrate the unique cultural and linguistic diversity of each American Indian community served by the program
- Promote lifelong learning.

FACE has been designed to implement a family literacy program for the American Indian families in BIE-funded schools. Program services integrate language and culture in two settings: home and school. In the home-based setting, services are provided through the 4-component model: Personal visits, FACE Family Circle (Group Connections), screening, and resource network. In the center-based setting, services are provided through: Adult Learning, Early Childhood Education, Parent Time, and Parent and Child Together (PACT) Time.

Not only do we focus on literacy at school but we also focus on literacy in the home. All actively participating families receive age-appropriate Imagination Library books from Dollywood Foundation for their children every month from birth to five.

If you are interested in more information about our FACE Program and the people we serve, please contact us at (218) 878-7231.

Fond du Lac Ojibwe School Board Regular Meeting Feb. 4, 2020

FDLOJS Board Room 3:00 p.m.
Called to order: 3:06 p.m.

Roll Call:

Present: Jeffrey Tibbetts, Joyce LaPorte, Debra Johnson-Fuller, Robert Peacock, Michael Diver-quorum.

Absent: Carol Wuolett out until April 17.

Others present: Superintendent Jennifer Murray, School Principal Valerie Tanner; Sped Coordinator Sharon Belanger, Cultural Coordinator Tara Dupuis, Grants/Accountability Manager Dan Anderson, Wellness Coordinator Dan DuPay, Guidance Counselor Vickie Oberstar.

Reading of the Mission Statement and Vision by Jacob Ammesmaki.

Approval of Agenda- Motion made by Jeffrey Tibbetts, 2nd by Joyce LaPorte, all in favor, 0 opposed, motion carried.

Approval of Minutes January 2020-Motion made by Joyce LaPorte, 2nd by Michael Diver, all in favor, 0 opposed, motion carried.

Review of the ledger

Ledger was not sent.

New business

Jacob Ammesmaki- asking school board to have work

hours at BBC Security considered for work based learning- the School Board recognizes the request and supports the request. Motion made by Debra Johnson-Fuller, 2nd by Michael Diver all in favor, 0 opposed, motion carried.

May Houle- Sawyer Representative- Not Present
Student Senate- not present.

Old Business

Strategic Plan Review- Mirja Hanson- February 25th 12:30-4:30 review strategic plan and set goals.

Wellness Job Description Review.

Student Connection Survey- Dan DuPay- will get report on student survey.

Early Graduation Policy- Valerie Tanner- Discussed- Tabled until staff revise- Motion made by Robert Peacock, 2nd by Michael Diver all in favor, 0 opposed, motion carried.

Fond du Lac Ojibwemowin and Culture Licensure Policy remains open for further review still pending approval from RBC.

Transportation contract for FDLOS bussing services- No new information

Supervisor reports

Superintendent Jennifer Murray- Reviewed

Building Principal Valerie Tanner- Include Behavior Report- Reviewed

Education Grants and Accountability Manager Dan Anderson- Reviewed

Sharon Belanger- Reviewed
Athletic Program Manager

Earl Otis- no report

Transportation Michael Quam- Reviewed

The Fond du Lac Reservation

SUMMER YOUTH EMPLOYMENT PROGRAM

is now accepting applications

Applications can be picked up at the
Tribal Center Human Resources

You must be between the ages of 14 TO 17

APPLICATIONS WILL BE ACCEPTED THROUGH

“May 1, 2020”

Applications will not be accepted after this date

The closing date will be adhered to and applications

will NOT be accepted after May 1, 2020

FOR MORE INFORMATION CONTACT

Patti Jo Fineday at (218) 878-7535

Etc

Face Coordinator Lorraine Houle- Reviewed
 After School Activities
 Maria Defoe- Reviewed
 Cultural Curriculum
 Coordinator Tara Dupuis- Reviewed
 Wellness Coordinator Dan DuPay- Reviewed

Other
 Michael Diver- Update on the plane- update on playground fixes.
 Motion made by Jeffrey Tibbetts, 2nd by Robert Peacock, all in favor, 0 opposed, motion carried to Adjourn. Adjourned at 4:48 p.m. Recorded by Michelle DeMenge.

LEGAL NOTICE – APRIL 2020

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

BURLINGAME, Donna
 CASSIDY, Denise
 CICHY, Gerard
 CICHY, Leslie
 COUTURE, James A.
 DEFOE, Roy, Jr.
 ELLS, Patricia
 ENGLER, Catherine
 FARRELL, Margo J.
 HAARSAKER, Brenda
 HILPIPRE, Jean M.
 JANSEN, Mary Jo
 KLASSEN, Llor A.
 LAFAVE, Darren Houle
 LAFAVE-KING, Jacqueline
 LAPRAIRIE, Robert
 LEE, Patricia J.
 MAJOR, Barbara
 MARTIN, John Francis Jr.
 MARTIN, Kim I.
 MARTINEAU, Loretta C.
 MARZINSKE, Florence
 MARZINSKE, Larry
 MUELLER Neva
 OLP, Madison S.
 OWENS, Louise K.
 OSCEOLA, Bonita
 SAVAGE, Mark
 SIROIS, Warren
 SMITH, Robert W.
 SOULIER, Gary
 ST. GEORGE, Richard J.
 THOMPSON, Henrietta
 THOMPSON, Lester P.
 TUTTLE, James III
 WILLIAMSON, Donna M.
 ZIEBARTH, Frances M.

Census question

Fond du Lac Band members who are wondering how to answer question seven “American Indian or Alaska Native” here is an example of how the questions should be answered.

2020 Census Question on Race

Information for American Indians and Alaska Natives

How should I respond to the race question if I am American Indian or Alaska Native?

An individual's response to the 2020 Census race question is based upon self-identification. The U.S. Census Bureau does not tell individuals which boxes to mark or what heritage to write in.

People who identify as American Indian or Alaska Native may mark the American Indian or Alaska Native checkbox and enter the name of their enrolled or principal tribe(s) in the write-in area.

People may report multiple races and/or report multiple detailed groups. Each specific write-in area will record up to 200 characters and up to 6 detailed groups, allowing for long names and multiple groups to be reported.

Improvements to the 2020 race question.

Several question design improvements were made to help improve reporting of detailed American Indian and Alaska Native identities.

- Examples included for the “American Indian or Alaska Native” checkbox category.
- Detailed American Indian tribes, Alaska Native villages, and indigenous Central and South American responses collected via a dedicated write-in area.

Identifying as American Indian or Alaska Native on the census is a matter of self-identification.

The Census Bureau collects race data in accordance with the 1997 U.S. Office of Management and Budget (OMB) standards on race and ethnicity. The 1997 OMB standards define “American Indian or Alaska Native” as “A person having origins in any of the original peoples of North and South America (including Central America), and who maintains tribal affiliation or community attachment.”

Why does the census ask a question about race?

The question on race is asked of all people in the United States. These data are required for federal, state, and tribal programs and are critical factors in the basic research behind numerous policies, particularly for civil rights. Race data are used in planning and funding government programs that provide funds or services for specific groups.

These data are also used to evaluate government programs and policies to ensure they fairly and equitably serve the needs of all racial groups and to monitor compliance with antidiscrimination laws, regulations, and policies. States also use these data to meet legislative redistricting requirements.

7. What is this person's race?
Mark one or more boxes AND print origins.

White – Print, for example, German, Irish, English, Italian, Lebanese, Egyptian, etc. >

Black or African Am. – Print, for example, African American, Jamaican, Haitian, Nigerian, Ethiopian, Somali, etc. >

American Indian or Alaska Native – Print name of enrolled or principal tribe(s), for example, Navajo Nation, Blackfoot Trib., Mayan, Aztec, Navajo Village of Bitterroot Inupat Traditional Government, Name Eskimo Community, etc. >

Chinese Vietnamese Native Hawaiian

Filipino Korean Samoan

Asian Indian Japanese Chamorro

Other Asian – Print, for example, Pakistani, Cambodian, Hmong, etc. > Other Pacific Islander – Print, for example, Tongan, Fijian, Marshalese, etc. >

Some other race – Print race or origin >

Connect with us
 @uscensusbureau
 For more information:
 2020CENSUS.GOV

**Shape
 our future
 START HERE >**



More Local

Walk for Jackie

By Zachary N. Dunaiski

On Monday Mar. 9, members of the community gathered at the Min No Aya Win Human Services building for a memorial walk to the Tribal Center and back after Jackie DeFoe was murdered over the weekend.

Over 80 people gathered and walked to the Tribal Center where people met in the Community Center's ENP to share stories of Jackie and the person she had become. It was tough for the friends and family, but also a great opportunity for all who knew her to heal.

It has been a rough month for the Fond du Lac Reservation, but together we can get through this. Many members who attended the walk called for unity within the community as well as reminding others to talk to people if they need help.

On Mar. 7, Jackie DeFoe was murdered along with her son, Kevin, and her unborn child.

The Fond du Lac Band cooperated with multiple jurisdictions to investigate the incident in which the 27 year old and 20 month-old boy were found deceased at their home on the Fond du Lac Reservation in the Cloquet district. An autopsy revealed the Jackie was 13 weeks pregnant.

The RBC met on Sunday Mar. 8, to implement a plan to keep the FDL community safe, informed, and united.

"We live in a very close-knit community in which trauma to any one individual or group deeply affects our collective well-being," said Kevin Dupuis, Fond du Lac Tribal Chairman, following the events of Mar. 7. "We are doing everything in our power to ensure the safety of our people and our neighboring communities, with which FDL has strong ties."

We send out our condolences to her friends and family and anyone else who may be struggling with the loss of Jackie.



More Local

5th grade news

At the beginning of March, we had the opportunity to visit STARBASE-Duluth.

STARBASE focuses on finding the next generation of leaders in the science, technology, engineering and math (STEM) fields. By providing area youth with innovative, hands-on, free education opportunities in STEM subjects, they help students envision a future in STEM.

While we were there, the 5th graders focused on using science, technology, engineering, and math to create an environment conducive to living on Mars. They were able to launch and land "Eggstronauts." They experienced what the air pressure and air quality would be like on the red planet. Students built propellers using the 3-D printer

and then tested the velocity of their propeller's output. They conducted experiments using hydrophobic and hydrophilic materials. Decisions were discussed and agreed upon as they decided how much weight and what to put in their rockets going to Mars.

If you happen to run into a 5th grader, please encourage them to tell you about their STARBASE experience! We welcome you to enjoy some of our pictures from STARBASE and send out a HUGE MIIGWECH to all parent, family, and community volunteers! We had an exceptional experience this year and give much thanks to those of you that could join us.

In April, our class will be hatching chicks once again. Students learn

about the life cycle of a chicken as well as care and handling of a new life. We are excited and eager to share what our experience will be like.

Along with the excitement of hatching comes preparation for MCA's. Please encourage your child to try his or her best on each of these assessments as they come near. We have learned a lot as 5th graders and we know our kids can ace those tests with just a little encouragement from all of us.

As always if you have any questions or concerns or would just like to visit our room, please email me at dawnliimatainen@fdlrez.com or call me at (218) 878-7220.

Miigwech, Ms. Dawn, Ms. Dawn LaPrairie, and Ms. Ashley

Izhichige Wigamig

From the Ojibwe School Makers' Space

Starr Shabaiash is making the most of her senior year by utilizing the school shop resources. Seen pictured: Starr mastering block printing, framing up an outhouse, and wiring and coding robotic cars. All of this in addition to her beautiful beadwork and skillful drawings.



More Local

FDLOJS Basketball team ends season strong

By Zachary N. Dunaiski

The Fond du Lac boys' basketball team had a strong end to their season by a team that featured only four seniors. Their season unfortunately came to end against the first ranked Nashwauk-Keewatin High School at the Hibbing Memorial Arena 75-63.

At one point late in the second half, FDL had cut the lead to as close as five, forcing Nashwauk-Keewatin to call a timeout. They were able to regroup and shots unfortunately weren't going in for the Ogichidaag anymore. Fond du Lac had a season that they, their friends, and family should be proud of. The team has only one junior and one sophomore on their roster, so fans of the boys' basketball team have a lot to look forward to next year.



More Local



LAX for a day

Each year in late January, the Fond du Lac Reservation hosts an annual Learn to LAX day for the youth in the area to come to the Cloquet Community Center gym and learn to play lacrosse.

The day is broken up into age groups and the two older groups are split between boys and girls. The younger group, which is comprised of boys and girls, led off the day and learned the basics of the game.

A large group of the area's kids, under the age of 11, were in the first group. They learned to pass, shoot, and general skills of the game. The highlight of the day for this group was the large scale game of hungry, hungry hippo in which players scooped up the ball and threw it into the hippo's mouth or the goal.

The players had a fun day learning about the game, and really enjoyed the camp.

Health News

A message from the Public Health Nurses

During the recent months a rise in numbers has been noted for HIV (human immunodeficiency virus) in the seven county metro-areas of Minnesota. HIV is a virus which attacks and weakens the immune system. If HIV is left unmanaged, it can cause AIDS (acquired immunodeficiency syndrome). HIV is transmitted through direct contact with another individual's body fluids including blood, semen, vaginal fluid, and breastmilk. It is spread through vaginal/anal sex, sharing syringes to inject drugs, and from pregnant mother to baby during pregnancy, delivery, or breast feeding. It is NOT spread by shaking hands, hand holding, casual contact, swimming pools, kissing, food, animals, or coughing.

It is currently recommended each individual be tested at least one time in their lifetime between age 13-64 and more frequently for certain risk factors. Testing can be completed at your medical provider's office and the most common screening is a blood test. Often, an individual may have no symptoms when infected with the virus for several years. The symptoms of HIV include:

- Flu-like illness
- Swollen lymph nodes
- Persistent fevers
- Night sweats
- Prolonged diarrhea
- Unexplained weight loss
- Chronic fatigue
- Recurrent respiratory infections

You can help protect yourself from becoming infected with HIV by using condoms with sexual activity, not sharing syringes or needles when injecting drugs or receiving tattoos, or taking antiviral medications prescribed by your medical provider.

If you have any additional questions or would like to receive more information regarding HIV, please contact our Public Health Nurses in the Community Health Department at (218) 878-3790.

Resources: Minnesota Department of Health.

Strengthening your Immune System through Nutrition

By Kara Stoneburner,
RDN LD, *Community Health Services Dietitian*

Good nutrition is important for a lot of things, including your immune system. Your immune system is your body's defense against infections and illnesses. When your body detects a bacteria, virus, or a parasite, it attempts to get rid of it.

Keeping your immune system healthy and strong can help you stay healthy and recover more quickly if you do pick up a "bug." To help keep your immune system healthy all year long, focus on a balanced eating plan, adequate sleep, and stress management.

Following the recommendations from the Dietary Guidelines is a great way to keep your immune system healthy. Examples include:

- Follow a healthy eating pattern by eating a variety of foods from all the food groups, within a calorie range that is appropriate for you
- Eat all colors of vegetables
- Choose whole fruits over juice most often
- Choose whole grains at least half the time
- Change up dairy choices to include low-fat or fat free options
- Vary your protein to include seafood, lean meats and poultry, eggs, legumes, nuts, seeds, and soy products
- Limit saturated fats and added sugars
- Drink more water
- Limit sodium intake to less than 2300mg/day
- Avoid or limit alcohol intake
- Support healthy eating for everyone
- Batch cook when healthy. Freeze and use later. Great examples

include soups, stews, broths, some vegetable or egg dishes, bean dishes, smoothies and meats to throw in soups or casseroles later

The Academy of Nutrition and Dietetics provides examples of some immune-boosting nutrients that can be found in a variety of foods:

- Beta Carotene is found in plant foods, such as sweet potatoes, spinach, carrots, mango, broccoli, and tomatoes
- Vitamin C-rich foods include citrus fruits, berries, melons, tomatoes, bell peppers, and broccoli
- Vitamin D is found in fatty fish and eggs; milk and 100% juices that are fortified with vitamin D also are sources of this important nutrient
- Zinc tends to be better absorbed from animal sources such as beef and seafood, but also is in vegetarian sources such as wheat germ, beans, nuts, and tofu
- Probiotics are "good" bacteria that promote health which can be found in cultured dairy products such as yogurt and in fermented foods such as kimchi
- Protein comes from both animal and plant-based sources, such as milk, yogurt, eggs, beef, chicken, seafood, nuts, seeds, beans, and lentils.

In addition to eating healthfully, other ways to support your immune system include getting/staying active, reducing stress, and getting enough sleep.

If you happen to already be sick, you can still help your body fight. Some generalized tips include:

- Contact your healthcare provider
- Eat when you feel you can
- Choose smaller, more frequent meals
- Continue to make wise decisions with your food and beverage intake
- Water, lots of water as it is easy to

become dehydrated when ill

- Vegetables and fruits are going to provide vitamins and minerals to support your immune system and recovery efforts; eat them when you can
- Chicken soup! Homemade or the low-sodium varieties are healthier
- Avoid fried or greasy foods
- Bananas, rice, applesauce, or toast work well if nauseated

During the influenza season, it may not be a bad idea to have some food supplies on hand if you do get sick. Be sure to monitor expiration dates:

Breakfast ideas: hot cereal (oatmeal, etc.), milk, 100% juice, Whole wheat bread with butter (toast), cold cereal, or fruit: fresh, frozen, or canned in natural juice (apples, oranges, bananas, strawberries, applesauce, etc.)

Lunch/dinner ideas: soups (broth type- chicken noodle, vegetable, etc.) and crackers

Other ideas for meals or snacks: tuna fish (with mayonnaise), peanut butter and jelly, eggs, canned chicken, tortillas, bagel and cream cheese, Jell-O, canned beans, quality deli meats, graham crackers, instant rice (preferably brown over white), pre-washed veggies (packs of broccoli, cauliflower and carrots), popsicles, broth (low-sodium), or frozen veggies (can add to soups for more nutrients)

Stay healthy and wash your hands!

**the Academy on Nutrition and Dietetics, ChooseMyPlate.org, 2015-2020 Dietary Guidelines for Americans, Office of Disease Prevention and Health Promotion, Centers for Disease Control and Prevention*

Health News

April is Testicular Cancer Awareness Month

By Denise Houle,
Cancer outreach worker

Testicular cancer is the most common cancer in American males between the ages of 15 and 35. Testicular cancer accounts for approximately 1% of all cancers in men. Testicular cancer is rare and there is no way to prevent it. However, testicular cancer is highly treatable, even when cancer has spread

beyond the testicle. Regular testicular self-examinations can help identify growths early, when the chance for successful treatment of testicular cancer is highest. Males with cryptorchidism are many times more likely to get testicular cancer than those with normally descended testicles. Cancer usually affects only one testicle. Most men with testicular cancer do not have a family history of the disease.

Risk factors for testicular cancer include: Race, age, an undescended testicle, family history of testicular cancer, HIV infection, abnormal testicle development, personal history of testicular cancer, carcinoma in situ (abnormal cells in the testicle which have not yet progressed to cancer), and body size (some studies suggest taller males are at a greater risk).

Signs and symptoms of testicular cancer include: An

enlargement or lump in either testicle, feeling of heaviness in the scrotum, dull ache in the abdomen or groin, sudden collection of fluid in the scrotum, pain or discomfort in a testicle or the scrotum, enlargement or tenderness of the breasts, or back pain.

Remember to always talk with your healthcare provider about any concerns you have.

Source: Mayo Clinic www.mayoclinic.org and American Cancer Society www.cancer.org

NIIW

This year marks the 26th anniversary of National Infant Immunization Week (NIIW). The week of Apr. 27-May 4 has been set aside to recognize the achievements of immunization programs in the United States while also highlighting the importance of vaccinations for young children under the age of 2. It is celebrated in conjunction to World Immunization Week (WIW) which has been initiated by the World Health Organization (WHO).

By following routine childhood immunization schedules, infants and children are now protected from 14 vaccine-preventable illnesses by the age of 2. These illnesses include Hepatitis B, Hepatitis A, Rotavirus, Pertussis (Whooping Cough), Tetanus, Diphtheria, Influenza, Rubella, Haemophilus influenzae type b (HIB), Measles, Mumps, Pneumococcal Disease, Varicella (Chickenpox), and Polio. A number of these vaccines are in combination with one another, therefore lessening the amount of “pokes” they receive. These vaccines have drastically reduced infant death and disability caused by preventable disease in the United States.

If you find yourself unsure regarding vaccines or have questions regarding vaccines, please contact your healthcare provider’s office.

Sources: CDC.gov

They learn from watching you...

Be Active

and your kids will too!



This institution is an equal opportunity provider.
This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP.
Fond du Lac Human Services Division | Community Health Services



They learn from watching you...

Eat More Fruits and Veggies

and your kids will too!



This institution is an equal opportunity provider.
This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP.
Fond du Lac Human Services Division | Community Health Services



Ashi-niswi giizisoog (Thirteen Moons)

Iskigamizige-giizis

The new Iskigamizige-giizis, the Maple Sap Boiling Moon is April 26. Other names for this moon are Omakaki-iwi-giizis, Frog Moon; Bobookwedaagime-giizis, Snowshoe Breaking Moon; and Maango-giizis, the loon moon.

13 Moons FDLTCC Extension Program

Iskigamizigan (Sugar Bush) Workshop



Saturday, April 18th 2020

Time: 2pm-6pm

(stop by anytime)

FDLTCC Environmental Institute

1387 Stephen Road
Cloquet, MN 55720

Contact: Phil Savage
218-878-7123

13 Moons will be hosting a sugar bush workshop to teach participants methods of sugaring using a hobby evaporator. Participants will learn about using an evaporator, finishing maple syrup, taste test value added maple syrup products, and learn about funding opportunities through USDA-NRCS programs. Follow 13moons Facebook page for cancellation information and other exciting workshops coming soon!!

Dress for the weather, we will be outside.

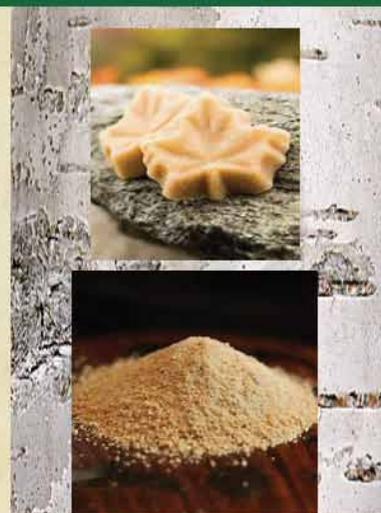
This workshop is free and open to the public



Fond du Lac Tribal and Community College



13 Moons FDLTCC Extension Program Fun with Ziinzibaakwad (Maple Sugar)



Saturday, April 25th 2020
1pm-4pm

FDL Tribal Center
Cloquet ENP

Contact: Phil Savage 218-878-7123

Event Subject to Cancellation.
Check 13Moons Facebook page for updates.

13 Moons will be hosting a Maple Sugar value added workshop to demonstrate the different products you can create with Maple sugar. Participants will see how to create Maple Candies and Granulated sugar from Maple Syrup. Follow 13 Moons on Facebook!!



Fond du Lac Tribal and Community College



Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

Ashi-niswi giizisoog Ojibwemowin Page

Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

Double Vowel Chart

This is how to pronounce Ojibwe words.
All consonants sound the same as in English.

“Zh”- sounds like the “su” in measure
“a”- sounds like the “u” in sun

“aa”- sounds like the “a” in father
“j”- sounds like the “i” in sit
“ii”- sounds like the “ee” in feet
“o”- sounds like the “o” in go
“oo”- sounds like the “oo” in food
“e”- sounds like the “ay” in stay

Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

G H J T I N C L C Z X X K G R X M B O L	AANAWENIM /reject
K Y U I C J Q I N Y Q L H G J O J O W Z	GIIGOONHWAABOO/Fish Soup
K Y Z Z I C A A N A W E N I M B B E A E	GINOONAGAD/Long Boat
L R T H A S W I P O Y N L Y G A O S N H	GITIGAAN/ Garden
D M O A C G H G M Y P F R I A P M U A F	JISHAAKWAIGAN/Hide Scrapper
F W M Y I A A A Z Z G A S W N V A F G N	MAAMIGIN/Gather
H F I B I N B N A F Z L D L J N A U E I	NAAZHIIGAIGAN/Hide Stretcher
N B A Y I L T V S K G A S C I A M I K V	NIBI/ Water
C A G I I G O O N H W A A B O O I E O S	NIBOOWININJII/Numb Hand
W L S G Z V W O X K L A O K K M G J G W	NOOZH/ Nurse
N W F I R J O Z A D E O I J W H I Q A D	ONAGIZHIISAN/Macaroni
G N N N I Z G A Q Z W Z P G Y M N O M A	WAABIGWAN/Spring
B H O H H H B C Q I G G Z Y A R V Q I G	WANAGEKOGAMIG/Bark Lodge
B D W H Z I Z A N Q A I A N P N D S G A	ZIINZIBAAKWADWAABOO/Maple Sap
K I W B Z W M I Y L G R T L A V G A P N	
H G B N R S N A G I A G I I H Z A A N O	
I A I E J J K Y I A M S O F G W L U J O	
E I O N I M E P K V N G G F M A I N G N	
Z X V I W Y A E W X F O G T F V A G T I	
R Q T X P W A D W K S M Y A M O N N B G	

Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on April 15, 2020 for the May 2020 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, MN 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy Birthday

Happy birthday to our beautiful Momma, Aunty, and Grandma, **Judith Northrup** (Apr. 3). We love you and we are so thankful and grateful for you each and every day! We hope you have a wonderful birthday.

Love, your favorite daughter and family: Vickie, Bouda, Psalms, Roger Jr., Kristen, Raymond, and Shelly

Happy birthday **Loretta Brown** (Apr. 4)
Love, Darrell

Emma "Lovey" Switzer

is 1 year old as of Apr. 11! Happy 1st birthday to you! Emma you are the most precious gift and you are so loved!

Love your entire family of 4 generations!

Wishing a happy birthday to **Kayla Hansen** (Apr. 15)

Love you much, Candace, Sabrina, Rylan, April and Royce, Davey and Izzy, and Dez

Happy birthday to my lovely wife, **Brooklyn Barney** (Apr. 16). Thank you for all that you do for our family. Enjoy your 31st birthday old lady. Love You!

-Stephen Henderson-



Happy birthday to **Ellen**

Bassett (Apr. 21)! I love you, Mom. You were my first true love. *Thank you for everything.*

Happy birthday **Tony Northrup** (Apr. 23), we just wanted to thank you for everything and wish you a good birthday!

Hope this year is good to you!
Love, Clint, Erica, and the boys

Happy 8th birthday to my **Grandson Royce Long** (Apr. 25)

Grandma loves you to the moon and beyond, have a great day

Happy birthday, momma, **Kaye Dupuis** (Apr. 26), hope you have a great day and an even better year. Thanks for all you do for me.

Love you, Erica

Happy 70th birthday to my brother **Butch Martineau** (Apr. 26)

Love ya Brotha, Lynn and Family

Anniversary

Happy birthday (Apr. 5) and anniversary (Apr. 14) to my best friend and husband, **Boo (Darrel Welsand)**

Love, Annette

Happy anniversary **Clint Northrup**

(Apr. 16)! I love you and can't wait to see what is in store for our future. You're the

Jim to my Pam. Here's to many more years, and Vikings games, to come.



Memorial

Remembering **Viola E. Foldesi** (March 5, 2015)
NEVER FORGOTTEN

I think of things you used to say
And all that you would do,
At some point,

every single day,
My thoughts will turn to you.
To lose you was a bitter wrench,

The pain cut to my core.

I cried until my tears ran out
And then I cried some more.
This wouldn't be your wish for me

That I'd be forever sad

So I try to remind myself

Of the happy times we had.

I know I can't be with you now

And you can't be with me

But safe inside my heart you'll stay,

That where you'll always be.

Forever Loved by your children:

Rick, Bruce, Tina, Ruth,

Tammy and Tom JR



Housing lottery



3131 Maple Drive, Cloquet, Minn.

The Fond du Lac Development Corporation will be

having a lottery for the home located at 3131 Maple Drive, Cloquet, Minn. Applications from qualified Band Members will be accepted until 4 p.m. Wednesday, Apr. 22, 2020, (applications received after 4 p.m. on Apr. 22, 2020 will be rejected). Applications are available at the Tribal Center Front Desk, in the Operations Division, and online at fdlrez.com.

This home is a Traditional, 3 bedroom, 2 1/2 bath, with a finished basement and will be sold "as is" for the amount of \$196,000.00.

To qualify you must be an Enrolled member of the Fond du Lac Band, 18 plus age, be eligible as determined by a background check per FDL Policy #02-09, and provide verification of continuous income for the past 12 months by means of check stubs or an income report. The monthly house payment will be \$738.26 which includes 300 monthly payments plus 13% for insurance costs. The house payment cannot exceed 20% of gross monthly income.

Therefore minimum gross monthly income must be \$3691.30 or greater.

The Open house is scheduled for Thursday, Apr. 16, 9 a.m. - 12 p.m. and 3-6 p.m.

Income and Enrollment verifications must accompany completed applications or the application will be rejected.

Applications must be turned in to the Operations Division.

Drawing for qualified applicants will be held in the RBC Chambers on Apr. 24, 2020 at 4 p.m.

Contact Jack Bassett at (218)



Community News

878-8043, jackbassett@fdlrez.com or Raelea Skow at (218) 878-2610, raeleaskow@fdlrez.com for more information about the home and application instructions.



8087 Simon Road, Cloquet, Minn.

The Fond du Lac Development Corporation will be having a lottery for the home located at 8087 Simon Road, Cloquet, Minn. Applications from qualified Band Members will be accepted until 4 p.m. Wednesday, Apr. 22, 2020, (applications received after 4 p.m. on Apr. 22, 2020 will be rejected). Applications are available at the Tribal Center Front Desk, in the Operations Division, and online at fdlrez.com.

This home is a Multi-level, 4 bedroom, 1 bath, with a finished basement and will be sold "as is" for the amount of \$215,000.00.

To qualify you must be an Enrolled member of the Fond du Lac Band, 18 plus age, be eligible as determined by a background check per FDL

Policy #02-09, and provide verification of continuous income for the past 12 months by means of check stubs or an income report. The monthly house payment will be \$809.84 which includes 300 monthly payments plus 13% for insurance costs. The house payment cannot exceed 20% of gross monthly income.

Therefore minimum gross monthly income must be \$4049.20 or greater.

The Open house is scheduled for Tuesday, Apr. 14, 9 a.m. - 12 p.m. and 3-6 p.m.

Income and enrollment verifications must accompany completed applications or the application will be rejected.

Applications must be turned in to the Operations Division.

Drawing for qualified applicants will be held in the RBC Chambers on Apr 24, 2020 at 4 p.m.

Contact Jack Bassett at (218) 878-8043, jackbassett@fdlrez.com or Raelea Skow at (218) 878-2610, raeleaskow@fdlrez.com for more information about the home and application instructions.

FDL job freeze

Fond du Lac is currently in a job freeze, as FDL will not be

hiring anyone during this pandemic. After the freeze is over, these postings will be available.

FT: Full Time PT: Part Time
For more information about any of these permanent posting positions contact the Fond du Lac Human Resources Department at (218) 878- 2653.

FDL Reservation

- Substitute Teacher FDL Education On Call/Sub
- Cook Helper FDL Education On Call/Sub
- Secretary/Receptionist FDL Education On Call/ Sub
- Reading Buddies FDL Education On Call/Sub
- Instructional Assistant FDL Education On Call/ Sub
- Custodian FDL Education On Call/Sub
- Transportation Driver FDL Transportation FT/PT
- Nursing Assistant FDL Assisted Living FT/PT
- Recreational Aide 1, Sawyer SCC FT/PT
- Recreational Aide 2, Sawyer SCC FT/PT
- Recreational Aide 1, Brookston BCC FT/PT
- Recreational Aide 2, Brookston BCC FT/PT
- Recreational Aide 1, Cloquet CCC FT/PT
- Recreational Aide 2, Cloquet

CCC FT/PT

- Clinical Pharmacist MNAW, CAIR & Mpls On Call
- Pharmacy Technician MNAW, CAIR & Mpls On Call/Sub
- Transit Dispatcher FDL Transit FT/PT/On Call
- Head Start Substitutes FDLHS On Call
- Deli Clerk FDLGG PT
- Transit Driver FDL Transit FT/PT/On Call
- School Bus Driver FDL Education FT/PT/On Call
- Health Care Assistant MNAW, Assisted Living, Home Care FT/PT
- Store Clerk FDLGG PT
- Convenience Store Gas Attendant FDLGG PT

Black Bear Casino Resort

- Golf Youth Cart Attendant PT Seasonal
- Cook I FT
- Cook II FT
- Cook III FT
- Beverage Server FT/PT
- Groundskeeper FT
- Buffet Runner FT
- Table Games Dealer PT
- Vault Cashier FT/PT
- Bus Person FT/PT
- Gift Shop Clerk FT
- Buffet Host/Hostess FT/ PT FT/PT Seasonal
- Steward FT
- Arcade Attendant PT

- Golf Pro Shop Sales Rep PT
- Golf Ranger/Starter FT/ PT Seasonal
- Golf Concession Sales Rep FT/PT Seasonal
- Golf Cart Attendant PT
- Slot Attendant FT
- Custodial Associate FT
- Bell Staff PT
- Sage Deli Cook FT
- Bingo Vendor/Floor Worker PT
- Players Club Representative PT
- Restaurant Wait Staff FT/PT
- Hotel Laundry Worker/Hauler FT
- Hotel Room Attendant/Housekeeper FT/PT
- Drop Team Worker FT

Fond-du-Luth

- Security Guard/ Dispatch FT
- Janitor FT/PT
- Clean up Worker FT/PT
- Beverage Waitperson/ Bartender FT/PT
- Cage Cashier FT/PT
- Players Club Representative FT/PT
- Slot Attendant FT/PT
- Slot Technician FT/PT FDL Minneapolis listings
- Clinical Pharmacist On Call
- Pharmacy Technician On Call/Sub

COVID Updates

The following events have been either postponed or cancelled

- FDL Assisted Living Residence: limiting visitors for resident's safety
 - FDL Resource Management closed to the public until further notice as of Mar. 18
 - As of March 17, 2020, all in person interactions with the Court are suspended. The Court discourages the public from making any non-essential visits to court facilities, which includes the Apr. 6 Tribal court hearings; the courts phone number is (218)878-7151
 - Fond du Lac Transit is shutting down effective Mar. 16
 - Cloquet, Brookston, and Sawyer Community Centers will be closing until further notice
 - FDL museum is closed, by appointment only
 - Fond du Lac Housing Committee is cancelling the March 23, 2020 Request to Address meeting until further notice
 - Men's health supper is cancelled
- This is not necessarily a complete list of events that have been cancelled, but they are ones that the newspaper office has been notified about. If you are curious about an event, contact those in charge to see if it has been cancelled and remember that most gatherings over ten people have almost certainly been cancelled.
- Check the Fond du Lac Newspaper section for the daily updates as this pandemic continues. Also see the home page and Facebook page (which is linked on our homepage, fdlrez.com) where our media team is putting together frequent updates to keep the community and Band members informed.



SOCIAL

DISTANCING



Social distancing means **staying away from close contact** in public spaces.

AVOID

Group gatherings, non-essential appointments, sleep overs, playdates, concerts and theater outings, sporting events, crowded retail stores and malls, workouts in gyms, visitors in your home, non-essential workers in your home, mass transit, eating at restaurants

OK

Take a walk, go for a hike, yard work, play in your yard, clean, read a good book, listen to music, cook a meal, enjoy family game and movie night, video chat family members, call to check in on friends and family

Use caution when seeking urgent medical care and getting household essentials.

NOTICE

Limited hours: 9:00am - 3:00pm

- No walk-in appointments
- No guests will be allowed to accompany patients unless medically necessary

SERVICES AVAILABLE

(Scheduled Appointments Only):

Acute Care Appointments

Curb Side Pharmacy Pick Up Available

If you are in crisis and need urgent assistance, please call for an appointment:

Behavioral Health MNAW: 218-878-3729

Behavioral Health CAIR: 218-279-4104

Dental Services: 218-878-2163

Social Services: 218-878-2145

Substance Use Disorder (SUD): 218-878-3858

If you have any questions, please call 218-879-1227.

