

Nahgahchiwanong (Far end of the Great Lake) Dibahjimowinnan (Narrating of Story)



*Dancers during the grand entry of the Veterans Powwow July 13-15.
Photo by Pam Belgarde.*

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Local news

Flood Response Team update

By Zachary N. Dunaiski

It has been well over a month now since flood waters tore through the reservation devastating many roads and homes, and the flood response team is still working hard to get our reservation restored.

Over 100 homes in the area were affected, and seemingly every road was waterlogged making travel through the area difficult and in some places, impossible. A reminder to all in the area where roadways are still damaged, not to cross orange barrels, as you can note in the legal section of this paper there are consequences for crossing these barriers, which include a hefty fine. FDL will be getting FEMA assistance for repairing public infrastructure. Individual assistance for private homes was turned down. Governor Mark Dayton is appealing that decision.

This is a reminder to all who have

still not reported any flood damage to call (218) 878-7155. All damage needs to be reported so that the flood damage can be documented correctly. Damage forms can also be found on our website, fdlrez.com, but at this point it would be greatly appreciated if you call to report damage first if you haven't done so already.

For those concerned about water contamination, the flood response team would like to remind everyone that private wells that were not completely submerged by flood waters are considered to be safe. If your well was submerged once again we encourage you to call the number to report flood damage. Residents should not approach drain fields or any standing water in their yards that may have come in contact with their septic systems as this water may be contaminated.



*The intersection of Spirit Lake and Kari Rd looking more like a river crossing than roadways.
Photo by: Jason Hollinday*

USDA Programs to Assist Long-Term Flood Recovery

The United States Department of Agriculture (USDA) is assisting the area after the devastating floods in June. Agricultural-related disasters are quite common and have personal and economic impacts that extend beyond the farm. Disaster assistance is available in many forms through multiple USDA agencies including the Farm Service Agency (FSA); Rural Development (RD) and the Natural Resources Conservation Service (NRCS).

USDA staff in the Duluth region have been reaching out to farmers and communities impacted by flooding to offer assistance and assess damage. USDA officials want to be sure

that everyone impacted by the flooding is aware of programs and assistance that could possibly help with long-term recovery efforts. Information on immediate assistance can be found at Homeland Security's Minnesota Recovery website.

FSA programs include:

- Emergency Conservation Program (ECP)-Provides emergency funding and technical assistance for farmers to rehabilitate farmland damaged by natural disasters.
- Livestock Indemnity Program (LIP)-Compensates livestock producers for deaths in excess of normal mortality due to adverse weather.
- Emergency Loans (EM)-Farm

operators may apply for low interest FSA EM loans, provided eligibility requirements are met.

Disaster Debt Set-Aside (DSA)-FSA borrowers in designated disaster areas or contiguous counties who are unable to make their scheduled payments on any debt may be eligible to have certain set-asides.

- Non-insured Crop Disaster Assistance (NAP)-provides financial assistance to producers of non-insurable crops when low yields, loss of inventory, or prevented planting occurs due to natural disasters.
- Emergency Assistance for Livestock, Honey Bees and Farm Raised Fish (ELAP)-Provides emergency relief to producers of livestock honey bees,

and farm-raised fish and covers losses from disasters such as blizzards, floods, and wildfires not adequately covered by any other disaster program.

NRCS program includes:

- Emergency Watershed Protection Program (EWP)-This program is designed for the installation of recovery measures to safety measures to safeguard lives and property as a result of a natural disaster. EWP addresses watershed impairments like debris-clogged stream channels, undermined and unstable stream banks, jeopardized water control structures, windborne debris removal, and damaged upland sites stripped of vegetation by fire or drought.

Landowners must be represented by a project sponsor, e.g. city, county, conservation district, or tribe.

For more information regarding USDA programs that are offered by FSA, NRCS and RD in Minnesota please review the following Web Resources: FSA <http://www.fsa.usda.gov/mn>, RD <http://www.rurdev.usda.gov>, and NRCS <http://www.mn.nrcs.usda.gov>

Duluth Region USDA Contacts: Danny Weber, NRCS District Conservationist, Duluth Field Office, (218)-720-5330 x3 Sid Jarvis, FSA County Executive Director, (218)-720-5330 x2 Mike Monson, RD, (218)-829-5965, ext. 4.



LAX-4-Life Campers play a gladiator style game with Lacrosse in mind.

Lax-4-Life Camp

By Zachary N. Dunaiski

This year's Lax-4-Life Camp has had a lot of excitement around it for many months now. It all started when Bryan "Bear" Bosto was honored at the White House for Champion's of Change back on Mar. 22. Then on Apr. 13, representatives from UMD (Chancellor Lendley Black and Assistant V.P. for Equity and Diversity Rickey Hall) came to sign a memorandum of agreement that provided support for the camp.

LAX-4-Life brought many participants, around 40 boys and girls, and helpers from all different organizations, such as the professional lacrosse team, (Minnesota

Swarm), as well as others.

The first several days of the camp involved many classroom portions where the kids learned about lacrosse as well as culturally specific issues about health and wellness, nutrition, diabetes and obesity awareness, and leadership development. The practices that took place on Wednesday showed how much the participants had already improved their skills from the first day.

Thursday, was the big day of the week for this camp for all the players. It would involve an actual game where the players got a chance to showcase what they'd learned.

Hard working student goes to Harvard

Landen Straub graduated from Cloquet High School this summer after an extremely busy 4 years, but it's going to get even busier as he has been given a full ride scholarship to Harvard. Straub filled his four years of high school with many events like soccer, where he was a captain and went to state (he even scored the team's lone goal at state). He was the track and field captain where he hurdled and long jumped for the team. Straub was the Class President, and sang and acted for the school plays and musicals and was involved in knowledge

bowl.

Straub wasn't just involved in extracurricular activities, apparent by his offer to go to Harvard on a scholarship. At Harvard, Straub plans to study medicine.

"With medicine there are so many options. I will eventually narrow it down," Straub said. He has many different things that motivate him in his life, his family being the biggest, but Dr. Arne Vainio, A Clinic MD right here on the Fond du Lac reservation, motivated his decision to pursue medicine.

"Dr. Vainio is such a great guy. He's so smart, really passionate. He makes everything so understandable and explains everything really well. He's just such

a great guy."

He won't credit all of his success to just being smart. Straub also said that he had to put in a lot of effort to get where he's going.

Family is what helped Straub stay on track. He always made it a point to make his family proud of him. It was why he always put in the extra effort.

For those hoping to go far in their own life someday, Straub had some great words that always motivated him to go the extra mile.

"I like to learn and challenge myself. I like to see what I'm capable of accomplishing. I like to be the best I can be."

AVANCE graduates first class, more to follow

The AVANCE Parent Program graduated their first year parents. Our staff wants to thank all who took the opportunity to be involved. You were great. We are looking forward to our second year (2012-2013).

AVANCE Parent Program supports parents on their journey of their child's early years of development emphasizing their role as their child's first teacher. Our 9 month session, starting Sept., 2012 through May, 2013, brings parents together for learning and sharing with other parents. Parents attend a three hour session once a week,

giving them an opportunity to develop friendships, make toys they take home, hear speakers talk about topics that parents are concerned about, and so much more. Your child learns during the three hours you are in class, with our teachers in their classroom.

We encourage all those who are expecting or raising three year olds or younger, to sign up for our classes. Free transportation, free meals, parent points, and other fun things, are provided as a parent participant. For more information, please call Betty Anderson, (218) 878-8121 or e-mail: bettyanderson@fdlrez.com.

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Translation: Far End of the Great Lake; Narrating of Story

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Editor: Zachary N. Dunaiski

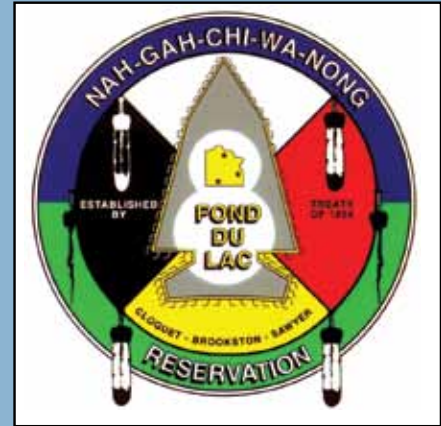
The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association



A few thoughts from RBC members

From the Chairwoman

The Fond du Lac community was challenged by the floods that devastated Northeastern Minnesota. Last month's paper was delayed a few days so we could bring you some of the dramatic photos. While we fared better than some communities, the destruction and damage was significant to many in our community. From roads completely washed away or



Karen Diver

damaged, water-logged basements, to communities that became isolated by road closures, many people came together to help get through it all. Our police and conservation officers really stepped it up, our housing and labor crews, our administrative staff, transit, and so many others did what was needed to assure public safety. If you get a chance, tell these hardworking folks thanks for doing such a good job.

As you are aware, the Reservation was included in the area that President Obama declared a federal disaster area. The Band is working with other jurisdictions, from townships, cities, counties and state, to make sure that roads get fixed. We are working with federal agencies to see what resources we can access to help us fix the Housing program homes that were damaged. We are also supporting a FEMA declaration that may help with private homeowners, although the Band is doing what it can to assist

private homeowners in anticipation of FEMA's determination on the availability of public assistance. The Nelson Act settlement has been through Senate committee for the needed "mark-up." The next action necessary is a floor vote in the Senate, which we hope will happen in this session. Once that is done, it just needs President Obama's signature. One of the extraordinary honors that the RBC gets to be involved in every year is the Veteran's powwow. Whether the

veteran is one of our own community members, or visitor, it is incredibly humbling to stand before them as we honor their service to our nation. Thanks to each and every one of you, along with our gratitude to your families.

Please let me know if you have questions or concerns at the office (218) 878-2612, cell (218) 590-4887 or email karendiver@fdlrez.com.

Boozhoo niiji,

We have been in the clean up mode for the past several weeks now. I am amazed at the amount of damage this flood has generated. My own damage was relatively light, but still required a lot of time to clean it up. My wife said, "now you can't put off cleaning the basement." Everything that was wet had to be disposed of. I had lots of stuff down there, but I was very lucky my damage was limited to an



Ferdinand Martineau

unfinished area of my house. Others around here were not so lucky. Most of the damaged homes were split level so the lower level in their home was living space. They lost furniture, carpeting, sheetrock, insulation and lots of personal belongings. The demolition process alone is going to take at least four weeks to complete. The repair work will take quite a bit longer depending on the amount of damage. Our infrastructure took a pretty good hit also. We still have some roads that are impassable. The only heavily

traveled road is Reservation road where it passes over Fond du Lac creek (Squaw creek). Streams became raging rivers and were quite destructive for a couple of days. Roads were flooded and some were washed away, but now, they are for the most part passable and access has been restored to all areas of the reservation. I would like say thank you to all the people involved in the management of this disaster. They stepped up and did a fantastic job. Our entire community owes them a thank you for their dedication. The Veteran's powwow was overwhelmingly successful. We had over 750 dancers and

50 drum groups. Unfortunately I was not able to attend. My sister in law had passed away and I attended her funeral that day. The staff did a great job coordinating all the festivities for the weekend event. Sometime we forget all that it takes to put on an event of this proportion and we forget to say thank you to all that put their efforts into hosting such a successful event. From registration to clean up, all went well. My thoughts were with the Vets and all that they have done for us, all the sacrifices they and their families have endured to protect the freedoms that we all enjoy. Thank you all for the wonderful

weekend. The elder picnic went off without any problems. The get together had good weather, good food, and good conversation. It was nice to see the crowd and the enjoyment of renewing all the old friendships. Thank you to all of you who put this event together again this year. *If you have any questions or comments please feel free to contact me. My home number is (218)879-5074, Office (218)878-8158 or e-mail at ferdinand-martineau@fdlrez.com* Gigawaabamin.



Hello All

This month was filled with many challenges for a good portion of the Cloquet and surrounding area residences. Torrential rains caused flooding to many of our homes and caused a number of our roads to wash away. The losses that many of our families experienced are huge, to say the least. Our area has been declared a natural disaster by FEMA.

Through it all though, I would like to say that I am impressed with the way our community members, Division Directors, and staff have come together to work through this disaster. For



Wally Dupuis

that, I would like to thank you all for your commitment and dedication, and to say, job well done.

Our annual Elders picnic was held this month, and once again it was well attended and very successful. Also, the Veterans Powwow was held this month and it too was well attended. The Cloquet Community Centers youth summer baseball program is coming to a close. This baseball season once again brought record attendance numbers and youth participation. It was an honor to see our youth participate at area baseball fields while wearing "FDL Baseball" proudly on their uniforms.

On the area scene:

The biggest news was the flooding that occurred here. A lot of families and businesses suffered damages. Our emergency response team came together to cover the disaster. The Fond du Lac Reservation was part of the national disaster area declared by President Obama.

Presently the clean-up is taking place across the reservation. A special thank you goes out to all those individuals who are a part of the cleanup operation. They are doing a variety of tasks that include, but not limited to hauling out damaged items from basements to scrubbing down basements with



Sandra Shabiash

bleach.

The Kiwenz Camp in Sawyer that was just completed had the tiered beach section suffer a wash out. Also, a number of reservation buildings received damages. Again, many thanks to the entire staff that are out there in the clean up process.

By the time you read this article the Veteran's Pow Wow will have taken place. This Pow Wow honoring our Veteran's is very well attended each year and we again expect a huge turnout.

The Elder's Picnic was held on July 13. It is an event that brings people together to visit with one another and have a good time.

I would like to remind everyone to view, if possible, the FDL website for upcoming community center activities. Our staff continues to update the site regularly in an attempt to keep us all informed of upcoming activities. Unfortunately, some folks are being missed or not informed, so if you have questions please feel free to call the community center for upcoming activities.

As always, please feel free to call or email me anytime with questions or concerns (218)878-8078 office, (218)428-9828 Cell, or email wallydupuis@fdlrez.com

On the local scene:

The road east of Mission is starting to look like a road again. This morning I could actually use my driveway and go down Moorhead without making any detours on my way to work. Sept. 1 is still the completion date for paving Davis Road and Moorhead.

The Sawyer Center is still busy with its tournaments and daily activities. Summer trips are planned and the kids are enjoying their summer break.

In closing, I wish everyone an enjoyable summer and take care.

For questions contact me at (218)878-7591 or e-mail me at sandrashabiash@fdlrez.com

Veteran's Powwow draws big crowd

The Veterans Powwow, July 13-15, is always an important weekend for Veterans and others to have a chance to honor them. It was an extremely exciting weekend to watch people come from all around the country to celebrate on our reservation. The event's grand entry's many colors were exciting to see for the large crowd that attended.

During the day there were more festivities as well, which included the host drum, a giveaway, and speeches from a few of the veterans. Photos courtesy of Pam Belgarde.



etc.

Graduation apology

By Zachary N. Dunaiski

It was brought to my attention by one of our readers that I failed to mention the graduates of the 2011-12 school year from both the high school and the college.

To the graduates of either school, I would like to apologize. In the June edition, there was no mention of the graduates in their entirety, just one was mentioned and that was wrong. Your hard work and efforts shouldn't have gone unnoticed, and the Band as a whole is incredibly proud of your hard work. All of us have been there and, whether we finished school or not, we all know how easy it is to slip from the path, and I'm sure they will join me in congratulating you on your efforts.

"Since there were a lot of graduates this year, I think our community needed to see the FDL Band members who graduated, especially the young ones who think they don't have any-

thing to look forward to. Many of the young people in the community don't even know about college, what they want to be, or how to get there, some may even think it's impossible," the reader who brought this to my attention said.

It's a very good point too. I've made it my goal to let people know about all the great accomplishments that happen right here on our reservation, especially from the youth. This was an oversight on my part but want to let those of you who did graduate know that you've done an incredible job, and we all root for you as you continue down life's path.

Wiidookaage Cancer Program Receives C-Change Award

On Oct. 7, 2011 Fond du Lac was honored to receive the Tribe/Tribal Organization CCC (Collaborating to Conquer Cancer) Coalition Impact Award from C-Change, a national can-

cer partner.

C-Change was founded in 1998. The organization assembles key cancer leaders from multiple sectors across the nation and addresses all aspects of cancer care.

The group works to eliminate cancer as a major Public Health problem.

C-Change's underlying principles include reaching people, particularly those at greatest risk, including ethnic minorities and the medically underserved; and to promote primary cancer prevention, and early detection to provide access to high-quality care, and to enhance quality of life for cancer patients. C-Change provides cancer focused conferences, summits

and publications free of charge for interested individuals and organizations.

C-Change has made the development and effective implementation of State, Tribe/Tribal



DeAnna Finifrock and Sharon Johnson (far right) pose for a picture with C-Change Representatives as they receive their Tribe/Tribal Organization CCC Coalition Impact Award.

Organizations, Territories, and Pacific Island Jurisdiction Comprehensive Cancer Control (CCC)

plans a priority. In Aug. 2011, the FDL Wiidoo-

kaage Can-

cer Team was chosen to receive the Tribe/Tribal Organization CCC Coalition Impact Award. Team members, Sharon Johnson, chairperson for the FDL Wiidookaage Cancer Team and DeAnna Finifrock PHN, Grant Manager for FDL's National Comprehensive Cancer Control grant, travelled to Washington D.C. to accept the award on behalf of Fond du Lac on Oct. 11, 2011. C-Change funded all travel expenses for the trip.

The 33 member FDL Wiidookaage Cancer Team accomplishments include:

- The FDL Insurance Board policies now cover cancer screenings.
- The passage of a resolution by the FDL Reservation Business Committee supporting colorectal cancer screenings.
- Establishing a Mobile Mammography at MNAW and CAIR, in partnership with the Shakopee Mdewakanton Tribe.
- Building partnerships within FDL Human Services Division,

the FDL community, and beyond to change the pattern of cancer within the FDL service area.

- Providing one-to-one cancer education by the Cancer Outreach Worker.
- Providing community cancer education by the Cancer Program Health Educator.
- Utilizing existing data, surveys and cancer awareness activities to plan & implement cancer focused programs and services.

The FDL Wiidookaage Cancer Team is committed to preventing cancer, decreasing its incidence and assisting community members as they travel through the cancer journey.

Head Start programs now taking applications

If you are interested in enrolling your child in Fond du Lac Head Start Programs, applications for the 2012-2013 school year are now being accepted.

Returning Head Start (HS) and Early Head Start (EHS) children do not need to reapply. EHS children transitioning to HS will need to apply. The requirements for the program are as follows.

- Early Head Start Center Base — children 6 weeks to 3 years of age.
 - Early Head Start Home Base — pregnant moms to 3 years of age.
 - Head Start children who will be 3 years of age by Sept. 1.
- For more information call (218) 878-8100 or please stop by 33 University Avenue with a copy of your income (pay stub, taxes, per cap, etc.).

Environmental Stewardship Award

Chairwoman Karen Diver received an Environmental Stewardship award for outstanding work that the tribal natural resources department accomplished to help protect Lake Superior.

Diver joined 3 of 6 other U.S. recipients of the Lake Superior Binational Forum's 9th annual Environmental Stewardship awards program at a Lake Superior day award presentation in Superior, Wisc. July 15.

The awards presentation was part of a larger event organized by multiple partners in Superior and Douglas County, Wisconsin.

We should thank all of the recipients of this award for their ongoing efforts to improve the land, air, and water quality in the Lake Superior basin.



Chairwoman Karen Diver accepts an Environmental Stewardship award for outstanding work that the tribal natural resources department accomplished to help protect Lake Superior. U.S. Vice Chair Christine Ostern (Left) and U.S. Co-Chair Bruce Lindgren presented the award to Chairwoman Diver at a Lake Superior Day event in Superior, Wisc. July 15.

etc.

Outstanding Service Award Winner

Gilbert Ben Huie has received 2012 University of Minnesota, Department of Civil Engineering Outstanding Service Award.

"I really like helping the kids and it's neat to see the designs they come up with," said Huie via the University of Minnesota's Civil Engineering Magazine. Huie has always worked hard in volunteering and education for the benefit of those around him.

Huie was born in Duluth, in 1948 to mother, Beatrice, who is a member of the Fond du Lac Band and his father, Sin Ben, who was a Cantonese Chinese immigrant actor, artist, teacher, and chef.

In 1971, Huie was laid off from Honeywell where he had been working. Curiously, the layoff would inspire him to commit his first act of adult volunteerism. He decided to volunteer for the draft and enter the military, and the current Vietnam War. He was selected by the army and scheduled to be trained, much to Huie's surprise, as a medic. He also served as an ambulance driver.

After his stint in the Army, Huie resumed working as a toolmaker and began college by enrolling at North Hennepin Community College. He soon earned an AA degree in management in 1979 and became the first identified American Indian graduate from the school.

Huie then worked for Twin Cities Manufacturing, operated a custom machining side-business, owned a jewelry store, married and started a family, and even began work on a bachelor's degree through Metropolitan State University.

Huie volunteered to be a founding member and later chairman of the Fond du Lac off-Reservation Action Committee, a group created to give enrollees of the community living in the Twin Cities representation in the tribal government.

Since 1991 Huie has been a machinist for the Department of Civil Engineering. In 2008, Huie was named to the exclusive list of President's Award for Outstanding Service recipients, the highest award given to staff or faculty.

"I look at it as a lesson for my family and my grandchildren that you don't have to be the best, but be diligent and do your job, and be the person people can count on and you'll eventually be recognized for it," said Huie.

Annual Fall Feast

The Duluth American Indian Commission will host the Annual Fall Feast and Forum on Aug. 20. The Feast will begin at 5 p.m. at the new Gimaajii Apartments - Community Gym, 202 W 2nd Street, Duluth, MN. A brief program including accomplishments and comments from community officials will kick off the program. The feast and forum is open to the public. Questions regarding the event can be directed to the Duluth Community Development Staff, at (218) 730-5480.

Honor Our Elders

The Wisdom Steps 2012 "Honor Our Elders" Conference was held at Grand Casino in Hinckley June 12-14. It was another great success with over 400 in attendance. There were several new speakers and presentations this year along with an assort-

ment of vendors.

Fun Night activities were a hit and most enjoyable was Paper Hat making. We had a lot of creative elders that sported their new hats and entered into a contest won by voting of the audience at the awards dinner.

The presentations varied from Ojibwe and Lakota language, Talking Circles, Reiki, Super Colon Display, Traditional foods, Elder Abuse, Matter of Balance, Medicare, Brain Injuries, and several others. The awards dinner was hosted by our own Mary Snobl and Jackie Dionne. Several Tribal officials were present and acknowledged as were members of our partner the Minnesota State Board of Aging.

There was a sad note this year, we all said good bye to Jackie Dionne the MBA Indian Elder Desk coordinator who has worked diligently with Wisdom Steps for the last 6-7 years. She has accepted another position and will no longer be directly involved with Wisdom Steps. Each local board and the MCT staff presented her with parting gifts and well wishes. The dinner was great and afterwards we were entertained by Mari-Ann's Country show.

The final day's activities included a group walk, water exercises, breakfast, awards, door prizes, and entertainment by the Native Pride dancers. This year's event ended with many old and new friends wishing each other well until next year and safe journeys home.

Native pride dancers toured Jordan

Native Pride Productions, Inc. participated in the Annual Jerash Festival in Amman, Jordan

July 7-14.

Upon request from the U.S. Embassy in Amman, Jordan, Bronitsky and Associates, an International Cultural Marketing Company, contacted Larry Yazzie, Artistic Director of Native Pride Productions, Inc., to request the Native Pride Dancers to perform throughout Jordan as an Artistic Envoy to participate in a strategic cultural exchange to promote mutual understanding. This exciting opportunity allowed the Native Pride Dancers to tour Jordan to educate, inspire, and motivate through music, stories, and dance from the Native American cultures represented by the dancers who made up this troupe.

Our Jordan Troupe members represent many First Nations Tribes, hometowns, and current residential areas in the USA:

Jessup Yazzie: Meskwaki/Dine/Lakota Nations, Meskwaki Settlement, IA & Eagle Butte, SD
Leya Hale and Tawny Adson (sisters): Dakota/Navajo Nations, Sisseton, SD & Oak Springs, AZ. Residents of Minneapolis, MN

Larry Yazzie: Meskwaki/Dine Nations, Meskwaki Settlement, IA. Resident of Savage, MN

Rebecca Roberts: Taos Pueblo, NM. Resident of Ada, OK

Michael Roberts: Choctaw & Chickasaw Nations of OK. Resident of Ada, OK

Russell Harjo: Seminole/Pawnee Nations, Pawnee, OK. Resident of St. Paul, MN

Jessica Moore: Otoe-Missouria/Pawnee/Osage Nations. Fairfax, OK. Resident of St. Paul, MN

Lowery Begay: Dineh (Navajo) Nation, NM and AZ. Resident of Jonesborough, TN

Christal Moose: Anishinaabe,

Mille lacs Band of Ojibwe, resident of Sawyer, MN on the Fond du Lac Reservation.

The Dancers held Outreach events and public performances in Aqaba, Tafila, Karak, and Jerash. Notable performance or outreach venues included the University of Jordan, Revolution Yard, Queen Rania Center for Children, Al-Hassan Cultural Center and the Northern Theatre. Several members participated in a media roundtable and gave a televised interview on Jordan television. Congratulations are extended to Native Pride Productions, Inc., for going forth and representing our First Nations People on this international tour to Jordan.

If you have any questions contact Christal Moose at (218) 565-2508 or at christal.ikwe@gmail.com for more information.

9th Annual Wisdom Steps Golf Tournament

Friday Sept. 7 at the Black Bear Golf Course, will be this year's 9th annual Wisdom Steps Golf Tournament. Registration begins at 9 a.m. and the Shot Gun Start is at 10 a.m.

To register contact Shauna FourStar, Elderly Programs Assistant Minnesota Chippewa Tribe/MN Indian Area Agency on Aging at (218) 335-8585 or toll free at (888) 231-7886.

Your generous support today to improve elder health will benefit you and future elders tomorrow. Please see brochures posted at the Duluth CAIR building and Cloquet Community Center or as always you can contact your local Wisdom Steps board members, Patti

etc.

Svaleson (218) 878-2606, Char Bodin (218) 279-4119, Jean Dufault (218) 878-2138, Sharon Mullikin (715) 398-5283 or Debra Topping (218) 878-8053 for more information.

Native Nation Rebuilders Program opens application period

Tribal citizens who are passionate about the future of their nation, who want to strengthen their leadership skills while learning about the concepts of nation-building, and who wish to connect with emerging leaders from other Native nations are encouraged to apply to the Native Nation Rebuilders Program of the Bush Foundation. Applications are open from July 23 to Aug. 30.

The Foundation launched the Rebuilders program in 2010 in support of the elected leaders of the 23 Native nations the Foundation serves, who said that partnering with other emerging and existing Native leaders will be crucial to the success of their nations over the long term. Rebuilders make a significant commitment. They agree to participate consistently in ongoing activities throughout the

program's two-year period, to actively share knowledge with peers and with their respective nations' governments, and to develop and implement nation-rebuilding action plans.

The Rebuilders Program seeks candidates who are at least 25 years of age, an enrolled citizen of one of the 23 nations who is living on or near his or her nation's lands, and is significantly engaged in his or her nation's work.

The four Rebuilder trainings in the first year of the two-year program are led by several regional and national partners with expertise in nation-rebuilding, organizing, and issues specific to Indian Country.

Rebuilders chosen during the 2012 application period will be the fourth cohort since 2010. The names, tribal affiliations and bios of Rebuilders from Cohorts 1 through 3 are available at BushFoundation.org/Rebuilders.

Jaime A. Pinkham (Nez Perce) is vice president at the Bush Foundation and leads its efforts to partner with tribal nations, including the Rebuilders program. He said, "Rebuilders have become important allies in the nation-rebuilding efforts of their tribes. We continue to be

inspired by the passion Rebuilders have for their lands and people, and by the deep connections they are making across nations with one another."

Native Traditions

Sacred Winds Church, which is United Methodist worship, also mixes in the cultural traditions of Native Americans, including the burning of sage and songs and prayers in the Dakota language.

The Sacred Winds Church is led by the Revs. Alan Kitto Sr. and Bea Kitto, who are husband and wife. Alan Kitto is a Dakota Sioux; Bea Kitto is an Ojibwa Chippewa. Both have masters of divinity degrees.

The Kittos, who were serving as missionaries in Albuquerque, New Mexico, last year, were urged by their son Alan Kitto Jr. to come to Lincoln NE and lead the struggling Sacred Winds Church. With the backing of the United Methodist headquarters, the couple moved. A short time later they moved the church out of its borrowed space at the Indian Center and accepted an invitation from St. James Church to use its sanctuary.

"We were very excited they invited us to be with them in a chapel," Bea Kitto said.

When the Kittos first arrived in Lincoln, only about five people were attending church services. Last week, 37 people attended.

Membership and interest from

the Native American community is growing, Alan Kitto Sr. said.

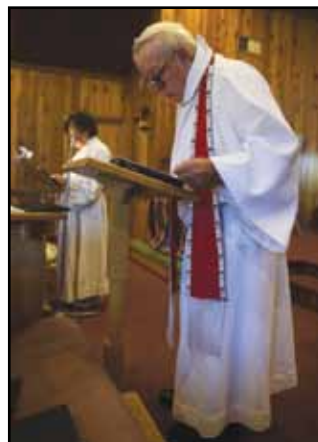
Sacred Winds Church offers its members Christian worship infused with important Native traditions, the Rev. Bea Kitto said. At each service, the traditional "Prayer Song" and "Thank You Song" are sung in the Dakota language. Bea Kitto plays the traditional drum; Alan Kitto Jr. plays the piano.

The church often invites those in the congregation to share their musical talents -- even people who are just visiting, Alan Kitto said. Recently, Juan-Javier Bautista of Phoenix was in Lincoln visiting family and sang several gospel songs during services, he said.

The Kittos say they want to spread the word about their church and reach out to

Native Americans and other minority communities.

For more information on Sacred Winds, call (402) 438-9269 or (218) 393-3696.



Alan Kitto (front) and Bea Kitto are a team of reverends for the Sacred Winds Church, who are also husband and wife.

Flood Debris Notice

Curbside Pickup of flood damaged personal debris ended on July 6. Fond du Lac Waste Management will continue to accept flood damaged personal debris from Fond du Lac Band Members without charge. Demolition debris from Fond du Lac owned homes will continue to be picked up until rehabilitation of those homes is complete.

The 34th Annual Health Fair has been rescheduled to Aug. 23RD Ojibwe School 9am-3pm.

**For Sale
Big Lake Cabin
1109 Lakeview drive**

The Fond du Lac Band of Lake Superior Chippewa is accepting bids for a rustic seasonal cabin located at 1109 Lakeview Drive on Big Lake. Fond du Lac band members will be the only eligible bidders. Bids will be accepted from July 27, 2012 thru August 13, 2012 at 4:30 pm. The cabin will be available for viewing August 7, 2012 from 2 pm to 6 pm. Minimum Bid for this cabin will be \$2,000.00; bid will be awarded to the highest qualified bidder. Winning bidder must provide their own financing. Please contact Jack Bassett (878-8043) or Roberta Fox (878-2620) for further bidding details.

**Fond du Lac Human Services
Contract Health Services
(218) 878-3733**



Call for answers to your CHS questions.

*"I had an emergency room visit over the weekend, what do I do?"
"I have a follow-up visit for my referral, do I need to notify CHS?"*

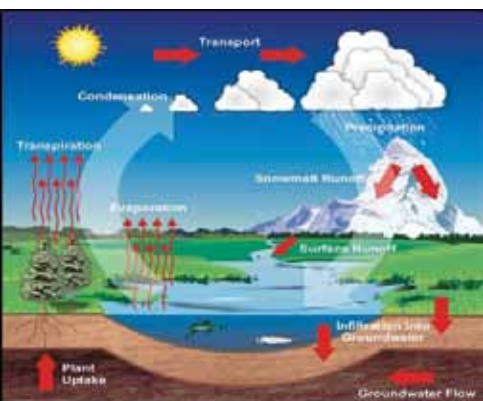
**8/5 FDL
Cloquet District
Trip to Spirit Mtn.
878-7510**



Understanding the Benefits of Biomonitoring Water

By Rebecca Provost,
FDL Biomonitoring Project Manager

The Fond du Lac Biomonitoring Project, part of the Public Health Nursing Department, is all about finding and measuring chemicals in the body. The project is going to look at the types and amount of chemicals in a person's body. It will also look at the ways people are exposed to chemicals and how they may enter the body. Water plays a major role.



So how do toxins get into the water?

Most are the results of human activities. Run offs from agriculture, which contain many man-made chemicals, is one of the major ways chemicals enter the water. Septic systems, when they are not properly maintained, or built, can be a source of pollutant in the water.

Household wastes such as car oil and batteries, when not properly disposed of or stored, can also contribute to the pollution of water sources. In addition, when industries do not properly dispose of waste products or have proper safety measures for prevention of waste spills, contamination of the water occurs.



Why is it important to understand how chemicals can get into the water?

Water is the source of life. Understanding how chemicals in the environment can enter into our bodies through water is the first step in educating ourselves. The history of the St Louis River Basin has been filled with practices that have led to a higher level of pollution in the water. With the knowledge gained from the

biomonitoring project, information can be provided to the community to protect their health, the health of their families and the health of the community.

For more information or questions regarding the Biomonitoring Project and upcoming events, please call Becca Provost, Biomonitoring Project Manager at (218) 878-2108, rebeccaprovost@fdlrez.com or Bonnie LaFromboise, Public Health Nurse at (218) 878-2132, bonnie-lafromboise@fdlrez.com. Both Becca and Bonnie are located at Min No Aya Win Human Services Center, Cloquet, Minn.

Summer Fun

By Kara Stoneburner RDL, D,
Public Health Dietitian

The weather has been hot and many people are heading to the beach to cool down. However, a day of swimming and relaxing at the beach can turn ugly if proper precautions aren't taken to prevent dehydration, poor nutrition, and sunburn.

Hydration

Water is the best choice to drink on a hot day. Typically an adult has 10-12 gallons of water in the body. This means that about 60% of your body weight is water. Every system in your body depends on water. Not enough water can lead to dehydration. Dehydration can prevent your body from functioning properly.

On a hot day water can be lost through normal body functions such as breathing and sweating. Fluids lost need to be replaced. The Academy of Nutrition and Dietetics recommends adults drink 8-10 glasses of water a day. Adjustments are necessary for hotter temperatures, exercise, illness, and health conditions.

Drink water frequently while outside in hot temperatures. It's best to avoid alcohol. Alcoholic beverages may sound refreshing on a hot day, but they increase the dehydration process.

Signs of dehydration include:

- Thirst
- Headache
- Dry, sticky mouth
- Decreased urine output
- Sleepiness or tiredness
- Dizziness or lightheadedness
- Constipation

Mild dehydration can be treated by drinking water. More severe symptoms (rapid heartbeat, lack of sweat, delirium) are a medical emergency. Children and older adults are most vulnerable to dehydration

and should be watched closely.

Nutrition

Spending all day on the beach swimming and playing can really work up an appetite. Pack foods that can safely sit out in warmer temperatures. Some examples include:

- Dry roasted nuts
- Whole grain crackers
- Pre-washed and cut fruits and vegetables
- Trail mix
- Granola bars
- Dried fruit
- Pretzels

Be sure to use a cooler with ice for any perishable foods and the water bottles.

Sunburn

Sunburn hurts and you can get sun burnt even on a cloudy day. To help protect against sun damage apply sun block before going outside. Bring it with to reapply.

Reapply at least every two hours, more often if swimming or sweating. Sunscreen will rub off when you towel dry so be sure to reapply after drying. Other good sun protection ideas include wearing a long-sleeved shirt, a wide brimmed hat, sunglasses and limiting sun exposure during midday.

Sources include: Mayo Clinic, the Academy of Nutrition and Dietetics and the American Cancer Society

Second-hand smoke: The inside story

By Rozanne Hink,
Tobacco Cessation Educator

Although smoking cigarettes poses health risks for those who practice this addictive and unhealthy habit, second-hand smoke can be just as deadly. While a smoker chooses to take this risk, non-smokers, including infants, children, and pets don't have a choice over the matter.

Not only does second-hand

smoke negatively affect infants and small children but the un-born fetus is affected as well by the cigarettes' deadly chemicals when a pregnant mother "lights up." In fact, according to the National Cancer Institute, second-hand smoke causes sudden infant death syndrome (SIDS) and a number of health conditions in children.

According to information from Clearway Minnesota (Advocacy Group), second-hand smoke is a threat to public health. It is responsible for at least 3,000 lung cancer deaths and at least 46 coronary heart disease deaths each year. Moreover; there is no "safe" limited exposure to second-hand smoke.

Along with negative health effects of secondhand smoke, there are financial costs, as well. Secondhand smoke costs Americans more than \$9.5 billion a year because of excess medical care, death, and disease. For the average smoker, the total cost after a year of this expensive habit exceeds over \$2,000.

So, with health concerns and the financial expense of secondhand smoke there are things you can do to create a healthier environment in your community. One would be to advocate for smoke-free public places, don't let people smoke in your vehicle, and post a window cling on your front door or window that shows others no smoking is allowed in your home. It is mostly in your home and car where you can set the boundaries of healthier air. If you would like a window cling for your vehicle and/or house, or to learn more about secondhand smoke and how to protect yourself and your family, call Rozanne Hink—FDL Tobacco Cessation Educator at (218) 878-3726. And, if you are thinking of kicking the habit, Rozanne can help.

Shabaiash Family

By Christine Carlson

Different Spellings of Shabaiash

These are several different spellings of this family name Shabaiash: Shabaish, Shabiosh, Shabash, Shabiaush, Shabisha and Shaw bah yoush.

1850 Census of the Fond du Lac Band

In the 1850 Census of the Fond du Lac band, family number 14 is male named Shabaiash who signed with an X. In this family was 1 male and 1 female.

1877 Fond du Lac Census

The Annual Genealogical Roll of the Fond du Lac Band of Chippewa Indians of 1877 lists the Shabaiash Family. A 32 year old male by the name of Shabaiash is listed as family number 333. He is the son of Gandananibi and Tehigabikidjiwanokwe. Next listed is a 20 year old male by the name of Eshkweiash who is the son of Shabaiash and of Sibins. Next listed is a 45 year old female by the name of Sibins. She is the wife of Shabaiash and daughter

of Bebamidjiwang. Next are a 14 year old male by the name of Mejakwasing and a 12 year old girl by the name of Marie. They are the son and daughter of Shabaish and Sibins.

Number 350 is a male by the name of Eshkweiash who is 20 years old. Number 375 is a female by the name of Madjiosekwe who is 16 years old. They are both the children of Shabaiash and Sibins. I don't particularly like to use numbers for people but this is how they are noted in this census. Knowing the numbers makes it easier to find for further research.

The 1877 Census for the Fond du Lac Band

This Dec. 22, 1877 census was taken at N.P. Junction (Northern Pacific Junction) which was later called Carlton. Joseph D. Gurnoe was the interpreter. By the looks of Joseph's signature, it appears that he in the one that wrote the names of the people.

I love this 1877 Census and use it a lot in my stories. The cursive handwriting is very light in places and difficult to

decipher. I do my best in trying to figure out the names. A copy of this census was a gift to the museum from Theresa Schenck who spoke at the Tribal Center on Jan. 29, 2011. Theresa also wrote the book called All Our Relations – Chippewa Mixed Bloods and the Treaty of 1837.

1891 Fond du Lac Census

Number 739 of the 1891 Fond du Lac Census is the name Shabiosh who is a 52 year old male. His wife is Sibins who is 51 years old. There is a boy listed with them who is 5 years old and their grand-son. The date of the grand-son's birth would be 1886. Looking through other census reports, the name of the grandson is May-gwon-e-wegwon-ay-aush. The birth dates vary from 1886 to 1889.

Death of Ze-beence Sha-bah-yoush and the Process of Elimination

It just takes time to figure out when a person dies. Paramount with this is a process of elimination. I found on line the birth year of Zebeence but not the death date. This is where having a lot of census reports on hand comes in handy. I live 80 miles round trip from the Tribal Center Library so having these census reports at home is a must for me to research these stories.

Joe Shabiash married Mosh-KinAuBeQuay and later married OshKeQuay.

Joe Shabiash and Mosh-KinAuBeQuay had two children. Mary "Mushkin" Shabaiash Boyd Northrup was born in 1880 and died on July 17, 1954. Joe Shabiash married OshKeQuay and they had four chil-

dren and below is her obituary.

OshKeQuay also known as Mrs. Joe Shabisha Killed by Lightning – Pine Knot article from August 1, 1908

An Indian woman, named Mrs. Joe Shabisha, was killed by lightning at Dead Fish Lake, north of Sawyer, at 3 o'clock Monday afternoon, July 27, during the storm. She had gone to the lake-side to turn the canoe upside down when struck. Her children looking out of the window saw her fall. Her husband had left for Odanah on Monday morning and a message was sent him.

1910 Federal Census of Joseph Shabash and Family

The 1910 Federal Census of the Cloquet Indian Reservation shows Joseph Shabash age 58, a widow and the head of the family. His occupation was a farmer on his allotment. Mary Shabash age 17 is the daughter and Mike age 14 is the son. Joseph's mother Mrs. Shabash is listed as a widow and age 70. I will assume that Mrs. Shabash is Zebeence and she is still living in 1910.

Mike Shabiaush's Draft Registration of 1918

Mike Shabiash was 21 years old when he signed up for the draft. He listed his birth date as May 20, 1897 and was born on the Fond du Lac Reservation. Mike was employed by Joe Shabaiash as working on a farm. Joe is also listed as his nearest relative. The date of the draft registration was June 5, 1918.

Joe Shabiaush died on April 10, 1922

The Carlton County Courthouse Death Records for the year 1922 show that Joe Shabiaush age 65 died. His parents are listed as Shabiaush, the father and Zibes as mother.

1930 Federal Census for Mike Shabaish

This census shows that Mike Shabaish is 30 years old and was born about 1900. He is a laborer in the woods and the family lives at Perch Lake, Carlton County. His wife is Susan J. Shabaish who is 27 years old. Their children are Cecelia M. age 8, Alice M. age 7, and Florence M. age 3. Also living with the family is Esther Grasshopper age 57 who is Mike's mother-in-law and James Blackbetter age 20 who is Mike's brother-in-law.

1979 Interview with Mike Shabaiash

In 1979 Barb Sommer interviewed Mike Shabaiash as part of the Human Resources Inventory of the Fond du Lac Reservation. Mike talked about his grandmother Zeveence and her allotment on the south end of Dead Fish Lake. For further research this 18 page interview as well as many other interviews are available at the Cultural Museum.

Ojibway Grand Medicine Man – Joe Shabaiash remembered by Susan Stanich

My friend Susan Stanich wrote an article about Joe Shabaiash a week after he died. This article was in the Pine Knot the first week of April 1991.

Joseph John Shabaiash Sr. died on May 28, 1991. Mike Shabaiash died on Jan. 10, 1990.



Susan and Mike Shabaiash Courtesy of Sharon and Larry Shabaiash

FDL Law Enforcement news

The following is a summary of about one month of select police reports.

- June 16 Traffic stop on Hwy 2, driver warned for speeding
- June 16 Report of shoplifter at Black Bear Casino Gift Shop, female arrested
- June 17 Traffic stop on Hwy 210, driver cited for speeding
- June 17 Report of intoxicated juveniles on Scotty Dr, individuals were cited
- June 18 Report of underage person at Black Bear Casino, person cited
- June 18 Assisted Carlton County with a medical situation on I-35
- June 19 Traffic stop on Hwy 2, driver cited for speeding
- June 19 Traffic stop on Cary Rd, driver cited for no insurance
- June 20 Officers in the area for the flood
- June 21 Officers in the area for the flood
- June 22 Report of person using drugs in the parking lot at Black Bear Casino, located and cited
- June 22 Traffic stop on Carlton Ave, driver was warned for driving habits
- June 23 Report of a fight at Black Bear Casino, one party charged
- June 23 Traffic stop on Hwy 210, driver arrested for DWI
- June 24 Traffic stop on Hwy 31, driver cited for speeding
- June 24 Traffic stop on Brookston Rd, driver warned for speeding
- June 25 Report of two vehicle car accident at Big Lake and Trettel Lane
- June 25 Report of person that crossed the barricades on Reservation Rd, person cited
- June 26 Report of intoxicated male on Ridge Rd, male transported to detoxification
- June 26 Custody dispute, male brought to jail for disorderly conduct
- June 27 Report of a fight at Black Bear Casino, one male brought to jail
- June 27 Traffic stop on Twin Lakes Dr, driver cited for no insurance
- June 28 Report of underage drinking at Black Bear Casino, a number of people cited
- June 28 Traffic stop on Hwy 210, driver warned for driving conduct
- June 29 Report of gas drive-off for \$2.00, person made agreement to pay but never came back
- June 29 Assisted Cloquet Police with K9 sweep of vehicle, 5 grams of meth located
- June 30 Report of domestic dispute on Mission Rd, one brought to jail on warrants
- June 30 Assisted Cloquet Police with K9 sweep, located 7 grams of marijuana and 1 gram of meth
- July 1 Report of 4 wheelers on Mahnomen driving unsafely, located them and advised the parents they can't be driven on the roadway
- July 1 Traffic stop on Big Lake Rd, driver warned for speeding
- July 2 Traffic stop on Hwy 2, driver cited for speeding
- July 2 Traffic stop on Hwy 31, driver warned for driving habits
- July 3 Report of gas drive-off at gas and grocery for \$30.01
- July 3 Report of assault on Scotty Dr
- July 4 Report of gas drive-off at gas and grocery for \$103.13
- July 4 Report of domestic on Mahnomen Rd, parties cooled for the night
- July 5 Report of mailboxes being tampered with on Big Lake Rd
- July 5 Intoxicated person at Sawyer Store, male brought home
- July 6 Traffic stop on Brevator Rd, driver cited for expired registration, no insurance, and no valid driver license
- July 6 Traffic stop on Big Lake Rd, driver was warned for speeding
- July 7 Report of gas drive-off at gas and grocery for \$22.01
- July 7 Traffic stop on Jarvi Rd, driver cited for expired registration
- July 8 Traffic stop on Hwy 210, driver cited for speeding and no insurance
- July 8 Traffic stop on Hwy 2, driver cited for speeding
- July 9 Assisted Cloquet Police with K9 sweep, located 1 pound of marijuana
- July 9 Report of domestic on Loop Dr, parties separated for the night
- July 10 Traffic stop on Danielson Rd, driver cited for speeding, no insurance, and expired registration
- July 10 Traffic stop on Hwy 210, driver cited for speeding
- July 11 Report of disturbance in the compound as soon as the officers got there everyone left
- July 11 Report of three young kids riding their bikes after midnight in Carlton County, located and brought home
- July 12 Loud disturbance at Supportive housing, all quiet by the time the officers arrived
- July 12 Report of gas drive-off at gas and grocery for \$25.40
- July 13 Removed intoxicated female from powwow and transported to detoxification
- July 13 Loud music complaint in the compound, party said they will keep the music down
- July 14 Report of assault in the compound, one brought to jail
- July 14 Medical emergency on person who was having reaction to synthetic marijuana, person transported to hospital
- July 15 Traffic stop on Moorhead Rd, located a missing juvenile in the vehicle returned juvenile to Mash
- July 15 Traffic stop on Hwy 210, driver warned for speeding

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

AMMESMAKI, Beverly
 ANKERSTROM, Arthur
 "Skip"
 BANKS, Robert
 BARNEY, Derrick Sr.
 BARNEY, Frances
 BEGAY, Raymond Sr.
 BOYER, John
 CAMPBELL, Patricia
 CICHY, Gerard

CICHY, Leslie
 COPA, Hope
 CROWE, Gary
 DEFOE, Charles
 DEFOE, Richard
 GLASGOW, Edith
 GREENSKY, Charles
 GREENSKY, Florence
 HEENEY, Mary
 HERNANDEZ, Phyllis
 HERNANDEZ, Sherry
 HUHN, Cheryl
 HYLTON, Tina
 JEFFERSON (Drucker), Mary

JONES, William Sr.
 JOSEPHSON, Charles
 KAST, Cheryl
 LAFAVE, John
 LAPRAIRIE, Robert
 LIVINGSTON, Bruce
 MARTINEAU, David
 MARZINSKE, Larry
 OLSON, Daniel G. Sr.
 OSTROWSKI, Lorraine
 PALMER, Agnes (aka Agnes Rock)
 PERALES, Benjamin Jr.
 PITOSCIA, Donna

RAISCH-DAY, David
 RITZ, Warren
 SAVAGE, Maxine
 SCHULTZ, Charles Michael
 SCHULTZ, Nicole Diane
 SHARLOW, Gerald D.
 SHOFNER, Daniel
 SMITH, Benjamin W.
 SMITH, Carl E.
 STANFORD, Cathy
 TROTTERCHAUDE, Rex
 WIESEN, Dale

Ashi-niswi giizisoog (Thirteen Moons)

Manoominikie giizis

Manoominikie giizis is the Ricing Moon. Other names for the month of August are Odatagaagomini giizis or Blackberry Moon and Basikwa'o giizis or Flying Moon.

Demonstration Garden Update

By **Danielle Diver**,
Garden Coordinator

The Bimaaji'idiwin Ojibwe Garden Program's demonstration garden is doing really well. We have already begun to harvest radishes, spinach, kale, lettuce, Swiss chard, and basil. Many other crops are also growing in the demonstration garden, including corn, squash, beans, tomatoes, peppers, lettuce, watermelons, cucumbers, potatoes, and oyster mushrooms.

We are using the demonstration garden to showcase

traditional Ojibwe agricultural techniques like mounded rows, corn hills, and three sisters' companion planting, as well as novel techniques like high tunnel crop production. The mounded rows and corn hills actually helped preserve the demonstration garden from the recent flood.

The garden is located next to the Journey Garden just west of the Ojibwe School parking lot, in a bowl-shaped area that was once an ice rink. The garden area was inundated with 2-3 inches of water, but since the crops are raised, they were not

adversely affected by all the rain.

The produce from the garden will be used to create community feasts, donated to the Elderly Nutrition Program, and given away at the "free farmers' markets" that we hold at 3 p.m. on Fridays.

The Bimaaji'idiwin Ojibwe Garden Program interns (Cody Bauer, Melissa Costello, and Shala Topping) helped to make the demonstration garden a reality. They are available to help Fond du Lac community members with their gardens on weekdays from 8:00 a.m. to



Bimaaji'idiwin Ojibwe Garden Interns: Shala Topping, Melissa Costello, and Cody Bauer.

4:30 p.m. Call Danielle Diver at (218) 878-7137 or email ojibwe-gardenprogram@gmail.com to

arrange a house call from the garden interns.



Solar Air Heating Panel

Solar Air Heating

By **Shannon Judd**
Environmental Educator

The Fond du Lac Environmental Program is seeking Fond du Lac Band Member homeowners interested in learning more about solar air heating and the feasibility of having it installed on their homes. A site analysis will have to be completed in order to determine the feasibility of using solar energy on your home (i.e. are there too many obstructions, such as trees or other buildings to the south, around the house, etc.).

For the current project, we will provide a list of homes that have no shading on the south side of the home and have an area on the south wall to install the solar air panels to the Reservation Busi-

ness Committee will select the homes for the installations. We hope to find two homes per district on this round of funding.

In the past, Fond du Lac worked in cooperation with the non-profit group, Rural Renewable Energy Alliance (RREAL), to install solar air heating systems on two Fond du Lac households. RREAL is an organization that works to make renewable energy accessible to low-income households that qualify for Energy Assistance through their Solar Assistance Program. Currently, Fond du Lac will work with RREAL to train staff in the installation process to enable the expansion of the solar air heating program throughout the Reservation.

Solar air heat differs from the photovoltaic systems you see on the Resource

Management Division building and FDL Ojibwe School Powwow arbor. With solar air heat, the panels are installed on the south-facing outside wall of the home, rather than on the roof and provide heat, rather than electricity. As the sun hits the panels, it warms the air and distributes it into the house.

There is currently funding available to install a limited number of systems; however, remaining homes will be on a waiting list for installation as additional funds become available.

If you are a Fond du Lac homeowner and are interested in having a solar air heating system installed on your home, please contact Shannon Judd, Environmental Education Outreach Coordinator, at (218) 878-7123 by Aug. 10.

Upcoming Events:

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, and University of Minnesota Extension.

Ashi-niswi giizisoog Ojibwemowin Page

Manoominike Word Search

Find the Ojibwe words from the word list provided

N K M S N X L Y L U Z V O G N M D O N G
 A S A A N T M H I U W S C A B F F U A A
 I G O A N O D K N Q N U A D Q B R A G A
 I I P O N O O L J A E G Y U B M L H A N
 K D I I R A O S D W O M L N A C N R A D
 A A C Z P W G M H N W S G Z L I S U N A
 D S O I W H Q I I K L P I A I U H N I K
 N A D C W S D G A N A N L H T J I T H I
 A N Q Q B I A V Q W A A S R D W P J C I
 A E U H H A M N C I A E T D N B V Z A I
 G E Q U W K F B G E K B M O M V K N A G
 D O M I K H S A M I N I M O O N A M K E
 G A A P I Z A N N Q A Z K A S N O Y H U
 N C U H K N L I X T W B J M B B C Q S C
 Q P U Y S I M E K I N I M O O N A M O A
 B P F C Y O W X S H M N F G M Q Y D O Z
 G A N O O S H K A A C H I G A A D E N K
 X I R N C A T G A C A V V Z X Z J P Q M
 D C A F Q B H N V H U D H J S K S S D V
 M M K C G P Y Y H X C R Y X P Z R S K E

Make Rice Manoominike
 Winnow Nooshkaatoon
 Winnowed..... Nooshkaachigaade
 Winnowing Tray Nooshkaachinaagan
 Parch Gaapizan
 Parch Manoomin Gidasan

Wild Rice Manoomin
 Rice Knocker Bawa'iganaak
 Pole Gaandakii'an
 Pole A Boat Gaandakii'ige
 Rice Bag Manoomini-mashkimod
 Rice Bird Manoominikeshiinh

Ricing License Manoominike
 mazina'igaans
 Canoe Jimaan
 Lodge..... Waaginogaan

Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on August 17, 2012 for the Aug. 2012 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy Birthday

Happy birthday to my brother **Bryce Pfisthner** (July 12). I love you and am very proud of you. Happy birthday to my beautiful sister **Hannah Tibbetts** (July 15). I love you very much, sister, and am also very proud of you and grateful for you. Happy birthday to my Mom **Mary Tschida** (July 23). I love you, Mama, and am thankful to have a mother like you.

Love, Allie

Happy Birthday my baby girl **Brooklyn Martin Defoe** (Aug. 14) you're 4 years old and I'm proud of you my princess. Mom and Dad love you lots.

Love Always, Stephanie, James Sr., Baby James Jr., and big brother Larenz

Happy Birthday to my grandson **Nakyle Misquadace** (Aug. 3)

Love, your grandma Jean

Happy 15th Birthday **NaKyle Misquadace** (Aug 3).

I love you, Aunty Ellen

Happy Birthday to my nephew **Nakyle Misquadace** (Aug 3), I Love you so much.

Love Auntie Rea, snoop, Makayla, Callie and Jamberry

Happy 76th birthday, stay cool **Kenneth Andrew Coffey** (Aug. 23).

Love from your sis's, Iris Korhonen and Bea Kitto



Happy golden birthday to my beautiful baby girl **Raelynn DeFoe** (Aug. 7)

Love always, Mom

Happy 11th Birthday to our youngest son **Tommy Thompson**

(Aug. 12), hope you enjoy your day son.



With all our love on your special day, Mom, Dad, Taydan and Chongo

Happy Birthday to my wonderful son-in-law **Kyle Valcourt** (Aug. 6)

Love, Mom

Happy Birthday to my niece **Katie Misquadace** (Aug. 8), have the best day ever sweetie. I love you so much.

Love Auntie Rea, Snoop, Ming, Cal and Jamberry



Happy Golden Birthday **Keenan Cloud** (Aug 3)

Love mom, dad, Kiara and Kristofor

Happy 3rd birthday to **Stori Danielle Jones** (Aug. 12), Grandma and Daddy love you. *Love, Grandma Amy and Daddy*

Happy Birthday to **Naomi Ammesmaki** (Aug. 29)

Love, Mom, Dennis, Reanelle, Tasha, Naya, Naddia, and JJ



Mino Dibishkaan to **Elias Blackmarr** (Aug 27) who celebrates his

5th Birthday. *Nii Zaagi'aan, Mom & Grandma Pat*

Renee Sutherland, Black Bear Slot Administrative Supervisor would like to wish the following employees a Happy Birthday: **Melissa Axtell** (Aug 5), **Diana Lamphier** (Aug 13), **Thomas White** (Aug 15), and **Dorothy Hinnenkamp** (Aug 31).

Happy 11th Birthday to **Jalen Paulson** (Aug. 30)



Love, Mom, Dad, and Cordell

Happy Birthday to my beautiful girls - **Amy Thompson** (Aug. 1) and **Alyssa "Lu" Abramowski** (Aug. 17).



Love you both, Mom

Happy 3rd Birthday **Takota Michael Thompson**

(Aug. 3), we love you. *Love Mommy, Daddy, and Sissy*

Happy Birthday **Uncle Preston Fosness** (Aug. 15).

Love your niece and nephew

Happy Birthday **Uncle Michael Fosness Jr.** (Aug. 28).

Love your niece and nephew

Happy 1st Birthday **Anthony J. Mainville Jr.** (Aug. 24), We love you. *Love, Mom, Dad, your brothers Dorian and Devin, and sisters Dawn and Darlyn*

Obituary

Ted Allen Chapman passed away on July 10, He was 48 years old. He was born on July 19, 1963.

He is survived by his mother Barbara Jean Haataja of Duluth, two sons from Texas Craig and Anthony, sisters Holly and Heather, one brother Jack, five Aunts Rosemary Dougherty, of Saginaw, Shirley Dougherty of St Paul, Dorothy (John) Smalley of California, Nancy (Keith) Maunu of Cloquet, and Julie (Hank) McClain of

California.

Anna Josette (Houle)



Thompson "Ooh mee ow beqway,"

92, of Cloquet passed away peacefully July 14, 2012.

Anna was born Aug. 25, 1919 in Cloquet, Minn to George and Nancy (Laundry) Houle. Anna loved to read, spend time with family, and at her birthplace Lost Lake, she was also a member of Holy Family Parish.

Anna was a graduate of Brookston High School in 1938, she attended Bemidji State as well as Haskell University. Early in Anna's married life she was an office branch manager for Famous Brands Inc. in West Duluth followed by a lifetime commitment to being a homemaker and mother.

Anna was preceded in death by her parents George and Nancy (Laundry) Houle. Husband Henry Leo Thompson Sr. Brothers- Am-brose, George (Aurelia) Richard (Jean), Charlie, Jerome. Sisters- Priscilla and Christine.

Anna is survived by brothers Bill (Fran) Houle, Fred (Pearl) Houle, Georgiann (Jerry) DeRoche. Children- Henry (Sandy Fullow) Thompson Jr, Nora

(Larry Edwards) Kirkbride and Lee Main. Grandchildren- Lora (Kevin)Green, JJ (Amanda) Thompson, Sean (Joanne) Thompson, Richelle Gallaher- Kersting, Charlie (Tammi) Main, Michelle (Chad) DeMenge. Great-Grandchildren- Kyle, Camden, Taydan, Tommy, Kiana, Keely, Janessa, Takota, Ashley, Austin, Alyssa, Zachary, and Melissa.

Visitation was July 18, 2012 in the Handevdt Funeral Home in Cloquet. To leave an online condolence for Anna's family please visit www.handevdtfh.com.

Betty Jane Dixon, 58, of Duluth passed away peacefully on July 25 surrounded by her family. She was born on Nov. 17, 1953 in Cloquet to James and Laura Blacketter.



Betty loved gambling and working at Fond du Luth Casino. She was preceded in death by her husband Russell Dixon Sr.; son Albert Morrison; parents and sisters, Diane and Barb Blacketter. Betty is survived by her children, Laura Morrison and Shawn Blacketter; 12 grandchildren; siblings, Bonita (Lewis) Williams, Brian Blacketter, Karen (Ernest) Reynolds, Sharon (Michael) Mathison and Joseph Blacketter; nieces, nephews and other relatives.

To leave an online condolence for Betty's family, please visit www.handevdtfh.com.

Arnold F. Bassett, age 97, of Cloquet, passed away, July 19 at Inter-Faith Care Center in Carlton.

He was born Aug. 16, 1914 in Cloquet to Benjamin and Adeline (LaVoie) Bassett and

graduated from Cloquet High School in 1934.

Arnold was united in marriage to Carolyn Mason on Sept. 26, 1947.

When he was younger, he worked as an ambulance driver for the Fond du Lac Hospital and then worked as a salesman and general manager for Stewart Furniture and Stowell's Furniture in Cloquet and for Anderson Furniture in Duluth. Arnold was the oldest enrolled band member of the Fond du Lac Reservation.

Arnold was preceded in death by his parents; three brothers, Burton, Wilfred and Everett Bassett; and four sisters, Marce Ojibway, Millie Tyman, Adeline Heren, and Beatrice Harrison.

He is survived by his wife, Carolyn; two sons, Harold "Harry" (Gayle) Bassett and Richard "Rick" (Kim) Bassett; two daughters, Brenda (Michael) Pollak and Lynn (Jeff) Gort; one brother, Robert Bassett; eight grandchildren, Chris Bassett, Dan Bassett, Nathan Pollak, Jennifer Clement, Bryan Bassett, Meagan Pollak, Sam Gort, and Ben Gort; eight great-grandchildren; and numerous nieces and nephews.

The family has selected Nelson Funeral Care of Cloquet to assist them with arrangements. See the family online guest book at www.nelsonfuneralcare.net.

Ronnie Starr Martin "Misqwan aqwud du kwe", 21, of Cloquet passed away early on July 5. She was born on Jan. 4, 1991 in Duluth to Tina and Pete Martin. A Fond du Lac Band member, Ronnie loved being with family, friends and taking care of her nieces and nephews. Her hobbies were listening to music and walking the roads

where she grew up. Ronnie will be greatly missed.

She was preceded in death by her grandmother Linda Martin; great-grandparents, Dorothy Tiessen Martin, John Martin Sr., Gladys Roy Northrup and Robert Melvin Northrup; uncle John Martin III. Ronnie is survived by her mother, Tina Martin and step-father, Mike Smith; siblings, Linda (Mark Proulx) Martin, Josette Martin, Michael Martin, Desiree Urrutia, Fredrick Martin, Janee DuFault, Jennifer DuFault, Kelly DuFault, Roger DuFault, Vincent Merrill, Vanessa Merrill and Peter Martin; grandfather, John Martin;; many nieces, nephews, uncles and aunts.

Thank You

The children and family of **Rosemary Blanchard** would like to extend our deepest and heartfelt gratitude to the Reservation Business Committee for their kind support and generosity during our time of grief. Thank you Ferdinand, your attendance and kind words were much appreciated.

Sincerely, Dianne Kartiala, John Blanchard, Sr., Ellen J. Bassett, and Rosemary Bridge

A special thank you to **Rita Ojibway**, your kindness was truly appreciated.

Ellen

A huge thank you to the families of **Sandi, Jeff, Leah, and Patti Jo Savage**. We could have never made it this far with the kids, school, and work without you. You guys are the best family anyone could ever ask for and we appreciate everything you do.

Love, Phil and Alyssa Savage

I would like to thank everyone who came to celebrate my retirement from Fond du Forestry. A special thanks to the Reservation Business Committee and Resource Management for the opportunities for professional and personal development that you have provided me during my 20+ years with Forestry. Thanks again for the food, gifts, kind words, and to all who took the time from their busy schedules to celebrate with me. Resource Management staff you "rock"

Chi migwetch, Mary Fairbanks

Congratulations

Congratulations to **Hanna Lyn Sjoberg**, Class of 2012--Cuthbertson H. S. Waxhaw, NC; sophomore class president, senior class vice-president, FCA (Fellowship Christian Athletes), French club honor society, and varsity cheerleading captain. Hanna graduated cum laude and is attending University of North Carolina, Charlotte, pursuing a Masters of Finance. Hanna is the great granddaughter of Bea Huie and granddaughter of Gil Huie. Mother Deanna Burbeck, father Mark Sjoberg, siblings; Christian, Sophia and Kennedy. We *Love you very much*.



Happy 15th Wedding Anniversary to **Herb** and **Anne Fineday** (Aug. 9)
Love from your daughters, Molly and Greenlee

Happy 14th Anniversary to my handsome, loving, and caring husband **Sean Thompson** (Aug. 08) I love you and I'm looking forward to another 14 plus more years with you.
Your loving wife, Joanne

Congratulations to **Phil Savage** on his first college degree and straight A's at that. We are so proud of you and encourage you to keep going. We couldn't ask for a better dad or husband either.

Love, Lyssa, Dylan, and Lyza

Memorial

In loving memory of **Mahali Agaton Howes**, who passed away in late August, 2005. You are gone but you will not be forgotten.

Love you always, Auntie

Remembering our beautiful Mother, **Rosemary Blanchard** on her 92nd Birthday. She lived from Aug. 23, 1920 to July 2, 2012. You'll be forever in our hearts.

Love From, Dianne, John, Ellen and Rosemary

This is a memorial to **Vince Bug Mullen**, the 10 year anniversary (Aug 24, 2002).

This day is remembered and quietly kept, no words are needed, we shall never forget, for those we love don't go away, they walk beside us every day. Unseen and unheard, but always near, so loved, so missed, and so very dear.

Love, Mom - Terry Bassett, sisters - Stacey Mullen, Dawn Dumes, Heather Valcourt, brothers - Larry Schendel, Matt Defoe, Wes Bassett, children - Rachel Dickenson, Vinny, Brody, Evan Mullen.

Mary Northrup will be laid to rest at 5 p.m. Aug. 6 at the old cemetery off River Road. A meal will follow at the Brookston Center. All of her friends are welcomed to attend.
Miigwech Roberta Welper

Manoominike-giizis - Ricing Moon August 2012

CCC: Cloquet Community Center, (218)878-7504; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185; CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BBCR: Black Bear Casino Resort; OJS: FDL Ojibwe School; CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center; FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center; FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; OJS: Ojibwe school; RMD: Resource Management Division; TCC: Tribal Center Classroom; FACE: Family and Child Education Bldg. MKWTC: Mash-ka-wisen Treatment Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8/18 Roots & Boots Tour featuring: Aaron Tippen, Sammy Kershaw and Joe Diffie in person	8/5 FDL Cloquet District Trip to Spirit Mtn. 878-7510	8/15 FDL Elder Activity Board trip: overnight at Black Bear bus trip to the Apostle Islands	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Elder Concern mtg 10 a.m. CCC Zumba Toning 12 p.m. CCC GED 4:30 p.m. SCC Beading 5 p.m. FDLM Community Softball 5:30 p.m. OJS	Adult Games 12:30 p.m. CCC Basic Zumba 4:45 p.m. CCC Water Aerobics 5 p.m. CCC Ojibwe Language table 5 p.m. CCC AA/NA/Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Cooking Class 12 p.m. CCC Adult Dodgeball 12 p.m. CCC GED 4:30 p.m. SCC Zumba Toning 4:45 p.m. CCC 34th Annual Sobriety Pow Wow MKWTC	Water Aerobics 8:15 a.m. CCC Open Basketball CCC 34th Annual Sobriety Pow Wow MKWTC
Water Aerobics 10 a.m. CCC Volleyball Net up 10 a.m. CCC 34th Annual Sobriety Pow Wow MKWTC FDL Cloquet District trip to Spirit Mtn. Sign up 878-7510	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Basic Zumba 12 p.m. CCC Gift of Health 12 p.m. CCC GED 4:30 p.m. SCC Cribbage 5 p.m. CCC	WIC 12 p.m. CAIR Aqua Zumba 5 p.m. CCC AA/NA/Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Elder Concern mtg 10 a.m. CCC Zumba Toning 12 p.m. CCC On the Move Incentive Pickup 12 p.m. CCC GED 4:30 p.m. SCC Beading 5 p.m. FDLM Community Softball 5:30 p.m. CCC	Basic Zumba 4:45 p.m. CCC Water Aerobics 5 p.m. CCC Ojibwe Language table 5 p.m. CCC AA/NA/Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Adult Dodgeball 12 p.m. CCC Zumba Toning 4:45 p.m. CCC	Water Aerobics 10 a.m. CCC Open Basketball CCC Premiere Movie 10 a.m.
Water Aerobics 10 a.m. CCC Volleyball net up 10 a.m. CCC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Basic Zumba 12 p.m. CCC GED 4:30 p.m. SCC Cribbage 5 p.m. CCC	WIC 12 p.m. CAIR Aqua Zumba 5 p.m. CCC AA/NA/Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Elder Concern mtg 10 a.m. CCC Zumba Toning 12 p.m. CCC GED 4:30 p.m. SCC Beading 5 p.m. FDLM Community Softball 5:30 p.m. OJS Elder Activity Board : Black Bear & Apostle Islands trip	Adult Games 12:30 p.m. CCC Basic Zumba 4:45 p.m. CCC Water Aerobics 5 p.m. CCC Ojibwe Language table 5 p.m. CCC AA/NA/Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Adult Dodgeball 12 p.m. CCC Zumba Toning 4:45 p.m. CCC	Water Aerobics 10 a.m. CCC Open Basketball CCC Roots & Boots Tour 7 p.m. BBCR
Water Aerobics 10 a.m. CCC Volleyball net up 10 a.m. CCC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Basic Zumba 12 p.m. CCC GED 4:30 p.m. SCC Cribbage 5 p.m. CCC	Elder Activity Fund Board mtg 11 a.m. CCC WIC 12 p.m. MNAW Aqua Zumba 5 p.m. CCC AA/NA/Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Zumba Toning 12 p.m. CCC GED 4:30 p.m. SCC Beading 5 p.m. FDLM Sobriety Feast 6 p.m. CCC	34th Annual Health Fair 9 a.m. OJS Basic Zumba 4:45 p.m. CCC Water Aerobics 5 p.m. CCC Ojibwe Language table 5 p.m. CCC AA/NA/Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Adult Dodgeball 12 p.m. CCC Zumba Toning 4:45 p.m. CCC 24th Annual Tattoo You BBCR	Water Aerobics 10 a.m. CCC Open Basketball CCC 24th Annual Tattoo You BBCR
Water Aerobics 10 a.m. CCC Volleyball net up 10 a.m. CCC Cloquet District Adult Black Bear Brunch 11 a.m. BBCR 24th Annual Tattoo You BBCR	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Basic Zumba 12 p.m. CCC GED 4:30 p.m. SCC Back to School Carnival 5 p.m. CCC	WIC 12 p.m. MNAW Aqua Zumba 5 p.m. CCC AA/NA/Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Elder Concern mtg 10 a.m. CCC Zumba Toning 12 p.m. CCC GED 4:30 p.m. SCC Beading 5 p.m. FDLM Community Softball 5:30 p.m. OJS Sobriety Feast 6 p.m. CCC	Basic Zumba 4:45 p.m. CCC Water Aerobics 5 p.m. CCC Ojibwe Language table 5 p.m. CCC AA/NA/Support 6 p.m. TRC	Water Aerobics 8:15 a.m. CCC Adult Dodgeball 12 p.m. CCC Zumba Toning 4:45 p.m. CCC	Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.

Remember to submit upcoming events to the newspaper by August 17