

Nah gah chi wa nong (Far end of the Great Lake – Fond du Lac Reservation) Di bah ji mowin nan (Narrating of Story)



Fond du Lac Reservation Police Sgt. Casey Rennquist coaches police dog, Victor, on a narcotics search during a recent training exercise near the Ojibwe School. See related story on page five.

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“A new day” to continue Election reflects voter desire for change, and satisfaction with Diver at the helm

By Deborah Locke

Voters ushered in significant leadership changes at the Fond du Lac Reservation in June, while re-electing Karen Diver to a full term. For the first time in Reservation history, a majority of women will represent Band Members on the FDL Tribal Council.

A final vote tally will not be available until Brookston voters decide on Aug. 12 between primary election finalists Anna Wait and Mary Northrup. Brookston incumbent Roger “Bouda” Smith Sr. will not be returned to office.

FDL Police Chief Wally Dupuis defeated Cloquet District representative Eugene Reynolds. Dupuis and Diver’s terms begin on July 8, 2008.

Chief Judge Suzanne Ojibway-Townsend of the Fond du Lac Tribal Court declared the April Brookston primary invalid because a voter who did not live in the District for the appropriate amount of time voted

there. The vote count was so close that a single vote could have swung the election outcome.

Consequently, a new primary for the Brookston seat was held on the date of the General Election, June 10, followed by a special General Election at Brookston on Aug. 12. The winner of that election will take office on Aug. 22, if the election is not contested. If the election is contested, the new RBC member will take office on Aug. 30. The August dates are specified by the Minnesota Chippewa Tribe’s calendar for special elections.

Diver will assume office for her first full term. She was initially elected to fill the remaining year of office following the resignation of RBC Chairman Peter Defoe who left in Fall, 2006.

The vote tallies from the June 10 election are these: Tribal Chairwoman – Karen Diver, 637; Patty Petite, 541. District 1, Cloquet – Wally Dupuis, 416; Eugene Reynolds, 351. Dis-

trict 3, Brookston (primary) – Anna Wait, 85; Mary Sue Northrup, 56; Roger “Bouda” Smith, 45.

Brookston election procedures

The FDL election ordinance requires that voters be 18 years of age, enrolled Band Members, and must have resided in the Brookston District for at least 30 days prior to the August 12, 2008 special General Election, unless they are casting an absentee ballot.

Absentee ballots for the August Brookston election for District Representative must be requested in writing. Voters need to include their name, birthday, district and home address. Voters can’t change their district for absentee voting purposes without residing within a different district for 30 consecutive days. Absentee ballots must be notarized.

To get an absentee ballot, Brookston voters should make their written requests to this address: FDL Reservation, General Election Board,

P.O. Box 430, Cloquet, Minn. 55720. Ballots will be returned to the same address.

The deadline for the receipt of the absentee ballots will be at 8 p.m. on Aug. 12. For information on the voting process, leave a voice mail message at (218) 878-2662.

Election results elsewhere

The June 10 Grand Portage election resulted in a tie between Robert “Bob” Hull and Wm. “Bill” Myers for Committeeman; after an automatic recount, a tie remained; another election has been set for Aug. 12. Melanie Benjamin was re-elected as the Tribal Chair and Sandra Blake is the District I Representative at Mille Lacs; Raymond E. Villebrun, Sr. is the new District I Representative in Bois Forte; Kenneth “Gus” Bevins was elected District III Committeeman in White Earth; Michael J. Bongo is the Secretary-Treasurer and Eugene “Ribs” Whitebird is the District 3 Committeeman at Leech Lake.

Soon-to-be rep reflects on old and new jobs

By Deborah Locke

Out with one former law enforcement officer; in with a new law enforcement officer.

Brookston District Representative Roger “Bouda” Smith lost the Brookston RBC primary election in June to finalists Anna Wait and Mary Northrup. Smith is a former member of the St. Louis County Sheriff’s Department.

At the same time, Cloquet District voters gave a nod to newcomer Wally Dupuis, FDL Police Chief for the past 3.5 years. Dupuis defeated incumbent Eugene Reynolds. When Dupuis is sworn in as an RBC member on July 8, he will be replaced by interim Police Chief Casey Rennquist until a new chief is hired. Rennquist is a sergeant with the department.

We wondered what Dupuis learned

from the election process, and what his priorities would be in the months ahead. In an email exchange, he said this.

The election process showed that whether a Band Member lives on the reservation or at a great distance from the reservation, his or her concerns are the same.

Dupuis’s immediate concerns include debt accountability, housing issues, public safety and enrollment challenges. He wrote that with the

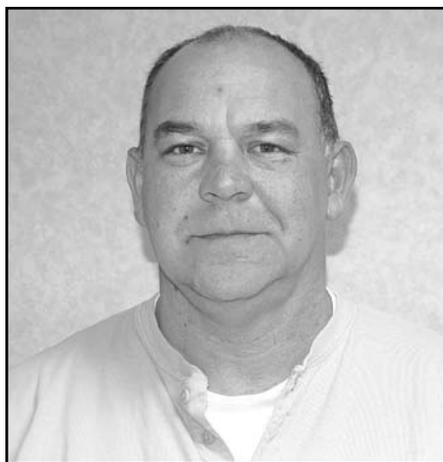
help of RBC members, he’ll get up to speed on the background of those matters. He believes the Tribal Council should operate as a single unit so all work together in prioritizing the work ahead.

His law enforcement background and training have taught Dupuis that every individual has a unique story to tell, and that each issue that rises needs an individualized response. Over the length of his career, Dupuis has become well versed in making referrals and

guiding Band members to appropriate services to meet their needs. “It is this experience, as well as my life experiences, that will guide me along the way,” he wrote.

He ran for office so that Band Members, divisions, programs and businesses would be represented with his brand of equality and accountability. He wrote that he was honored to win the office, adding that he faced a learning curve and would probably make a few mistakes along the way. But he planned to learn from those mistakes.

When asked what made a good leader, Dupuis said the first step was an understanding of the entity’s mission. Once that is clarified, coupled with clear and honest communication and hard work, success would be won.



Wally Dupuis, FDL Police Chief

Brookston voters to decide between Northrup and Wait at August election

From Mary Northrup
Boozhoo Brookston
Voters!



I would like to begin by saying Miigwetch to all who supported me in the primary. I am looking forward to our General Election on August 12!

I would like to start by introducing myself as the daughter of the late Joyce "Loons" Troseth. I'm married to Tony and we have a son, Clint, and are expecting our first grandchild in July. We have resided in the Brookston District for the last 17 years. I would like to work with the Community to plan programming and activities based on the needs of our District. Together we will have a greater voice.

I have been involved, and will continue to be involved, in many activities on the Reservation. In the past I have served on many Powwow Committees, Elder activities and community parties for our children. Also, I've organized golf tournaments and served on the Fond du Lac Ojibwe School Board for ten years, the last two years as the Chairperson.

In addition, I have served on the United Way Board of Directors for Carlton County, and participated as a team leader for Relay for Life. I look forward to remaining involved in these activities.

Currently I am the Veteran's Service Officer for Fond du Lac. Coming from a family where we all served honorably in the United States Army, I will keep a strong commitment to our Fond du Lac Veterans and their families. It is important that all of our Veterans receive the benefits that they are due.

I am a firm believer in education, and feel that we need to give our people every opportunity to succeed. As a graduate of the Fond du Lac Tribal and Community College and a graduate of the College of St. Scholastica with a degree in Social Work, I

know how life changing an education can be.

I fully support cultural revitalization in our schools, and on the Reservation. We need to make our Band Members aware of the programs that currently exist, not only to start the education process, but also to further an existing education. We need to do everything possible to help our people succeed.

I have spoken with many Band Members concerning the condition of our housing. We must take a proactive approach with housing to inspect homes and set a time line for repairs, and regular maintenance. It is important that we all live in a safe environment and part of that is living in a safe structure.

We also need to work with the clinic to expand on the Outreach Programs available to our community members at the Brookston Center. This will also assist with the high cost of gasoline if services are offered closer to home. We need to get creative to address the transportation problems that currently exist. We need to develop a plan that meets the needs of our community.

If you elect me, I promise to listen to the concerns of the Brookston voters, both on the Reservation and off-Reservation. I will then develop a plan to address your issues in a timely manner. Maximizing our efforts to meet the needs of the Community will be easier if we work together. I need your involvement to make these improvements.

I look forward to working with the present Tribal Council to make positive changes. My door will always be open to you, and I can guarantee you that everyone will be treated respectfully and fairly.

Please call me if you need an absentee request card, have additional questions, concerns or need a ride on Election Day. Remember, your vote does matter! My cell number is (218) 393-2107 and my home number is (218) 453-5007. Miigwetch!

From Anna Wait

Dear Brookston Voters:

Thank you for the overwhelming support you gave me in the primary election.

I also want to inform you that we saw an increase in voter turnout in our district. The general election is August 12, 2008. Please remember to vote because it is your voice and it does count.

With your support in the next four years, we can achieve a great many things, starting with our Community Center. It is no secret that the Center has undergone trying times and is in need of improvement. The improvements are long overdue, and so I offer this: my support for management training with a commitment to the idea that the Community comes first. Once training begins, we can confidently advance in the areas of community programming, staff responsibilities, and work on serving the District once again.

I also invite you to share your thoughts on the programming that must be done at our Community Center. We need

1) structured programming that will keep the youth engaged in activities and off the streets;

2) family programming that promotes healthy lifestyles; and

3) an elders group that will keep our district elders involved in our community.

For Brookston Band Members who live off the Reservation, we will keep you informed of activities and issues that pertain to this district, if you choose to participate. I will know what is going on because I will be there.

In my administration, you can count on a representative who will be there to answer questions, return your phone calls, and get you the information you need. As your district representative, you can expect that our conversations on personal issues and concerns will be held in a strictly confidential manner. I do realize that we all have personal issues that affect our lives, but those issues do not need to be shared with others.

Many of these issues have come from the discussions we've had over the years. For too long words have meant more than action, voicemail has meant more than availability, and favoritism has meant more than accountability. I am the person who will uphold these three fundamentals of representation over the next four years.

Remember the three A's when you vote for Anna Wait in the general election on August 12.

Stop by for a visit or contact me for a meeting. Anna Wait, 7920 Winter Road, Cloquet, Minn. 55720. (218)590-7666



Nah gah chi wa nong Di bah ji mowin nan

Translation: Far End of the Great Lake – Fond du Lac Reservation; Narrating of Story

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The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Member of the Native American Journalists Association



Putting the “rice” back in Rice Portage FDL employees aim to restore ricing acreage to its former size

Photos and story by
Jane Skalisky

The journey by airboat to Rice Portage Lake is like a trip through the Everglades, winding through canals and mangrove-like vegetation that seem only to need an alligator or two to be complete.

Overhead, an eagle and then a heron swoop by. Along the shore is a pair of Sandhill Cranes, whose screeching made it clear that no one should venture any closer. The lake is totally enclosed in a circle of lush greenery, with no sign of human habitation.

Rice Portage Lake, located in the Reservation’s southwest corner, is the focus this year of the Natural Resources Division. Years of drainage through a series of ditches dug in the early 1900s resulted in competing vegetation displacing hundreds of acres of wild rice, said Tom Howes, program manager. Howes and his employees are cutting and removing pickerel weed and water lilies with the help of FDL’s massive cookie cutter (sedge mat cutter) and two aquatic plant harvesters.

After the ditches were dug, Rice Portage lost approximately 500 acres. The goal is to restore it to its historical size of 634 acres and to restore and reseed 200 acres of its wild rice production area. Restoration not only provides additional rice for the people of Fond du Lac, but will feed and improve bird nesting habitats.

Funding for this effort comes from the FDL Reservation Business Com-

mittee, Bureau of Indian Affairs, the U.S. Fish and Wildlife Service, and the Minnesota Environment and Natural Resources Trust Fund.

Climate change threat

One potential threat to wild rice that concerns Howes is climate

access to ricing areas and killing rice. Ideal water depth for growing rice is between half a foot to three feet, depending on the clarity of the water, said Terry Perrault, Natural Resources Lead Technician. If the water is too deep, the rice will die from lack of sunlight or get ripped

Beavers, nature’s dam builders, can also present a challenge in that they make dams that block the necessary outtake of water from a lake.

Yet another force of nature that can make or break the rice harvest is wind. “One powerful storm can take out an entire season’s crop,” said Perrault.

On Perch Lake on a rainy June day, Howes pointed out a distant swan and explained how fragile the rice plants are at that time of the year. A single boat propeller could destroy a lake’s crop. Howes is currently working with the Minnesota Department of Natural Resources to try to further protect the lakes from motorboat use.

Natural Resources Technician, Gary Martineau, said that while there is plenty of rice for the upcoming season, there’s a shortage of ricers. He said that in the 1960s people began to get away from ricing, citing time away from work as a deterrent to carrying on the traditions of their ancestors. He is glad that FDL has a policy of allowing their employees to take part in this seasonal tradition. In 2007, the first time a count was taken, 140 people participated in the two-week season.

Howes hopes that more people will return to ricing.

“It’s important culturally and nutritionally that ricing continues,” he said. “It’s a way to pass on the language, connect people to their food source and help them reclaim their culture.”



Top of page: FDL’s aquatic plant harvester

Above: Tom Howes, Natural Resources Program Manager, in the airboat near Rice Portage Lake.

change, in that rice is affected by temperature and needs to freeze for several months in order to germinate.

Another impact of climate change is drought, which decreases the pollen necessary for germination and lowers water levels, blocking

from its roots.

To aid in water level regulation, the Reservation has constructed a series of dams on four of its lakes. This requires regular monitoring throughout the summer until harvest time in early September to ensure that the rice will grow.

Continued on next page

The nose that knows

Drug sniffing Victor performs exceptionally well at national competition

Story and photos by
Jane Skalisky

Victor is a champ. The four-legged, 75-pound member of the FDL Law Enforcement Division (with assistance from FDL Sgt. Casey Rennquist and Cloquet Sgt. Scott Holman) came in fifth out of 40 teams at the U.S. Police Canine Association's National Competition held in Cookville, Tenn. in May.

Victor's specialty? The location of illegal narcotics.

Victor, a Belgian Malinois who has a passport, came to the U.S. two years ago. He lives with Rennquist and his wife, Annette, at their home in rural Wrenshall. Victor is one of only 80 dogs in the country who is specially bred, trained, and certified for police work. Most of the dog's training was in narcotic detection, but he is also skilled in tracking and handler protection. Handler protection means he is ultra vigilant in the protection of his owner.

Since the terrorist attacks of Sept. 11, 2001, dogs like Victor have been in demand due to their scarcity, Rennquist said.

Shortly after Victor joined the

force, Rennquist had pulled a car over to do a search. Victor explored the vehicle and then pounced on its hood. Rennquist was puzzled by the dog's behavior, but later understood when he discovered an illegal stash in the car's console.

On another occasion, Rennquist received a complaint at a hotel for possible illegal drug use. He knocked on the door of the room next door and a man answered. Rennquist forgot Victor was off his leash, until the dog forced his way into the hotel room.

Again, Rennquist was perplexed, but again, the dog knew what he was doing. As the bathroom door was partly held open, the man flushed illegal drugs down the toilet.

On a chase of a suspect in the woods one night, Victor returned the hat of the man to Rennquist. Rennquist did not know how close they were to the suspect until Victor delivered the man's hat.

"It gave me a strange feeling to realize how close I was to the guy," Rennquist said.

Victor's unheralded value to Rennquist is the protection and companionship he gives to the officer. "It's nice knowing he's there," he said. "I feel safe when I have him with me."

Victor is completely loyal to Rennquist, so attached that it's difficult for the officer to have the dog at home. When Rennquist lies down in bed, for example, Victor leaps up on the bed. This loyalty makes working

with anyone other than Rennquist impossible, so he hopes that the police department will one day buy another dog like Victor.

"Victor has been great for me and our department," Rennquist said.



Victor, award-winning canine member of the FDL Law Enforcement Division, leaps for a container of cocaine in a training exercise with his handler, Sgt. Casey Rennquist.



This undated file photo shows two area men harvesting wild rice.

from previous page

Gitigaan focus on rice

When Jeff Savage was growing up, the rice crop that was harvested in late summer put clothes on his back.

"We got to skip the first week of school so we could go with new clothes on the second," he recalled.

The essential role that wild rice played and plays in the life of the Anishinaabe was the subject of the final Gitigaan garden class presented by Savage to 25 people on May 27 in the Cloquet Community Room. Wild rice was fundamental not only in the migration of the Anishinaabe from the East Coast to Minnesota, where "the food grows on the water", but also in the creation of the borders of the Reservation that were changed to include the wild rice lakes, Savage said.

Perch Lake has had a continuous

documented manoomin crop for over 300 years, providing nourishment to Sieur du Luth when he arrived in the late 1600s, Savage said.

Paying tribute to those that came before him, Savage said there were no "stupid people" in ancient times; if they were, they didn't survive.

"Dumb people can only survive today," he said, adding that the Anishinaabe were "smart as beavers" and illustrated this by describing the advanced water management methods that they employed through the use of dikes and dams and how the harvest was regulated.

One participant recalled how her grandparents reseeded lakes by making mudballs of rice and mud that were thrown into the water.

"We had a 400-year plan in this garden of trees and lakes, not an annual one," said Savage.



Val Turcotte:

‘Wise Old One’ to family members who asks ‘why me?’



Pictures and story by Jane Skalisky

One of the first people I met a few months back after coming to work at the Fond du Lac Reservation was Val Turcotte. I had just introduced myself to him and Leland Debe at a Gitigaan garden class, when Val asked my age. After my lack of response, he and Leland offered their ages and then looked at me. Still, no response.

After the class, I wrote the answer to his question down on a slip of paper, folded it up, and handed it to him.

“What’s this?” he asked.

“Shh.....” I put my finger to my mouth.

“Ohhhh...” he replied.

The next day, I saw Val in the hallway. “By the way,” he said, “how old are you?” I reminded him of the note I passed him the previous evening. “Oh yeh, 29,” he laughed.

Other than his sense of humor, one of Val’s hallmark qualities is his modesty, as illustrated by our conversation when I called him about doing this profile.

“We’re going to talk about leeks, right?” he asked.

“No, we want to do an article on you,” I answered.

“Why me?”

“Deborah and I were impressed with you,” I replied.

“But why me?” he persisted.

“Why not you?” I said, explaining that we often feature elders in these profiles.

“Oh, ok, I’m old,” he said.

Life sometimes takes Band Members to all corners of the country and world. Then at one point, a decision is made. It’s time to return to northern Minnesota.

Val Turcotte traveled the world while serving with the U.S. Navy, lived in California and the Twin Cities, and found

his way back to northern Minnesota, a familiar experience for many American Indian men of his generation who, like Val, participated in the federal government’s Indian relocation effort.

His early memories are shared by many, which makes Val Turcotte an Everyman of sorts. He’s made wise decisions throughout his life and had a strong, positive influence on his children.

Maybe that’s because he, too, had a strong model as a parent. Some of Val’s most vivid memories stem from childhood and are of his mother, Viola, who told stories about ricing. She described how her family camped by the lake, offered tobacco, and after collecting the rice, spread it on the ground to dry.



High school years

Next, to separate the rice from the shaft, they dug a hole in the ground and covered it with deer hide, tied poles to nearby trees to hold on to, and then stood in the hole, moving their feet over the rice.

He also recalled one time when he and his mother riced together. On that outing, they took turns pushing the canoe; on her turn, she fell into the water and then clung to the side of the canoe. Val instructed her to hang on and that they would walk to shore.

“She told me she couldn’t walk,” said Val, “so I asked ‘why not?’ She said ‘I’m on my knees!’” From that moment on, Val became known as the tipper.

The early years

Val was born Valerian Turcotte in 1934 to Viola Northrup and Francis Turcotte at the Fond du Lac Indian Hospital. He grew up on Carlton Avenue and Larch Street in Cloquet and was nicknamed the “little red-headed Indian.” His mother later remarried and Val and his family moved into the Duluth Heights neighborhood.

Darwin Bishop, a cousin of Val’s, recalled their growing up days together.

“Vallie always had a car, so we could

chase girls; he was kind of a Casanova," Darwin said. He also remembered visiting Val's house and being quizzed on the definition of a word.

"We figured he must have been reading the dictionary, so we got a good laugh out of it," he said.

Val attended Duluth's Cathedral High School, now known as Marshall, and after 10th grade joined the Navy, touring the Great Lakes, East and West Coasts, the Mediterranean, Turkey, Panama Canal, Hawaii, and Asia. What he remembers most was seeing how people in Naples, Italy, lived in piles of rubble left after the devastation of World War II.

Indian relocation program

In 1955, Val left the Navy to return to Minnesota, where he was married briefly and had a daughter, Sandra. In 1960, he left once again for several years, this time to Oakland, Calif. where he followed many of his friends who moved as a part of the Indian Relocation Program.

Returning to FDL

Upon returning home, one of Val's favorite hang-outs was Bob and Rose's Bar in Sawyer, where he enjoyed dancing to the music of Bob Gilmore. One of Val's favorite hang-outs was Bob and Rose's Bar in Sawyer, where he enjoyed dancing to the music of Bob Gilmore, Jerry Kujawa, and Lori Clemens. Val explained that he was hired to be the bar's 'uh-uh man'.

"I would stand in between the men's and women's bathrooms, and say 'uh-uh' if a woman would try to go into the men's bathroom or vice versa," he said. It was in this role one night in 1963 that he met his future wife, Karen Dutcher. They were married the next year in Watertown, South Dakota.

"She agreed to drive my pick-up there and buy a ring," Val laughed.

Val's wife, Karen, told of him finding an agate lying on the road, picking it up, and saying to her, "This is the only rock you'll ever get from me."

Val chimed in, "It wasn't though, was it?"

"No," said Karen, "you gave me lots of other agates."

When they married, Val became the father Karen's five children: Donna, Lou, Mike, Andy, and Julie. Later Vicki and Valerie joined the family. Val and Karen raised their children in St. Paul, where Val worked as a welder for American Hoist for 23 years. He returned to this area and worked for Barko Hydraulics in Superior, where he retired 10 years ago.

"My advice to anyone who can retire is to do it!" he said emphatically. His wife, Karen, told of hurting her back about the time Val retired;

buy me that car' -- and he did," she said. She then added, "Do you know anyone who would like to buy a 1980 MGB?"

In addition to his generous spirit, Val's cousin, Darwin, lauded Val for his honesty and his ability to know right from wrong. Darwin said that Val was patient, hard-working and responsible.

"He won't lead you astray," Darwin said.

Fifteen years ago, Val kicked the tobacco habit, but didn't tell anyone. "He went to the store and found out cigarettes were \$2.59 a pack and

said, 'You can have 'em'," said Karen.

Val's daughter, Vicki, recalled Val running Grandma's Marathon six months after quitting smoking, but not quite finishing: his nickname then became 'Nine and half mile Val'.

Vicki went on to tell of her dad performing on his guitar at coffee houses, nursing homes, churches, and even the Blues Fest, where he opened for Brad Paisley. Vicki also described a recent visit to her parent's house when her parents thought she was outside.

"Dad walked in the door and shouted 'Lover, lover!' and mom said, 'I'm in here, Val!!'"

Strumming Lucille

Val and Karen spend much of their time

now at the family cabin, located on the Mississippi near Elk River, where he likes to sit around the campfire with his children and grandchildren and play his guitar named Lucille. On one trip they were planning, Karen told Val there wasn't room for Lucille.

"Val said, 'I guess you'll have to stay home then'," she said.

An important part of his heritage that Val has passed on to his sons and grandsons, who refer to him now as "Wise Old One", is their annual rice trip near the Mississippi outside of Grand Rapids.

"I like being Indian and being part of Fond du Lac" Val said. "Some people inherit money; my parents

left me the right to live off the land by hunting, fishing, and ricing."

Before I left Val's, he beckoned me out into the woods in front of his house, so I grabbed my camera and followed. He began digging and soon produced a handful of wild leeks. I brought them home for supper and found them to have an unexpected sweetness, not unlike Val himself.

Val's Wild Rice Soup

(taken from "Minopogwad", Favorite Fond du Lac Recipes)

2 cans cream of potato soup
1 large onion

1# bacon, fried crisp

1 qt. half and half

1 c. cooked wild rice

1# Velveeta Cheese

Optional: garlic and mushrooms

Simmer and serve

If too thick, thin with milk



Val playing Lucille and singing "Red River Valley" in his backyard

she planned to just rest up over the weekend and return to work the following Monday.

Over the weekend, Karen got a call from her supervisor. The supervisor said Val called her and told her that Karen was retiring, too. That was ok with Karen, who figured that Val decided to retire for both of them.

Karen went on to tell of Val's care for her after she had a heart attack five years ago.

"He said to me, 'There isn't anything I wouldn't do for you; you know that, don't you?'" she said. Not long after, the couple saw a convertible for sale.

"I said, 'If you loved me, you'd

What was Indian Relocation?

The Bureau of Indian Affairs' Relocation/Employment Assistance Program originated in 1948 when the federal government passed legislation to terminate its legal obligations to Indian tribes and assimilate them into mainstream society. Between 1953 and 1961, this program enticed 160,000, or 30 percent of the American Indian population, to relocate to various cities across the country.

Today, 62 percent of all American Indians live off-reservation.

This relocation of so many American Indians to urban centers led to Indian community leaders pressuring Congress for funding to meet their unique social, cultural, and health needs. This pressure resulted in the Indian Health Care Improvement Act of 1976 that targeted funding for programs for American Indians in urban areas. (Internet Source - U.S. Dept. of Health and Human Services, Indian Health Services at www.ihs.gov.)

Raising our children to care

By Lucy Carlson

When I have been with families in an early childhood classroom, I have often heard parents encourage their child to say “I’m sorry” when they hurt someone or take a toy from another child. The child murmurs a half-hearted “sorry” and goes back to play.

From the parent’s standpoint, the child has made amends, but rarely does the child feel sorry. What children learn is that by say-

ing those words two things will be accomplished: The parent will be made happy, and the child will be allowed to continue playing. Parents in these situations are honorable in their motivation to teach appropriate behavior.

Teaching children to be caring of others is an important goal, rather than to raise children who are self-centered. Research shows that children who care about others are better students. Helping our children to learn appropriate ways to resolve conflicts benefits us all, because we

are contributing to a more peaceful world.

One way to make sure that children are truly sorry for their mistakes is to teach them empathy. Empathy is the ability to identify with and feel another person’s unease or distress. Empathy is an emotion that, when nurtured in the early years, is the basis for children learning the difference between right and wrong.

Even infants are able to learn empathy for other children. Children grow through five stages of empathy development. Look at the following stages and you might identify which one your child is in:

Stage 1: Global Empathy – During their first year, children cannot always distinguish between their own discomfort and that of another child, so they cry when they hear another child crying.

Stage 2: Egocentric Empathy – Beginning around the first birthday, a child can understand that another person’s discomfort is not his own and may show great concern for the child who is crying.

Stage 3: Emotional Empathy – During the early preschool years, ages two and three, children are better able to identify the source of discomfort for another child and may try to help by offering a toy or asking a question.

Stage 4: Cognitive Empathy – By about age six, a child can see things from another person’s perspective, so there is a noticeable increase in their efforts to provide comfort and support. They often try to fix the problem.

Stage 5: Abstract Empathy – By ages 10 to 12, a child can extend sympathy beyond people they know to more global situations. Their solution to global hunger, for instance, may be to send their allowance to a charity that feeds poor children in Africa.

So, how do you teach empathy?

The first step is to help your children understand their feelings. When children understand their own

feelings, they have a reference point for understanding the feelings of others. When your child is hurt, sad, or angry, give meaning to that feeling with your words. Say things like, “I can see that you are mad,” or “That must hurt,” or “You look sad.”

The next step in this process is to help your children label and express their feelings.

The third step is to help your child expand on his/her curiosity regarding the difficulties of other children by saying things like, “Why do you think he is crying?” or “What do you think he needs?”

These two steps help children identify the feelings and needs of others. The combination of these two steps is critical in helping children understand how their actions affect others and how they can make amends when they have hurt others.

It is also helpful to have children process how they would feel in certain situations as a way to take on the perspective of others. When they see another child who is sad, you might ask your child how he would feel in that situation.

Finally, make sure your children have strong role models for positive social behavior. How you deal with similar situations is as important as what they are viewing on TV. Make sure you set good examples and limit their exposure to poor examples. Always, always praise your children’s efforts to show empathy for others.

It is a guarantee that moving from a focus on saying “I’m sorry” to a focus on understanding how other children feel will result in more positive social behaviors. You will find that when children have empathy for others, “I’m sorry” takes on a new meaning.

Lucy Carlson is a Family Educator with the Fond du Lac Head Start Program. She writes regularly on parenting matters for this newspaper. Her email address is lucycarlson@fdlrez.com



Q & A

Senior's Legal Line

A legal question and answer column for seniors on new law governing transfer of deed posthumously

Dear Seniors Legal Line: I only own my home and a very small bank account with \$500 in it. I want the home to go to my friend after my death. I don't want my friend to own it while I am alive, I just want her to get it when I die. I have heard that there may be a new way to do this. Can you tell me how to do this?
Eleanor

Dear Eleanor:

The Governor of Minnesota recently signed legislation to allow "Transfer on Death Deeds." This is probably what you have heard about. The new law should be codified as Minnesota Statutes § 507.071. The Transfer on Death Deed (TODD) allows a homeowner to designate a person or persons to automatically become the owner(s) of the home upon the homeowner's death. The deed does not become effective until the homeowner actually dies. Prior to the homeowner's death, that homeowner can revoke a Transfer on Death Deed and grant it to someone else.

It is the same concept as a "payable on death" (POD) beneficiary designation on a bank account. The person named as beneficiary has no ownership interest in the property until the present owner actually passes away. The purpose of the deed is to avoid probate.

One caveat to the law is that the Transfer on Death Deed must be recorded with the County Recorder prior to the death of the homeowner in order to be effective. The new

statute becomes effective on Aug. 1, 2008. Therefore, in order to work, a Transfer on Death Deed must be recorded on or after Aug. 1, 2008, and before the grantor's death.

This new legislation will be extremely useful for people in your situation who have a home and small assets. With a properly recorded TODD, you will have avoided probate and you will have the peace of mind that after your death the home will transfer quickly to the person(s) you designate on the deed.

Keep in mind, however, that because the home is still "available" to you, a TODD will not protect the home from a Medical Assistance lien should you need long-term care. Contact us for further information about Medical Assistance.

The Senior Citizens' Law Project does not draft deeds for clients. I strongly suggest that you seek the assistance of a real estate attorney to draft the deed for you, should you decide that a TODD is right for you.

This column is written by the Senior Citizens' Law Project. It is not meant to give complete answers to individual questions. If you are 60 years of age or older and live within the Minnesota Arrowhead Region, you may contact us with questions for legal help by writing to: Senior Citizens' Law Project, Legal Aid Service of Northeastern Minnesota, 302 Ordean Bldg., Duluth, MN 55802. Please include a phone number and return address.

Tips for buying a used car

By Sofia Manning

Indian Legal Assistance Program, Duluth

At some point, time and wear dictate the need to buy a different car. Here are a few things to think about before making that purchase.

Get the facts. Before you start shopping for a car, get a clear idea of the type of vehicle you are looking for. Think about the make, age, and price range of the vehicle you want. Calculate what you can afford and determine exactly what you are willing to spend before you go start shopping around.

Buyer's guides and consumer magazines can help you to find what you want, and the cost. These publications give useful information about particular cars and the benefits or drawbacks about them.

Where to buy a used car: It is a good idea to shop around before you buy a used car. It's worth your time to get the best buy available. If you buy a car through a dealership, consider the reputation of the dealer. Check around to see if reasonable services are offered and whether the dealer has a good history of customer relations. Ask about the warranties or service contracts offered, and how much they cost.

To check the business history of a dealer, contact the Better Business Bureau or talk to friends, family or acquaintances who may have done business with the dealer.

Many people buy used cars from private parties advertising in the newspaper. The up side to this is that you may get a lower price, the down side is that you will probably be passing up warranty protection.

Before buying the car: Inspect the vehicle thoroughly. Check under the car for leaks or puddles. See if the car smokes when it is running and

make sure all the lights work. Look for rust and check for paint touch up work done to hide rust or other body work resulting from a crash. Look for cracks or chips in the glass. Check for wear in the interior, flooring, paneling and seats. Check the tire tread, especially for uneven wear.

Drive the vehicle and notice such things as unusual noises. Make sure the car stops in a straight line and does not bounce, lean or sway when turning a corner. Even if the car seems ok to you, it is still a good idea to have a mechanic check the vehicle over.

Buying the car: If you've found the vehicle you want, check its Blue Book value. You can do this by calling any financial institution and talking with the loan manager. The Blue Book value will give you the average wholesale value of the car, and it states how much a lending institution is likely to loan you to purchase the car. Use the Blue Book and any estimated repair costs to determine how much you want to pay for the car.

Once you've determined that price, set a maximum limit for yourself. Don't go beyond it. When buying a used car, the seller's price is usually flexible, so start negotiating below that price to give yourself bargaining room.

If you have any questions or topics you would like addressed in future columns, please write us at: Indian Legal Assistance Program, 107 W. First St., Duluth, Minn. 55802



At left, Roberta Welper offers information about Min No Aya Win Clinic's smoking cessation services at the Health Fair.

FDL Health Fair, 2008

Annual Health Fair celebrates 30th anniversary; Rosemary Blanchard honored for service

The 30th Annual FDL Health Fair was held June 13 in the Tribal Center Gym. Over 1100 attendees received information from 100 different providers on various health needs.

"It's nice for non-Indian agencies to see what Fond du Lac does," said Phil Norgaard, Director of Human Services.

This year's event honored Rosemary Blanchard, 87, one of the originators of the Fair in 1978. Rosemary worked in health advocacy and outreach for the Reservation as a Community Health Representative. At the first FDL Health Fair, about 50 people visited nine tables. The grand prize was a laundry basket of groceries.



Rosemary Blanchard



Mackenzie Bassett and her aunt, Jamie Dawn Manickee, staff the behavioral health table at the Health Fair. Jamie is the granddaughter of Rosemary Blanchard; Mackenzie is a great-granddaughter.



Bob Milberger, Hazel Strong and FDL elders sell a variety of items at the Health Fair, including toys, jewelry, clothing, and cookbooks.



Margaret DeFoe, Rhonda Peacock and son, Lincoln.



Widening, plantings, global positioning and a barbecued burger Golf course offers new features

The Black Bear Golf Course, tucked behind the Casino, offers a few new features this season, including a widening of the entire course, a new tee box for the Bear Paw and a larger putting space for Hole 16.

Obvious, too, are the thousands of flowers and shrubs along the fairways. Brush has been removed, and the restaurant's fare now includes homemade sandwiches and hamburgers grilled outdoors.

The Black Bear Golf Course is a challenging, championship course with nothing in the region to surpass it, said Dave Cahill, Golf Course Manager.

"You would have to drive to Biwabik or the Cities to find anything comparable," he said. Cahill explained that what makes the Black Bear unique is that it is shorter, narrower, and more manicured than other courses in the region.

"It's a hard course," said Cahill, "because of its tightness, the number of bunkers, and the amount of water and trees."

Another feature of the Black Bear that gives it an edge over other courses in this region is its global positioning system golf carts where golfers can read up on the hole that they are playing, getting information on how many yards it is to the pin and to the bunker.

In addition, the carts can be tracked by Black Bear staff to see

how fast players are moving through the course and are programmed to stop within a certain number of feet from each hole. Cahill says that carts are considered as essential for golfers these days as their clubs, as few people walk the course.

A tour of the course on a lush, June day reveals hills, ponds and evergreen stands. Preservation of the natural environment is a priority, said Black Bear Assistant Manager Dave Reynolds. Efforts have been made to preserve wetlands and protect rock formations and mature trees. The fauna is also important. Dave spoke of an orphaned fawn

discovered on Hole 7 three years. Reynolds and his co-workers fed the fawn through the summer. The buck survives today, and is often seen nearby.

In an effort to get more young people involved in the sport, Bob Martineau, Junior Golf Development Coordinator, is working with First Tee, a national organization dedicated to creating affordable access for those not previously exposed to the game. First Tee encourages students to pursue their interest in golf and adopt its positive values, working with over 2,000 elementary schools across the country.

Historically, the organization has had an urban focus, but with the recent boom in construction of golf courses throughout Indian Country, the focus has shifted to American Indian children.

"Our hope for the kids of Fond du Lac is that everyone will have an opportunity to be exposed to the game and learn the life values the game of golf has to teach," said Cahill.

The tournaments scheduled for this summer include: the Black Bear on July 19 and 20, the Veteran's on the Lake July 26, VFW State August 1-3, Wisdom Steps August 22 and the FDL Vet's August 23.

Cost for nine holes of golf ranges from \$14 to \$30, with discounts given to FDL Band Members. Reservations are a must, says Cahill.

Thoroughly engulfed in the game; players comment on Black Bear Golf Course

On the day the U.S. Open championship was being played between Tiger Woods and Rocco Mediate, the excitement was palpable at the Black Bear's club house, where few wanted to focus on anything other than the TV screen. Several managed to pull themselves away for a moment to share opinions about golfing there.

Joe Torva, Cloquet, said he liked the Black Bear fairways, greens, sand traps, and being able to go out on the driving range anytime.

"The course is difficult, but really playable," he said. "You can sink your club into it because it's turf, as opposed to clay like other courses."

"It is beautiful, manicured perfect, with a nice layout," added Chuck Patrick of Wascott, Wisconsin.

"It keeps my psychiatrist in business," laughed Bob Heller of Duluth.

Jan Setterquist, a member of the Black Bear women's golf league, said that golfing at the Bear makes her feel like a much better golfer when she plays elsewhere. Besides the difficulty of the course, Setterquist likes the hometown feel of the Black Bear.

"It's really nice that they know my name, cheer and are happy for me when I play well," she said.

As for the upsurge in golf's popularity among FDLers, Jennifer Trotterchaude summed it up by saying, "It's a personal challenge....and addicting."



The Black Bear Golf Course, with a view of the new casino in the distance.



Acid Reflux a real pain Camera down the gullet maps the terrain

So, since then I have been taking medicines for GERD. This is not a good long term solution without a doctor's advice. As a doctor myself, I really should know better, but I was making excuses as I did not want to have an EGD. Last summer Dr. David Jorde of the Min No Aya Win Clinic put me on a stronger medicine, but I still had symptoms, so he referred me to Dr. Steven Vopat at the Community Memorial Hospital in Cloquet for the EGD.

The esophagus was never meant to be exposed to stomach acid on a chronic basis, and over time the tissue in the irritated area can change and become precancerous or cancerous. The precancerous finding is called Barrett's esophagus, and needs to be monitored closely if it's found. Cancer of the esophagus is bad and can spread to surrounding lymph nodes, or to the liver and lungs. This is difficult to treat, and needs some combination of surgery, chemotherapy and radiation. Unfortunately, these things don't often cure esophageal cancer, but merely slow it down. As usual, preventing it is the key.

I was not at all looking forward to the EGD. Even though I knew what the test was like and have been present for them with patients, I was more than a little afraid of the anesthesia, of the procedure itself, and of what Dr. Vopat might find. I had to fast for the test, and had to

skip my morning coffee. I spent a long time putting tobacco out before we left for the hospital.

After I registered, the nurse checked my vital signs and started an IV. Dr. Vopat talked with me and my wife to see if we had any questions before the surgery. He showed us the scope and how it worked. They sprayed in some anesthetic spray to numb the back of my throat. Then they gave me a plastic block to put between my teeth so the scope could go in. The

I sometimes get frustrated when patients avoid screening tests, but I've been guilty of that myself. I understand the fear of the unknown, but sticking your head in the sand and avoiding diagnoses won't make them go away.

anesthetist told me he was going to give me a medicine to put me out and told me what to expect. As he predicted, my hand felt cold where the medicine went into my vein, and the top of my head felt warm. The next thing I knew, it was ten minutes later and I was back in the pre-op area with my wife.

Dr. Vopat told us everything looked good. There were irritated areas, but nothing like Barrett's esophagus or cancer. As the anesthesia wore off, the nurse made sure I could walk OK, and we left the hospital. My wife drove as I wasn't supposed to drive for the rest of the day. She's so nice she even took me to lunch. What a sweetheart.

The procedure that I dreaded for several years turned out to be nothing to fear. Everyone at the Cloquet Hospital was very professional, caring and reassuring. I really feel much better knowing I don't have anything to worry about right now

and I feel somewhat foolish for putting off this simple procedure for so long. I watched my grandmother suffer for years with this problem, and remember her constantly drinking antacids right out of the bottle. She would have given anything to take the medicines available today.

I don't smoke, and haven't drank alcohol in over ten years. I need to maintain my recent weight loss and have cut back on caffeine. I can continue the medicines I take right now and need to raise up the head of the bed by four to six inches to keep stomach acid from going into my esophagus while I'm sleeping. There is a surgical procedure that can be done if these things don't work, but I want to avoid that.

I sometimes get frustrated when patients avoid screening tests, but I've been guilty of that myself. I understand the fear of the unknown, but sticking your head in the sand and avoiding diagnoses won't make them go away. Waiting can make a small problem get much worse, but we all know that.

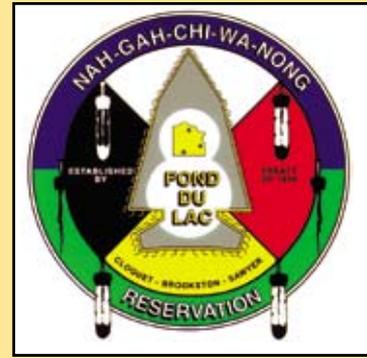
Going through the procedure means my family will not have to suffer later because I avoided the screening. That makes me a better father and a better husband. Someday, I'll be a better grandfather. I can live with that.

Dr. Arne Vainio, who practices medicine at the FDL Min No Aya Win Clinic, writes about his experiences for this newspaper. He can be reached at a-vainio@hotmail.com

By Arne Vainio, M.D.

Recently I had an EGD (esophagogastroduodenoscopy). It's a surgical procedure where a camera on a brightly lit tube about the diameter of my little finger was inserted through my mouth, down my esophagus, into my stomach, then into the first part of my intestine.

Why would I let anyone do that to me? Because I have a fairly common condition called GERD, which stands for gastroesophageal reflux disease. This is like heartburn, only it is chronic and worse. It's caused by stomach acid moving into and irritating the esophagus. The things that make GERD worse are caffeine, smoking, alcohol, age, obesity and eating big meals before lying down. Symptoms include the sensation that something is rising up in your throat, voice changes, chronic heartburn, a sour taste in your mouth in the morning and sometimes a chronic cough. Sometimes it can be hard to distinguish GERD from heart related pain. I know this because I had a treadmill test four years ago for chest pain that turned out to be GERD.



A few thoughts from RBC members

From Chairwoman Karen Diver

The House Committee on Natural Resources held a hearing June 5, 2008 on the settlement of the Minnesota Chippewa Tribe claims that we have been referring to as the Nelson Act settlement. All of the chairs of the MCT Bands were present to give testimony.

Both Congressman James Oberstar and Congressman Colin Peterson personally presented their competing bills. It is up to the Committee to pick one of the bills to pass forward: the one promoting the MCT approved a one-sixth split of the proceeds or White Earth's proposed per-person split.

The Band's progress toward having 24 new supportive housing units got a major boost last month with the award of an \$800,000 grant from the Minnesota Housing Finance Agency. We are pretty close to securing all the funding needed to start construc-

tion, so the project should happen later this year or the beginning of next year's building season. This will go a long way to meeting the needs of Band Members, not only with housing, but with needed services.

The Department of Housing and Urban Development (HUD) is very encouraging of tribes being involved in this model of housing.

Band Members who need financial assistance with emergency needs now have another option available.

Band Members may get an advance of up to \$300 on their per capita payment once a calendar year. The amount advanced will be deducted in equal amounts from the next three months per capita payments.



Karen Diver

In order to participate, Band Members must be getting their per capita payments monthly. If there are other deductions coming from the per capita payment, for example housing payments or propane payments, there must be enough per capita payment left each month to have the advance deducted in those three monthly payments.

If you are having a crisis, and need to take advantage of this option, please contact Wanda Smith at the Tribal Center. The Tribal Council approved this emergency assistance option to help Band Members with unforeseen circumstances. It also recognized that the best option for Band Members is to give them the tools to create their own solutions to problems that may

come up.

June was a month busy with travel: I went to Washington D.C. for testimony of the claims settlement, the Twin Cities for advocating for supportive housing, and Reno, Nevada at the request of HUD to promote sustainable tribal communities.

If you try to reach me and I am not in the office, please leave a message because I check them often. I always have my cell phone with me so I can return phone calls.

In closing, I look forward to serving the Band and its members in a full term. I am honored to have your support.

As always, if you have questions or comments, please feel free to call me at the office at (218) 878-2612, or on my cell phone at (218) 590-4887, or by email karendiver@fdlrez.com. I hope you're having a good summer!

From Ferdinand Martineau

The last two years have gone by very quickly. We have seen several changes on our Reservation. We had the resignation of a long time leader from the chairman's position. We have had a female become chairwoman. We had changes in the Sawyer and Secretary/Treasurer positions.

Now we will have new representatives in the Cloquet and Brookston districts. In addition, we have a new casino/hotel opening. I could go on for a while if I were to mention all the changes that have occurred over the past two years, but I think you get the idea.

I want to say to the staff at the Black Bear Casino Resort: Good job during a difficult time. I am proud to say that we have some very good

staff working in slots, MIS, accounting and guest services. You were able to keep the public happy during the transition back into our casino.

There are still some major decisions that will affect us for a while in the future, but the affect will not be long term and the average Band Member will not even notice. All the cuts that had to be made were made and budgets were approved.

There were no cuts in services or programs to Band Members, and at the end of the year, we should not be overspent.

I wanted to say that the casino is

up and running and I would be able to relax a little, but the work never stops and the deadlines keep coming. We are now discussing the separation of business and programs to streamline the work flow and keep up with all aspects of business and government of the Band.

A position will open in the near future that will oversee the businesses of the Band similar to the current Executive Director position. If you are interested, or if you know someone who would be interested, let me know.

The last thing I would like to say is that the past two years have been a

real pleasure serving the Band. I have not been able to do everything that has been requested of me, but, I have given all of you the time that you deserve to let me and the Council know how and if we can assist you. I have noticed that here, as with everywhere else, change is constant. I feel good being part of that change.

Again, I am always interested in hearing any new ideas, so please feel free to call me. My home number is (218)879-5074, office (218)878-8158 or you can e-mail at ferdinand-martineau@fdlrez.com .

Miigwich!



Ferdinand Martineau

Etc.

Bad River intern joins Resource Management Division for summer

December Rose Dickerson will be serving as an intern in FDL's Resource Management Division's environmental air program this summer. She is currently a senior majoring in business management at the University of Wisconsin-Superior and is a member of the Bad River Band and U.S. Army Reserve. As a U.S. Army combat veteran, she had carried the Fond du Lac's all nations' women's combat veteran eagle staff last year on the pow wow trail.

Dickerson believes that learning about the environment is not just important for her career, but for her as an American Indian woman.

"It's important to know about the environment and how it is affected on reservations, especially in terms of hunting, fishing, and gathering, which aren't only traditions, but a way of life," she said.

Report finds high rates of violence against American Indian women

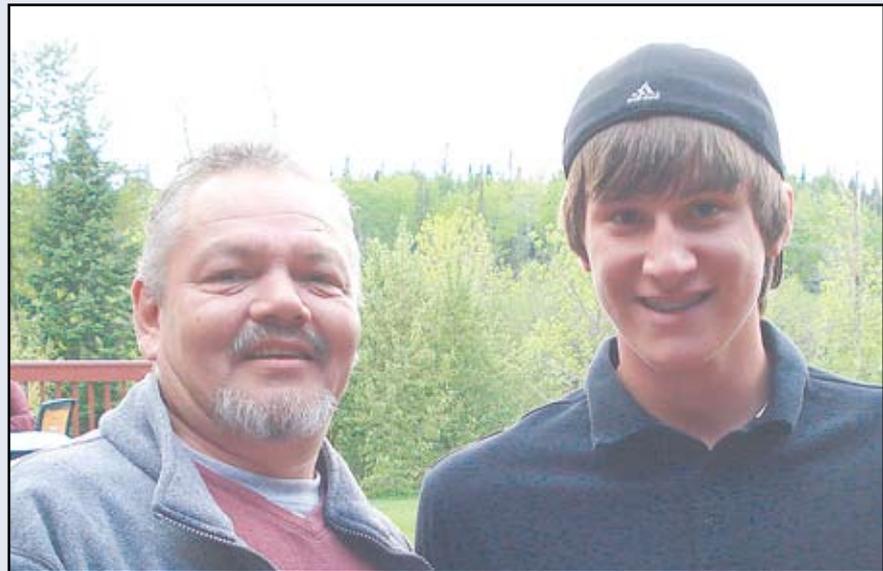
American Indian and Alaskan Native women suffer from the highest rates of intimate partner violence

(IPV), according to a new report from the Centers for Disease Control (CDC). The survey, the largest ever of its kind, found that 39 percent of American Indian women and 19 percent of American Indian men reported being victims of Intimate Partner Violence.

The CDC identifies four types of IPV behavior: threats and physical, sexual, and emotional abuse. Emotional abuse is where IPV behavior usually starts and includes stalking, name-calling, intimidation, or not letting a partner see friends and family. Victims of IPV not only suffer physical injury and death, but are more likely to smoke, abuse alcohol and drugs, and engage in risky sexual activity.

The risk factors for becoming a perpetrator are alcohol and drug abuse, witnessing or being a victim of violence as a child, and unemployment. Ways to prevent IPV, according to the CDC, are to promote healthy dating habits and for adults to model nonviolent relationships.

Further assistance and information on this topic can be found on the National Domestic Violence Hotline: (800)799-7233 or on their website: www.ndvh.org.



The Fourth Annual FDL Resource Management Invitational Golf Tournament was held June 10 at the Black Bear Golf Course. Taking first place in the men's division were Tim Diver and Clayton Kettlehut; taking first in women's were Juanita Anderson and Linda Savage.

Ojibwe School seeking opinions on proposed school uniforms

Public input is being sought by the FDL School Board on the proposal that K-12 students be required to wear uniforms, according to Mike Rabideaux, Ojibwe School Superintendent.

"We want the kids to feel like they're part of a community," explained Rabideaux. Other advantages of school uniforms cited by Rabideaux were increasing students' safety by more easily identifying an intruder, and the benefit to parents of having the school furnish the uniform, consisting of a polo shirt, khaki pants, and belt.



Justin Belanger models the new FDL Ojibwe School uniform

Schedule of open and quarterly meetings

Band Members are invited to attend open and quarterly meetings. Open meetings are for the discussion of concerns; quarterly meetings are for the dissemination and discussion of financial information. The meeting schedule is as follows:

Type	Date	Time	Place
Open	July 17	1:30 p.m.	Cloquet Tribal Center
Quarterly	Aug. 21	1:30 p.m.	Brookston Community Center
Open	Sept. 18	5 p.m.	Damiano Center, 206 W. 4th St., Duluth
Open	Oct. 16	6 p.m.	Minneapolis; location to be announced
Quarterly	Nov. 20	5 p.m.	Sawyer Community Center
Open	Dec. 18	5 p.m.	Cloquet Tribal Center

Whoops – here's the real budget...

A story in the June issue of this newspaper mistakenly stated that the budget for FDL Enrollee Days was devoted exclusively to the carnival. We regret that error.

The full 2008 Enrollee Day Budget is as follows: Adult drawings (\$500 for 200 Band Members) \$110,000; Absentee adult drawings (\$500 for 20 adults) \$10,000; Carnival \$42,000; Kid's coupons \$40,000; Food \$27,800; Toilet services \$2,240; Bus service \$1,450; Sawyer celebration \$650; Misc. \$15,000. Total: \$249,140.

Etc.

UMD garden program includes students from FDL Ojibwe School

Eight ninth and tenth grade students from FDL Ojibwe School are participating in a pilot program at the school this summer sponsored by the University of Minnesota Duluth's Center for American Indian and Minority Health.

The program's overall goal is to help prepare high school students for future careers in health care by blending traditional and western knowledge. The students work with a community member in a garden, learning about the history and uses for plants, along with acquiring research and information gathering skills, according to Tara Loushine, program coordinator.

"It's fun and I'm learning a lot," said Cienna Strother, FDL Ojibwe School sophomore. "I hope to get a better edge on what I'm going to go into."



Cailley Thompson, Stephen Smith, Cienna Strother, Morningstar Webster, and Joni Thompson of the FDL Ojibwe School's journey garden program putting in this year's plants.

Frequent phone call list

(218) Area Code	879-4593
Tribal Center Switchboard	879-4593 1-800-365-1613
Black Bear Casino	878-2327 1-888-771-0777
Black Bear Hotel	878-7400 1-800-553-0022
Brookston Community Center	878-8033
CAIR	726-1370
FDL Propane	879-4869
FDLTCC	879-0800
Food Distribution	878-7505
Head Start	878-8100
Housing	878-8050
Human Resources	878-2653
Law Enforcement	878-8040
Mash-Ka-Wisen	879-6731
Minnesota Chippewa Tribe	1-218-335-8581 (admin.) 1-888-903-8582 (loans)
Min-No-Aya-Win Clinic	879-1227 1-888-888-6007
Natural Resources	878-8001
Ojibwe School	878-7559
Planning Department	878-2642
Sawyer Community Center	878-8185
Cloquet Community Center	878-7510

Concert series starts at FDLTCC on July 3

The Hot Summer Nights Concert Series at Fond du Lac Tribal and Community College is beginning its tenth season this summer. Performances are at 7 p.m. rain or shine every Thursday for five weeks beginning July 3 in the college's outdoor-indoor amphitheater.

- July 3: Don't Panic, vocal variety.
- July 10: Claudia Schmidt, folksinger.
- July 17: The Big Hill Quartet, jazz.
- July 24: McInnis' Kitchen, vocal and instrumental music that is traditional to Ireland, Scotland, New England, Newfoundland and Cape Breton.
- July 31: Rock-a-Billy Revue, popular hit music.

In addition to the Thursday evening concerts, the Cloquet Community Band will perform at 7 p.m. on July 14, 21 and 28.

For more information, call (218)879-0800.

Guidelines being developed for FDL Elder Activity Fund

Members of the newly formed Elder Activity Fund Advisory Board are in the process of establishing guidelines, policies and procedures for the funding of elder activities and trips. Only guidelines for funding are being considered now.

The activities are for all FDL elders who

are enrolled and at least 52 year of age. All trips must include a minimum of 50 participants.

The Board welcomes new members. If you are interested in joining, contact Debra Topping, Elder Advocate at (218) 878-8053.

New Community Services Director appointed

Joan Markon was hired to be the new FDL Community Services Director. She started on June 1.

In this capacity, Markon will coordinate the General Equivalency Diploma (GED), Adult Basic Education (ABE), high school diploma and English as a Second Language (ESL) programs currently being offered at the three community centers, and will oversee the community centers, Elderly Nutrition Program kitchens, Food Distribution Services, and State Energy Program.

"I'd been doing a lot of this anyway," said Markon of her new endeavor. "This just formalized everything and will provide cohesiveness among all the centers."

In her free time, Markon serves as Chairman of the Ojibwe School Board, Chairman of the Grievance Committee, and is a member of the Head Start Policy Council.



Marilyn Carpenter works on a scrapbook at a scrapbook class held at the FDL Cultural Center on April 30. Fifteen people attended this event, one of five sponsored by the FDL Diabetes Prevention Program. The purpose was to improve self efficacy through sharing and documenting memories.

Community news

FDL MIS Director Fred Underwood plunges into a dunk tank to raise money for the American Cancer Society at the Third Annual Wiidookaage Relay for Life that was held June 6 at the Min No Aya Win Human Services Building. Underwood went under water four times for the cause. Dunk tank victims raised \$850; the auction brought in \$2,250.



These community pages are yours, the members of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

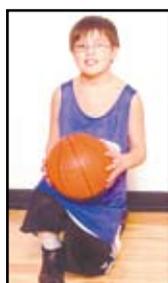
Please submit materials during the first two weeks of the month. Information may be sent by U.S. mail to the editor, Deborah Locke, FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720, or by email to deborahlocke@fdlrez.com

The telephone number is (218)878-2628. You may also drop off items at our office at the Cloquet Tribal Center. Always include your daytime phone number and name with anything you submit. Materials will be edited for clarity and length.

Birthdays

Happy 11th Birthday to **Dex DeLille** on July 16 from Dad, Mom, Shania and Morgan. Happy Birthday Uncle **Terry Houle** on July 17.

Happy Birthday **Auntie Celena Houle** on July 23.



Happy Birthday Uncle **Kendall Houle** on July 27.

Love from Shania, Morgan, Dustin, Dex

Happy Birthday to **Kristie DeLille**, who will be 33 years young on July 6. May you have many happy years ahead!

Love from your family

Happy Birthday on July 26 to **Judy Johnson**.

Love from your family and friends



Happy 15th Birthday **Branden King** on July 28!

*Love,
Auntie Nell &
Uncle Melvin*

Birth announcement

Welcome to **Kylee Jean DeFoe-Houle** who was born on May 9, 2008 to Korin DeFoe and Lance Houle. Kylee was seven pounds, 13 oz. and 19 inches in length.



Recognition -- FDL Elder Izzy Whelan honored as foster grandma

FDL Elder Izzy Whelan will be honored for her 20 years of service as a foster grandparent by the Regional Foster Grandparent Program at its annual recognition event at noon on June 30 at the Audubon Center in Sandstone.



Jane Dolter, Foster Grandparent Area Supervisor, said that Izzy had been a positive influence on children and had been an asset to their program for the past 20 years.

"I like to work with the kids; it keeps me out of the rocking chair," Izzy said.

Note of thanks

The FDL Resource Management Division wants to thank all who participated in the Fourth Annual FDL Resource Management Invitational Golf Tournament on June 10. A big thank you to the Reservation Business Committee for its support with this event.

Thanks again.

*FDL Resource Management
Division*

For Sale

Home on Big Lake in Sawyer, Minn. Located within 15 miles of three golf courses, 30 miles from Duluth. Built in 1990. Two bdrm, 1.5 baths, sauna, fireplace, open floor plan. Attached 2-car garage and detached 2-car insulated pole building. On private lot with 93 ft. of lakeshore; driveway and septic tank on 56 feet of FDL leased land. Asking \$270,000. Call (218) 878-5617 for more info.



For sale in Sawyer area, on leased land, newer house in great neighborhood. Three bedrooms, one bath, large deck, detached garage. Many updates, including new roofs on both house and garage, new carpet and paint through out the house, and a new furnace. Asking \$136,000. Any questions or to view call (218)348-7521 or (218)590-8541.

Area News Briefs

Cloquet and Perch Lake Fire Departments merge

With a unanimous vote, the Cloquet City Council recently approved an automatic aid agreement between Cloquet and Perch Lake Fire Departments, creating a new department called Knife River Fire District. Current facilities, staff and equipment will be maintained, but training and other functions will be shared.

The story was reported in the Pine Journal.

Wisconsin tribes address gang and drug problems

A two-day conference to address gang and drug problems on reservations was held in Keshena, Wisconsin, the end of the April and was an historic first in the nation where a representative from every tribe within one state came together to tackle the two issues afflicting Indian country.

All Wisconsin tribes have joined with the Wisconsin Alliance for Drug Endangered Children to share information with local, state and federal law enforcement agencies through the Native American Drug and Gang Initiative.

Police have identified four gangs in the State of Wisconsin; about half of the reservations report gang activity. Meth abuse has received much attention, but a growing problem cited is stolen prescription drugs.

Some reasons given for the infiltration of drug gangs included a void of Native initiation rites that gangs fulfill and the distribution of large amounts of "casino cash" to young people.

The story was reported in Indian Country Today.

Successor sought for BIA Chief position

A temporary replacement for former Assistant Secretary for Indian Affairs, Carl J. Artman, has been named. George Skibine, acting Interior Deputy Assistant Secretary for Indian Affairs, has been named as interim secretary.

Artman, a member of Wisconsin's Oneida Band, resigned in April after serving a year as secretary. His resignation stunned many Indian leaders and U.S. government officials given the lengthy amount of time it took Artman to be confirmed.

Those closest to Artman reported that his frustration with the bureaucracy of the Bureau of Indian Affairs played a role in his early exit.

Only three men have held the job for more than a year. Since 2000, eight men have held the position. The story was reported in Indian Country Today.

Ex-Leech Lake chair pleads guilty

Peter D. White, former chairman of Leech Lake between 2003 and 2004, pleaded guilty to two counts of bribery in May. The indictment alleges that Craig Potts paid the bribes to White as a part of a conspiracy to influence White and be awarded business contracts. The story was reported in News from Indian Country.

Lead found in half of samples studied

Lead was found in 50 percent of the venison sampled by the Minnesota Department of Agriculture according to a study released by the agency in early June. As a result of a preliminary finding in venison donated to food shelves this winter, 16,000 pounds of deer meat were recalled. Higher lead quantities were found in ground meat versus whole cuts.

No studies have shown links between venison consumption and lead poisoning, which can lead to nerve and brain damage in children. The story was reported in the Duluth News Tribune.

Poverty plays major role in reservation malnutrition

Malnutrition on some reservations has been found to be comparable to rates in underdeveloped countries, where 23 percent of reservation households surveyed have been identified as "food insecure", uncertain that they will be able to acquire enough food for all of their household members, compared to a national rate of 11 percent. The highest rate was found among the northern Cheyenne, where 70 percent report being food insecure.

Obesity is the other side of the malnutrition coin, in that too many Indian people are over-consuming the wrong sort of nutrients, like refined carbohydrates and fats. Solutions offered include improving access to healthy foods, reintroducing traditional diets and developing community-based agriculture on reservations. The story was reported in Indian Country Today.

Mining in Indian Country -- protests and ban attempts

Six leaders of the Kitchnuhmaykoosib Inninuwig First Nation of Eastern Ontario and one leader from the Algonquin First Nation were held at the Thunder Bay Correctional Centre for refusing to accept mining exploration in their territory without prior consultation.

At issue is Ontario's 1873 Mining Act that allows anyone who pays a fee to stake a claim on public and private land to clear trees, build roads and drill.

Controversy about mining explora-

tion extends into this country, as well. Recently as many as five New Mexico companies have applied for uranium mining permits; most of the reserves are on Navajo land.

"The legacy of uranium mining has left a devastating impact on our people," said Navajo tribal council member Amos Johnson.

The Navajo attempted to ban mining on their land in 2005, but an 1872 mining law, along with the Bush Administration's "categorical exclusion," has made it easy for companies to stake their claims. Other tribes working to protect their lands from mining include the Pueblos, Havasupais, Hopis, and Paiutes. The story was reported in Indian Country Today.

Ancient methods used to treat Iraq veterans

Alaskan Natives returning from Iraq with mental health problems will have their treatment supplemented by traditional healing techniques, including talking circles, steam houses, smudging, herbs, therapeutic touch, singing, dancing and subsistence hunts.

There are 26 tribal health centers across Alaska, but only half of them have doctors, so the Alaskan Indian Health Service is incorporating traditional healing practices along with western medicine for stress-related disorders. The story was reported in the Ojibwe News.

Wisconsin's bear population healthier than experts thought

Wisconsin has between 25,000 and 30,000 bears, double the number previously estimated, according to a two-year study recently completed by the University of Wisconsin-Madison. Hunters assisted in the effort by placing a chemical tracer in bear bait containing animal bones. Bear excrement was then collected for traces of the chemical. The story was reported in the Duluth News Tribune.

Body/brain connection to better health

Exercising one to five times a week as a younger person has been found to decrease the likelihood of Mild Cognitive Impairment when a person is elderly, according to a study presented in April by the American Academy of Neurology. Each year 15 percent of those with MCI develop Alzheimer's, as compared to one to two percent of all people age 65 and older. The story was reported in the Star Tribune.

Wisconsin sportsmen want to hunt wolves

Sportsmen attending the April Conservation Congress hearings in Wisconsin voted to develop a hunting season on wolves. Approximately 6400 people attended the 2008 Spring Fisheries and Wildlife Rules Hearings and Wisconsin Conservation Congress County Meetings that were held in all 72 counties statewide. The Wisconsin Department of Natural Resources analyzed the results and developed recommendations that were presented to the Natural Resources Board in May.

Since being removed from the endangered species list a year ago, 41 wolves were killed in Wisconsin with about 550 wolves remaining. Critics of the plan, including the Sierra Club, say hunting would destroy wolf pack structures.

Currently, Alaska is the only state that permits hunting wolves. The Humane Society, along with three other groups, filed a lawsuit last year to place wolves in Minnesota, Wisconsin, and Michigan back on the endangered species list. The story was reported in News from Indian Country.

Celebrate Families 2008 event held in Carlton

Over 200 people turned out for a family celebration and carnival at the Four Seasons Sport Complex in Carlton the end of April. The event was held to help strengthen families and prevent child abuse and neglect in Minnesota and was sponsored by Carlton County Public Health and Human Services and Fond du Lac Tribal and Community College Human Services. The story was reported in the Cloquet Pine Journal.

Wisconsin Potawatomi win protection for air quality

The Forest County Potawatomi Community of Northern Wisconsin won a 14-year effort to increase protection of air quality from the U.S. Environmental Protection Agency. The community is one of four tribes in the U.S. to be granted Class I status. As sovereign entities, tribes have the right under the Clean Air Act to request a Class I air designation for their lands. The story was reported in the Potawatomi Traveling Times.

Study finds friends help in kicking tobacco habit

A study done by Harvard Medical School found that smokers are more likely to be successful in quitting if their spouse, friend, or co-worker quits. The study also found that smokers who don't stop are isolated when their friends quit. The story was reported in the Duluth News Tribune.

Briefs

Carlton County Relay for Life scheduled for July 18

The annual Carlton County Relay for Life will be held July 18 at the Fond du Lac Tribal and Community College. The event begins at 4 p.m., ends at midnight, and includes a walk, entertainment, and a survivor dinner. Indian tacos will be sold. The Survivor Dinner starts at 5 p.m.

All proceeds go to the American Cancer Society. For further information, contact Deb Susienka at (218)879-1227.

In past years the volunteers with the Fond du Lac Reservation have been among the top Carlton County fundraisers for this annual event.

Elder Picnic to be held on July 25

FDL's elder picnic for those age 52 and above will be held from 11 a.m. to 3 p.m. on July 25 at the Ojibwe School pow wow grounds.

Food, drinks, and prizes will be included in the day's events for tribal members and their spouses. For further information, contact Tracie Little at (218)878-2128.

July 24 Community Baby Shower takes place at Head Start gym

Head Start's Eighth Annual Community Baby Shower will be held from 4:30 p.m. to 7:30 p.m. on July 24 in the FDL Head Start Gym.

Fifty booths providing information

on infants will be featured, along with break-out sessions, prizes, and a meal. Over 150 families attend this event each year.

The organization Friends, Families, and Neighbors invites anyone providing informal daycare to come and receive a gift. According to organizer Sheila Buschette, the focus this year will be on fathers.

Everyone is welcome; admission is free. Call Sheila at (218)878-8110 for more information.

Reminder about kid's curfew

The FDL Law Enforcement Division would like to remind residents that there is a curfew for children under the age of 18 of 11 p.m. to 6 a.m. Sunday through Thursday, and midnight to 6 a.m. on Saturday and Sunday.

Parents or those with legal custody of a child who violate the curfew will be subject to a \$200 fine. The exceptions to the curfew are if a juvenile is accompanied by a parent or guardian; running an errand; engaged in employment; involved in an emergency; on their own property if there is no complaint; or attending an official function.

Employees receive training in supportive housing efforts

FDL employees Amy Wicklund, Bunny Jaakola, and Benita Gusaas were part of the graduating class of

the Minnesota Corporation of Supportive Housing in March. The program provides training and technical assistance to nonprofit development teams working to end homelessness by creating supportive housing.

"The Institute gave us the tools and guidance we needed," Wicklund said.

Diabetes prevention event July 20

The FDL diabetes prevention unit will be hosting a cruise on the Vista Star at noon on July 20 for FDL members.

Minobaimaadiziwin, which means "a healthy journey through life," is the theme of this year's event that will focus on promoting healthy lifestyles and choices. Boarding will begin at 11:30 a.m.

The ship is located behind the Duluth Entertainment and Convention Center. A meal will be provided and free parking is available. Space is limited and registration is required by July 15. To register, call (218) 878-3794.

Traditional village to be created

The creation of an authentic Ojibwe village to be located on Martin Lake was approved in June by the Reservation Business Committee. Martin Lake is located in the northwestern corner of the Reservation.

According to Ojibwe School Superintendent Mike Rabideaux, the

40-acre village will feature wigwams, lodges, and bark houses and will be available for Band Members for naming and spiritual ceremonies, summer and fall youth language immersion camps, ricing, maple sugaring, fishing, trapping, storytelling, and, potentially, a juvenile restorative justice program.

"Our kids will gain a true sense of who we are as a people," said Rabideaux.

He added that just reading or hearing about one's history isn't enough, and that this village experience will make history come to life. His hopes are that young people will internalize what they will learn.

"If you can plant that seed, maybe a light will come on," he explained. Most of all, Rabideaux added, "we want to make it fun."

Volunteers are needed for construction. If you are interested, call Jennifer Trotterchaude at (218) 878-7547.

Half million still needed to fund supportive housing

The Fond du Lac Reservation is still \$500,000 short before work can start on a 24-unit supportive housing facility to be located west of the Tribal Center on Big Lake Road. Supportive housing facilities help single people and families with practical matters such as setting up budgets, running a household, and seeking

Legal Notice regarding trust monies

The following is a list of deceased Band Members who have monies in trust with the Fond du Lac Band. We are requesting that the heirs of these deceased Band Members contact the Fond du Lac Legal Affairs Office at (218) 878-2632 or toll-free at

(800) 365-1613, to assist the Band in distributing the trust monies to the appropriate heirs.

Bakke, Gertrude; Barney, Freeman; Barney, Randall, Jr.; Brigan, Calvin; Briggs, Rhoda; Brittan, Darel;

Christensen, Terry; Copa, Hope; Crowe, Gary; Defoe, Charles; Defoe, Theresa; Fairbanks, Gary; Glasgow, Edith; Headbird, Kathleen; Huhn, Cheryl; Jefferson (Drucker) Mary; Josephson, Charles; Lafave, John; Northrup, Robert; Ostrowski, Lor-

raine; Sjoquist, Mervyn; Smith, Carl; Starr, Neil; Syverson, Kathleen; Trotterchaude, Rex; Wiley, Tanaya; Wright, Frances.

Briefs

and receiving medical and behavioral social supports. The total cost of the project is \$4.5 million.

Most recently the Reservation received an additional \$800,000 from Minnesota Housing's Tribal Indian Housing Program in May 2008. The planning department is awaiting a final funding decision to be made by the end of October on a \$200,000 grant from Minnesota Housing and a \$300,000 grant from the U.S. Dept. of Housing and Urban Development. The remaining funding has been secured, and comes from a variety of federal, state and non-public sources.

Waste site hours change

The University Road waste site hours will be from 7:30 a.m. to 8 p.m. Monday through Friday and from 8 a.m. to 4:30 p.m. on Saturday and Sunday, effective June 28.

Items can be dropped off at the Waste Site, and include: household garbage and household hazardous waste, such as cleaners, paint, and oil, electronics, appliances, and recyclables, including paper, plastics, aluminum, glass and cardboard. Household garbage is also collected at the Waste Site. Call (218)878-8069 for further information.

Towing postponed; cash offered for old cars

The time Reservation residents have for removing old cars and trucks from their property has been extended, said Barb Perttu, FDL Housing Director. Mark's Towing is working with the Reservation officials to provide \$50 to \$100 for used vehicles. For more information, call (218) 390-2504.

Black Bear Reservations

FDL Band Members may receive a discounted rate at the Black Bear Casino and Resort Hotel of \$45 per night by showing their tribal identification card, according to Corey Van Guilder, Hospitality Manager.

Reminder to all propane customers

FDL Propane wants to remind all propane customers to check their tanks and call (218)879-4869 for additional fuel when their tanks are between 20 percent to 40 percent full.

Accounting notice to all FDL Band Members

Please keep your address and your children's addresses current so you receive future correspondence from FDL Enterprise Accounting. If you and/or your children have changed residences or plan to change residences, contact Patti at (218) 878-2674 or call toll free, (800) 365-1613, Ext. 2674.

Don't just dump unwanted pets

Anyone with an unwanted pet is encouraged to call the Friends of Animals Humane Society on Highway 33 in Cloquet at (218) 879-1655. The Friends will care for the animal and attempt to have it adopted into a loving home. Unwanted litters are welcomed at the Friends facilities.

Please return books!

Those who have borrowed books from the Tribal Center Library are urged to return them so others can read them. Thank you.

Vainio receives UMD Medical Alumni Award

Dr. Arne Vainio will receive the

University of Minnesota Medical Alumni Society's Early Distinguished Career Award at its annual celebration banquet on Sept. 26, 2008, in Minneapolis.

Vainio is the first American Indian and first Duluth alumnus to receive this award. An enrolled member of the Mille Lacs Band, Vainio has been a family practice physician at the FDL Min-No-Aya-Win Clinic since 1997, works at the Duluth Family Practice Center and volunteers at UMD's Medical School. The story was reported in Indian Country Today.

Wisconsin Point land deal in state of limbo for now

The process that began in 2003 to transfer Lake Superior's Wisconsin Point from the federal government to the Bureau of Indian Affairs remains on hold, awaiting a decision as to whether or not the application and 1,000 pages of supporting documentation needs to be redone, said Tim Krohn, FDL Geographic Information Specialist. The historically-significant

mile-long point would be held in trust by the Fond du Lac Reservation.

After the initial application was submitted, the U.S. Coast Guard requested that a small plot of land along the shipping canal remain in their domain, causing the federal government to request that the application be resubmitted.

Historically, Wisconsin Point was the home to many Fond du Lac Band Members until the early 1900s, most notably among them, Chief Osawgee, who was instrumental in ensuring that the point was included in the 1854 treaty. The Chief lived at the end of the point, died in 1875 and was buried there. Many FDL Band Members lived on the point until the land became attractive to U.S. Steel in the 1800s. The struggle for ownership extended for many generations until a Wisconsin judge declared that the land be legally deeded to the corporate interests.

How to sign up for the School Clothing Assistance Program

Beginning in August 2008, clothing assistance checks will be sent to enrolled children between the ages of six and sixteen. For those under age six and over sixteen, proof of school enrollment must be sent to the following address by July 15: School Clothes Assistance Program, Attn: Rita, Fond du Lac Tribal Center, 1720 Big Lake Road, Cloquet, MN 55720.

For more information, call Rita at (218)879-4593.

Odeimini Giizis (Strawberry Moon) - July 2008

Cloquet Community Center in black 218-878-7510 • Sawyer Community Center in blue 218-878-8185 • Brookston Community Center in red 218-878-8033 • Ojibwe School in brown Health Services in green

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOTICE: For more information on Brookston activities including location and time, call Karrie at (218) 878-8048 or Dena (218) 878-8074		CAIR – WIC 12-3PM MNAW– CPR/First Aid 8:30-4:30PM School Board Mtg. Sewing 5–8 PM Youth Baseball 1-3PM Park Point Beach	NYG 3:30-5PM Elder Concern’s Group 10AM ENP Sandy Lake	Drum Group 6-8PM CAIR- CPR/First Aid 8:30-4:30PM Student’s Last Day Sewing 5–8 PM T-Ball 1-3PM		Movie Night Swim Lessons 2–6 PM Bon Fire
Swim Lessons 4-6 PM Adult Pool Tourney at noon	Swim Lessons 5-7PM Youth Baseball 1-3PM Girls Connection 5-7PM Girls & Boys Club	Drum Group 6-8PM CAIR – WIC 12-3PM Sewing 5–8 PM Youth Baseball 1-3PM School Board Meeting	Craft Night 4:30-6PM Swim Lessons 5-7PM NYG 3:30-5PM Elder Concern’s Group 10AM ENP Molstad’s Lake	Women’s Night 6-8PM T-Ball 1-3PM Tubing at Sommerset	Admin Last Day Movie Night 6–8 PM T-Ball 1-3PM Movies in the park; bus leaves 7:30 p.m.	Swim Lessons 2- 6 PM Veteran’s Powwow
Family Picnic 2-4 PM Veteran’s Powwow	Swim Lessons 5-7PM Youth Baseball 1-3PM Girls Connection 5-7PM	Drum Group 6-8PM MNAW – WIC 12-3PM Sewing 5–8 PM Youth Baseball 1-3PM Park Point Beach	Craft Night 4:30-6PM Swim Lessons 5-7PM NYG 3:30-5PM Elder Concern’s Group 10AM ENP Sandy Lake	Drum Group 6-8PM T-Ball 1-3PM	Diabetes Support Group MNAW- 9:30 – 11:00 AM T-Ball 1-3PM Movies in the park; bus leaves 7:30 p.m.	Valley Fair Trip Community birthday 3 p.m.
Family photos; 3-5 p.m.	Swim Lessons 5-7PM Youth Baseball 1-3PM Girls Connection 5-7PM Girls & Boys Club	Drum Group 6-8PM MNAW – WIC 12-3PM Sewing 5–8 PM Youth Baseball 1-3PM Family tree	Craft Night 4:30-6PM Swim Lessons 5-7PM NYG 3:30-5PM Elder Concern’s Group 10AM ENP Jay Cooke Park; bus leaves 3 p.m.	Women’s Night 6-8PM T-Ball 1-3PM Drum Group 6-8PM	Movie Night 6–8 PM T-Ball 1-3PM Ice cream social 1-5PM Movies in the park; bus leaves 7:30 p.m.	Pool & Cribbage Tourney 1 PM-Done Barbecue 2-4 p.m.
Enrollee Weekend Omnimax; bus leaves 1 p.m.	Swim Lessons 5-7PM Youth Baseball 1-3PM Girls Connection 5-7PM Girls & Boys Club	Youth Baseball 1-3PM Park Point Beach	Swim Lessons 5-7PM NYG 3:30-5PM Elder Concern’s Group 10AM ENP Karaoke Day	T-Ball 1-3PM		



Trey Kettelhut, 14, took these porcupine photos late this past spring near his family’s home which is located near Hwy. 210. Trey is the son of Dannell and Chad Kettelhut.