

Nahgahchiwanong (Far end of the Great Lake) Dibahjimowinnan (Narrating of Story)

STATE — of the — BAND

Chairwoman Karen Diver speaks to the crowd at the State of the Band address, Feb. 21.



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Local news

State of the Band

By Zachary N. Dunaiski

Another year has come and gone, and one of the biggest staples of the early year is the State of the Band address. The Black Bear's Otter Creek event center housed a crowd of Band members who came and listened to Chairwoman Karen Diver and Secretary Treasurer Ferdinand Martineau speak about the state of the Band as we continue through 2013.

As it did a year earlier, this State of the Band address got off to a sad start, honoring Sandra Shabish for her service and dedication to the Band.

Chairwoman Diver spoke on many different topics, but the biggest that she touched on was once again the Fond du Luth case with the city of Duluth. The chairwoman informed

the crowd that the city of Duluth's appeal to have the case heard by the panel of judges is, "DENIED, in all capital letters," as Chairwoman Diver put it. Now the only option moving forward for the city of Duluth would be to go to the Supreme Court, but beforehand the case still has to go back to the District Court.

"Supreme Court might be an option, but generally the Supreme Court only accepts cases that have national policy implications. They're not interested in contract disputes that don't have legs and implications for other

people," Chairwoman Diver stated during her State of the Band address.

"Donnie Ness has been very clear in talking about the Band and saying we haven't been to the table. I assure you that that is absolutely a lie. In fact the only two times that we

talked across the table was at the request of the Fond du Lac Band," Diver said.

After moving on from the Fond du Luth case, Diver brought up another of the Band's long term goals (not scheduled for 2013), which is to get the forestry center land back. The chairwoman stated that we're not quite ready to make it a goal for this year, but just wanted it mentioned.

"The forestry center was one of the biggest and most atrocious land grabs within our borders and we're not going to let them [make it a place] that nobody can even drive through," Diver said.

The chairwoman then went on to speak about exclusions, informing everyone that it's not an easy decision to make, and referring to it as "among the toughest decisions that we make as a Tribal Council," and adding that it's a safety issue.

"We like to remind people that the exclusion ordinance isn't meant to punish the person who did the thing. It is about protecting the rest of us. We view the exclusion ordinance as somewhat like a giant



Secretary Treasurer Ferdinand Martineau discusses the Band's financial situation at the State of the Band address.



Chairwoman Karen Diver speaks to the crowd at the State of the Band address.

order of protection... there is some duty to provide protection for the rest of us."

The last major topic that was brought up at the State of the Band was the walking trail and major road work scheduled on Big Lake road planned for this summer. Originally this was addressed at last year's State of the Band address, but the floods on June 20 delayed that project as there were safety and emergency road projects that needed to be taken care of first. The bike/walking path (as well as turn lanes on Big Lake Rd.) is back on the schedule for 2013.

Chairwoman Diver also spoke about the flood damage, road

work, the bridge that will be built on Reservation Rd., the radio stations purchased and the equipment and benefits that come with it, Veteran's housing coming in early summer, treaties for hunting and fishing in Wisc. as well as the wolf hunt, the language immersion camp, the new waterline, the different forms of communication to get out information, the economic impact study, the bi-lingual sign project, public safety and adding more officers, use/abuse of prescriptions drugs, Tagwii, activities for the youth, land purchase of reservation land, CAIR expansion, and the affordable health care act.

Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

Local news



The students at the Ojibwe school learn a Russian dance.

Russian Spectacular at the Ojibwe school

The Russian music, dance, and song ensemble

Barynya made a stop at the Ojibwe School Feb. 3. They are a world-renowned group known as the premier Russian folk ensemble.

The group performed Russian, Cossack, Ukranian, Jewish, and Gypsy Roma traditional dancing, songs, and virtuoso performances for the school. They played instruments including the balalaika, garmoshka (Russian folk

button accordion), and balalaika contrabass.

They performed every dance in different sets of beautiful costumes which were hand-made. At one point a dancer in a bear costume danced with a member of the school staff. Each costume is inspired by the place where the dance originated. Before each dance a short explanation was given about the costumes the dancers wore and how that applies to each culture's unique-

ness.

Barynya even taught the kids a few important Russian words, as the students in the audience shouted them back. Some of the words they learned were words like "spasibo" meaning thank you, "pozhaluista" meaning you're welcome, "privet" hello, and "poka" meaning good bye. They also learned to count to ten in Russian. It was an educational and entertaining experience for the school.

Benefit for Myrna Savage

On Sept. 24, 2012 Myrna Savage (wife of Brad) of Sawyer, Minn. was diagnosed with Stage 2 Rectal Cancer. She is currently going through chemotherapy and daily radiation for a total of 5 weeks. When this is completed, she will be having surgery followed

by an additional four months of chemotherapy. Her treatment is being done in Duluth. Myrna has been employed as a public health nurse at Fond du Lac; however, she is no longer able to work. Money raised will help with medical expenses.

There will be a spaghetti din-

ner (\$5), silent auction, and homemade egg rolls (\$2) on Saturday Mar. 23 from 11 a.m. to 3:30 p.m. in the Tribal Center ENP. Donations can be made at any Wells Fargo, just mention Myrna Savage Benefit Account.

Transit of the year award

By Zachary N. Dunaiski

Jim Towers has been working for Fond du Lac's Transit department since 1992, and his work 20 years later in 2012 is getting him recognition as employee of the year.

Every school day for Towers starts out by driving to east Duluth to pick up children for school, and driving all the way back to the Ojibwe School.

"My favorite part is that I like to work with kids, I just enjoy my job all the way around. Picking them up in the morning, saying good morning to them, and taking them home," Towers said of his work. He's been a full-time bus driver for the FDL transportation since 2002. And he's been helping out with the shorthanded transit team for the last 6 years.

Towers enjoys taking elementary kids to their basketball games on the weekend, because he enjoys getting to watch them play and have fun.

"And a lot of them I know, and I try to encourage them when they make a basket. I just really like to watch the kids play."

While Towers truly loves his job, something that can be noticed by anyone who sits down and talks with him for even a few minutes, he admits that his job isn't all great.

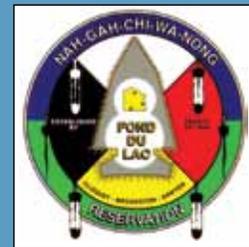
"There are pros and cons to every job and there is with this too, but I really enjoy my job and working with my coworkers. I enjoy my training as well."

For the last year or so, Towers has also been training other drivers. He trains bus drivers and has been doing a little bit of training on the transit side of his job as well. Towers estimates that he's trained in about 5 new drivers in the last 4 months for both transit and school bus drivers.

"With school bus driving, sometimes they ran into a situation where they needed a driver, or they needed somebody to do something and I always volunteered. With transit there were times this summer where they were short handed and really in a bind and I told them I'd help them out. So I would pick up people for work," Towers said of why he thinks he won the award.

"I never say no, I was always willing to help out." It's this great attitude that certainly led to him winning this award. Towers is also one of the drivers who can drive for either transit or the school. He chose to, so he helps out with transit when they need him to fill routes. Towers even occasionally drives for head start.

"I really appreciate getting this employee of the year [award], I really do, and I'm hoping it encourages other people to strive for it," Towers said. He also wanted to thank Dan Lund who hired him.



A few thoughts from RBC members

From the Chairwoman

There are a couple of updates on issues we have updated you on previously. Polymet Mining has a new CEO, Jon Cherry, who has reached out to Fond du Lac, as well as other tribes, about new developments with the operations of the mine. Water quality issues have been a key barrier to Polymet getting their permits. Polymet has informed the Band that they will be putting a reverse osmosis system that will clean the water that is used in production. A second reverse osmosis system is being planned for the water in the tailings basin. Tailings basins hold waste by-



Karen Diver

products from production and cause environmental issues on their own. Tailings basins usually have liners that hold the waste, and the water that leaks out of the basins has toxins in it. The basin liner that Polymet now plans will collect the water to be treated by a second water treatment system. These are significant concessions for a mining company to make, as well as major financial commitments to cleaner water.

Another issue was requiring the company doing business to have a bond to cover any future issues that may come up environmentally, so that citizens do not have to bear the cost of clean-up. Polymet has

resisted that idea, but now has committed to having a financial assurance package that is big enough to cover both future costs, and the cost to administer any clean-up.

Finally, there will be further discussions with Fond du Lac about using our research and expertise in restoring previously degraded wild rice waters. All in all, these decisions by Polymet will have a positive impact on future mining projects because it will be hard for companies to make the arguments that water treatment, financial assurances, and environmental stewardship are too expensive.

Enbridge Energy has begun discussions with the Band about adding one more pipeline to their current right-of-way

through the Reservation. Additionally, they may expand the right-of-way to replace an existing line that is getting older. There has been some misinformation out there about this project. First of all, the Tribal Council has not yet decided to move forward with the project. The new pipeline will be bringing oil from the fields in North Dakota. For the pipelines already in the ground, there is no agreement where Fond du Lac controls the amount of product moved through the pipes. As we review the project, we will be looking at multiple factors including the environmental impacts of expanding the existing right-of-ways versus alternative routes. We will keep the community updated as we move along in this process.

Finally, the State of Minnesota has decided to cancel the 2013 moose hunt for state hunters due to declining population. The Band's wildlife biologist, natural resource staff, and the ceded territory committee will be reviewing moose data to make a recommendation to the RBC about the tribal moose hunt. No decisions have been made yet, but the decision will be made in a thoughtful manner that best balances the needs of Band members with the Band's commitment to environmental stewardship.

Please let me know if you have questions or comments at the office (218) 878-2612, cell (218) 590-4887 or email karendiver@fdlrez.com.

Boozhoo niiji,

I hope this column finds you in good health and good spirits. We have been dealing with a lot of issues with violence and drugs lately. The result has been exclusion for more than a dozen Band members. They have lost their homes if they were living in a reservation home and they lost their jobs if they were working for us. These decisions have been the most difficult for me and I am sure for the rest of the council. The people are relatives, friends, neighbors,



Ferdinand Martineau

and all Band members. The one thing that makes this decision important though, is the safety of our community. We were asked by the community to adopt these ordinances to protect them and they have stood behind these decisions.

There are several questions being asked about spearing and netting on Mille Lacs this spring. We are going to have a season, but our quota is going to be reduced because of some concern about the fish population. The tribal and state biologists who monitor the lake are not sure what the problem is

but want to reduce the harvest this year to begin to figure out what is happening. We will be down from 20,000 pounds to 13,000 pounds so if you plan on going make sure you get there early.

The new Sawyer Representative has taken office. His name is David Tiessen Jr. He is eager to listen and learn. He has some huge shoes to fill as Sawyer rep. following Sandy, Butch, Darryl, and Herman. Good luck David and welcome aboard, I look forward to working with you on the issues facing the reservation.

We hope you were able to stop by the convention center for our State of the Band ad-

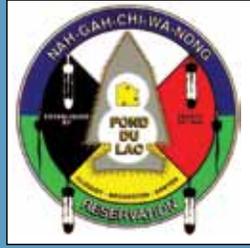
dress on Feb. 21. It was open to all Band members and refreshments were served.

I would like to end my column this month with some personal thoughts. I have lived on the reservation in the same general area most of my life. I have seen immense changes take place and have been a part of some of them. I have seen our housing stock grow from 25 units in the '60's to over 300 units today. I have watched our education system grow from an old trailer to a multi-million dollar state of the art building. I have watched our health delivery system become the leader in "Indian Country" in health services. Most every depart-

ment here has grown into recognized leaders in their field of expertise. I have also watched our drug and violence issues grow. I have searched on my own for years, talked to others, and tried things with little success to combat its expansion. If you have some insight on these problems please let me know.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com.

Gigawaabamin.



A few thoughts from RBC members

Sawyer News,

I would like to thank everybody who voted in the elections. I am honored and privileged to have been chosen to represent the district of Sawyer and I am looking forward to making some positive changes in our community as well



David Tiessen Jr.

as the Reservation as a whole.

I would also like to thank the rest of the RBC members and staff in welcoming me with such enthusiasm. It will be great getting to know and work with all of you. I am eager to learn and work with you in every way I can.

I will have a lengthier column in the future after I settle in, but

in the meantime feel free to contact me with any ideas, questions, or concerns. I am here to work with the community in bettering ourselves as a people.

You can e-mail me at dave_tiessen@yahoo.com, or call (218)269-9879, or reach me on Facebook at David Tiessen Jr. Again, thank you.

Hello All

Just to update you on our community center activities. On Jan. 19, the band Foreigner played at our convention center. Prior to the concert, the band asked for a choir group to perform with them. As such, our community center staff organized a choir group, called themselves "Storm Crows," held practices, and prepared themselves to sing with the band, Foreigner. Good job Storm Crows. You can view their performance on our FDL web site.



Wally Dupuis

We are offering a number of different activities on a regular basis at the center and each are becoming bigger and better attended. A list of activities schedules are also posted on our website. Please feel free to participate. We are currently planning for the upcoming little league baseball program again this year, as it was a huge success last year.

I have spoken with our planning staff and have learned that they are planning to put a bridge over the washed out Otter Creek on Reservation Rd. It is currently in the first stages of planning and engineering. I think the bridge is the best fix and will be a permanent fix after the damage that occurred last summer in the floods. Also our Planning Division is getting the preliminary drawings and engineering for the walking/biking trail. It was delayed a bit but is currently back in the process for 2013. Again, this will include turn lanes and lights at the intersections of Trettel Lane and Big Lake Rd. as well as, university Rd and Big Lake Rd. I am looking forward to the start of these projects.

As always, please feel free to contact me anytime Work (218) 879-8078 Cell (218) 428-9828 or email wallydupuis@fdlrez.com.

Special election complete, Tiessen takes office

Feb. 11, David Tiessen Jr. was sworn in to the District II (Sawyer) representative seat by his wife Tara Tiessen.

The post was vacated in September when then RBC member Sandra Shabiash passed away. Shabiash took over as the Sawyer Representative in Dec. 2006.

Tiessen won the general election on

Jan. 29 after being one of two finalists from the primary election in Nov. While Tiessen wasn't out in front after the primary election, receiving 33 votes to Russell "Russ" Northrup's 44 votes, he did win the general election receiving 98 votes to Northrup's 69. Tiessen has been willing and ready to help the community from the moment he entered the election process,

as he stated in his own candidacy letter.

"The reason I am running for this position is to do something about the drug problem that has been plaguing our reservation and killing our people at a very dramatic rate. There is no surefire way to do this, and it is not a one man job. I realize that it will take a community effort to push these poisons from our reservation, and I am prepared to work my hardest to make this community the best place for this generation and those to come."

In his candidacy letter, Tiessen also spoke about some of the ideas he'd already been speaking to the community about.

"Some are mine, but a lot of them I have received from the community. I believe that if you want to represent the people and be their voice, you have to talk to them and listen to what they have to say. I know that I have the compassion and empathy needed to serve at this position because I can listen to people's concerns without judgment or prejudice. I want what everybody else wants, a good place to live my life and raise my family free of danger. Let me be your voice and let's do this together."



Dennis Peterson (left) shakes David Tiessen Jr.'s hand after he is sworn in as the District II (Sawyer) Representative.

Public hearing; community development block grant
Enrollees of the Fond du Lac Band are encouraged to attend a Public Hearing to discuss the application for: 2013 Indian Community Development Block Grant Funds.

The hearing will be held on Wednesday, Mar. 6 from 2 to 3 p.m. at the Fond du Lac Tribal Center at 1720 Big Lake Road in the Tribal Center classroom room 1410.

A copy of the Community Development Statement will be made available during the week of Mar. 4 in the Fond du Lac Planning Division.

Public meeting for walking trail

The Fond du Lac Band of Lake Superior Chippewa is building a pedestrian and bicycle trail, Gikinoo Inamon Trail (Big Lake Road Trail), from the Fond du Lac Ojibwe School to the City of Cloquet along Big Lake Road. It is being created to serve the needs of our community. Project staff expects it to be complete in 2013.



These are the 3 winning puppies at the cutest puppy competition held Jan. 26 in the Otter Creek event center. 1st place Maxx (left), 2nd place Bryson, and 3rd place Isis (right) with their owners.

The meeting will take place Wednesday Mar. 6 at 6 p.m. in the Fond du Lac Tribal Center Community Room, 1420.

Diabetes Prevention Program, "get your blood sugar tested"

Have your blood sugar checked at a community screening for your chance to win an iPad or \$500 gift card to L&M or Gander Mountain. There will be 4 drawings. One held each month for the months of Feb., Mar., Apr., and May. Each participant will also be given two tickets to hand out to friends and family for a chance to win a \$50 gift certificate in gas or grocery.

To be eligible, participants must be:

- 18 years of age or older on the date of the blood sugar screening
- American Indian
- Eligible for services at the MNAW and/or CAIR clinics
- If already diagnosed with diabetes or pre-diabetes you can participate by getting your blood sugar checked at a community screening also. Each participant may only

be screened once in the four month event. Once screened, their name stays in the raffle for the entire four months unless they win. Each participant may only win once. Get tested early and increase your chance of winning.

Fond du Lac Human Services medical department as well as their spouse and household members (whether related or not) are not eligible.

The contest starts Feb. 5 and ends May 31.

Questions? Attend a community screening.

AVANCE second year, first look for many

Did you know the highly successful nationwide parent program called Avance has been in our community for almost two years now?

Avance is a support initiative that has potential for much wider participation in the Fond du Lac community. Help us spread the word about this program that aids parents with young children, so that we can offer assistance to as many potential participants as possible.

The Fond du Lac Band of Lake Superior Chippewa was chosen as recipient of a grant funded by the W.K. Kellogg Foundation to expand on the highly successful forty-year Avance program that has its roots in San Antonio, Texas.

The goal has been to broaden AVANCE's success to other communities across the country. The first year flew by at FDL and the initial graduating class appeared to benefit greatly by the experience.

As the second year continues, the new participants have had

a great time this past month with trips to the Duluth Children's Museum and the Great Lakes Aquarium. There are numerous educational opportunities each and every week for parents and children alike as the curriculum strives to unlock potential through effective parent education and support programs.

Please look for sign-up opportunities with AVANCE's third year at FDL that will be coming in the months ahead in preparation for the 2013-2014 session that begins next September and runs for nine months before graduation in May of the following year.

The program is free and transportation is provided at no cost for those that are in need. For further information, call Betty Anderson at (218) 878-8121 or e-mail her at bettyanderson@FDLrez.com.

Supportive Housing help

Fond du Lac Supportive housing is now accepting applications for their efficiency, one, two, and three bedroom apartments and townhomes.

To qualify, applicant(s) must meet the definition of "Long Term Homeless." This means lack of a permanent place to live continuously for a year or longer or at least four times in the past three years. Any period of incarceration or institutionalization is excluded when determining the length of time the applicant has been homeless. Qualified individuals must meet the established income guidelines.

For more information and an application, please contact D. W. Jones Management, Inc. at (218) 326-5314 or (888) 326-

5314 MN Relay 711 or www.dwjonesmanagement.com

Fond du Lac Supportive Housing is equal opportunity housing.

Fond du Lac Band of Lake Superior Chippewa Tribal Court Notice of name change

Case No.: NC-003-12

In The Matter of: Joshua Allen Defoe Tiessen, Minor Child, Briana Houle, Petitioner.

Notice is hereby given that on February 4, 2013, an Order was issued changing the name of the minor child, **JOSHUA ALLEN DEFOE TIESSEN**, to **JOSHUA WILLIAM HOULE**.

Niizhwaaswi Miigiwewinan Anishinaabe-Gikendaasowin

(The seven gifts/principles of Anishinaabe knowledge)

Nibwaakaawin (Wisdom): To cherish knowledge is to know nibwaakaawin.

Zaagi'idiwin (Love): To know zaagi'idiwin is to know peace.

Manaaji'idiwin (Respect): To honor all of the Creation is to have manaaji'idiwin.

Zoogide'iwin (Courage): Zoogide'idiwin is to face the foe with integrity.

Gwayakwaadiziwin (Honesty): Gwayakwaadiziwin in facing a situation is to be brave.

Debasendizowin (Humility): Debasendizowin is to know yourself as a sacred part of the Creation.

Debwewin (Truth): Debwewin is to know all of these things.

To learn more go to www.protectourmanoomin.org.



Health News

Biomonitoring study appointments begin

The biomonitoring study we've been talking about has begun. On Jan. 2, staff at the Community Health Services Department began enrolling people in the Fond du Lac Biomonitoring Study. So far, over 55 people completed the study appointment. Study staff randomly selects people from a list of community members and invites them to take part. If you are chosen, biomonitoring staff from the Community Health Services Department will call to ask if you are interested in participating and if so, will schedule an appointment. The appointment may take up to 1.5 hours to complete.

The biomonitoring study is the result of a partnership between Fond du Lac and the Minnesota Department of Health to conduct a biomonitoring study to determine if people living near contaminated sites may be more exposed to persistent environmental chemicals, including mercury and other

metals, polychlorinated biphenyls (PCBs which includes a group of industrial chemicals that are currently banned), and pesticides. Other chemicals of concern found in consumer products, such as perfluorinated compounds (PFCs which is a group of chemicals used in products to resist heat, stains, or moisture), bisphenol A (a chemical found in plastics and food/beverage can linings) and triclosan (a chemical found in consumer and personal care products) will also be measured. In addition to testing blood and urine for environmental chemicals, blood will be tested for hemoglobin A1C and total cholesterol as a health benefit to participants. These results will inform people about their risk for diabetes and cardiovascular disease.

Hemoglobin A1C, blood pressure, and cholesterol results will be mailed to participants a few weeks after the appointment. If levels of mercury, lead, and cadmium are

high in some people, they will receive these results quickly as well. The rest of the results will be available in the summer of 2014. If you have questions about your results, FDL biomonitoring study staff, including a public health nurse, will be available to answer your questions. The response from the community has been excellent, but we need your help to complete 500 appointments by Sept. 29, 2013. If you are contacted, please let study staff know as soon as possible if you want to be part of the study. If you have to cancel your appointment, please call the biomonitoring study telephone number (218) 878-2193 so someone else can fill your slot.

If you would like more information about the study go to:

<http://www.health.state.mn.us/divs/eh/risk/studies/tribalstudy.html>

National Nutrition Month

March is National Nutrition Month. The Academy of Nutrition and Dietetics has been celebrating National Nutrition Month for 40 years. The theme for 2013 is "Eat Right, Your Way, Every Day." This March, the Academy encourages Americans to return to the basics of healthy eating. The focus is on developing a personalized, healthy eating style that considers the individual's food preferences, lifestyle, culture, and ethnic traditions and health concerns (referenced directly from The Academy of Nutrition and Dietetics).

Try to think of just one diet plan that has worked, long-term for you, your neighbor, a friend, a co-worker, and a sibling. There isn't one. Everyone is different with different preferences and situations. By working with a registered dietitian, you can develop a personalized healthy eating plan that follows the 2010 Dietary Guidelines and the MyPlate messages. A registered dietitian can help you incorporate most foods into your healthy eating plan.

Part of this year's National Nutrition Month message includes not only developing a healthy eating plan to fit your tastes but also to fit with certain health conditions you may have. Some examples include:

If you have high blood pressure or heart disease:

- Balance calories and physical activity to manage weight
- Increase fruits, vegetables, whole grains, fat-free or low-fat dairy products
- Consume less salt, fat, and added sugars

Diabetes suggestions include:

- Eat the right amounts of carbohydrates, protein and healthy fats
- Eat meals and snacks regularly
- Keep track of what kinds of food you're eating

Overweight and obesity suggestions include:

- Balance calories taken in with calories used (physical activity)
- Increase fruits, vegetables, beans and whole grains
- Monitor portion sizes

It is not too late to have a goal of becoming a healthier person in 2013. Consult your Health Care Provider for a recommendation and referral to a registered dietitian and a personal trainer. Get moving in the right direction for a lifelong change to a healthier you.

-Sources include www.eatright.org and Mayoclinic.com

March is Colorectal Cancer Awareness month

American Indians and Alaska Natives and Colorectal cancer

- Colorectal cancer incidence rates for American Indian/Alaska Native women and men are significantly higher than in non-Hispanic whites.
- Most American Indians are less likely than non-Hispanic whites to be screened for colorectal cancer or to be diagnosed with colorectal cancer in its earlier, easier-to-treat stages.
- Death rates and incidence among this population for a number of cancers varies from one geographic region to the next. Colorectal cancer inci-

dence is higher in Alaska and the Northern Plains.

If detected early, colorectal cancer can be more easily and successfully treated.

Colorectal Cancer Prevention

- Be physically active for at least 30 minutes, at least five days a week.
- Maintain a healthy weight.
- Don't smoke. If you do smoke, quit.
- If you drink alcohol, have no more than one drink a day if you're a woman or two drinks a day if you're a man.
- Eat fruits, vegetables, and whole grains to help you get and stay healthy.

- Eat less red meat and cut out processed meat.

Colorectal Cancer Early Detection

If you're at average risk for colorectal cancer, start getting screened at age 50. If you're at higher risk, you may need to start regular screening at an earlier age and be screened more often. If you're older than 75, ask your doctor if you should continue to be screened. The best time to get screened is before you have any symptoms.

Source: *Prevent Cancer Foundation, Department of Health & Human Services, Indian Health Service and Center for Disease Control*

Chief Naganub

One That Sits Ahead or Foremost Sitter, his wives and some of his children

Research by Christine Carlson

Nahgahnab's early beginnings-thanks to the research of Tim Roufs

A baby by the name of Nahgahnab was born. Sadly he was born too early and it was cold and he died. About a year later another boy was born and was named Gay-bay-binayss. This boy was then given the name Nahgahnab. The name was transferred from brother to brother. Thus the start of the life of Nahgahnab.

Mar. 4, 1836 Ely diary mentions Naganab in the Old Village of Fond du Lac

Naganab arrived this afternoon; inquired concerning the Indians, their gardens, sugar-camps, etc.

In 1849 Naganab sees the President - The New York Times of June 27, 1897

In 1849 Chief Naganub went to Washington in the interests of his people where he met President Zachary Taylor, and was treated with great respect and consideration.

1850 Census of the Fond du Lac Band

Number 129 is Nah-gonub and he is listed as a sub chief. Listed are 1 man, 1 woman, and 3 children for a total of 5 in the family.

Chief Nagonub from Wisconsin Historical Collections Vol.iii - 1855

Chippewas, especially the chiefs, are Mormons in marriage. Nagonub had four wives, but embracing the Catholic faith, he con-

sent to the order of the priest, who married him to one-his favorite wife-and divorced him from the other three. He had a beautiful little girl of four, and a boy of six years.

The chief, like all his race, had no disinclination to the gambling table. We have seen him, with ten or twelve others-red, half-breed, and white,- in their lodges, around tables-games, brag and poker-stakes on the table, ranging from \$10 to \$40 or \$50.

Baptismal Records from Superior, Wisc.

In March of 1859, a child by the name of Paulus was baptized. Paulus was born Nov. 27, 1858 to Josephus Naganab

and Maria Mijakawadokwe.

1865 Minnesota Territorial Census for Lake County, Minn.

Family number 21 is Joseph Naganab and wife Mary. Their children are Angelie, Agatha, Jerome, George, Isabella, Margaret, Mary, and Thomas.

1886 Census of the Fond du Lac Band of Chippewa

The first family is Naganab who is age 85. His

wife is Wa-wa-gan-kwe who is age 83 and their grandson is John Baptiste who is age 6.

1889 Census of the Fond du Lac Band of Indians

Family number one is Chief Nahgahnub who is 90 years old. His wife Mary is 70 years old and living with them is their grandson John Fay who is 10 years old.

Pine Knot - Sept. 10, 1892

Chief Naganub came down from the reservation Monday and had his photograph taken. He is 107 years old, blind and feeble. It is hoped he may soon be induced to reveal the location of that silver mine which he has so often referred to, and so often refused to divulge.



Chief Naganub, photo courtesy of Carlton County Historical Society.

1893 Census for the Fond du Lac Band

Family number 1 is Nahgahnub (Chief) who was 93 years old. His wife is Mary age 80.

Naganab's Wife Mari Omisha-qua

Mari Omishaqua - the Sweet One was at his side comforting him at the time of his death.

Old Naganab Gone- Duluth News Tribune of June 7, 1894

The old chief of the Fond du Lac Indians, Naganab, died on the reservation near Cloquet Tuesday, of old age and general debility. He had been blind for over two years and for the last few months had been confined to his couch, but never had been so enfeebled as not to be able to take an active part in the counsels of his tribe.

In many respects Naganab was a remarkable man. He was closely associated with the fur traders and early settlers of this general region, and while yet a very young man was engaged by Gen. Lewis Cass to assist him in negotiations for peace with the Sioux. These associations enkindled in him a warm regard for the white man, whose friend he has always been. He was well known in Washington from 1840 to 1865, being frequently called there at the invitation of the government to assist in making the treaties which gave to the United States control of all northern Wisconsin and Minnesota. One treaty which he negotiated and signed is of especial interest to Duluthians, inasmuch as it set apart a square mile of territory now occupied by the busiest and wealthiest part of our city. This same square mile has been in litigation for several years in the celebrated Prentice case, which was forever set at rest last week by the supreme court of the United States. The courts have all decided that the description of the land reserved by the treaty was too vague and indefinite and consequently the Indian title could not

be recognized.

be recognized.

Other treaties of special interest negotiated by the aid of Naganab were the one of 1826, under which the Sioux and Chippewa Indians recognized the authority of the United States and the Bois Forte treaty of 1860 by which the Indians ceded to the government the lands now comprising the Vermillion and Mesaba iron ranges.

Chief Naganab had always lived at the head of the lakes and was about 100 years old. He has no accurate way of recording his age other than associating it with a few incidents that happened in his early manhood. He was about 17 when some white fur traders brought the news of the surrender of Fort Macinaw to the fur company's trading post at Fond du Lac. This would make him about 99 years old.

Naganab will be buried at the reservation today with appropriate Indian ceremonies.

Naganab's sons Sitawash - Antoine and Mingogijigweb - Joseph

Antoine and Joseph were both in their forties in the year 1889. They will be the subject of another story.

Pine Knot - Dec. 7, 1895

The widow of Chief Naganab died on the reservation last Sunday. She was nearly one hundred years old. She was well known in Cloquet and was seen on our streets less than a week before her death walking as briskly as many of one fourth her age.

FDL Law Enforcement news

The following is a summary of about one month of select police reports.

- Jan. 16 Report of suspicious activity at a residence in Sawyer, officers checked the area; unable to locate anyone
- Jan. 16 Report of a burglary on Maple Dr.
- Jan. 17 Gas drive-off at the FDL gas and grocery, charged with theft
- Jan. 17 Assault at the Tribal Center, report taken, forwarded for charges
- Jan. 17 Traffic stop at Reservation and Big Lake Rd, driver cited into Tribal Court for driving after suspension (DAS)
- Jan. 18 Intoxicated female at casino refusing to leave. She left before officers arrived
- Jan. 19 Male using false ID at the casino, he was cited and asked to leave
- Jan. 19 911 hang up calls, officers arrived and everything was ok at the residence
- Jan. 19 Officers did a walk-through at the casino for the concert
- Jan. 20 Taxi driver reporting no pay of cab fare, individual ran off on foot
- Jan. 21 Burglary at Sawyer residence, officers investigating
- Jan. 21 Fire on Danielson Rd, family put the fire out
- Jan. 22 Loud explosion near Loop Dr, officers checked the area
- Jan. 23 Traffic stop on Hwy 210 and Hanratty Rd, driver cited for driving after revocation (DAR) and had no proof of insurance
- Jan. 23 Theft of television from residence on Scotty Dr, officers investigating
- Jan. 23 Report of someone that is banished from the reservation at the casino, he was located and officially served banishment papers
- Jan. 23 Traffic stop on Hwy 210 at casino, K-9 was used, passenger arrested for possession of controlled substance over 2 grams of methamphetamine seized
- Jan. 24 Theft from a residence in Sawyer, officers are investigating
- Jan. 25 Assisted Itasca county in looking for an overdue motorist, checked the casino lot and notified security
- Jan. 26 Female shoplifter at the FDL gas and grocery, female was located and arrested for theft
- Jan. 26 Assisted a stalled vehicle with a flat tire on University Rd.
- Jan. 27 Male in the shower room at the Cloquet Community Center using drugs, male arrested for public nuisance
- Jan. 28 Call of erratic driver on Big Lake Rd, vehicle located and followed, was not driving erratically, just driving slow because of road conditions
- Jan. 29 Call of an assault in supportive housing, parties separated for the night
- Jan. 29 Call of male possibly under the influence at the Sawyer Center. Male arrested for possession of drugs
- Jan. 29 Vehicle in the ditch on Cartwright and University Rd, stood by while they waited for a tow truck
- Jan. 30 Female at FDL gas and grocery arrested for several warrants
- Jan. 30 Report of someone possibly outside occupied residence in Sawyer, officers checked area
- Jan. 31 Report of shots fired in the Sawyer area, checked area unable to locate anything
- Feb. 3 Report of an unwanted person at the Black Bear casino, officers arrived and transported them home
- Feb. 4 Vehicle in the ditch in the forestry center, officers assisted with lights until tow truck pulled them out
- Feb. 5 Theft at the FDL gas and grocery, investigation conducted, charges filed
- Feb. 5 Sharps container stolen from casino, suspect already asked to leave casino when officers arrived
- Feb. 6 Report of domestic dispute on Reservation Rd
- Feb. 6 Report of gas drive-off from FDL gas and grocery
- Feb. 7 Intoxicated male brought to FDLPD by citizen, male was signed into detox
- Feb. 7 Report from FDL gas and grocery, male possibly using drugs in the bathroom
- Feb. 8 Male intoxicated at the Cloquet Community Center, transported to hospital
- Feb. 9 911 hang up call to a non-existent address, officers checked area and were unable to locate anyone
- Feb. 9 Officer special detail presence for boxing at casino
- Feb. 12 Traffic stop on Hwy 210 and Moorhead Rd, driver arrested for DWI
- Feb. 12 Intoxicated male shooting gun at residence in Sawyer, area male arrested for domestic assault
- Feb. 13 Domestic dispute on Whitetail Dr, residents were separated
- Feb. 13 Unwanted male on Reservation road, male was transported to hospital for an evaluation
- Feb. 13 Male standing in the middle of Ridge Rd, not moving for traffic, officers unable to locate
- Feb. 13 Traffic stop Danielson Rd, vehicle stopped for speeding, K-9 used
- Feb. 14 Report of burglary on Ketola Rd, offender went through garage and vehicle missing, under investigation
- Feb. 15 Search warrant executed on Danielson Rd, several individuals arrested for drug activity
- Feb. 15 Assault in the compound, met victim at the hospital individuals charged with assault
- Feb. 16 Report of banished male at the Tribal Center, individual arrested and officially served with banishment papers
- Feb. 16 Traffic stop Airport Rd and Trettel Ln, driver cited in Tribal Court for DAS
- Feb. 17 Fire alarm at the casino/hotel, false alarm
- Feb. 17 Traffic stop on Big Lake Rd and Pinewood Dr, driver warned for suspended object
- Feb. 17 Damage to property at the casino by a child, parents advised
- Feb. 17 Traffic stop Hwy 210 near the casino, driver arrested for possession of drugs.
- Feb. 18 Traffic stop on I-35 and Hwy 210, K-9 used, driver arrested, seized 112 grams of methamphetamine as well as several other drugs

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

ABRAHAMSON, Jacqu	HARDER, Bruce
ANKERSTROM, Arthur	HOULE, Lenore
“Skip”	KESELBURG, Arlene Jeanne
ANKERSTROM, David	LOCKE, Anna Marie
BUDREAU, Deena	NELSON, Catherine
FLYNN, Heidi K.	OJIBWAY, Jeffrey
GALLAGHER, Beatrice	SEARS, Sharine
GOODREAU, James E. Jr.	SMITH, Jay

WRITS AND ORDERS OF EXCLUSION

ISSUED PURSUANT TO FDL ORD. #04/99 AS OF FEBRUARY 13, 2013

ANDERSON, ALICIA ROSE



Date of Birth:
03/31/1989
Date of Exclusion:
01/09/2013
**Allowed to receive
services at FDL Human
Services facilities*

BERRY, JERRY OLLIE



Date of Birth:
07/04/1976
Date of Exclusion:
03/29/2011

COUTURE, SANDRA KAY



Date of Birth:
03/07/1973
Date of Exclusion:
12/05/2012

FOHRENKAM, CURTIS WILLIAM



Date of Birth:
02/11/1986
Date of Exclusion:
05/24/2012
**Allowed to receive
services at FDL Human
Services facilities*

HAGUE, JAMIE LEA



Date of Birth:
01/16/1983
Date of Exclusion:
10/17/2012

ANDERSON, ROCKY



Date of Birth:
11/05/1967
Date of Exclusion:
07/08/2008

BOSWELL, DAVID LEE



Date of Birth:
05/10/1990
Date of Exclusion:
07/27/2011

DEAN, JASON DARWIN



Date of Birth:
11/28/1980
Date of Exclusion:
11/05/2009

FORD, ANTIONE JAYNEAL



Date of Birth:
03/31/1978
*(WRIT ISSUED AS: UN-
KNOWN BLACK MALE IN
WHEELCHAIR FROM MPLS.
AREA)*
Date of Exclusion:
12/09/2003

HERRON, THOMAS JOHN



Date of Birth:
05/17/1958
Date of Exclusion:
03/18/2004

ANDERSON, ROCKY JR.



Date of Birth:
10/17/1992
Date of Exclusion:
10/28/2010

CAMPBELL, BRANDON



Date of Birth:
08/07/1980
Date of Exclusion:
08/06/2002

DEFOE, SHEREE FAYE



Date of Birth:
08/19/1984
Date of Exclusion:
01/09/2013
**Allowed to receive
services at FDL Human
Services facilities*

FRIEDMAN, MICHAEL JAMES



Date of Birth:
07/19/1967
Date of Exclusion:
12/09/2003

HIETALA, WAYNE WILLIAM



Date of Birth:
09/15/1969
Date of Exclusion:
04/27/2010

ANDERSON, TRACY



Date of Birth:
09/01/1973
Date of Exclusion:
07/08/2008

CEGLA, RICHARD SCOTT



Date of Birth:
04/04/1956
Date of Exclusion:
11/06/2003

DEFOE, RACHEL CHARLOTTE



Date of Birth:
01/07/1986
Date of Exclusion:
03/10/2011
**Allowed to receive
services at FDL Human
Services facilities*

FUNDERBERG, AARON SADELL



Date of Birth:
05/03/1980
Date of Exclusion:
03/18/2004

HOLM, DERRICK JOSEPH JASON



Date of Birth:
04/27/1991
Date of Exclusion:
12/20/2012

ANNETTE, DAVID JOSHUA



Date of Birth:
08/20/1982
Date of Exclusion:
03/10/2011
**Allowed to receive
services at FDL Human
Services facilities*

**CLARK, WAYNE ANDREW aka
"BLOODCLOT"**



Date of Birth:
07/21/1966
Date of Exclusion:
02/08/2005

DELILLE, MORGAN RAE



Date of Birth:
09/28/1994
Date of Exclusion:
02/13/2013
**Allowed to receive
services at FDL Human
Services facilities*

GILBERT, TIAGO ANTONIO



Date of Birth:
01/04/1991
Date of Exclusion:
07/01/2010

HOULE, DESIREE FRANCES



Date of Birth:
07/30/1987
Date of Exclusion:
12/20/2012
**Allowed to receive
services at FDL Human
Services
facilities*

BARNEY, DANIEL JAMES



Date of Birth:
07/03/1985
Date of Exclusion:
10/17/2012
**Allowed to receive
services at FDL Human
Services facilities*

COUNCILLOR, JAMES ORVILLE



Date of Birth:
05/25/1994
Date of Exclusion:
02/13/2013

DURANT, ROBERT THEODORE



Date of Birth:
08/23/1983
Date of Exclusion:
05/07/2009

GOODWIN, IRAH LEE



Date of Birth:
04/26/1985
Date of Exclusion:
08/23/2011

JOHNSON, TAMMY RAE



Date of Birth:
01/12/1963
Date of Exclusion:
12/20/2011

BARNEY, DAVID JAMES



Date of Birth:
09/04/1994
Date of Exclusion:
02/13/2013
**Allowed to receive
services at FDL Human
Services facilities*

COUTURE, JOSEPH JOHN



Date of Birth:
04/19/1971
Date of Exclusion:
12/05/2012
**Allowed to receive
services at FDL Human
Services facilities*

FLATT, JACOB JOSEPH



Date of Birth:
05/18/1975
Date of Exclusion:
05/30/2000

GRANHOLM, MICHELLE RENAE



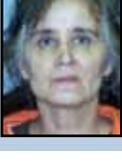
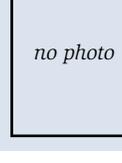
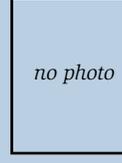
Date of Birth:
02/02/1983
Date of Exclusion:
12/20/2012

JONES, JEREMY MARTIN



Date of Birth:
10/14/1975
Date of Exclusion:
07/31/2008

FOR FURTHER INFORMATION, PLEASE CONTACT THE FOND DU LAC POLICE DEPARTMENT AT 878-8038 OR LEGAL OFFICE AT 878-2632.

<p>KING, BRANDEN RUSSELL Date of Birth: 07/28/1993 Date of Exclusion: 01/09/2013 *Allowed to receive services at FDL Human Services facilities</p> 	<p>LEITH, MICHAEL VINCENT Date of Birth: 12/24/1973 Date of Exclusion: 11/05/2009</p> 	<p>NAHGAHNUB, GIMIWON SKYLAR Date of Birth: 11/04/1981 Date of Exclusion: 01/09/2013</p> 	<p>ROSS, SAGE NIGITCHIGAMIKEW Date of Birth: 11/27/1992 Date of Exclusion: 12/20/2011 *Allowed to receive services at FDL Human Services facilities *Allowed to enter FDL Resource Management and Tribal Court building to attend hearing to which she is a party</p> 	<p>THOMPSON, CLIFFORD JAMES Date of Birth: 04/03/1956 Date of Exclusion: 10/17/2012 *Allowed to receive services at FDL Human Services facilities</p> 
<p>KING, MICHAEL LEE Date of Birth: 06/15/1976 Date of Exclusion: 12/20/2012</p> 	<p>LUSSIER, PATRICK CHARLES Date of Birth: 03/12/1987 Date of Exclusion: 08/30/2012</p> 	<p>OLSON, EUGENE SAMUEL Date of Birth: 10/03/1986 Date of Exclusion: 01/09/2013 *Allowed to receive services at FDL Human Services facilities</p> 	<p>ROY, LEE DAVID Date of Birth: 08/29/1984 Date of Exclusion: 02/13/2013 *Allowed to receive services at FDL Human Services facilities</p> 	<p>TOPPING, SUSAN FREDONIA Date of Birth: 03/12/1960 Date of Exclusion: 12/20/2012 *Allowed to receive services at FDL Human Services facilities</p> 
<p>KORBY, JOHN FRANCIS Date of Birth: 11/30/1980 Date of Exclusion: 12/09/2010</p> 	<p>MARTINEAU, RICHARD ROY Date of Birth: 07/12/1986 Date of Exclusion: 10/17/2012 *Allowed to receive services at FDL Human Services facilities</p> 	<p>PETERSON, ALYSSA RAE Date of Birth: 11/27/1987 Date of Exclusion: 08/30/2012 *Allowed to receive services at FDL Human Services facilities</p> 	<p>SHAW, KATIE ANN MARIE Date of Birth: 07/09/1989 Date of Exclusion: 11/08/2011 *Allowed to receive services at FDL Human Services facilities</p> 	<p>WHITE, CODY WAYNE Date of Birth: 04/17/1978 Date of Exclusion: 09/19/2012</p> 
<p>KUCKER, KYLE ARNOLD Date of Birth: 04/21/1987 Date of Exclusion: 01/27/2011</p> 	<p>MCDONALD, RICHARD JOSEPH Date of Birth: 05/01/1971 Date of Exclusion: 12/20/2012</p> 	<p>PETITE, CHARLOTTE MARIE Date of Birth: 01/12/1985 Date of Exclusion: 11/15/2012</p> 	<p>SIEWERT, MICHAEL WILLIAM Date of Birth: 03/10/1990 Date of Exclusion: 08/30/2012</p> 	<p>WICK, MARLIN Date of Birth: 11/09/1946 Date of Exclusion: 05/17/2011 *Allowed to receive services at FDL Human Services facilities</p> 
<p>LACROIX, GREGORY THOMAS Date of Birth: 06/01/1987 Date of Exclusion: 03/10/2011</p> 	<p>MCMILLEN, TRISHA MARIE Date of Birth: 03/21/1997 Date of Exclusion: 02/13/2013 no photo</p> 	<p>RANDALL, SHAWN ELSON Date of Birth: 11/14/1982 Date of Exclusion: 12/20/2012 *Allowed to receive services at FDL Human Services facilities</p> 	<p>ST. JOHN, FORREST MICHAEL "PORK CHOP" Date of Birth: 08/25/1992 Date of Exclusion: 05/24/2012</p> 	<p>YELLOW, DENNIS IVAN Date of Birth: 02/01/1993 Date of Exclusion: 07/31/2008 *Allowed to receive services at FDL Human Services facilities</p> 
<p>LANGENBRUNNER, SHAUN Date of Birth: UNKNOWN Date of Exclusion: 07/12/2001 no photo</p> 	<p>MROZIK, DIANE LEE Date of Birth: 06/09/1957 Date of Exclusion: 05/24/2012 *Allowed to receive services at FDL Human Services facilities</p> 	<p>REDD, JAMES DEMETRIUS (aka "JR") Date of Birth: 05/08/1973 Date of Exclusion: 06/01/2004</p> 	<p>STIFFARM, KRISTOPHER ALLAN Date of Birth: 10/06/1989 Date of Exclusion: 10/11/2011 *Allowed to receive services at FDL Human Services facilities</p> 	<p>YELLOW, JOSEPH ALLEN Date of Birth: 08/08/1995 Date of Exclusion: 08/23/2011 *Allowed to receive services at FDL Human Services facilities</p> 
<p>LEGORE, BRANDON SCOTT Date of Birth: 02/26/1981 Date of Exclusion: 12/09/2010</p> 	<p>MULLEN, BRODERIC THOMAS Date of Birth: 06/22/1995 Date of Exclusion: 02/13/2013 *Allowed to receive services at FDL Human Services facilities</p> 	<p>ROCK, JERRE LEE Date of Birth: 02/14/1983 Date of Exclusion: 01/09/2013</p> 	<p>THIN ELK, HENRY YAKIMA JR. Date of Birth: 01/22/1986 Date of Exclusion: 07/01/2010</p> 	<p>YOUNG, EDWARD aka "BULLET" Date of Birth: 09/18/1985 Date of Exclusion: 03/18/2004 no photo</p> 

Ashi-niswi giizisoog (Thirteen Moons)

Onaabani-giizis

The new Onaabani-giizis begins March 11. This is the Hard Crust on the Snow moon. Other names for this moon are Bebookwedaagime-giizis, the Snowshoe Breaking Moon; Aandego-giizis, Crow moon; Niki-giizis, the Goose Moon and Ziisibaakwadooke-giizis, the Sugar Making Moon.

Hunting, trapping, and fishing

By Nikki Crowe

Some of the local trappers, hunters, and fishing harvesters from the local area are being highlighted by 13 Moons. I met Dena Allen the other day coming into the Fond du Lac Resource Management building to tag a bobcat she had taken. What I found interesting was her age and enthusiasm as a woman hunter and trapper.

I asked Dena to tell us a little more about herself:

Name: Dena Allen

Age: 24

Hometown: Superior, Wisc.

Tribe: Lac Courtre Orielles, Hayward, Wisc.

Occupation: Medical Assistant at St. Luke's OB/GYN

Activities: Currently attending WITC-Superior, Hunting, Four-wheeling, Fishing, and anything that involves being outdoors.

"Bow hunting is one of my favorite things to do. There is nothing comparable to sitting silently in the woods and watching the wildlife. There is a huge rush that comes with making a good shot on a doe or buck. Ice fishing is one of my favorite things to do during the cold wintery months. I am very grateful for fishing shacks. I think that everyone should try to get out and into the woods

as often as possible. I feel that every person should have the opportunity to try hunting or fishing in their lifetime."

Miigwech to Dena for sharing her story with 13 Moons. If you know of a hunter, trapper, or fishing enthusiast and want to show off your favorite picture send your suggestions to nikki-crowe@fdlrez.com or call (218) 878-7148.



Dena Allen after a successful hunt

Announcing the FDLTCC Environmental Institute

By Courtney Kowalczak

Have you ever heard of the Environmental Institute? The Environmental Institute is an organization at Fond du Lac Tribal and Community College that promotes the educational and cultural growth of the community in studies covering natural resources and the environment. How do we achieve these goals? By unique programming, education, research, and outreach in environmental resource areas. The Environmental Institute has a long history of work in the college and community. Past Environmental Institute research projects have provided hands-on experience for students and graduates in resource-oriented fields and helped community members. Currently the Environmental Institute has three Tribal College extension programs that

serve the Fond du Lac Band and greater regional community.

Thirteen Moons Ashiniswi giizisoog

The Thirteen Moons program connects Fond du Lac Band members and surrounding community members to natural resources, by increasing awareness of and knowledge about traditional and other resources; to social knowledge networks, by providing new opportunities for social interaction and education in the context of traditional and other natural resources; and to Ojibwe culture, by highlighting and honoring the importance of natural resources in the traditional and contemporary Ojibwe lives and livelihoods, and the skills that will allow these lives and livelihood strategies to endure. Visit the Thirteen Moons website at www.fdlrez.com/

newnr/13moons.htm or view current events at the 13 Moons Facebook page.

Bimaaji'idiwin Ojibwe Garden Program

The Ojibwe Garden is a new program developed by the Fond du Lac Band of Lake Superior Chippewa in partnership with Fond du Lac Tribal and Community College, University of Minnesota Extension Service, and the United States Department of Agriculture. The aim of the program is to preserve and promote traditional Ojibwe cropping systems as well as educate the greater community about contemporary strategies for organic food and medicinal plant production. There are several strategies in place to accomplish this goal, including a demonstration garden, weekly hands-on gardening lessons, bimonthly

gardening workshops, a weblog, seasonal outlooks, and garden interns who are available to make house calls to help Fond du Lac community members with their gardens. To follow the garden news and to learn about new events visit the Ojibwe Garden blog at <http://ojibwegardenprogram.wordpress.com/>

St. Louis River – River Watch Program

The St. Louis River Watch program is a youth based water quality monitoring program that focuses on the St. Louis River watershed and the Lake Superior Basin. This project, aimed at secondary school students, promotes and inspires stewardship of the largest U.S. tributary to Lake Superior and other nearby waterways. Currently, an estimated 800 students and teachers in 25 public, private, tribal,

home, and alternative schools enthusiastically gather chemical, physical, and biological data twice per year at river sites located throughout northeastern Minnesota. Since 1997, Fond du Lac Tribal and Community College has coordinated this monitoring effort with the support of the USDA. To learn more about the St. Louis River – River Watch visit the webpage at <http://www.fdlcc.edu/academics/departments/special/stlouisriverwatch/> or their Facebook page.

The Environmental Institute is at an exciting stage of growth. New partnerships, new outreach programming, new research projects, and new opportunities are helping us achieve our mission of promoting the educational and cultural growth of the community in natural resources and the environment. We hope you join us at our next event.

Upcoming Events:

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College and Fond du Lac Resource Management.

Ashi-niswi giizisoog Ojibwemowin Page

Anishinaabemowin Lessons *By Charles Smith*

Consonants used in Ojibwe make nearly the same sounds that they do in English.

The Vowels are a little different though. Here they are:

- i = ih (like the 'i' sound in 'it')
- ii = ee (like the 'e' sound in 'see')
- o = o (like the 'o' sound in 'oh')
- oo = oo (like the 'o' sound in 'boo')
- a = ah (like the 'u' sound in 'but')
- aa = aa (like 'a' sound in father')
- e = ay (like the 'a' sound in 'say')

Basic Rule for Ojibwe:

Gisinaa. = It's cold.
Chi-gisinaa. = It's very cold.

Adding gichi- or chi- to a word makes it mean 'greatly' or 'very'. Here are some examples: Gichi-gami "Lake Superior", Gichi-zaaga'igan "Big Lake", Nichi-anokii "I work hard."

Some basic phrases and taboos
Gego onadinaakegon a'aw goon!
"Don't make snowmen!"
O-niigwa'!

"Go and break him up!"
Goon
"Snow (considered being alive)"
Zoogipon
"It is snowing."
Aaniin da naa
"What the heck."
Naagaj giga-waabamin
"See you later."
Baamaa.
"Later"

Today, children are still reminded not to make snowmen because they can turn into a windigo and eat them. This is a custom still practiced today. Another custom when Ojibwe Anishinaabe talk about weather or say somebody's name that happens to be a weather term as well, we don't yell them out. We'll change the weather then. If someone is called "Gimiwan", we don't yell out "Gimiwan" or it'll start raining.

W G M U V E S M U M U N Z D X
E A S A A W E A R M I Z A Y R
W V C M M A J A Y N N C A E N
E K J O O A B S V I H D G Z J
B M X T A H K H G I U G W T Z
A E Q N I Z N K N D Y B L U Q
N A I Y Z A G I N O O Z H E H
A T W Y Z K N N B O I I V H N
A H X A C A T O Z E M V N T A
B O F T A B G O K P M O Z V S
I U S T V Z G Z W E O A S M H
I F A O Y U O H U G P H N E I
E E A T G C L E I K A P M Y G
T H J X W A R G K B S A P Q A
N U K B W I A Q O A N M Y L N

BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

Ojibwe Wordlist

OGAA WALLEYE
MAASHKINOOZHE MUSKIE
GINOOZHE NORTHERN
NAME STURGEON
MIZAY BURBOT
ASAWE PERCH
ASHIGAN LARGEMOUTH BASS
OZAAWAA ASHIGAN SMALLMOUTH BASS
NAMEBIN SUCKER
GIGONH FISH
ANIT FISH SPEAR
BAKAZHAWE CLEAN FISH
WEWEBANAABII FISH WITH HOOK AND LINE



Ogaa (Walleye)



Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on Mar. 15, 2013 for the Apr. 2013 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy Birthday

Happy birthday to our two daughters, **Nishah Dawn Dupuis** (Feb. 6) and **Lan-nesse Baker** (Feb. 15). We are thankful for your gifts and proud of the way you carry yourselves as Anishinabegwe. Another year older and attending to the journey on this hill of your life.
Zaagichigaademagad, mom and dad

We thank the lord for you. Happy belated 14th birthday **Brody Blacketter** (Feb. 7). Congratulations on your big win scoring 52 points. We're so proud of you.
Love, your mom, dad, brothers, sisters, grandpa, and grandma

Happy belated birthday to my beautiful niece **Renee Martin-eau** (Feb. 26).
I love you very much, niece, never forget that, and I hope this year brings you much happiness.

Happy Birthday to **Carol Jaakola** (Mar. 3), the most wonderful Mom in the world.
Love, Lorri

Happy birthday to my friend **Angelique Coffee** (Mar. 4)
From, Violet

To my son **Ed Misquadace** (Mar. 5) happy birthday.
Love your mother, I'm very proud of you

Happy birthday to **Vern Northrup** (Mar. 6)
From, Tic

Happy birthday to the best big brother ever **Phil Savage** (Mar. 7)
Love always, Patti Jo

Happy 2nd birthday to my son, **Sewell Tibbetts** (Mar. 8). You are the sweetest, most adorable, wonderful, smart, funniest, loving kid ever. You bring so much happiness and joy to everyone around you. We love you so much, always and forever,
Love, mom and dad



Happy 2nd birthday to my little nephew **Sewell Tibbetts** (Mar. 8).
You are my sunshine, nephew, I love you to the moon and back.

Happy birthday to a great husband and dad **Kristofor Cloud Sr.** (Mar. 10) we love you so much.
Love, your wifey and kiddies



Mino Dibishkaa Samantha Moun-tain (Mar. 11)
With lots of love from your family

Mino dibishkam to Nimoshe, **Patricia Baker-Dupuis** (Mar. 12), another year older and we are skipping up the hill of life and looking at the wonder of creation, it's all good.
Love ya, Wayne

Happy 7th birthday to **Corey Reynolds** (Mar. 14)
Love ya, granny

We'd like to wish a Happy Birthday to our sister **Gidget Netland** (Mar. 15)
From, Terri Redding and Kim Seacord

I'd like to wish a Happy Birth-day to my daughter **Gidget Netland** (Mar. 15)
Love, mom

We want to wish our auntie **Gidget Netland** a happy birth-day (Mar. 15)
Love, Noel Redding, Taylor Netland, and Brooke Seacord

Happy birthday Daddy, **David "Pete" Diver Jr.** (Mar. 16). You're the best dad in the whole wide world. Mino Dibish Kan.
Love, Creedence and mommy

Happy 3rd birth-day **Rylie Irene Diver** (Mar. 18). Love you bunches Princess jellybean.
Grama Darci, Tayden, and Fhenix



Happy birthday to my dad, **Jeff Tibbetts** (Mar. 20) I love you very much. You are the best father ever and I appreciate everything that you do for me. I am proud of you and proud I am your daughter, and that Sewell has you for a Grandpa. We love you lots.
Love, Sophie

Happy birthday to my Dad, **Jeff Tibbetts** (Mar. 20).
I love you, Dad, and am so grateful and proud to be your daughter. I hope you have a wonderful birthday and I owe you dinner.

Renee Sutherland, Black Bear Slot Administrative Supervisor would like to wish the following employees a happy birthday: **Sherri Zagar** (Mar. 20) and **William Stelman** (Mar. 26).



Happy birthday **Alexis Kay Kettel-hut** (Mar. 22)
Love you, mom, Trey, Lenny, and Rae

I would like to wish a happy birthday to **Louise Steiner** (Mar. 22)
Love her husband, Joel Steiner

Happy 5th birth-day to **Mathew Whitebird Jr.** (Mar. 23)
Love, mom, dad, brothers, and sisters



Happy birthday **Bradley Bishop** (Mar. 23)
Love, grandpa and grandma

Happy 31st birthday to **Jaimie Petite** (Mar. 23)
Love, Jarvis, Maggie, and Justice

Happy birthday to, **Waabooz, Mathew Whitebird Jr.**, (Mar. 23)
Love, your granny

Happy birthday **Darrell Brown** (Mar. 25)
From your loving family, Loretta, Alycia, Cody, and Sabrina

Happy 9th birthday to **Jezlyn Abramowski** (Mar. 27)
Love, Jarvis, Maggie, and Justice

Happy Birthday to **Ralph Stein** (Mar. 27)

From, Violet

Happy birthday to our loving granddaughter **Jezyln Abramowski** (Mar. 27) hope you have a good one.

Lots of love, grandma Bev and papa Jim

Happy birthday mom, **Tina Martin** (Mar. 27), love you very much.

Love, Mitch and Cindy

Happy birthday to my loving husband **Jim King** (Mar. 28) Love you lots, your wife Bev and your granddaughter Jezlyn

Happy birthday to our wonderful mother, and Grandmother

Diana Reynolds (Mar. 30)

Love, Jarvis, Maggie, and Justice

Happy birthday to **Tommy "Son" Morgan Jr.** (Mar. 30)

Love, grandma Vicki

Happy Birthday to **Tommy "Son" Morgan Jr.** (Mar. 30)

Love, Granny

Happy birthday to **Michael J. Martin** (Mar. 31) I hope you have a great day and I love you very much.

Love, Cindy

Congratulations

Congratulation to Kwanita White and Tim Nelson Sr. on the birth of their baby girl. **Takaigha Marie Nelson** was born

on Jan. 2, 2013 at 6:53 a.m. and was 5 lbs. 13 oz and 18.8 inches.



Memorial

It's been 4 years since my Grandpa, **Sewell S. Tibbetts**, passed away (Mar. 12) I'm

thinking of you Grandpa, always.

Love you and miss you every day, Sophie

Remembering our mother, **Angeline (Defoe) Barney**, on her 100th birthday (Feb. 20, 1913-Apr. 21, 1979). She was survived by her husband Fred (Simon) Barney, Warren Barney Sr., Francis Barney, Lesley Barney Sr., and Norman Barney who have since passed on. She was also survived by Robert Barney, Loretta Martineau, Katherine Loons Follett, Joanne Barney, and Ruth Anne Barney who are still alive.

Obituary

In loving memory of our sister **Frieda (sis) Dupuis** Sept. 21, 1935 – Feb. 4, 2013.

Your weary hours and days of pain and troubled nights are passed. In our aching hearts we know you have found sweet eternal rest.

We'll miss you, sisters, Pat and Evelyn

Harold "Harry" Bassett, 63, of Elk River, Minn. passed into eternal life, with our Lord and Savior on Feb. 22, 2013, at home with his loving family at his side. Harry had been diagnosed with Pancreatic Cancer in March of 2011, and fought a valiant battle to the very end.

Harry was born on June 20, 1949, to Arnold and Carolyn Bassett in Cloquet, Minn., and was the oldest of four children. He graduated from Cloquet High School, and very proudly with the 'Class of 1967'. Harry was a Native American, and honored to be from the Fond du Lac Reservation in Cloquet, Minn. He followed many Native American traditions, and raised his sons to love and respect the gifts of his heritage. He proudly served on

several boards and committees on behalf of the reservation. Harry followed in his father's footsteps, and worked in the furniture business for almost 40 years. Harry was also proud to be a member of the Anoka Area Shrine Club and the Zuhrah Drum Corps. He loved hunting and fishing with his friends, his sons, and his grandsons. He was well-known for his wonderful sense of humor, his quick wit and his ability to bring a smile to anyone's face. Harry has left us with an indelible legacy of memories to cherish - precious memories about Harry, his jokes, his compassion, his honor, his pride and his deep devotion for his family and friends. Harry will be deeply missed by his family and his many, many friends.

Harry was preceded in death by his father, Arnold Bassett, in July of 2012. He is survived by his wife of 43 years, Gayle; their sons, Christopher (Cindy), and Bryan (Bridget); two very special grandsons, Ethan and Owen. He is also survived by his mother, Carolyn Bassett; his sisters, Lynn (Jeff) Gort, Brenda (Mike) Pollak, and a brother, Rick (Kim) Bassett; nieces, Meagan Pollak, Jennifer Clement, and nephews, Ben Gort, Sam Gort, Dan Bassett, and Nathan Pollak. He is also survived by many, many devoted friends. All will miss him.

Harry's wish was to be cremated. A private interment will be held in the spring at New Calvary Cemetery in Cloquet. Nelson Funeral Care, 1004 Cloquet Ave., Cloquet, Minn. is assisting the family with arrangements. See the family online guest book at: www.nelsonfuneralcare.net



The Storm crows getting their picture taking with foreigner for their concert on Jan. 19



Ojibwe School Junior Cody Bauer (left) places 6th place in the section 7A wrestling tournament at Crosby Ironton.

Homes For Sale



1507 Lockling Rd Cloquet, Minn.

Built in 1989, 1 bedroom plus loft, 1 bath, 992 sq. ft., and 6 acres of land. Detached garage. NOT on FDL leased land.

Asking \$103,000. Call (218) 879-6572 or (218) 409-5394 for more info.

Reduced!

Home on Big Lake in Sawyer, Minn. Located within 15 miles of three golf courses, 30 miles from Duluth. Built in 1990, two bdrm., 1.5 baths, sauna, fireplace, open floor plan. Attached 2-car garage and detached 2-car insulated pole building. On private lot with 93 ft. of lakeshore; driveway and septic tank on 56 feet of FDL leased land.

Asking \$199,900. Call (218) 879-5617 for more info.



Onaabani – Hard Crust on the Snow Moon – March 2013

CCC: Cloquet Community Center, (218)878-7510; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185; CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BCCR: Black Bear Casino Resort; OJS: FDL Ojibwe School; CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center; FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center; FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; OJS: Ojibwe school; RMD: Resource Management Division; TCC: Tribal Center Classroom; FACE: Family and Child Education Bldg. MKWTC: Mash-ka-wisen Treatment Center; DC: Damiano Center; FDLSH: FDL Supportive Housing

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Public Meeting for Walking Trail March 6, 6 p.m. CCC		Enrollee Days June 28 and 29, 2013	Youth Activity Crew (YAC): Activities for ages 11 and up – adults can attend IF they have a child 11 years or older with them.		GED 11 a.m. SCC Adult Dodgeball 12 p.m. CCC Beading 5 p.m. CCC Red Cross swim lessons (pool reserved) 5 p.m. CCC Youth basketball (13 & older) 5 p.m. CCC 1	Adult golf 9:30 a.m. CCC Taxes 10 a.m. CCC (questions call Suzan 879-0701) Beading 11:30 a.m. CCC 2
Water aerobics 10 a.m. CCC Volleyball nets up 10 a.m. CCC Beading 11:30 a.m. CCC 3	Elder exercise 9 a.m. CCC GED 10 a.m. DC Yoga 12 p.m. MNAW Zumba 4:45 p.m. OJSHS Cribbage 5 p.m. CCC Beading 5 p.m. CCC Water aerobics 6 p.m. CCC Aikido 6 p.m. CCC 4	Get Fit 12 p.m. CCC WIC 12 p.m. CAIR AA/NA support 12 p.m. TRC GED 12:30 p.m. BCC Flute Circle 3:30 p.m. CCC Beading 5 p.m. CCC Water aerobics 6 p.m. CCC Taxes 6 p.m. CCC (questions call Suzan 879-0701) 5	Elder exercise 9 a.m. CCC GED 10 a.m. DC Adult game day 12:30 p.m. CCC FDLOJS swim class 3:15 p.m. CCC Zumba 4:45 p.m. OJSHS Beading 5 p.m. CCC GED 5 p.m. CCC GED 5:30 p.m. SCC Water aerobics 6 p.m. CCC 6	Get Fit 12 p.m. CCC Simply Good Eating 12 p.m. CCC GED 12:30 p.m. BCC Youth Dodgeball 3:15 p.m. CCC FDLOJS Scuba pool reserved 3 p.m. CCC Beading 5 p.m. CCC GED 5 p.m. CCC GED 5 p.m. DC Water aerobics 6 p.m. CCC 7	Water aerobics 8:15 a.m. CCC GED 11 a.m. SCC Adult Dodgeball 12 p.m. CCC Ceramics 1:30 p.m. BCC Red Cross swim lessons pool reserved 5 p.m. CCC Youth basketball (13 & older) 5 p.m. CCC 8	Adult golf 9:30 a.m. CCC Beading 11:30 a.m. CCC Taxes 10 a.m. CCC (questions call Suzan 879-0701) 9
Water aerobics 10 a.m. CCC Volleyball nets up 10 a.m. CCC Beading 11:30 a.m. CCC 10	Elder exercise 9 a.m. CCC GED 10 a.m. DC Yoga 12 p.m. MNAW Zumba 4:45 p.m. OJSHS Cribbage 5 p.m. CCC Beading 5 p.m. CCC Aikido 6 p.m. CCC Water aerobics 6 p.m. CCC 11	Get Fit 12 p.m. CCC WIC 12 p.m. CAIR AA/NA support 12 p.m. TRC GED 12:30 p.m. BCC Flute circle 3:30 p.m. CCC Taxes 5 p.m. CCC (questions call Suzan 879-0701) Beading 5 p.m. CCC Ceramics 5 p.m. FDLSH Water aerobics 6 p.m. CCC 12	Elder exercise 9 a.m. CCC GED 10 a.m. DC OTM pickup 12 p.m. CCC Adult game day 12:30 p.m. CCC FDLOJS swim classes 3:15 p.m. CCC Youth Dodgeball 3:15 p.m. CCC Zumba 4:45 p.m. OJSHS Beading 5 p.m. CCC GED 5 p.m. CCC GED 5:30 p.m. SCC Water aerobics 6 p.m. CCC 13	Get Fit 12 p.m. CCC GED 12:30 p.m. BCC FDLOJS Scuba (pool reserved) 3 p.m. CCC Youth Dodgeball 3:15 p.m. CCC Beading 5 p.m. CCC GED 5 p.m. CCC GED 5 p.m. DC Water aerobics 6 p.m. CCC 14	Water aerobics 8:15 a.m. CCC GED 11 a.m. SCC Adult Dodgeball 12 p.m. CCC Youth open swim 3 p.m. CCC Red Cross swim lessons (pool closed) 5 p.m. CCC Beading 5 p.m. CCC Youth basketball (13 & older) 5 p.m. CCC 15	Adult golf 9:30 a.m. CCC YAC Cloquet Tubing hill bus @ 2 p.m. 16
Water aerobics 10 a.m. CCC Volleyball nets up 10 a.m. CCC Beading 11:30 a.m. CCC 17	Elder exercise 9 a.m. CCC GED 10 a.m. DC Yoga 12 p.m. MNAW Zumba 4:45 p.m. OJSHS Cribbage 5 p.m. CCC Beading 5 p.m. CCC Aikido 6 p.m. CCC Water aerobics 6 p.m. CCC 18	Get Fit 12 p.m. CCC WIC 12 p.m. MNAW AA/NA support 12 p.m. TRC GED 12:30 p.m. BCC Flute circle 3:30 p.m. CCC Taxes 5 p.m. CCC (questions call Suzan 879-0701) Water aerobics 6 p.m. CCC 19	Elder exercise 9 a.m. CCC GED 10 a.m. DC Adult game day 12:30 p.m. CCC FDLOJS swim classes 3:15 p.m. CCC Zumba 4:45 p.m. OJSHS Beading 5 p.m. CCC GED 5 p.m. CCC GED 5:30 p.m. SCC Water aerobics 6 p.m. CCC 20	Get Fit 12 p.m. CCC GED 12:30 p.m. BCC FDLOJS Scuba (pool reserved) 3 p.m. CCC Youth Dodgeball 3:15 p.m. CCC Beading 5 p.m. CCC GED 5 p.m. CCC GED 5 p.m. DC Water aerobics 5:15 p.m. CCC 21	Water aerobics 8:15 a.m. CCC GED 11 a.m. SCC Adult Dodgeball 12 p.m. CCC Beading 5 p.m. CCC Ceramics 5 p.m. CCC Red Cross swim lessons (pool reserved) 5 p.m. CCC Youth basketball (13 & older) 5 p.m. CCC 22	Adult golf 9:30 a.m. CCC Taxes 10 a.m. CCC (questions call Suzan 879-0701) Myrna Savage Benefit 11 a.m. CCC 23
Water aerobics 10 a.m. CCC Beading 11:30 a.m. CCC 24	Elder exercise 9 a.m. CCC GED 10 a.m. DC Yoga 12 p.m. MNAW Zumba 4:45 p.m. OJSHS Cribbage 5 p.m. CCC Beading 5 p.m. CCC Aikido 6 p.m. CCC Red Cross Babysitting Class 9 a.m. CCC (10 spots, sign up) 25	WIC 12 p.m. MNAW Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC GED 12:30 p.m. BCC Flute circle 3:30 p.m. CCC Taxes 5 p.m. CCC (questions call Suzan 879-0701) Red Cross BB CPR & 1st aid 8 a.m. & 1 p.m. CCC Water aerobics 6 p.m. CCC 26	P & I Science Museum Trip 8 a.m. CCC (Sign up @ CCC) Elder exercise 9 a.m. CCC GED 10 a.m. DC Adult game day 12:30 p.m. CCC FDLOJS swim class (pool reserved) 3:15 p.m. CCC Zumba 4:45 p.m. OJSHS Beading 5 p.m. CCC GED 5 p.m. CCC GED 5:30 p.m. SCC Water aerobics 6 p.m. CCC Sobriety Feast 6 p.m. CCC 27	Get Fit 12 p.m. CCC GED 12:30 p.m. BCC FDLOJS Scuba (pool reserved) 3 p.m. CCC Youth Dodgeball 3:15 p.m. CCC Beading 5 p.m. CCC GED 5 p.m. CCC GED 5 p.m. DC Water aerobics 5:15 p.m. CCC 28	Closed for Holiday Rummage Sale Drop-off 9 a.m. CCC GED 11 a.m. SCC 29	Free Rummage Sale and Easter Party for FDL Enrollees & families 10 a.m. CCC Easter Party 1 p.m. SCC Easter Party 1 p.m. BCC Taxes 10 a.m. CCC (questions call Suzan 879-0701) 30
Water aerobics 10 a.m. CCC Beading 11:30 a.m. CCC Happy Easter 31						

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.