

Daily Updates

Power and fuel assistance

Get help with your power and fuel bills with COVID-19 assistance.

All FDL households qualify for \$450 toward their heating bill and \$450 toward their electric bill.

Applicants must be:

- FDL Enrolled
- Over the age of 18
- Must have either a heat or electric burden or both.

Funds will not cover:

- Rent
- Bills for other family members who live out of the service area or are not Enrolled
- Down payments or rental deposits
- Payments on phone bills
- Payments for damages caused by the household circumventing their electric meter and who receive a fine from the power company for theft of power
- Water/sewer payments.

One grant will be awarded per household no matter how many qualifying adults live in the house.

Payments will be made directly to the heating and/or electric vendor. No checks will be made to individuals.

Bills must be in the name of a household member listed on the application. Applicants must supply a copy of their heating and power bill. Applications without copies of bills will be returned.

Individuals who have heat or electric included in their rent will have only that uncovered bill paid. They will not receive additional funds. Individuals who have both heat and electric included in their rent will not receive a benefit.

For an application please call (218) 878-7515.

Masks required in FDL buildings

Effective July 1, 2020, it's now mandatory to wear a mask in order to enter any Fond du Lac building. If you are in need of a mask, contact the Emergency Operations Center (EOC) (218) 878-7175. Many Band members are also still making masks, and if you would like to donate a mask, please contact the EOC.

Masks and handwashing are the two best ways to slow the spread of COVID-19 so please do your part and wear masks if you have to go out in public, especially when social distancing is difficult.

Masks and Social Distancing:

During the COVID-19 pandemic, it is important to remain vigilant in our efforts to practice social distancing, wear cloth masks to protect those around us, and wash our hands often. There are plenty of great resources to help us maintain these goals. Please see the links below for a small sample of resources, and continue to stay safe! #FDLStrong!

<https://www.health.state.mn.us/diseases/coronavirus/prevention.html>

<http://www.fdlrez.com/downloads/ClothMasks.pdf>

<http://fdlrez.com/downloads/SocialDistancing2.pdf>

A survey for the school year

As the Minnesota Department of Education works closely with the Minnesota Department of Health to plan for the 2020-21 school year, the Northland Foundation wants to hear from families about their experience with the distance learning this spring.

This feedback is extremely valuable to us. This information will allow us to help families as they balance the

responsibilities of work and family, while also supporting student learning.

The survey is available here in English, Hmong, Somali, and Spanish. <http://sgiz.mobi/s3/2020-Parent-Distance-Learning-Feedback-Survey>

The survey will close on June 30, 2020.

SNAP EBT

The Coronavirus continues to impact our communities in many ways. If you need assistance with food, there are opportunities to get the nutritious food your family needs to stay healthy.

If you have children and were receiving SNAP or MFIP as of March 18, 2020, you will receive an automatic benefit on your EBT card. If you weren't receiving SNAP or MFIP but your child was receiving free or reduced lunch, you can apply for P-EBT to help buy food for your family: www.mn.p-ebt.org

Metformin recall

The Fond du Lac Human Services division posted the following message on their Facebook page. If you have diabetes and are taking Metformin, contact your healthcare provider. Please see this important message from our pharmacy:

Recently, some manufacturers of the diabetes medication, Metformin, have issued recalls. You may hear about this in the media. Some batches of Metformin have been found to contain unac-

ceptable levels of NDMA (N-Nitrosodimethylamine). NDMA is classified as a probable human carcinogen (a substance that could cause cancer) based on results from laboratory tests. NDMA is a known environmental contaminant found in water and foods, including meats, dairy products and vegetables.

As of this time, Min No Aya Win pharmacy has NOT distributed any affected Metformin. However, some patients from CAIR and Mashkiki Waakaaigan pharmacies have received Metformin affected by the recalls. Patients who have received affected medication will be contacted by pharmacy and arrangements will be made to replace these prescriptions.

Do NOT stop taking Metformin without first speaking to your healthcare provider.

As always, if you have questions, please contact your pharmacist or provider for more information.

JOIN US FOR THE

VIRTUAL TAGWII CAMPUS GROUND BREAKING CEREMONY

JULY 17, 2020 • 2:30 PM
FOND DU LAC BAND OF LAKE SUPERIOR CHIPPEWA
FACEBOOK PAGE

