

# Daily Updates

## The potential vaccine distribution

In the coming days officials will be meeting to discuss approval of a vaccine and another group, the Center for Disease Control and Prevention's (CDC) Advisory Committee for Immunization Practices will meet to discuss who would get those approved vaccines first.

Naturally the first doses won't go to the average American, leaving many of us to wonder when we could potentially get our vaccine. CNN health discusses this very topic, and reminded everyone that for us all to stay safe, it's important that those protecting us get vaccinated first.

On Tuesday, the US Centers for Disease Control and Prevention's Advisory Committee for Immunization Practices meets to vote on who should be the very first to get vaccinated. That will almost certainly be

21 million frontline health care workers, support staff and 3 million residents of long-term care facilities who have been hardest hit by the pandemic.

It will be easiest to vaccinate these groups -- they're already in institutional settings and the nursing home residents can get vaccinated at the same time their caregivers are being immunized.

After the committee meets Dec. 10 to discuss how best to implement the vaccine, Emergency Use Authorization could be approved as soon as Dec. 11. Of course, that would be the fastest and best-case scenario and could happen again the following week as the committee will meet Dec. 17 to discuss the Moderna vaccine.

While the vaccines may take awhile to get out with 24 million doses already earmarked for the first group to receive the

vaccine, it potentially won't be long after until others start getting vaccinated per CNN.

Pfizer and Moderna started making vaccine even while they were still testing it and between them plan to have 40 million doses for the US market by the end of December. Each vaccine needs two doses, given three to four weeks apart, so in theory, while 40 million doses could only fully vaccinate 20 million people, it could get 40 million people started.

For those who are healthy, under age 65, and not in work situations that put them at high risk, April seems to be the absolute best-case scenario where enough vaccines are available for the general and healthy public to receive their first dose. The group that would almost certainly be included in this set of vaccines would be teachers and support staff in

our K-12 school systems.

Some side effects have been reported, but the vaccine has shown great results, even though some who received it have not always felt great.

People who have tested out the Pfizer and Moderna vaccines have reported they can sometimes have a kick -- causing soreness at the injection site and maybe a feeling of general malaise for a day or so. Vaccine experts say that's a sign the vaccine is working, causing the immune system to rev up and generate a response.

There's not much information about the other vaccines but AstraZeneca, after two scares, says it has recorded no serious side-effects among its volunteers. The FDA and companies will have extensive systems for reporting side-effects.

But none of the vaccines being tested for the US market

uses even a piece of the real coronavirus, so there is no way they could give you a coronavirus infection.

With other vaccines people worry that they will get sick from the vaccine, and while that is typically not the case, it is even less so with the COVID-19 vaccine, as they don't have any of the actual virus in them.

The end of the pandemic is a long time off, and we'll all still need to do our part, but there is a chance that millions of Americans could be vaccinated in January 2021.

Source: <https://www.cnn.com/2020/11/30/health/covid-vaccine-questions-when/index.html>



### The last mask Monday of November

This #MaskMonday we're REMINDING everyone to #MaskUp, stay home, and stay healthy.

We're all in this together, #FDL-strong

### One year since first symptoms of COVID-19

Dec. 1, 2019 was the first date that symptoms were noted of the COVID-19 virus in Wuhan, China.

The world has since gone through a long dark year, but with a vaccine nearing its approval from the FDA, the end of the pandemic is hopefully only a few months away.