

# Cooking is a SNAP

Come join us for cooking classes

Classes will be held at the Fond du Lac Food Distribution building in-person or via Zoom.

Food Distribution participants will learn new and healthy recipes!

Once the day's session is complete, participants get to take home the ingredients and recipe to share with their families.

## ***Six Monthly Sessions!***

***January 26, February 23,***

***March 23, April 27,***

***May 25 and June 22***

***2pm – 3:30pm***

Please RSVP by contacting  
Natasha Cloud at  
218-878-7505 or email  
[natashacloud@fdlrez.com](mailto:natashacloud@fdlrez.com).

