

# INDEPENDENT LIVING SKILLS GROUP

## *REGISTER TODAY*

### NEW GROUPS START APRIL 27TH

Fond du Lac Social Services Department and the Oh No! 18 Program are partnering to do an independent living skills group. This group is available to youth ages 14 – 20 who have been in out-of-home placement for at least 30 days after their 14th birthday.

Some of the topics and activities we may cover and participate in are:

#### DAILY LIVING

- Money Management
- Renting an Apartment
- Cooking/Nutrition

#### PERSONAL GROWTH

- Healthy Relationships
- Goals with College Tours

#### TRAINING & EDUCATION

- Job Search/Interviewing
- Career Interests

#### ADVENTURE & RECREATION

- Hands-On Activities
- Interactive Games and Ice Breakers

***Tuesdays, April 27 through July 13***

***4pm – 5:30pm via  zoom***

Names will be drawn weekly for prizes.

There is a stipend available for participation.

Join us and have some fun. Have a chance to meet new and supportive people.

For more information or any questions, contact (218) 878-3786 or email [jenniheckman@fdlrez.com](mailto:jenniheckman@fdlrez.com).



Must meet program eligibility requirements.

Fond du Lac Human Services Division | Social Services Department