

Nahgahchiwanong (Far end of the Great Lake) Dibahjimowinnan (Narrating of Story)

Consulting Fond du Lac Elders and Mission Creek Burial Recovery Team

*Elders and sifers, front row (left to right):
Kayla Jackson, Desarey Lafave (holding
Armani St. John).*

*Second row (L to R): Adam Greensky, Joyce La-
Porte, Jean Default, Sam Greensky, Reggie Defoe.*

*Third row: Jim Kunesh, Jerry Ojibway,
Kathryn Folette.*

*Fourth row (standing): Jacob Reynolds,
Lias Lawrence-Northup, John Blanchard,
Patti Goward, Steve Karels, Judy Greenky,
and Chris Hansen.*

Photo by Christine Carlson.



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Local News

FDLHSD Diabetes Program Coordinator survives two brain aneurysms

Submitted by Jenn Hall who is alive and well!

Do bad things really happen in 3's? 2021 was definitely my third bad Memorial Day. In 1997 I fell down a flight of stairs at Regions Hospital while interning and landed on my forehead with a head injury that certainly could have killed me but resulted in 19 stitches, headaches and an ugly scar.

In 2015, my dear Grandma Jean suffered a heart attack and later died. Less than 1 week prior we had just reviewed our plan that she would live to be 100. She was only 91.

On May 31, 2021, I had just traveled home with my mom from visiting family in Lake Zurich, Ill., which is about a 7-hour drive. She drove the entire trip because I am accident-prone and she gets us there much faster. I delivered cemetery baskets and went home. It was a beautiful afternoon and since I had been sitting all day, I decided to wash my car. I had not even unpacked my suitcase yet which was no surprise to my husband Sean. He knows my mind is constantly processing what I can accomplish next. Plus, I am self-diagnosed with a "little" Obsessive Compulsive Disorder (OCD)

and living on a dirt road means my car never stays clean. He happily got the pressure washer all set-up for me. Pressure washing provides instant gratification to a clean freak like me. I started with the interior rubber mats and made it about halfway around my dirty car when suddenly it felt like that washer pressure had traveled from my hand to inside my head. I actually asked the neurosurgeons if that was possible! I am a fainter and can always feel it coming on. I have learned to listen to my body, lowered myself onto those wet rubber floor mats, and screamed my loudest for help. Luckily, the windows were open and Sean & my youngest son Keagan heard me. I remember my wet clothes, the worst headache of my entire life and telling them I thought I would be fine. I remember they disagreed. Sean saying, "This isn't normal" and my sweet Keagan saying "we need to get this checked out." They lovingly loaded me into the truck with a towel, water bottle and bucket. I held my head tight, was vomiting water and could not open my eyes because the bright light made everything worse. Of course, I was nagging at Sean to "slow down a little" as he sped the 3.7 miles to Community Memorial Hospital



(CMH) ER. I remember telling him I could not walk in and being helped into a wheel chair. I kept my eyes closed and clenched my head. I remember the nurse asking if I had been eating or drinking and answering "yes." I remember her yelling, "She needs a CT now!" I remember being told to lay very still during the CT. I remember Dr. Fey examining my eyes with a bright light and the compassion in his voice when he told me the CT showed a bleeding brain aneurysm. I remember him assuring me that he was going to make some calls and determine the best place to send me. I re-

member telling my husband who he needed to start calling and other random thoughts of panic. Death crossed my mind and I actually reminded Sean of my cremation wishes. Who does that? I remember praying and begging God to save me and telling him I still had more I needed to do. I never saw "the light" or any of my loved ones that have died. I remember feeling worried about my mom since my dad died less than a year ago. I remember thinking this could not be it. My kids still need me (Brady 20, Sydney 19, Keagan 15) and I still wanted to be a Grandma someday. Sean

and I have more traveling to do and just started enjoying our new home. I wanted to get back there! Besides, I promised my dad I would be there for my mom and told my Grandma I would live to be 100 for her, which meant I still needed 50 more years! I do not remember trying to comfort my children or apologizing that they had to see me in so much pain. I never saw the faces of the paramedics in the ambulance from CMH to the Cloquet Airport. I remember the bumpy road construction as they sped up Big Lake Road to meet Life Flight. I don't remember my helicopter ride, my arrival at Hennepin County Medical Center (HCMC), my first night in the Intensive Care Unit (ICU), my husband of 30 years refusing to leave my side, my mom and kids being allowed to take turns seeing me in the ICU or asking my husband to call my brother so I could hear his voice.

On June, 1 at 8 a.m., they repaired my 11mm cerebral aneurysm by performing a coil embolization via an angiogram. I remember them telling me it was going to be a long day. I remember the neurosurgery team rounding outside my room and hearing that I "wasn't out of the woods yet" but was "one of the lucky

Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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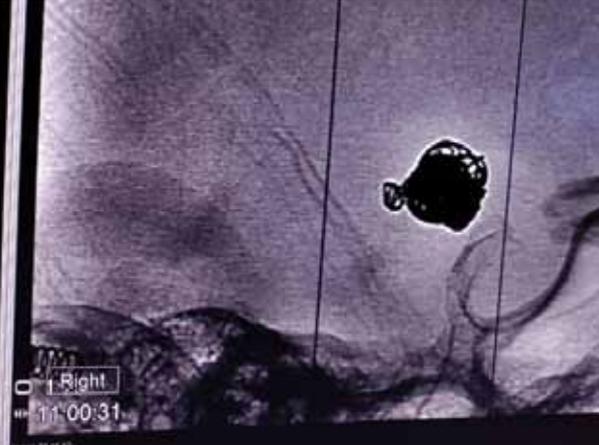
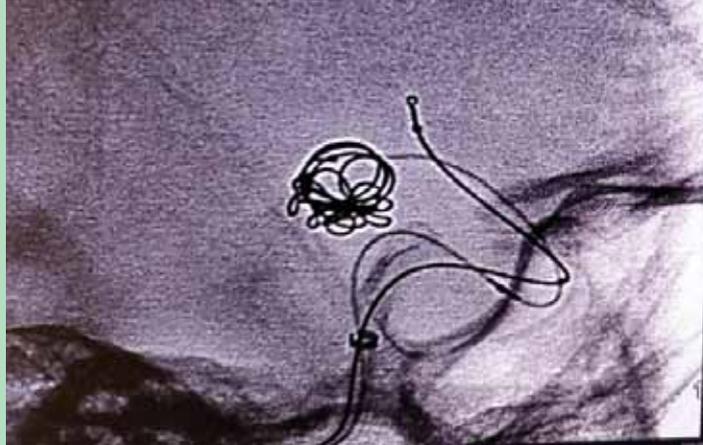
The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that end, we do not publish editorials,

opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

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Native American Journalists
Association



ones.” “Getting out of the woods” required 14 days of progress. They had no idea how much I thrive with a little healthy competition! I am a Capricorn, so I eagerly accepted the challenge!

By June, 4, I was able to transfer from the ICU to a private Neurosurgery room that had its own shower! All my daily exams, labs, and head ultrasounds were looking good. I passed the tests from speech therapy, physical therapy and occupational therapy. I even earned a \$50 Target gift card for participating in a research study that only required 3.5 tablespoons of my blood! I was walking, talking, watching TV, shopping online, getting caught up on social media, party planning, making to-do lists, writing and truly enjoying my hospital meals.

Unfortunately, on June 5 and 6 my headaches were unbearable and I was terrified. I had another CT and thankfully, it looked good. The steroids were not controlling the pain and Oxycodone gave zero relief. They tried an IV migraine medicine that wiped out the headache, but made me feel like I was in a virtual straight jacket. They increased the steroids and Tylenol and I identified my pre-aneurysm headache triggers: lack of caffeine and seasonal allergies. I had not had a cup of coffee, a Diet Coke or a Zyrtec in 5 days! I incorporated each the next day and it worked. I still had headaches, but they were tolerable. On June 10, Dr. Quinn

called Sean and indicated I was a “poster child” for a neurosurgery conference! The key word equals “child” since I turned 50 six months ago! On June 12, I finally walked outside! On June 14 I had my second angiogram and stent placement. It was only supposed to take 45 minutes, but there was a surprise. They discovered a second hidden 2mm aneurysm which also required a stent. Science and technology are so amazing! Since I have fun with names, I decided to name both aneurysms. I named my initial 11mm posterior communicating aneurysm “Anya”: Resurrection; He (God) has favored me. I named the hidden 2mm anterior choroidal aneurysm “Aisha”: One who is alive.

There are 5-8% of the population that unknowingly walk around with a brain aneurysm. It never entered my mind that I was one of them! I was told 1/3 do not survive, 1/3 are never the same, and 1/3 make it. My heart hurts for those that did not get my outcome. My only known risk factor included being an adult woman. A sudden, severe headache is the key symptom of a ruptured aneurysm. Other symptoms can include nausea or vomiting, stiff neck, blurred or double vision, sensitivity to light, seizure, a drooping eyelid, loss of consciousness and confusion.

I guess bad things can really happen in 3’s, but luckily, in my case it was not the end of my

story. I survived two different types of brain aneurysms, which is miraculous! I was officially discharged from HCMC on June 15 with follow-up in 1 month. I will have another angiogram in 6 months at HCMC.

What do I need? Time to rest, heal, regain my strength and cope with a near death experience. I cannot begin to imagine how difficult this was for my family or for those who received the call. Please give them a hug, handshake or pat on the back next time you see them. I am well insured, rarely take sick time and planned for “what could happen.”

What can you do? Make a donation in my honor (Jenn Hall) to Community Memorial Hospital, Cloquet Area Fire District, the Cloquet Educational Foundation, Zion Lutheran Church, the Pine Knot News, or Hennepin County Medical Center. I will cheer each time I see one!

Get vaccinated for COVID-19 and get your annual flu shot to protect our healthcare workers and allow patients in hospitals to have visitors. I cannot fathom what 15 days in the hospital would have felt like during a pandemic or without seeing my family.

Support Community Memorial Hospital and the Cloquet Area Fire District so they can continue to recruit and train the right healthcare team members for our community. I am alive today because on May 31, 2021, they

did everything right and got me to HCMC in time!

Invest in our youth and school district so we continue to produce future scientists and healthcare providers. I am a proud CHS Class of ‘89 graduate - Go Jacks Go!

Recognize my heroes: Sean & Keagan Hall, Dr. Fey and the CMH ER team, Cloquet Area Fire District, Life Flight, my Neurosurgeons (Dr. Bharathi Jagadeesan and Dr. Coridon Quinn), the HCMC Neurosurgery team, all the HCMC healthcare providers and employees and my guardian angels (Dad Randy Backe, Uncle Jim Backe, Uncle Rick Sather, and my Backe/Sather Grandparents).

Take care of your health. I am confident that my mostly healthy lifestyle kept me alive. I am a Registered Dietitian and Certified Diabetes Care and Education Specialist, but I am also an imperfect human. Life is too short to follow the rules all the time! What small changes can you make to improve your health?

Listen to your body and seek prompt medical attention when something does not feel right. Do not say you are fine!

Support your family, friends, coworkers, neighbors and community members. Prayers, calls, texts, e-mails, cards, cultural practices, flowers and gifts can brighten any day.

Spend more time with those you love. There may never be another next time! Resolve broken

relationships whenever possible. I have the best family, friends, workplace (FDLHSD), church (Zion Lutheran) and community support possible!

Make the best of bad situations. Every person I encountered was part of my success. I thoroughly enjoyed hearing their stories and aimed to be their easiest and favorite patient. I do not have diabetes, but the stress on my body and the steroid medications gave me some high blood sugar numbers. I made it fun and placed bets on my results with the nursing assistants every 4 hours depending on my carbohydrate intake!

Reduce pet peeves. Stop littering and pick up trash. Clean up after your pets and stop throwing your cigarette butts outside. Follow my Uncle Jim’s motto and “leave it better than you found it!”

Side note: Emilia Clarke from the Game of Thrones also suffered two brain aneurysms. She started SameYou, which aims to provide treatment for people recovering from brain injuries and stroke. She is my new favorite actor and I am looking forward to binge watching Game of Thrones during my recovery!

I cannot tell you how good it feels to be home!

RBC Thoughts

Secretary/Treasurer News

Boozhoo,

We have gone to no masks required for employees that are fully vaccinated. We are also going to start having our open meetings in the community again. We will be requiring masks to begin with but I am sure that will go away shortly. The clinic is still requiring masks for clients and staff according to CDC guidelines. We had a meeting in the chambers last week and I sat at my spot. As usual I had plenty of things to sign so I brought them with me. As I was signing and talking with other attendees I realized that it has been over a year since I had done this and it felt good to be returning to some sense of normal.

We received our first payment from The American Rescue Plan Act (ARPA) and we are beginning the process of putting together a budget for the funds. The spending guidelines are more open than the previous funds and we have more time to spend them. The funds allow for a stimulus payment to Band members so we will be preparing an application for you to fill out. We are also looking at the same programs that we implemented with the previous funds, like energy assistance, food shelf, and computer access. We also

have two projects that we may be able to fund with the American Rescue Plan Act (ARPA) – Brookston and Cloquet housing. The Brookston project is a water tower and the Cloquet project is replacing old lines for water and sewer. If you have any ideas for how we can use these funds please let me know so we can consider them.

The constitution reform is going strong. The committee brought forward to the Tribal Executive Committee (TEC) a resolution requesting a referendum vote to see if the MCT members want to consider lineal descent for enrollment into the Tribe like it was prior to the 1961 vote that changed it to ¼ blood. Please contact your constitution committee members to voice your opinion on this matter as it will affect all of us.

Lastly, I would like to say congratulations to Tammy Dixon on her national award for her work as a Doula. Tammy you always go that extra step when you get involved. We can all take pride in your accomplishments.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com.

Gii ga waa ba min.



Ferdinand Martineau

Cloquet News

Hello all

Well we are certainly into the summer months, it is easy to tell due to folks suffering the sun burns, the intense heat is hard to put up with and is very draining also. I am not complaining as we all know that we will be dealing with dropping temperatures very soon.

Some of you may be wondering what the construction is that is happening in the Black Bear Casino Resort parking lot. We have made an agreement with Tesla to provide electric car charging. Tesla is paying for and installing these electric charging stations and our casino will be an exclusive station in the northern part of MN for Tesla car charging. Also, the Fond du Lac Band secured approximately \$1.3 million dollars from Volkswagen to



Wally Dupuis

put towards clean energy. As such, we have purchased 2 new plow trucks, a propane delivery truck, 3 dump trucks, a septic pumping truck, all with clean energy capabilities, and we have already built two of three electric vehicle charging stations on Fond du Lac.

Thank you to our environmental staff for your work to make this happen.

As we try to open things back up from the pandemic we continue to be hampered by some of the effects of the yearlong shut down. Our Cloquet Community Center was shooting for reopening last month, however, we are dealing with staff shortages and other setbacks so we had to prolong the opening of the Cloquet Community Center for a different date. I assure you the current staff has been working tirelessly to get things up and running, and they will keep the community informed of any upcoming activities as

things progress.

Although construction crews are nearly complete on the Big Lake Road project, there are still a number of workers out there, so please continue to drive with extra caution during this construction.

Last week I was able to attend the graduation ceremony at Fond du Lac Tribal and Community College for the graduates of the law enforcement skills program. I would like to congratulate all graduates, but also want to say congratulations to Jarvis Paro (Chubby) on his graduation, as I know he has wanted for many years to be a police officer and now has completed all requirements to do so. Congratulations Jarvis, I look forward to seeing you serve our community in this capacity.

As always, please feel free to call or write as I am always glad hear from you. Cell (218) 428-9828, Office (218) 878-8078, or email wallydupuis@fdlrez.com

Sawyer News

Boozhoo,

It has been a very hot and dry July. There have been a few powwows around the region and events in our community. It is great to hear the drums and see the dancers again. There are rare moments that you can swim in Lake Superior, this summer there has been many opportunities. According to our public health authorities there has been an uptick in COVID cases throughout the country. So please don't let your guard down and also if you haven't received your vaccination please consider doing so.



Bruce Savage

I hope by the time you read this we will have gotten rain. The gardens at Gitinaaning are doing well but a good rain would be very helpful. I haven't heard of any wells going dry yet but I am conserving water at my home, water conservation is good practice. We also have a very high wild fire danger in our community and right now we know fires around the Boundary Waters and in Canada are impacting our air quality. This dry weather is very concerning as Wild Rice harvesting season is fast approaching. I have heard water levels are very low in our waterways. I hope to have more information next month.

*Sincerely,
Bruce M. Savage
District II Sawyer Representative
(218) 393-6902*

RBC Thoughts

Youth lacrosse tournament winners

The team won their bracket at the 2021 Centennial Sizzle tournament on July 17 in Blaine, Minn.

The summer league team was made up of kids from The Cloquet, Duluth, and Superior area. Thanks to the volunteer coaches/ parents too.

Congratulations to the Northern League Duluth Lakers U12 Boys Lacrosse team!



Gitigaan 2021

Summer Schedule of Classes
2nd and 3rd Tuesday Evening
Class @ 5:30p.m.

*Light refreshments provided for in-person hands on learning



Summer Schedule Register Here: <https://tinyurl.com/5xk8k7rr>

In-Person Hands On Learning @ Gitigaaning
(960 Cary Road, Cloquet, MN)

Cooking is a SNAP
(virtual and in-person opportunities available)

July 20th Weed Management and Succession Planting

August 10th Cooking is a SNAP

August 17th Harvesting and Pest Management

September 14th Cooking is a SNAP

September 21st Seed Saving and Storage

Questions?

Contact the Planning Division (Kaitlyn Walsh) for Hands on Learning at

218-348-5281 or KaitlynWalsh@fdrez.com

Contact Elizabeth McLaughlin for Cooking is a SNAP at
218-878-3764 or ElizabethMcLaughlin@fdrez.com

Women's Support Group



Every Wednesday [except the last Wednesday of the month]

5:30 pm - 7:00 pm

Min No Aya Win Human Services Center | Dottie Tibbetts Room

talking circle | emotional support | discussion of women's issues |
opportunities for spiritual growth, healing and cultural teachings

For more information or any questions, contact

Renee Rote, Domestic Abuse at 218-878-3783

Micheala Leecy, Sexual Assault at 218-878-3867

Jasmine Dudreau, General Crime at 218-878-3773

Caroline Blacketter, Lead advocate at 218-878-3709

Refreshments provided. | Childcare is not provided.

Must meet program eligibility requirements.

Fond du Lac Human Services Division | Social Services Department

More Local News

Dewe'igan

I am a fourteen-year-old young man, my name is Jonathan Sweet. My Indian name is Wachee-xe-mani ga (Fierce Walker-Ho-Chunk). I am an Enrolled member of the Ho-Chunk Nation and my mom Shirley is from White Earth Ojibwe Nation.

I was offered the opportunity to help build the drum (Dewe'igan) for Cloquet Schools. I had no idea what to expect or what it all entailed, but my brother Jase and I went along. It was really my mom who brought us, she wanted us to begin some healing because my brother Juel died 5 months ago. My mom believes things happen for a reason, so I am grateful that this was brought before us. I want to someday learn to sing so that I can create a song in my brother's honor.

I was excited to learn the process

of creating a ceremonial drum. I say ceremonial because other than Julian using it to teach singing and songs; the Dewe'igan is used to honor other students in many ways. There are other types of drums and uses for them. The size of the drum was told to us by Spider, who was our teacher for the 3 days. He told us that for our school drum, 30 inches would be perfect. I know that there are Powwow drums, ceremonial drums, contest Powwow drums, and hand drums. Each drum serves its own purpose and has its own spirit. My mom told me that the Dewe'igan is a living thing, so we treat the drum with respect.

The first memory I have of the drum is going to Powwows with my mom, she loves to go and always would have us go out and dance with her. I remember one

time our tega (uncle-Ho-Chunk) Fergie Funmaker had us sitting with him on the drum, it was fun and scary at the same time. Now I know how to make one and I am going to share with you how we did it.

On the first day we drove to the new FDL Cultural Center, just across from the FDL RBC. When we arrived we drove around the back where there were two garages, one was closed and the other was going to be our new work area.

As we walked in I looked around, the first thing I noticed were the hides around the garage; we wandered the workshop until the rest of the kids showed up. There were six of us, when we were all finally there, our teacher introduced himself, his name was Spider. Spider's real name was James, he was going to be our teacher for the next few days. He came from a Tribe in Oklahoma and he told us about how he got into drum making and how it's a hobby of his and that he's been doing it for almost 20 years now.

Spider told us the first step was to find the angle and shape the wood, we were using regular planks of wood. I had no clue how that was going to work until he explained how it was going to be cut. We helped find the right angle of the wood but we weren't allowed to cut, house rules. Since we were waiting for Spider to cut the wood he allowed us to try scraping the hides. The tool used looked like a metal spatula with a bent top that was sharp on the edge. The process of scraping definitely looked easier than it actually was, you had to scrape

hard but also carefully because you don't want to scratch a hole into it and ruin it.

When Spider was done cutting the planks he said our drum was going to be 30 inches, we started by just drawing a big circle onto some plywood, next we lined the planks up around the circle and numbered them off 1-32. When we finished up we had to glue each piece together one by one. After that Spider brought out some adjustable metal bands that we fit around the drum to keep it from falling apart during the drying.

The next day we reused the same plywood from the day before to make supports for the drum since it already had a circle on it. The supports were going to be shaped like a donut to fit the inside of the drum, when we cut out the donuts we had to sand them all around to make a perfect fit. When the supports were finally screwed in, our next task was to sand it, we all took turns learning how to sand properly and sand out the glue spots that were still visible. While we were sanding I saw that Spider had cut circles out of the hides; they were strung up and needed to be scraped once again to make it thinner.

On the next day we sanded it with a different tool just to make it a little smoother around the edges. After we finished sanding we stained the drum blue. The stain was going to take another day to dry so we wrapped it up that day. We came back the week-end after.

As we got started on the final steps, Spider brought over the

fully prepped hides and buffalo sinew ready to be placed on the drum. We started by putting holes into the hide to feed the sinew through, once the hide was placed, Spider taught us how we're supposed to feed the sinew through the hide. When the sinew was tightly wound around the drum Spider said the last thing we have to do is leave it outside for a couple of days to sun dry. As we were threading the drum, we were told to place our hands on the drum and say a prayer, or just put some good vibes on the drum. I prayed for my brother, my grandma, and my family.

We just recently feasted the drum, and now we're currently waiting to have ceremony to name it. I am looking forward to trying to sing again, I feel some connection, like I made a new friend.

I had a few questions about the drum that Julian answered, I was unable to talk with Gene Goodsky and he told Julian to answer my questions. The first one was "why is it only men who sing at the drum" and the answer was that the women are too powerful because they're life givers and they would affect the people around them.

The second question was "what does the drum represent" and the answer was that it represents the heartbeat of the woman. Just like the Sweat Lodge, it too represents the womb of the woman. Wakan (holy-Dakota), my mom says women are holy and powerful, they are life givers, and they deserve respect.

Purchased Referred Care (PRC) (Formerly known as Contract Health Services)

A referral may be generated for specialty care or an emergency room visit may have occurred.

Eligibility for funding is determined utilizing the Indian Health Services and RBC approved policy and procedure.

The approval/denial is communicated on the referral or through written communications.

Patient responsibilities include: submit statement's to Human Services to be paid, respond to insurance inquiries and inform PRC staff of all ER and follow-up visits from referrals.

Please contact PRC with any questions you may have (218) 878-3733

More Local News

LaPorte's faceless doll display up at Cultural Center

Joyce LaPorte, Fond du Lac Elder and artist, received a grant last month so that this month a display of her faceless dolls could go up in the Fond du Lac Cultural Center.

The display, which LaPorte made and was funded by a grant from Spring Board for the Arts, went up after a celebration for her work on June 29. The ceremony was attended by many in her family, her community, and a few friends.

The display is a faceless dolls village that will include a grandmother, grandfather, mom, dad, and two children. LaPorte also stated that this display may start a dialogue with families about violence and experiences over the years.

"I want to promote dialogue amongst our community members around Fond du Lac to talk



about abuse, murder, drugs, alcohol, boarding schools, the pandemic, or anything they want," LaPorte said during the event. "They (faceless dolls) can be picked up and hopefully our community will talk about these things and start healing."

Many of these topics are hard to talk about. Hopefully LaPorte's dolls make it easier for members in our families and communities to talk about because they are important and many in the community may need to discuss or share them.

Pictures from the 80's

The newspaper office has obtained pictures from a Vista worker, who worked for Fond du Lac from 1980-81. I don't know many from Fond du Lac at that time, but would like to ask the readership of this paper to identify any people that they can in these pictures.

Here is this month's picture. If you have any information regarding this picture, please email zacharydunaiski@fdlrez.com or call me at (218) 878-2682. I am working remotely, but will be accessing my voicemail frequently.



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golfatthebear.com

More Local News

Fond du Lac Band proposes returning elk to northeast Minnesota

The Fond du Lac Band submitted a proposal last week to the Minnesota Department of Natural Resources (DNR) to expand the state's elk numbers and range by moving 100-150 elk from existing herds in northwest Minnesota to the area of the Fond du Lac Reservation and Fond du Lac State Forest in Carlton and southern St. Louis counties.

Elk are native to Minnesota with historic numbers once estimated in the thousands and whose range encompassed most of the state. Known as omashkooz by the Ojibwe, they were important to the diet and culture of Native Americans' today.

Minnesota's remaining elk are confined to two small herds in the far northwest corner of the state where one of the primary uses of

land is agriculture. As part of an effort to balance wildlife conservation with agricultural production needs, elk numbers are held in check through regular hunting seasons.

In 2014, the Band initiated an effort to explore the feasibility of restoring elk to three different areas in or near their historic range in northeast Minnesota. The Band partnered with the University of Minnesota and the Rocky Mountain Elk Foundation. In 2016 the University received a grant from Minnesota's Environment and Natural Resources Trust Fund to research levels of public support and potential suitable habitat for elk in northeast Minnesota. The University completed these feasibility studies in August 2019, and results indicated strong support for elk amongst landowners and the general public.

The studies also analyzed habitat suitable for carrying approximately one elk/square mile, which indicates the proposed restoration area has a biological carrying capacity of approximately 287 elk.

"The Band's Reservation Business Committee believes restoring a wild elk population to areas where Band members retain their historic treaty rights is in the Band's best interest," says Fond du Lac Tribal Chairman Kevin Dupuis Sr. "Elk have historically been, and continue to be, an intrinsic part of our culture and traditions."

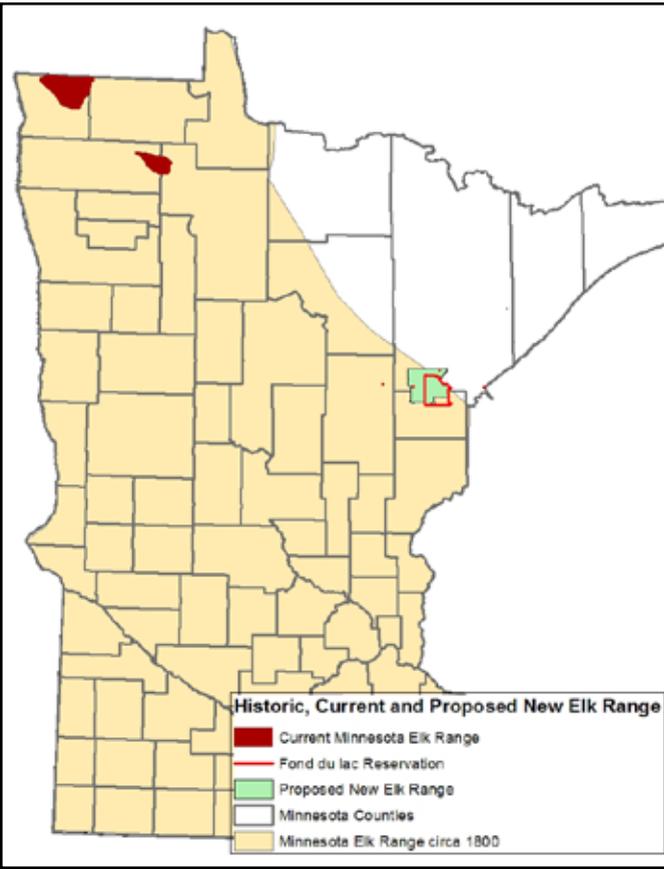
The majority of land in the proposed restoration area is forested and in state, county, or Tribal ownership. Large farms and row crops like corn and soybeans don't dominate the landscape as they do in northwest Minnesota. Elk

are proposed to be moved over a period of three to five years as their numbers exceed established population goals in northwest Minnesota. The Band proposes any elk moved should first be required to undergo appropriate health screenings, and then monitored post release to evaluate the effort in order to assess elk movements, mortality, and any areas of conflict. To be successful this project will require support and collaboration with the Minnesota DNR and other public and private partners. Before moving forward, a period of inter-agency planning as well as public review and input should follow to refine this proposal, develop capture and handling protocols, and write post release state and Tribal elk management plans. The Band proposes initial planning efforts with the Min-

nesota DNR begin this year with a goal of moving the first elk in 2025.

The Band's long-term objectives for elk restoration include: allowing elk to once again play a role in the diet and culture of the region's Native peoples, restoring an elk population, providing recreational opportunities through elk viewing, boosting local economies in an area of the state primed for ecotourism, providing future hunting opportunities for Tribal and non-Tribal members, and restoring a species likely to adapt well to future climate change.

A link to the full proposal can be found at <http://www.fdlrez.com/RM/wildlife.htm>



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American Fur Post also known as Astor Fur Post

Research by Christine Carlson

A Challenge for Sure

Research on this story has surely been a challenge. It has taken me years to figure it all out and hope to finally get it right? In the old village of Fond du Lac, there were actually three different forts.

Fort #1 - This was the Astor Fort that was built about 1817. This fort burned down in 1834.

Fort #2 - This fort was rebuilt due to the fire and officially used until about 1847. At this time, Astor sold his interest to a St. Louis firm.

Fort #3 - This fort was a replica of the original fort that was built at Chamber's Grove for the State Historical Pageant in August of 1935.

From an Address Given by William E. McEwen for the Old Steeler's Association - 1922

The Fond du Lac, as we know it today became a fixed settlement for the white man about 1809 when John Jacob Astor established a fur trading post here. He gave it up in 1812 on account of the war with England, but returned in 1818 sending here William Morrison who became factor of the department. Eustace Roussain and Cotte accompanied him.

Fur Traders paper from the Northeast Minnesota Historical Society

James D. Doty and Schoolcraft describe the Fond du Lac Post in 1820: 3 horses, 3 cows, 1 yoke of oxen, 4 bulls and the implements of husbandry.

men, 60 women, 240 children). Four acres under cultivation in potatoes. No grain has been tried. Soil is rich black mould.

Fort #1 - 1817

At Fond du Lac in 1817; The American Fur Company's Post - Carlton County Vidette of May 2, 1935

The agents of the company made a polite tender to use of the buildings, of which there are about six or seven. They are of logs, one story high, and covered with bark; not their roofs only, but their edges and ends also. They stand on the north side of the river, and about 30 yards from it, on alluvial ground and about ten feet above the level of the water, when at its ordinary height. The river at this place is not more than 150 yards wide and in its middle, directly opposite the buildings, is a small oval island. On this there are a good many Indian lodges.

Information from the letters of McKenney who was in Fond du Lac in 1826

The eight houses were of only one story and were about 9 or 10 feet high. They were built of rough logs with the bark attached.

Some of the houses had additional bark upon the outside of the logs and they all had bark roofs. The chimneys were of native clay and stones and seem to have been attached to big fireplaces.

The fence was made of rough-hewn logs, lacking the bark, and seems to have been crudely made without cross pieces, sunken in the ground and sharpened. This

fence was not intended to be a stockade, for the Indians were friendly. It was merely to enclose a garden tract and to keep animals and marauders from the growing vegetables.

The exact shape of this enclosure was probably about a block long and formed a rectangle.

Some Indians lived in lodges on the oval island across the settlement. The lodges were made of bark, though some were of skins and bark. Most were oval and long and about 7 or 8 ft. high. About 14 Indians lived in each lodge.

Fort #2 - After Fire of 1834 The St. Louis Historical Society has a copy of a letter written from LaPoint on Jan. 2, 1836 by C. Wulff Borup, in which the post is fully described.

"The large store is built of square posts filled in with sound timber, and covered with bark. It is two stories high, the upper part is without partition and used for unbalancing goods. The lower part is divided into three apartments. One is a provision store, the middle a packing and fur store, and the third, which used to be a hardware store, is at present occupied by Mr. Cotte as a store. The adjoining buildings, which therefore was the retail store, is the place where Alfred (referring to Alfred Aitkin) keeps the goods, which are left in his charge. The timber of these two buildings are, as far as I can judge, sound and good."

It is practically impossible to state when the post was abandoned by the American Fur company. After 1849 the fur trade in this region gradually declined.

One author's statement that the buildings of the American Fur company "were yet in existence and in a good state of preservation in 1855" would seem to indicate that they were no longer being used at that time.

Fur Trade Paper - Northeast Minnesota Historical Society

Decade of the 1840's saw the downfall of the American Fur Co. In 1834, J.J. Astor withdrew. Concern reorganized by Ramsey Crooks under old name. Went into bankruptcy in 1842 and assets taken over by Pierre Chouteau Jr. & Co. of St. Louis.

Note -Traders in Fond du Lac: William Morrison in charge 1817-1822 on salary, and 1823-26 on halves. William Aitkin and Eustach Roussain, 1826-1829 on shares. William Aitkin in 1830 with a share of 1/3, later changed to 1/2. After the 1834 reorganization, Aitkin continued in charge until late in 1838. William Davenport succeeded Aitkin in Nov. 1838 and remained until the 1842 reorganization or later. Pierre Cotte was local trader at Fond du Lac during the greater part of the American Fur Company's operation at Head of the Lakes. Father Baraga mentions a Pierre Cotte who had been in that region for about 30 years. Probably first came there season 1818-1820.

Fort #3

To Be Torn Down - The Old Astor Trading Post at Fond du Lac Doomed -Duluth Daily News of February 15, 1892

Steps are being taken to tear down the old John Jacob Astor headquarters fur-trading house at

Fond du Lac, and enough interest has been aroused in the preservation of the oldest building at the head of the lake to call out a vigorous protest. It is probably, however that unless the protest takes the form of cash to buy the old log trading house and fort it will be torn down in a few days.

The fort was built in the days when the Astor Fur company was the rival in the affections of the Lake Superior Indians with the Hudson Bay company, and it was the headquarters for all the fur trade in the region west and northwest of the head of Lake Superior, as well as the upper Mississippi valley. Goods were brought there from the East up the lakes in small schooners that could be hauled about the rapids at the foot of Lake Superior, and from here distributed. The voyageurs reached all parts of the lake by bark canoes.

The Last Fur Storage Building Down - 1915

The last of the post was the fur storage house which was dismantled in 1915. Some timbers were used for a barn for Peter and Christine Peterson who came to old Fond du Lac in 1856.

Regarding the Village of Fond du Lac - Duluth Herald of December 17, 1894

At one time, the village site was the great gathering point for fur traders, both Indian and white, for many hundreds of miles. In a letter written by Mr. Astor in 1832, he speaks of the village as "a place where I have seen gathered together at least 3,200 whites and Indians."

Health News

Oral, mouth & throat cancer

Did you know tobacco, alcohol & HPV (human papilloma virus) are the leading causes of oral cancer? The HPV virus is the same one that is associated with cervical cancer in women. Oral cancer is a disease in which cancer cells form in the mouth, lips, cheeks, gums, tongue, hard palate, tonsils and the throat. With early detection, survival rates are higher and side effects from treatments are lower. Oral cancer is one of the top ten most commonly diagnosed cancers in American Indian men. Oral cancer is caused by commercial tobacco use, alcohol use, the human papillomavirus (common virus that can cause 6 types of cancer), sun exposure and poor diet and physical activity. Oral cancer screenings are an effective means of finding cancer at its early, highly curable stages. HPV 16 is the strain of the virus that can lead to oral cancer. HPV 16 is the leading cause of oropharyngeal cancer or cancer in the very back of the mouth and base of the tongue. HPV 16 is found in about 2 out of 3 oropharyngeal cancers. These cancers are more than two-three times more common in men than in women.

Signs & symptoms include: sores in the mouth that don't heal (most common), red and/or white discolorations of soft tissue in mouth, sensation that something is stuck in your throat when swallowing, hoarseness that lasts for prolonged period of time, difficulty with chewing, swallowing, moving your tongue or jaw. For prevention of HPV, two doses of HPV vaccination are recommended for all children starting as early as 9 years old. If children start series at age 15 or later, three doses are needed. HPV infections have dropped 86% due to vaccinations in the United States.

Remember to make oral screening part of your annual health or dental checkups for early detection. Always consult your Healthcare provider with any questions or concerns.

Sources: Centers for Disease Control and Prevention www.cdc.gov/hpv/index.html, U.S. Department of Health and Human Services National Institutes of Health www.nidcr.nih.gov, American Cancer Society www.cancer.org, American Indian Cancer Foundation www.americanindiancancer.org/oral_cancer

A message from your Fond du Lac Cancer Control Project

Methods of preventing heat related illness

According to the Center for Disease Control (CDC) extreme heat is defined as summertime temperatures that are much hotter and/or humid than average. A series of unusually hot days is referred to as an extreme heat event and, as the climate changes, it is expected that these events will become more common. Everyone is susceptible to heat related illnesses such as heat cramps, heat exhaustion, and heat stroke when faced with extreme heat, but infants/children, adults 65+, people overweight, and individuals with chronic health conditions are considered to be particularly vulnerable to severe distress caused by overheating.

The CDC recommends practicing the following three methods to help with heat:

Stay Cool:

- NEVER leave your children or pets in a parked car; even if the windows are rolled down.
- When possible, avoid being outside during the hottest parts of the day (between 10am and 4pm) when UV rays are strongest.
- Wear lightweight, light-colored and loose-fitting clothing (such as cotton pants, long-sleeved shirts and rimmed-hats) that can comfortably be worn to cover as much of your skin as possible
- Keep infants younger than

6 months of age out of direct sunlight. Find a shady spot for them to rest.

- Stay in a cool air-conditioned space when possible. If you do not have air-conditioning in your home you can spend time in air-conditioned spaces such as a public library or shopping mall. Even a couple hours in a cool space helps your body to regulate its internal temperature.
- Wear broad spectrum sunscreen at least spf15-30. Sunburn impacts your body's ability to cool itself and contributes to dehydration. Sunscreen needs time to absorb into the skin, so apply to exposed areas 15-30 minutes before going into the sun.
- Do not use sunscreen on infants younger than 6 months of age.
- Going to the beach or pool is another great way to cool off, but always be mindful of your exposure to the sun, even on cloudy days (80% of UV rays still permeate through clouds), and always practice swim safety with children.
- Avoid hot and heavy meals as they add heat to your body as well as heat up your living space if you are using an oven or stovetop to cook them with.
- Electric fans may provide relief on hot days, but keep in mind that when temperatures reach the upper 90s they will not prevent heat related illness.
- If you do not have air condi-

tioning in your home, or a cool place to travel to, taking a cool bath or shower is great way to prevent the effects of extreme heat.

Stay Hydrated:

- Drink a sufficient amount of fluids despite how active or thirsty you are.
- CAUTION: consult your doctor on how much water is safe for you to drink on hot days if you are currently on fluid restrictions or taking water pills.
- You can replace important salt and minerals your body loses to heavy sweating by consuming a sports drink or taking a salt tablet.
- CAUTION: consult your doctor if you are on a low-salt diet, have diabetes, high blood pressure or other chronic health conditions before consuming a sports drink or taking salt tablets to replenish your body of lost salt and minerals. Avoid alcohol and sugary drinks as these actually cause you to lose more bodily fluid.
- Avoid drinking very cold drinks as they may cause stomach cramps.

Stay informed:

- Listen to local news frequently for extreme heat alerts, safety tips and information regarding cooling centers in your area.
- Learn the signs and symptoms of heat related illness (heat stroke, heat exhaustion,

heat cramps, heat rash and sunburn).

- Monitor those who are high risk for heat related illness (infants/children, adults 65+, people who are overweight and those who are physically ill (especially those with heart disease, high blood pressure or taking medications for depression, insomnia or poor circulation)).
- Check in with adults who are considered high risk for signs and symptoms of heat related illness at least twice a day during extreme heat events.
- Frequently monitor infants and children for signs of heat related illness during extreme heat events.

Resources:

American Academy of Pediatrics. (2021, May). Sun Safety: Information for Parents About Sunburn & Sunscreen. <https://www.healthychildren.org/English/safety-prevention/at-play/Pages/Sun-Safety.aspx>. Centers for Disease Control and Prevention. (2017, June 19). Tips for Preventing Heat-Related Illness. Centers for Disease Control and Prevention. <https://www.cdc.gov/disasters/extremeheat/heat-tips.html>. US Department of Commerce, N. O. A. A. (2021, June 1). Heat Safety Tips and Resources. National Weather Service. <https://www.weather.gov/safety/heat>.



Health News

National Breastfeeding Month

“Breastfeeding significantly improves the health, survival and wellbeing of infants, children and their mothers”

“Breastfeeding is one of the best investments for saving lives and improving the health, social and economic development of individuals and nations”

“All parents with young children should have access to skilled breastfeeding counselling and support from health facilities, workplaces and communities”

The quotes above are from the World Alliance for Breastfeeding Action (WABA). They are especially important this month because August is National Breastfeeding Month. National Breastfeeding Month is a global campaign to encourage and support breastfeeding and improve the health of babies around the world. This year's theme is *Every step of the Way*. Within the month of August, each week has a different, but related, theme. The first week is World Breastfeeding Week with a theme of *Protect Breastfeeding: A Shared Responsibility*. Week two, August 8-14, is Native Breastfeeding Week with a theme of *Nourishing Our Futures*. Week three, August 15-21, is Asian American, Native Hawaiian and Pacific Islander Week. Its theme is *Reclaiming Our Traditions*. Week four, August 25-31, is Black Breastfeeding Week with a theme of *The Big Pause: Collective Rest for Collective Power*.

The themes of 2021 focus on how breastfeeding can contribute to the survival, health and wellbeing of all and the importance of protecting breastfeeding worldwide, which includes support from all levels.

The benefits of breastfeeding for the woman include helping with birth spacing, recovering from childbirth faster, reducing the risk of

breast, cervical, uterine and ovarian cancers and lowering the risk of hypertension.

Because the breastfeeding mother provides antibodies and certain gut germs to the baby, via breastmilk, the baby's benefits include decreased incidence of infectious diseases, diarrhea, respiratory infections and ear infections.

Other benefits of breastmilk include supplying nutrition for proper growth and development by having the perfect blend of nutrients that adjust to meet the baby's nutrition requirements as the baby grows. Delivering this perfect nutrition at the right temperature (no need to warm up a bottle) and promoting a healthy weight for the infant.

The World Health Organization, American Academy of Pediatrics and numerous other organizations recommend:

- Early initiation of breastfeeding within one hour of birth
- Exclusive breastfeeding for the first six months of life
- Continued breastfeeding up to two years of age or beyond, with the introduction of nutritionally adequate and safe complimentary (solid) foods at around six months.

According to the Centers for Disease Control 2017 data, nationwide, 84% of babies start out breastfeeding. Unfortunately, many don't continue beyond a few weeks. The percent of babies breastfed at six months of age decreases to 58% and at 12 months, down to 35%. Minnesota rates are higher than the nation with 95% ever breastfed, 79% at six months and 49% at 12 months.

Often, a lack of support is the reason many stop breastfeeding. Other reasons include issues with milk supply or latching, concerns about infant nutrition or weight, mom's medications and drug use/removal

of infant.

This year's theme, *Every Step of the Way*, can help bring more awareness and support to breastfeeding families to increase initiation and duration rates. Support should not be just individual. It needs to come from all levels, including health systems, workplaces and communities. More organizations are recognizing the benefits of breastfeeding and are becoming more breastfeeding friendly by making changes that include: providing a clean and appropriate place for expressing milk, allowing time for milk expression and providing breastfeeding friendly spaces for guests and visitors.

Fond du Lac Community Health Services is proud to have been able to honor our breastfeeding families for many years with a Breastfeeding Honoring Dinner or a small gift during National Breastfeeding Month.

The FDL Maternal Child Health (MCH) staff, the FDL WIC staff and the FDL doula are available to praise, support and encourage breastfeeding families.

Because of the pandemic, some celebrations have to be planned differently. The MCH/WIC team is hoping to be able to honor our breastfeeding families, in some form, during Native Breastfeeding Week.

If you are pregnant or currently breastfeeding and are looking for more information and support, contact the FDL MCH nurses at (218) 878-3790 or the FDL WIC Program at (218) 878-2115.

#WBW2021 #WABA #ProtectBreastfeeding #breastfeeding #worldbreastfeedingweek2021

*sources include WABA, CDC, MDH, Mayo clinic, American Pregnancy Association, American Academy of Pediatrics, USbreastfeeding.org, breastfeedingpartners.org

HPV Cancer Prevention

A parent's guide to the HPV vaccine for your preteen

The American Indian Cancer Foundation asked parents what they need to know about the HPV vaccine. We listened, and want to give you the best information to help make the right choice for your child.

Why does my child need the HPV vaccine? Is it necessary?

Cancer is a leading cause of death for American Indians. By getting the HPV vaccine for your child, you can protect them from common HPV cancers, which include cervical, anal, penile, vaginal, and some throat cancers. American Indians are at higher risk for many of the HPV cancers. In some regions, American Indians are four times more likely to get cervical cancer, the most common HPV cancer.

What is the best age to get the vaccine?

The vaccine is most effective for children ages 11-12. A child can get the vaccine at age 9. It's possible to get the vaccine after age 12, up to age 26, but it is not as effective. Getting the vaccine now, when it is most effective, will protect your child from cancers later in life.

What is HPV, and what does it have to do with cancer?

HPV is a common infection that can lead to several types of cancers. HPV is passed from skin-to-skin, usually during sex. Almost all people will come into contact with HPV in their lives. It is important to get the vaccine before coming into contact with HPV, which can turn into cancer.

Is it for boys and girls?

Yes. Both males and females can get throat and anal cancers from HPV. Men can also get penile cancer. Women can also get cervical, vaginal, and vulvar cancers.

Is it safe?

Yes. There have been 57 million doses of the HPV vaccine given, with zero serious safety concerns.

Does it actually prevent cancer?

Yes. HPV causes 99.9% of cervical cancers and the majority of other HPV cancers. The vaccine prevents the types of HPV that cause 90% of these cancers.

How can I get the vaccine?

Talk to your doctor about the HPV vaccine, even if they don't bring it up. The vaccine is free for all American Indians through the Vaccines for Children program.



American Indian Cancer Foundation
AICAF.org/HPV



Park Nicollet Foundation

14th Annual Screening at Min No Aya Win



Mammograms screen women for signs of breast cancer. They are recommended for women age 40 and older.

Due to COVID-19,
please be aware of the changes in procedures.

- You will need to make appointment, there will be no walk-up appointment available.
- COVID screening before appointment will be done by phone call.
- All patients will be required to wear a mask.



Tuesday, August 3, 2021
Wednesday, August 4, 2021
Thursday, August 5, 2021
8am – 12pm | 1pm – 4pm

For more information and to schedule an appointment, call Jolene at 218-655-3693.

For transportation call 218-878-7500
by July 29th.

Must meet program eligibility requirements.
Fond du Lac Human Services Division | Community Health Services Department

Ashi-niswi giizisoog (Thirteen Moons)

Inspiring Northeast Minnesota

Acknowledging people who are making a difference.

Honoring Fond du Lac Housing & Social Services

Fond du Lac Housing and Social Services staff went above and beyond to support the community and address homelessness over the past year. Their staff are actively involved in NE CoC initiatives, including the recent process to remove the VI-SPDAT from our Coordinated Entry assessment and to create a system that is more inclusive and culturally responsive.

Fond du Lac developed a motel shelter project in 2020 in response to the emerging needs in the community for safe spaces to quarantine and isolate due to COVID. They are leaders in creating positive change and addressing tribal homelessness. A great example of their recent leadership and advocacy is their work with the Minnesota Tribal Collaborative to pass legislation that allows Tribes to access and administer HUD CoC funding (Tribal Access to Homeless Assistance Act).

Congratulations and thank you for making a difference in the community!



I would like to recommend the Fond du Lac Housing Staff for recognition of exemplary teamwork in their dedication to house their Tribal members. When my FDL referrals preferred Tribal Housing, Valerie Whitebird, Mary Dier, Lynne White, and Andrea Linton all pulled together, keeping me informed of my clients' status, educating me on many tribal policies and procedures, finding places and just going the extra mile to ensure they achieved permanent housing. In some cases, the journey traveled was many miles. I have such respect for their dedication and am grateful for their cooperation. There is an old saying: "Go the extra mile, for it is never crowded".....and they exemplify this.

- Kathleen Saebeni, Sakotan Army

Seeking Indigenous Students Committed to Education

Minnesota Indian Teacher Training Program & Fond du Lac Tribal & Community College Scholarship

Eligible Applicants:

Students who are enrolled @ FDLTCC, full or part-time status within one of our programs;

- Child Development
- Elementary Education
- Students/applicants must be:
 - Tribally enrolled or
 - First generation descendent or
 - Second generation descendent

For more information and application please contact: Tara Graves @ tgraves@fdltcc.edu

Application deadline for Fall Semester is September 10, 2021

MINNESOTA STATE



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13 Moons Golf Tournament



Date: **August 20th, 2021**
Shot Gun Start: **9:00 a.m.**
Location: **Black Bear Golf Course**
1791 Highway 210
Carlton, MN 55718

13 MOONS SCRAMBLE

\$236 Foursome or \$59 Individual
(Includes: Green Fees, Cart and Lunch)

Optional Team Skins Game \$50/team

50/50 Raffle - Raffle for prizes - #11 Par 3 game - #7 Bear Paw Drop - #16 Move Up Shot

Hole In One Contest #4 First Hole in One Wins \$13,000.00 CA\$H

2 players from your team will play scramble but will be paired with 2 players from another team. The other 2 players from your team will also play scramble and be paired with 2 players from another team.

You DON'T play with the other 2 players on your Team.

Once the round is completed you add your 2 (2) player scramble scores together to come up with your 13 Moons Scramble Score.

Proceeds will go to the 13 Moons 2022 Gichi Manidoo Giizis Pow Wow Traditional Feast
First 26 Paid Teams Will Be Accepted, Deadline to sign up is August 16th at 4:30p.m.

Sponsorships Available

For more Info: Contact Phillip Savage @ 218-878-7123 or Phillipsavage@fdlrez.com
Make checks payable to: **FDL Development (add 13 Moons Golf Tournament to the memo line)**

Mail to: **FDL Resource Management ATTN: Phillip Savage 1720 Big Lake Road, Cloquet, MN 55720**



Ashi-niswi giizisoog (Thirteen Moons)

Manoominikie giizis

Manoominikie giizis is the Ricing Moon. The new begins on August 21st. Other names for the month of August are Odatagaagomini giizis or Blackberry Moon and Basikwa'o giizis or Flying Moon.

Anishinaabemowin Lessons

Double Vowel Chart

This is how to pronounce Ojibwe words.

All consonants sound the same as in English.

“Zh”- sounds like the “su” in measure

“a”- sounds like the “u” in sun

“aa”- sounds like the “a” in father

“i”- sounds like the “i” in sit

“ii”- sounds like the “ee” in feet

“o”- sounds like the “o” in go

“oo”- sounds like the “oo” in food

“e”- sounds like the “ay” in stay

Four Medicines

Cedar- Giizhikaandagoons

Sage- Bashkodejibik

Sweet Grass- Bashkodemashkosiw

Tobacco- Asemaa

Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

E I F B B D Q O P A M I I H K D Y I H G
 W L I P I A I J V I P R M N R G P P T I
 J K X W N D V B S F I B A G E S A A N D
 F N P O E N Z K I B H Z N A A W J A A A
 F S Z X N A W N A S J C R X Q S T G V G
 M R M G D A T A A V H X G V R Y V A L A
 E V H U A X W A J A O K J K Q X I N W A
 M X Z W M N F R A P W G O L B V R I W K
 X Z A G I F U T Z G L K K O I G A G V O
 A A U M U N M Y V V I I A E K M E R K O
 K A K Z W E I E O W G B Y W J A A D M N
 M B G F Z Z I K T X Z Q O D I O M I O S
 G D Z I T N J B I M F M W W K I H I P K
 S P B D N D O P G O O P P T K A W S G J
 B Y O E A I R E N A G I A N I Z A M T I
 K T E K W Q P E M Z H A L B K D B Q R G
 Y I A V K Z B J C H B R D K G P G Y M V
 F J F H Z I H X R V J L Y R E H U V S Z
 I G K J W H K D O M J D H J O I R N H Q
 O S L C H E L N F G C C F L D L X I S Z

ATAAGIB/algae

BAGESAAN/plum

DAKAJI/chill

DIBISHKOOKAMIG/opposite

GIDAGAAKOONS/fawn

GINAGAAPI/giggle

INENDAM/decide

INIGAA/injure

MAZINAIGAN/book

MINWAABI/eye sight

MISKWAAWAAK/red cedar

OJIIM/kiss

WAANZH/den

WIIWAKWAAN/hat

Etc

2021 Open RBC meeting calendar revised –in person and Zoom

Meetings are held on the third Thursday of the month
Zoom Link is on FDLREZ.COM or you can call (312) 626-6799
Meeting ID is 847 689 6955 Pass-code 38517

August 19 5:30 p.m. Zoom and Sawyer Community Center, Quarterly Meeting.

September 16 5:30 p.m. Zoom and Brookston Community Center.

October 21 5:30 p.m. Zoom and CAIR.

November 18 1:30 p.m. Zoom and Cloquet Community Center, Quarterly Meeting.

Three students awarded law enforcement scholarships

The Fond du Lac Tribal and Community College Foundation announced that three students received law enforcement scholarships for 2021. The three students were selected from a group of outstanding applicants who are seeking careers in law enforcement.

Boyd Billman received the Kiwanis Scholarship and Patricia

Grace Scholarship; Martyann Birman received the Kiwanis Scholarship and Katie Poirier Scholarship; and Alysia Oswald received the Katie Poirier Scholarship.

Boyd Billman, a 2017 graduate of Proctor High School and current resident of Saginaw, Minnesota, is in his second year of the law enforcement program at FDLTCC and will complete the Professional Law Enforcement Skills Training certificate program in July 2021. Boyd previously received Bachelor of Arts degrees in Criminology and Sociology from the University of Minnesota Duluth. After completing the Law Enforcement program at FDLTCC, he wants to pursue a career in law enforcement in the Duluth area. Discussing his reasons for pursuing a career in law enforcement, Boyd said, “I have a desire to work a career that is both rewarding and challenging. I believe law enforcement will allow me to challenge myself while continually helping my friends and neighbors.”

Martyann Birman, a 2006 graduate of Superior High School and current resident of Duluth, is in her second year of the law enforcement program at FDLTCC and will complete the Professional Law Enforcement Skills Training certificate program in July 2021. Martyann’s career goals including serving, protecting, and improving her community by bringing positivity back into policy.

Alysia Oswald, a 2006 graduate of Moose Lake High School and current resident of Sturgeon Lake, recently completed the first year of the law enforcement program at FDLTCC. Alysia said her previously work experience in corrections, inspired her to, “want to make a positive impact in the community and to inspire others

to pursue their dreams.”

The Katie Poirier Memorial Law Enforcement Scholarship was established to honor and remember Katie Poirier, a Fond du Lac Tribal and Community College student who had a career goal of becoming a law enforcement officer. Scholarship funds are provided by the Poirier family and the Fond du Lac Tribal and Community College Foundation in memory of Katie.

Opening on the Fond du Lac Cultural Resources Advisory Review Board

The Fond du Lac Cultural Resources Advisory Review Board is seeking one (1) representative from the Sawyer District to fill a seat on the Fond du Lac Cultural Resources Advisory Review Board. The purpose of the Cultural Resources Advisory Review Board is to provide the Fond du Lac Reservation Business Committee and the Fond du Lac Tribal Historic Preservation Officer with meaningful advice and guidance regarding the preservation of cultural resources and historic properties within the exterior boundaries of the Fond du Lac Reservation. The Cultural Resources Advisory Review Board meetings are held once each quarter. If you have questions or have an interest in being on this committee, call Virginia Lord at FDL Resource Management (218) 878-7102.

FACE program

The Fond du Lac Family and Child Education (FACE) Program is proudly serving families in our community. The overall goals of the FACE program continue to be:

- Support parents/primary care-

givers in their role as their child’s first and most influential teacher

- Strengthen family-school-community connections
- Increase parent participation in their child’s learning and expectations for academic achievement
- Support and celebrate the unique cultural and linguistic diversity of each American Indian community served by the program
- Promote lifelong learning.

FACE has been designed to implement a family literacy program for the American Indian families in BIE-funded schools. Program services integrate language and culture in two settings: home and school. In the home-based setting, services are provided through the 4-component model: Personal Visits, FACE Family Circle (Group Connections), Screening, and Resource Network. In the center-based setting, services are provided through: Adult Learning, Early Childhood Education, Parent Time, and Parent and Child Together (PACT) Time.

Not only do we focus on literacy at school but we also focus on literacy in the home. All actively participating families receive age-appropriate Imagination Library books from Dollywood Foundation for their children every month from birth to five.

If you are interested in more information about our FACE Program and the people we serve, please contact us at (218) 878-7231.

Summer Food Service Program this summer

Fond du Lac Reservation is participating in the Summer Food Service Program (SFSP). Meals will be provided to all Enrolled children without charge and are



FDL COMMUNITY ANNUAL ELDERS PICNIC

August 6, 2021 | 10 am - 2 pm
FDL Ojibwe School Pow Wow Grounds
(IF IT RAINS, THE PICNIC WILL BE IN THE OJIBWE SCHOOL GYM)

All FDL Enrolled Elders and Spouses are WELCOME!

If transportation is needed, please call the CHR office at 218-878-2128.

*****Must present FDL Tribal ID*****

- To receive tickets for prizes and to claim prizes.
- Must be present to win.
- Open to enrolled FDL Band members 52+ and spouses
- Registration at 10 am | Prize Drawings after lunch
- Lunch will be served at 11:30 am
- **ABSOLUTELY NO Children or Pets Allowed**

Fond du Lac Reservation | Fond du Lac Human Services Division

Etc

the same for all children regardless of race, color, national origin, sex, age, or disability, and there will be no discrimination in the course of the meal service. Meals will be provided, on a first come, first serve basis, at the following sites, times, and dates/days during the summer as follows:

Lunches will be distributed at the FDLOJS Gym doors starting June 14-August 29, 2021, Monday-Thursday 11:30 a.m.-1 p.m.

For more information, contact Nikki Harris. Fond du Lac Ojibwe School 49 University Rd Cloquet, MN 55720 (218) 878-7271 or nikkiharris@fdlrez.com

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027), found online at http://www.ascr.usda.gov/complaint_filing_cust.html and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed complaint form or letter to USDA by:
1. Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov

This institution is an equal opportunity provider.

** All Adult meals will be charged \$4.25 **

Child tax credit

As part of the American rescue plan, legislation that passed earlier in 2021, millions of American are receiving automatic payments for the Child Tax Credit simply by

having children and not having to do anything special to get the money automatically.

The new credit will give \$3,600 per child under the age of six, and \$3,000 for ages 6-17 will be given around the 15th of each month through the rest of 2021. Parents would have to opt out not to receive monthly payments and claim them on their 2021 taxes next year. This credit is being given to couple with children who make less than \$150,000 or single parents making under \$112,000. As CNN reports, this will have an impact on many Americans.

The vast majority of families -- roughly 39 million households, covering 88% of children -- will get the credit automatically because they filed 2019 or 2020 returns claiming the credit. Families that file taxes electronically should see payments in their accounts Thursday [July 15] that say "CHILD CTC," while families that file via mail should expect checks in "several days," per the administration.

As the Washington Post reports on this new expanded child tax credit, the proposal could bring 5 million children out of poverty. That money, which could help millions of families put food on their table, is only a small part of the \$1.9 trillion bill which passed in March.

The plan includes a \$100 billion expansion of the child tax credit program, which will infuse family budgets with up to \$1,600 more per child, and will allow even the lowest-income families to benefit. Under the previous child tax credit, families got up to \$2,000 off their tax bills per child, but many poor families got a smaller benefit -- or nothing at all.

If you have any questions about the Child Tax Credit, visit the

White House's page on the child tax credit.

Sources: <https://www.whitehouse.gov/child-tax-credit/>, <https://www.cnn.com/2021/07/15/politics/biden-expanded-child-tax-credit-remarks/index.html>, and <https://www.washingtonpost.com/education/2021/07/13/child-tax-credit-poverty-school/>

May 4, 2021 Zoom School Board Meeting

School Board Minutes Called to Order: 12:05 p.m.

Roll Call:

Present: Deb Johnson-Fuller, Robert Peacock, Carol Wuollet, Jeffrey Tibbetts and Michael Diver.

Absent: Dawn Ammesmaki and Naomi Northrup

Others present: Superintendent Jennifer Murray, School Principal Valerie Tanner, Special Education Coordinator Sharon Belanger, Community Activity Supervisor Antonio Flores, Wellness Coordinator Daniel DuPay, Kitchen Supervisor Mace Fonoti and High School Guidance Counselor Vicki Oberstar.

Deb Johnson-Fuller called the meeting to order

Reading of Mission Statement and Vision: Valerie Tanner

Approval of Agenda: Motion made by Robert Peacock, 2nd by Carol Wuollet, all in favor, 0 opposed, motion carried.

Approval of Minutes April 6, 2021: Motion made by Robert Peacock, 2nd by Michael Diver, all in favor, 0 opposed, motion carried.

Review of Ledger:

• Potential of 1.7 million ARPA CARES funding

New Business:

COVID 19 update:

• Most of staff are vaccinated and continue to let staff know that vaccines are still available.

2021/2022 Budget

• Does not include ARPA funds

• Categories the same as the 1st round, however this money will extend to 2024

• Will use extra funds for extra staffing

• Would like to propose to RBC so we can utilize funds for new school year.

Approval to submit 21/22 school budget to the RBC: Motion made by Carol Wuollet, 2nd by Michael Diver, all in favor, 0 opposed, motion carried.

FDLOS/Cloquet Cooperative Agreement

• Michael Cary Superintendent of Cloquet will put it to the Cloquet school board

• When our board approves and Cloquet board approves it is signed and sent to the state.

Motion to approve Cooperative Agreement: Motion mad by Robert Peacock, 2nd by Carol Wuollet, all in favor, 0 opposed, motion carried.

Old Business:

Strategic Plan Review:

• New plan will be sent out next week with a reminder

• Jen will send out old plan to the

Aspiring Entrepreneur or Small Business Owner?



Attend a Free Small Business Development Workshop

Training by RedWind in Partnership with The Fond du Lac Band

WHEN: August 26th - 27th (Thursday and Friday All Day)

TIME: 9:00 AM – 3:30 PM Central

WHERE: In-Person at Black Bear Casino Resort Meeting Space (1785 MN-210, Carlton, MN 55718) **Please self-screen for COVID-19 symptoms. Masks are required for unvaccinated individuals
**light lunch provided

TO REGISTER: https://www.nativesmallbusiness.org/2021_fond_du_lac_ee

OR CONTACT: Kyle Smith, RedWind ksmith@redwindgroup.com, 713-522-2472
Jamie Adams, Fond du Lac Planning, jamiadams@fdlrez.com, 218-878-2631

More about the workshop: http://www.nativesmallbusiness.org/inside_the_workshop

Topics

- Entrepreneurial Skills and Knowledge
- Business Planning (Business Model, Value Proposition and Differentiation)
- Marketing (Who are my customers, how to reach customers)
- Market Research
- Record Keeping
- General Business Issues Overview
- Cash Planning & Tools for Financial Management

Native American Entrepreneurial Empowerment Workshops are provided to native communities across the country through support from the United States Small Business Administration (SBA) Office of Native American Affairs (ONAA). ONAA contracted with RedWind to provide workshops through contract number: SBAHQ-17-F-0050. Find more information at <http://www.nativesmallbusiness.org/>



Etc

board today with her notes.

Supervisor Reports:

Superintendent Jennifer Murray- Reviewed; Building Principal Valerie Tanner- Reviewed; Education Grants and Accountability Manager Dan Anderson- Reviewed; Special Education Sharon Belanger- Reviewed; Cook Supervisor Mace Fonoti- Reviewed; Cultural Curriculum Coordinator- Reviewed; FACE Coordinator Lorraine Houle-Reviewed; Athletic Program Manager Earl Otis- no reports Transportation Michael Quam- Reviewed.

Other:

No Questions.
Motion to adjourn made by Jeffrey Tibbetts, 2nd by Robert Peacock, all in favor, 0 opposed, motion carried to Adjourn. Adjourned at 12:57 p.m. Recorded by Julia Lintgen.

June 8, 2021 Zoom School Board Meeting

School Board Minutes Called to Order: 12:15 p.m.

Roll Call:

Present: Deb Johnson-Fuller, Robert Peacock, Carol Wuollet, Jeffrey Tibbetts, and Dawn Ammesmaki.

Absent: Michael Diver and Naomi Northrup

Others present: Superintendent Jennifer Murray, School Principal Valerie Tanner, Grants & Accountability Managers Dan Anderson & Maria Defoe, Special Education Coordinator Sharon Belanger, and High School Guidance Counselor Vicki Oberstar.

Deb Johnson-Fuller called the meeting to order

Reading of Mission Statement and Vision: Valerie Tanner

Approval of Agenda:

Add to New Business MN High School League Resolution (MNHSL) for Membership is due August and viewing of video is mandatory.

Motion made by Jeffrey Tibbetts, 2nd by Carol Wuollet, all in favor, 0 opposed, motion carried.

Approval of Minutes April 6, 2021: Motion made by Robert Peacock, 2nd by Carol Wuollet, all in favor, 0 opposed, motion carried.

Review of Ledger:

Bridget will be sending updated budget.

New Business:

COVID 19 update:

- Summer school programming is in session, the staff and students continue to wear masks

- High School credit recovery is in person or online by appointment with staff and tutors are available IOWA: Identified Official with Authority

Annual renewal to MN Department of Education database allows the Superintendent to give other administrators access to data.

Motion to approve renewal made by Robert Peacock, 2nd by Dawn Ammesmaki, all in favor, 0 opposed, motion carried Part B Application:

Sharon presented the plan and is requesting the entire amount of Part B funds.

Signatures will be required, it will be signed and sent back to the superintendent.

Motion to approve made by Jeffrey Tibbetts, 2nd by Dawn Ammesmaki, all in favor, 0 opposed, motion carried.

MN School Board Association Renewal:

The school board will review and table for July 13th meeting.

Motion to table made by Robert Peacock, 2nd by Jeffrey Tibbetts,

all in favor, 0 opposed, motion carried.

MNHSL video “Why We Play” viewed by the school board. The 2021-2022 Resolution for Membership in the MNHSL will be filled out by the Athletic Coordinator and returned to the Superintendent for signature.

Old Business:

Strategic Plan: Mirja will have the draft to the board at the July meeting.

Supervisor Reports:

Superintendent Jennifer Murray- Reviewed; Building Principal Valerie Tanner- Reviewed; Education Grants and Accountability Manager Dan Anderson- Reviewed; Special Education Sharon Belanger- Reviewed; Cook Supervisor Mace Fonoti- Reviewed; Cultural Curriculum Coordinator- Reviewed; Athletic Coordinator Earl Otis- Reviewed; Transportation Michael Quam- Reviewed. Jeffrey Tibbetts will reach out to Athletic Coordinator about college recruitment.

Other:

No Questions.

Motion to adjourn made by Carol Wuollet, 2nd by Jeffrey Tibbetts, all in favor, 0 opposed, motion carried to Adjourn. Adjourned at 1:07 p.m. Recorded by Julia Lintgen.

Power company scams

Several FDL residents have gotten calls from someone stating that they are MN Power. They tell the individual that “...if they don’t pay their power bill now, they will be disconnected tomorrow.” **THIS IS A SCAM.**

If you get a call like this hang up and call MN Power, (218) 722-2625, and verify the disconnect.

Do not pay over the phone with credit cards, debit cards, or checking account information.

Energy Assistance still available

Applications for the 2020-2021 heating season will be taken up to Sept. 1. If you haven’t already applied and are having trouble paying your energy bills, please call us for an application. Grants are based on income, family size, fuel type, and last year’s consumption.

Crisis money is also available. If you are an energy assistance household and have pending disconnects or are low on fuel, in most cases we can help you.

For assistance please call (218) 878-2658 or (218) 878-2603. We accept all clients from the FDL Reservation and the surrounding area. If you live in the Duluth or Iron Range area call AEOA, Virginia 1-844-568-0149. If you reside in western Carlton County or south into Pine County contact Lakes & Pines, Mora (320) 679-1800 option #2. If you live other places in MN call this toll-free number to find your local service provider 1-800-657-3710. In Wisconsin call 1-866-432-8947.

LEGAL NOTICE – AUGUST 2021

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed

with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

BLACKWELL, Mary Therese
CICHY, Gerard
CICHY, Leslie
DEFOE, Jackie Ann
DICKSON, Madonna R.
DURFEE, Thomas
FIOLEK, Bernice
FRIEDMAN, Ann Lorraine
LAPRAIRIE, Robert
LEE, Patricia J.
MARRONE, Elizabeth Ann
MARTIN, Travonti Josh
MARZINSKE, Larry
OLSON, Emmanuel Samuel
RUSSEAU, Cordell George
SAVAGE, Mark
SHABAIASH, Kevin L. Jr.
SIMON, Stella
SOULIER, Gary
TIESSSEN, Melissa Lee
WESAW, Joze R.
WILEY, Roxanne Marie

Community News

Happy Birthday

To my son **Wesley Nikko** (July 27), happy 29th birthday.

Love, Mom always



Happy birthday to my Girls ...

Lu (Aug. 1) and **Amy** (Aug. 17).

Loving you both with my whole heart!

Love, Mom

Happy 4th birthday to my Punkin' **Rowyn** (Aug. 2)

Meemah loves you!



Happy 16th birthday to **Cade Bodell (Lucia)** (Aug. 9) the best farm kid ever! We love you and are so proud of the man you are!

Love Mom, Wayne, Hunter, Destiny, and family

Happy anniversary

Happy anniversary **Loretta Brown** (Aug. 16).

I love you, Darrell

Congratulations

Congratulations **Linda Savage** for your Hole in One at Black Bear Golf Course! Hole #4 for 151 yards #Driverstatus

Obituaries

Kenneth L. DeFoe, Jr., "Niizhoo Gwaanabe", 57,

passed away with his family by his side on Monday, June 14, 2021, at Miller Dwan Medical Center in Duluth. He was born November 17, 1963, in Cloquet to Kenneth L. DeFoe, Sr. and Geraldine L. DeFoe. Ken was employed for the Fond du Lac Reservation since 1981, working up the ranks from laborer to head of FDL Housing and the head of FDL Construction Company. He helped plan, develop, build homes, community buildings and roads to name a few things throughout the reservation. Ken started his own company building and remodeling homes for ten plus years, before going back to FDL, running remodeling crews and passing on his trade to fellow young band members. He was a proud member of Fond du Lac serving in many different areas over the years. Ken enjoyed hunting, fishing, spearing, ricing, and spending time with his family and helping his family, friends, and community members in his spare time. He was passionate about watching his grandchildren play sports and grow into young adults. Ken will be greatly missed by family and the community he helped build.

Ken was preceded in death by his father, Kenneth, Sr., his wife, Angela Benjamin, his granddaughter, Myra, numerous aunts, uncles, and cousins.

Survivors include his mother, Geraldine L. DeFoe; his children, Deanna (Chris Hall) Benjamin, Kenneth L. DeFoe III, Joshua Staples, and Randi Songetay; his brothers, Kevin L. DeFoe (Doreen)



and Keith L. DeFoe (Shelly); his grandchildren, Kenny IV, Kingston, Winnie, Whitney, Wraylin, CJ, Jasmine, Marlana, Cameron, Dreamah, Caleb, Isaiah, and Aaron; his uncles, Melvin DeFoe, Edwin Benjamin, Rick Benjamin, Bob Benjamin, Delbert Benjamin, his aunts, Elaine McFtridge, Nancy Seppala and Dorothy Cooley, numerous nieces, nephews, and cousins.

Randall Lee Barney, Sr., age 60, of Cloquet, Minnesota, entered the spirit world on Monday, July 5, 2021, with his family by his side.

Randy was born on September 7, 1960, in Cloquet, Minnesota, to Warren and Cecelia (Martineau) Barney. He loved his two sons, granddaughter, and great-grandson more than anything in this world. He enjoyed the outdoors, fishing, hunting, and going to the river. His occupation was a carpenter, but he was a great mechanic too! He loved having fast cars. He also enjoyed spending time with friends.

Randy is preceded in death by his parents Warren and Cecelia Barney; two brothers Woods and Tim; and his eldest son Randy Jr. He is survived by his wife Stacy; son Anthony; granddaughter Raeann (Ty); great-grandson Adonis Lund; siblings Jay, Dixon, Becky, Josa and Dawn Barney, all of Cloquet.

He will be sadly missed by all who knew him, and he will never be forgotten.

Darwin "Teets" Laverne Bishop, a resident of the Duluth area, passed away peacefully on Saturday July 3rd, just shy of his



86th birthday. He was born to Sylvester and Charlotte Northrup in Carlton County. He was a member of the Fond Du Lac Band of Ojibwe.

In Darwin's younger years, he and Lynn "Dolly" lived in California with their family, he held several painting jobs including working for Disneyland, Lockheed Martin, Carroll Shelby, and Hiller Helicopters. He was a truant officer at Washington High School in Duluth, which led him to his career as a corrections counselor at the Arrowhead Juvenile Center (AJC). He was one of the original staff and retired from that position after 26 years of service. For many years while at AJC, he also held the position of Chief Constable in Midway Township, along with his sons Guy and Dean. Anyone who "encountered" Darwin knew him to be firm, but fair. He was a big part of the boy's and girl's foster care home run by his wife Lynn for over 25 years. They made a great team and were both very generous with their time and money.

After retiring, Darwin and Lynn became snowbirds and spent many winters living in Scottsdale, Arizona where Darwin was elected as the HOA president of the Roadrunner Resort and was fondly given the nickname of Chief.

Darwin enjoyed collecting and selling classic cars, going to swap meets, traveling and taking his family to Disney World, going to the casino, playing dice and card games, doing jigsaw and word-find puzzles, laughing, and joking around and spending time with his loved ones.

Darwin was preceded in death



by his parents; sisters, Clara "Dooksie" Skoglund and Viola "Gabby" Foldesi; daughter, Terra Bishop Lind; and his wife, Lynn Downs Bishop. He is survived by his sons, Guy (Kristi Hage) and Dean (Kim); son-in-law, Todd Lind; four grandchildren, Bradley Bishop (Cortnee DeFoe), Kasandra Bishop (Troy Arfsten), Todd "TJ" Lind, Teran Lind; brother Leslie (Judy) Northrup; an adopted daughter, Sally (Frank) Peckron their children Sarah, Amber, Matthew; and very many other loving family and friends.

The family would like to thank Darwin's grandson, Bradley Bishop for the daily care that he provided to him over the past 6 years. Darwin loved all his children and grandchildren very much, and he will be dearly missed by all who knew and loved him.



Richard Duane Loons, 81 of Cloquet passed away on Wednesday, June 9, 2021 in St. Luke's Hospital in Duluth. He was born March 31,

1940 in Cloquet the youngest of ten children born to Ben and Julia Loons. Richard worked as a truck driver hauling oil and also on the ore boats during the 1960's and 70's.

Richard was a proud member of the Fond du Lac Lake Superior Chippewa. He enjoyed watching football and golf. He was often found sitting out in his front yard and enjoyed spending time with his family and friends. Richard was the master of giving out nicknames.

Richard was preceded in death by his parents; daughter, Mary Loons Jansen; nine siblings; and his former wife, Sharon Loons.

Community News

He is survived by his daughter, Beth (P.J.) Johnson of St. Francis; son, Ben (Shannon) Loons of East Bethel; and seven grandchildren, Preston and Natalie Johnson, Brad and Emma Jansen, Ryan, Rylee, and Ryder Loons.

Wilfred Albert

Gouge loving husband of Dianne (Nee Phillips). Dear father of Suzanne (Mark) Schunck, Jacqueline Gouge, Steven (Alison), and Paul (Jaclyn). Stepfather of Gary, Kathy, and Kim. Proud grandfather of Sara, Michaela, Blake, Logan, Alaina, Jessica, Jason, Ryan, Joshua, and Jacob. Brother of, Mavis, Margaret, Charles, the late Yvonne, and the late Janet.



James Ernest

Martin, age 34, passed away at the Meshakwad Community Center in Hinckley, Minnesota, on Saturday, June 19, 2021.



James was born in Duluth, Minnesota, on May 4, 1987, to Ed Misquadace and Serena Ann Martin. He grew up in Sawyer, graduated from high school, and earned his Associate of Arts Degree at the Fond du Lac Community College. James is remembered for his good sense of humor and great cooking. He loved to play basketball and sing traditional songs with the drum.

James will be forever missed by his mother Serena Martin and sons James Ernest Martin Jr. and Alonzo James Martin. Waiting to greet James in the spirit world are his grandparents John and Linda Martin, great-grandmother Gladys

Northrup, great-great-grandparents Dorothy Martin, Robert Northrup, and John Martin, Sr.; aunts Kim Martin Aubid and Tina Marie Martin; and uncle John Martin III.

Harold G.

Diver Jr., age 56, started his journey to the spirit world on June 13, 2021. He was born on December 6, 1964 to Linda Shabaiash and Harold "Art" Diver Sr. in Minneapolis, MN.



Family that welcomed Junior into the spirit world are his parents, Linda Shabaiash and Harold "Art" Diver Sr.; brother, Darwin and sister, Darla; the mother of his children and good friend, Sheila Day. Junior is survived by his wife, Beth Diver; sons, Jorden (Tia), Dereck Sr., daughters, Chalsea (Lee), Danelle (Tyshawyn), and Lataya (Eric); brothers, Douglas and Daryl (Missy), sisters, Debbie and Doreen (Kevin); 17 grandkids, Quentin, Dereck Ray, Brooklyn, Ayeden, Averi, Dy'Leenah, Kaydance, Arayah, Adrian, Deeoanda, Saydi, Adalyn, Adelle, Landen, Kiari, Ava, and Falyn.

Junior loved spending time with family, joking, laughing, and traveling. He truly loved spending time with his grandkids and his beloved Cornet. He loved to travel especially to the casino and enjoyed attending ceremonial dances.

On Monday, May 17, 2021, **Donald Louis George Walking Shield Warner Sr.** joined the love of his life, Anna Mae, in



heaven.

Don was born Nov. 16, 1927, in Duluth, Minn., to Ellen Beatrice Legarde Warner (Minnesota Chippewa Fond Du Lac Band), and George Walking Shield Sr. (Hunkpapa Lakota Sioux Band) and was the oldest known living direct descendent of Chief Gall (Pizi), who led the Lakota Sioux at the Battle of Little Big Horn, in 1876.

After finishing high school, Don joined the U.S. Army serving at the end of World War II in the Philippines as a motor pool mechanic and finished his tour as an Army Information Specialist and Reporter for the Army newspaper achieving the rank of Master Sergeant.

When Don returned home to Kirkland, Wash., he met Anna Mae Fortman and they married July 1, 1950, and soon started their family of 12 children.

Don had many different jobs throughout his life, including working for Weyerhaeuser in a sawmill, farming and ranching in Montana, home and commercial construction projects in Washington, Idaho, Texas, Colorado, and Hawaii, materials supply yard owner/manager and truck driver.

After retiring, Don and Anna Mae returned to Kendrick, which they considered home for 47 years. Woodworking was his hobby, and his family and community benefited from his talent. He kept busy in his basement woodshop year-round building yard furniture, cabinets and custom wood creations. Don was well known as "The Picnic Table Guy from Kendrick." His custom octagon picnic tables were a favorite at the Rocky Mountain Elk Foundation auction every year. He loved to meet new people, and the picnic table sales was where he found new ears to bend with his many stories. His passions and hobbies included

fishing, hunting elk, woodworking, photography, befriending animals, storytelling, and observing his 35 and counting grand/great-grandchildren and friends. Don and Anna Mae were married for 70¾ years. Their dedication and love for one another will forever be admired.

Don is survived by 11 of his children, Cheryl, Donald Jr., Cathy, Gerald, Randy, Barb, Robert, Kenneth, Janet, Rodger and Howard; his brother, Darryl; and his puppy, Angie. He was preceded in passing by his wife, Anna Mae; son Gary; mother Ellen Warner; father George Walking Shield Sr.; sisters Merle and Ruth; and brothers Marvin, Richard, Dell Warner and George Walking Shield Jr.

Shelden Ray Misquadace Sr.

was born in Cloquet, MN, to Bernadette (Birdie) Misquadace and Eugene Whiteman on October 30, 1984. Musician and avid skateboarder, Shelden's love of life did not come to an end with his death. Shelden passed away unexpectedly on June 13th at the age of 36 in Cortez, CO. He grew up being cared for by many loving families and spent most of his school age years attending Cloquet Public Schools. He then went on to complete his GED and an Associate of Science degree from FDLTCC. He found pride in his work with the Fond du Lac tribe doing water research and wild-fire management and later went on to continue a career in coal mining. The simplest pleasures in life brought joy to Shelden. He loved road trips and enjoyed trekking around Minnesota and Colorado to explore new, adventurous places with his family, Team Misquadace. Shelden was always seeking out opportunities to climb to the highest peak, jump the furthest rock, or scale the side of a cliff without fear or delay. He

was known to pull out his guitar, jamming out and singing with whomever was willing and made every attempt at organizing family band sessions. The whole family enjoyed supporting him as he competed in various skateboarding competitions or spending days together learning new skateboarding tricks. Shelden journeyed through most of his life with Jennifer Misquadace. They were married in 2007 and welcomed 3 children together, Shelden Ray Jr. (15), Layla Fey (13), and Carsen Jude (12). Although their union ended, the two remained in a supportive relationship with one another until he left his earthly body.

Shelden is survived by his three children Shelden Jr., Layla, and Carsen; parents, Bernadette Misquadace and Eugene Whiteman; long-time love and mother of his children, Jennifer Misquadace; brothers Del, Delton, Vernon, Gabe, Geno, and Garret; sisters Ashley and Annie; many nieces and nephews; and other numerous in-laws, friends, and family who will miss his cheerful attitude and bright smile. He is preceded in death by his brother Dale.

In lieu of flowers, the family is accepting donations to be made in memory of Shelden to support Shelden Jr., Layla, and Carsen as they grow.

FDL job listings

FT: Full Time PT: Part Time
For more information about any of these permanent posting positions contact the Fond du Lac Human Resources Department at (218) 878-2653.

FDL Reservation

- Substitute Teacher FDL Education On Call/Sub
- Cook Helper FDL Education On Call/Sub

Community News

- Secretary/Receptionist FDL Education On Call/Sub
- Reading Buddies FDL Education On Call/Sub
- Instructional Assistant FDL Education On Call/Sub
- Custodian FDL Education On Call/Sub
- Transportation Driver FDL Transportation FT/PT
- Nursing Assistant FDL Assisted Living FT/PT
- Recreational Aide 1, Sawyer SCC FT/PT
- Recreational Aide 2, Sawyer SCC FT/PT
- Recreational Aide 1, Brookston BCC FT/PT
- Recreational Aide 2, Brookston BCC FT/PT
- Recreational Aide 1, Cloquet CCC FT/PT
- Recreational Aide 2, Cloquet CCC FT/PT
- Clinical Pharmacist MNAW, CAIR & Mpls On Call
- Pharmacy Technician MNAW, CAIR & Mpls On Call/Sub
- Transit Dispatcher FDL Transit FT/PT/On Call
- Head Start Substitutes FDLHS On Call
- Deli Clerk FDLGG PT
- Transit Driver FDL Transit FT/PT/On Call
- School Bus Driver FDL Education FT/PT/On Call

- Health Care Assistant MNAW, Assisted Living, Home Care FT/PT
- Store Clerk FDLGG PT
- Convenience Store Gas Attendant FDLGG PT

Black Bear Casino Resort

- Golf Youth Cart Attendant PT Seasonal
- Cook I FT
- Cook II FT
- Cook III FT
- Beverage Server FT/PT
- Groundskeeper FT
- Buffet Runner FT
- Table Games Dealer PT
- Vault Cashier FT/PT
- Bus Person FT/PT
- Gift Shop Clerk FT
- Buffet Host/Hostess FT/PT
- Golf Course Groundskeeper FT/PT Seasonal
- Steward FT
- Arcade Attendant PT
- Golf Pro Shop Sales Rep PT
- Golf Ranger/Starter FT/PT Seasonal
- Golf Concession Sales Rep FT/PT Seasonal
- Golf Cart Attendant PT
- Slot Attendant FT

- Custodial Associate FT
- Bell Staff PT
- Sage Deli Cook FT
- Bingo Vendor/Floor Worker PT
- Players Club Representative PT
- Restaurant Wait Staff FT/PT
- Hotel Laundry Worker/Hauler FT
- Hotel Room Attendant/Housekeeper FT/PT
- Drop Team Worker FT

Fond-du-Luth

- Security Guard/Dispatch FT
- Janitor FT/PT
- Clean up Worker FT/PT
- Beverage Waitperson/Bartender FT/PT
- Cage Cashier FT/PT
- Players Club Representative FT/PT
- Slot Attendant FT/PT
- Slot Technician FT/PT
- FDL Minneapolis listings
- Clinical Pharmacist On Call
- Pharmacy Technician On Call/Sub



Does Early Childhood Education Interest you?

Fond du Lac Tribal & Community College Child Development Program might be for you!

There are three program options:

- Associate of Applied Science, AAS
- Diploma Program
- Certificate Program

For more information, contact
Alyxis Feltus
Miskwaadesi Head Start Partnership
Director
218.879.0715
alyxis.feltus@fdltcc.edu

Many scholarship opportunities are available for students! Students can walk away with little to no financial debt.



An Affirmative action, equal opportunity employer and educator
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This month's deals at the Fond du Lac Gas and Grocery





**GENERAL MILLS
Gardetto's Crisps**
2/\$3.29
3 OZ



**JUST BORN
Candy Singles**
2/\$1.75
1.8 OZ



**NESTLE
Ice Cream Treats**
2/\$5
3 OZ - 7 OZ



**PLANTERS
Trail Mix**
\$2.79
6 OZ



**DELI EXPRESS
Market Wraps**
\$4.50
8 OZ - 8.7 OZ



**HENRY'S FOODS
Spring Water**
2/\$1
20 OZ SPORT CAP

SIZZLIN SUMMER

AUG 7TH - 28TH

DRAWINGS SATURDAYS 6 - 9 PM



AUGUST 7, 14 AND 21ST

- Start earning entries on August 1, 2021.
- Four (4) each hour, sixteen (16) winners a night.
- Winners can win up to \$3,000 on Saturdays.

GRAND PRIZE NIGHT AUGUST 28TH

- Three (3) each hour, twelve (12) winners this night.
- Winners can win up to \$10,000!

blackbearcasinoresort.com

*Slots, Blackjack & Bingo Players Club Members earn one (1) entry for every five (5) points earned on game play. See official details & rules on blackbearcasinoresort.com or at the Players Club.

MY PLACE
for entertainment!



HAVE YOU SEEN OUR ENTERTAINMENT SUMMER LINE UP?

GABRIEL IGLESIAS - AUGUST 13TH

**ANNIVERSARY EVENT
AUGUST 14TH**

**OUTDOOR CONCERTS - SCOTT STAPP. THE VOICE OF CREED;
HINDER; DROWNING POOL AND TANTRIC!**

CLAY WALKER - AUGUST 27TH

MY PLACE
for concerts!

Make The Bear
your place!

