

# *Nah gah chi wa nong* (Far end of the Great Lake) *Di bah ji mowin nan* (Narrating of Story)



*With FDL Chairwoman Karen Diver and District II Representative Sandra Shabiash looking on, District III Representative and Army Veteran Mary Northrup presents Tom Foldesi Jr. with a blanket at the Nov. 11 Veteran's Day dinner at the Otter Creek Event Center. See story on page six.*

**In This Issue:**

Local news . . . . . 2-3  
 RBC thoughts . . . . . 4-5  
 Veteran's Day . . . . . 6  
 Law enforcement . . . . . 7  
 St. John's Island . . . . . 10-11  
 Health . . . . . 12  
 Community news . . . . . 14-15

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# Local news

## With her working days in the rear view mirror, road trips now await newly retired Black Bear Security Supervisor

After 21 years, Eleanor “Ching” LaFave now gets to enjoy her retirement. The Black Bear Casino staff threw a big retirement party for her Oct. 28 at the Otter Creek Event Center.

LaFave started out working as a security guard at Big Bucks Bingo when it first opened, and she eventually became the Security

Director at the Black Bear Casino Resort.

“Ching decided that she was sick of the Black Bear, and the Black Bear was sick of her,” LaFave’s brother Charlin Diver said jokingly during a retirement tribute speech reminiscent of a celebrity roast.

The large Otter Creek venue was needed for an

event the size of the retirement party. More than 100 people attended the event, including FDL Secretary-Treasurer Ferdinand Martineau Jr., who spoke briefly about Ching’s 21 years of service.

With her family, friends, and former co-workers in attendance, LaFave was seated at a table near the stage when suddenly “The King,” aka Ken Sutherland, serenaded her with “My Way.”

I’m proud of my mom, Ching’s daughter Melissa LaFave said afterward. She provided for us as kids. Now we can take a few road trips. She can enjoy spending time with the grandkids and her family.

Near the end of the evening, an emotional LaFave, clearly moved by all the support, spoke to her friends and family members in attendance to express her gratitude.

## Human Resources Director Janet Cadotte resigns

Janet Cadotte, the HR Director for nearly five years announced her resignation, thus leaving FDL to spend more time with her family.

A group of about 60 friends and co-workers were waiting inside the clubhouse when Cadotte arrived, thanks to a well kept secret email that circulated around the office, courtesy of Employee Assistance Representative Sue Connor, one of the organizers of the luncheon. Cadotte, notorious for being early for every meeting, was a few minutes late for her own meeting, and looked surprised when she entered the clubhouse.

“Janet helped improve Human Resources during the time she was here,” FDL Secretary-Treasurer Ferdinand Martineau Jr. said during her surprise goodbye luncheon, held at the Black Bear Clubhouse. Martineau added that the Human Resources Director isn’t an easy or a popular position, but he spoke about how Janet improved the HR area by clarifying the many job descriptions around the Reservation.

Roberta Welper made a delicious theme cake, complete with the shape of Minnesota, Wisconsin, Illinois, and Indiana, and decorated the cake with miniature NFL pennants of the teams from each state. The outgoing HR Director said that her children and

grandchildren are located in Indiana.

Cadotte has been working with Annette Himango, her successor in Human Resources, during the transition period.

## Danielson wins

### Cloquet School Board seat

Maybe the second time is the charm. Dan Danielson, a Carlton County Sheriff Deputy and a FDL Band Member, became the top vote getter in the Nov. 2 Cloquet School Board election.

“I missed out of the 3rd spot by a handful of votes last time around,” Danielson said. “The school board has always been an interest of mine; I am excited to do it. We have a very diverse board. I think it needed a different point of view.”

Dave Battaglia and Sandy Crowley won the other seats; Crowley was the only incumbent in this election to retain her seat on the board.

About 20 percent of Cloquet students are Native American. The district is also diverse, somewhat similar to the makeup of the new school board.

Describing the wave of voter frustration around the country, Danielson said, “It seemed like a good time to be a challenger.”

The Cloquet School Board routinely meets twice a month, not including committee meetings.



Elvis impersonator Ken Sutherland, serenading Ching LaFave during her retirement party at the Black Bear Casino Resort.

## Nah gah chi wa nong Di bah ji mowin nan

Translation: Far End of the Great Lake; Narrating of Story

### TABLE of CONTENTS

Local Pages.....	2-3
RBC Thoughts.....	4-5
Veteran's News.....	6
Law Enforcement.....	7
Area news.....	8
13 Moons.....	9
St. John's Island.....	10-11
Health.....	12
Etc.....	13
Community.....	14-15
Calendar.....	16

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Editor: Daniel A. Huculak

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that end, we do not

publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the  
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Association

# Local news

## Holiday gift certificates to be distributed in Dec.

The Fond du Lac Reservation Business Committee will be giving gift certificates to Fond du Lac Band Members and FDL employees age 18 and over. The certificates are in the amount of \$25 and may be picked up at the FDL Tribal Center, 1720 Big Lake Rd., Cloquet.

This year, the certificates can be redeemed for purchases at the FDL Gas and Grocery, 1510 Big Lake Rd., Cloquet. Vouchers for Super One are not being distributed this year.

Certificates are available from Dec. 1, 2010 to Dec. 23, 2010. They may be picked up between 8 a.m. and 4:30 p.m. Monday through Friday. Weekend hours for pickup will be held from 8 a.m. to 4:30 p.m. Dec. 4 and 5, 2010 at the FDL Cloquet Community Center.

Employees of the Fond du Luth Casino, the Black Bear Casino Resort, and Black Bear Golf Course are excluded from receiving the certificates.

Recipients must pick up their own certificate at the Tribal Center. A tribal ID card or another valid form of identification is required for redemption.

## Chili cook-off and craft show draws big crowd to the Cloquet Community Center

The weather wasn't very friendly Nov. 13 – wet snow and slippery roads greeted area residents when they awoke – but it did not keep people away from the Cloquet Tribal Center gymnasium and ENP room for the 2010 chili and frybread

cook-off.

According to event organizer Jeff Tibbetts, a crowd of nearly 200 people attended the chili and frybread cook-off. People came and went during the competition, but the tables in the ENP remained near capacity until the competition had ended.

"It was a great turn-out. I would like to thank everybody for coming," Tibbetts said afterward.

First place winners were Butch Martineau, in the simply the best chili category; Tammy Nykanen, for the most unique chili; and Jennifer Dee, for the spiciest but edible chili. Bonzo LaPrairie took first place for the best frybread.

The arts and crafts show drew a total of 15 vendors, and an estimated 230 participants.

## Chairwoman nominated for leadership award in Duluth

Fond du Lac Chairwoman Karen Diver attended an honorary luncheon on Nov. 17 at the Greysolon Plaza in Duluth, to accept a plaque as one of the nominees at the 7th Annual Northland's Newscenter Women in Leadership Awards.

Ten outstanding area women were selected for this year's awards and were honored at the annual luncheon.

"There are so many women that give so much of themselves to their community that it's a blessing to have them here," Jeanne Filkins, one of the event coordinators said at the luncheon.

Each of the winners was nominated by community

members, friends, or family. According to Filkins, Diver was nominated anonymously. She was described as gracious by the individual who nominated her, as well as by the station, in the news story which aired later that evening.

The staff at the Northlands Newscenter receives about 60 nominations each year before narrowing their choices down to ten winners.

## 2011 Snow snake competition for 5th through 8th graders scheduled for March

By Brant G. Miller,  
*University of Minnesota*

Have you heard of snow snakes? Snow snakes is a traditional game played during the winter months using a crafted piece of wood and a snow/ice track. The game gets its name from the way the crafted stick moves as it travels down the track. The game itself is simple. Each competitor takes turns throwing their snow snake, with the farthest snow snake winning the competition. Multiple rounds can be played to see who the snow snake champion is.

To get ready for the upcoming snow snake festival, sticks or "blanks" should be harvested as soon as possible. Early to mid-December is ideal. Once the blanks have been cut they should be peeled using appropriate tools, and set aside to dry. Many different types of wood can be used for a snow snake blank. The key is to find a straight piece that is at least 100 cm in length and 2 cm in

diameter.

The third annual snow snake festival will take place on Friday, March 4, 2011 at the American Indian Resource Center on the campus of Bemidji State University. The reason for the early notification is to give interested students time to harvest and craft their snow snake in preparation for the festival. For teachers interested in learning more about snow snakes and the associated curriculum please visit: <http://bit.ly/b8NQa7>. For any additional questions concerning snow snakes, the curriculum and the upcoming festival please contact Stephan Carlson by phone at (612) 624-8186 or via email at [carls009@umn.edu](mailto:carls009@umn.edu).

## Wisconsin deer tests negative for CWD

An Ashland, Wis. game farm deer suspected of having chronic wasting disease did not have the disease after all.

Final test results were negative for the white tailed deer, according to State Veterinarian Dr. Robert Ehlenfeldt, who announced his findings Nov. 18. The same animal had been tested previously, with the initial test producing a false positive test result.

How does the news impact area hunters? "Relief. Definite relief," said Todd Naas, Wis. Department of Natural Resources (DNR) wildlife manager at the Ashland office, in an interview with the Duluth News Tribune. "I'm sure the hunters will feel the same way. This really lightens the burden."

According to Nass, the DNR will carry out plans made in mid November to collect tissue samples from hunter-killed and

car-killed deer within a 10-mile radius of the hunting preserve until the end of deer season in the state.

## Carlton/FDL Football team ousted in first round of the playoffs

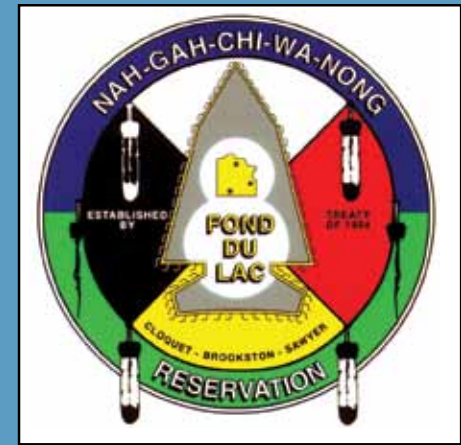
Even though the first season of the Fond du Lac/Carlton Bulldogs football team ended in a first round playoff loss, players, coaches, and community members were mostly pleased with the season.

As reported in the Oct. issue of this newspaper, the two schools merged some of their sports teams, including football, in order to compete with other area schools. Without the merger, the FDL Ojibwe School would not have fielded a football team this year.

The Bulldogs ended their regular season with a 46-6 loss to Barnum at home, and then lost their first round playoff game to Barnum; in a game that was called at halftime thanks to a mixture of rain, snow, and hurricane force winds with Barnum leading 48-0.

"We only had 11 guys left," FDL Ojibwe School Athletic Director Ken Fox said afterward. "We put the kids in the bus to warm up at halftime. They were wet and frozen from the snow and rain."

The two schools will compete separately during the boys and girls basketball seasons. Basketball practice is currently underway.



# A few thoughts from RBC members

## From Chairwoman

### Karen Diver

At a meeting at the BIA in October, I was informed that the request for the transfer of Wisconsin Point has not yet been processed. The newest excuse is that new environmental regulations were put in place in June that required one more environmental survey. BIA staff out of Minneapolis did not have a staff person that could do the survey, but the Band did. Band staff forwarded the survey results to the BIA to complete the application so that it could be approved by BIA and sent for approval and appraisal by the General Services Admin-

istration. We will continue to push all the involved agencies regularly for movement on the transfer.

The City of Superior, Douglas County, University of Wisconsin and the Band are also in the very preliminary stages of developing a land use plan that will help shape how Wisconsin Point will look in the future. There are concerns about public safety, protection of cultural sites, access to nature, etc. that the parties can work on to assure



Karen Diver

the best use of the Point into the future. We look forward to building new partnerships and preserving the Band's history on Wisconsin Point.

The elections were very interesting. We thank Congressman Jim Oberstar for his long service to the people of the 8th District. He has been very supportive of the Band through the years. The most immediate impact will be on the Nelson Act settlement because he was going to author the legislation that would have released the funds. We congrat-

ulate Congressman-Elect Chip Cravaack, and look forward to working with him during this time of transition. We are trying to get a meeting set up in January, or soon thereafter, to bring him up to speed on the Band's priorities, including the Nelson Act settlement.

The strategic plan will be getting its finishing touches shortly. Last month a draft was placed in the paper for Band members comments. Once that process is complete, we will work the divisions to incorporate the strategic areas into department work plans.

The assisted living project construction will be done shortly.

Clinic staff is working on operations decisions so that there can be an orderly and well-planned start to services.

As we look back on this past year, there are many good things that the Band can be proud of.

Best wishes to each of you and your families for the upcoming holiday season and the New Year.

*Please call me with questions or comments, office 218 878-2612, cell 218 590-4887 or email [karendiver@fdlrez.com](mailto:karendiver@fdlrez.com).*

## From Ferdinand Martineau

To the Fond du Lac Band Members,

Winter has arrived. We had our first snowfall that has stayed on the ground. I used to like this time of the year as a younger person. It always signaled hunting and trapping. I always felt that I was helping to provide for our family when I was successful during hunting or trapping. I remember bringing home deer or rabbit and my grandmother preparing it for supper and the family eating dinner on me. It was a simpler time back then. Now the first snow signals having the car

maintained for winter driving, making sure that all the summer stuff is put away, checking the snow blower to make sure it still works, inspecting the heating system in the house and turning it up to keep warm.

I had the opportunity to spend an evening at the college listening to a lady from the Gates Foundation talk about some innovations in education. It was very interesting to think about the things she was



Ferdinand Martineau

saying and using our school to implement them. Our school is in a unique position to be able to implement a lot of these innovations with the full support of the council financially and legislatively. I am not sure what the key is to educating our children to be successful, but if we do not try something we will have the same results that we have always had.

The holiday season is approaching rapidly. Thanksgiving was here last week. We had

dinner at my parent's house so we ate in shifts. I wanted to be seated early because there were more than 50 hungry people waiting to eat. It is always a hectic fun time. I hope that you and your family enjoyed it as much as we did.

The last thing that I would like to talk about is the budgets. Most all programs ran within their budgets last year. Our revenues were up slightly from last year. That means we will be able to continue at last year's level quite easily. It does not mean that there will be any increases in expenditures for the coming year but there will be

no cuts either. If the economy continues to pick up, we should be able to look at increases for next year.

*Again, I am always interested in hearing any new ideas, so please feel free to call me. My home number is (218)879-5074, Office (218)878-8158 or you can e-mail at [ferdinandmartineau@fdlrez.com](mailto:ferdinandmartineau@fdlrez.com).*

*RBC columns continued on next page.*

## From Mary Northrup

**B**oozhoo!  
The Brookston Center has been busy with trips to Grand Portage and Vikings games! The Halloween parties for the children and adults were a great success! Thanks to all the staff for their hard work! It was very appreciated by the community. The Annual Fall Powwow will have been held by the time the paper is published. We will let you know how much fun we had! We are

all looking forward to the feast that Anna and her crew have planned for us!

The FDL Veterans Dinner was well attended. We would like to say Miigwetch to all Veterans and families and friends that attended to honor our Veterans. We would also like say Miigwetch to all the Tribal Council members that attended. As a



Mary Northrup

Veteran myself, it was an honor for all of us to see their support. Our speakers did a great job! Chairwoman Karen Diver gave us an inspiring speech, as did Trapper Blacketter, and lastly, Clarence "Chuck" Smith, whose organizing and hard work to put this all together was a success! We would also like to thank Becky Salmon and

her staff at the adult program in Brookston for the beautiful centerpieces they made for the tables, and to Jessica Defoe and the group of children that worked so hard to give each of the Veterans we were honoring a beautiful blanket. The Veterans were truly grateful. I would also like to take time to mention the Event Center staff, you did an outstanding job! Lastly, there is one more group of people that needs recognition. The FDL Honor Guard, under the direc-

tion of Jon Pensak, continues to prove to us time and time again their loyalty and dedication to their representation of the Fond du Lac Veterans. Miigwetch for your service.

*In closing, I would like to hear from you if you have any questions or comments, or need some cooking advice. I can be reached at (218) 878-7583, or on my cell at (218) 464-8877, or marynorthrup@fdlrez.com. Have a safe Holiday Season!*

## From Wally Dupuis

**H**ello All:  
During the month, our Cloquet Community Center held a number of activities. The Halloween event alone attracted over four hundred youths and adults. I have been hearing nothing but praise for the job our staff is doing at the community center. This would include everyone from library staff, recreation aides and coordinators. Good job folks. The construction of our as-

sisted living building is nearing completion. The furnishings and other essentials are in the process of installation. The sidewalks, driveway and parking lot are all in place and paved. This is a very nice facility and will be very beneficial in our efforts to help those in need.

Fortunately, the weather has been rather nice. However, it is certain that heat-

ing bills are going to be an issue for all of us. I am told by our energy assistance program that they do not know what type of budget they will be receiving for helping with heating bills. They did state that assistance is dispersed on a first come first serve basis and would suggest that applications be turned into them as soon as possible.



Wally Dupuis

The Black Bear Casino Resort hosted a concert this month with Don Williams. It was a sellout crowd and the performance was great. We are looking forward to more of these events.

Our Human Resources Director, Janet Cadotte, is leaving us to pursue other life challenges. Thank you and we wish you well. As such, Annette Himango will be taking on the Human Resources Director position. This is a huge job with huge re-

sponsibility. Good luck Annette. The holidays are approaching rapidly; I wish you all happy holidays.

*Thank you, Wally Dupuis Please call anytime with your questions or concerns. You can contact me at (218) 878-8078 (work) or (218) 879-2492.*

## From Sandra Shabiash

**O**n the Local Sawyer Scene:  
The youth in Sawyer are now organized into three clubs: Girls Club (13-17), Boys Club (13-17), and the Little Rascals (5-12). The clubs are now assisting in planning activities around their interests. The Girls Club is test running their cooking skills. Eventually they want to prepare a meal for the elders, but first want to make sure they can prepare a tasty meal. They also have scheduled a girl's cook-off contest. Fry

bread making is also on the Girls Club agenda. Not to be outdone, the Boys Club decided that they would cook tacos. The Little Rascals settled on a movie and bowling. Cultural craft activities are still being offered at the center sponsored by a grant from the Carlton School District.

With winter here, we all know how the weather causes cancellations. In extreme weather conditions,

when the center has to close, the local schools are notified so the bus does not drop children off at the center. All efforts are made to inform parents in these situations to ensure the safety of the children. Please keep your contact numbers updated so staff will be able to contact you.



Sandra Shabiash

GED classes are now being held at the Sawyer Center on Mondays and Wednesday from 4:30-7:30

p.m. Individuals seeking a high school diploma should check out these classes. If interested call (218) 878-8197. We encourage our adult band members who have not completed their high school requirements to take advantage of this wonderful opportunity.

### Reservation Wide:

We traveled to Minneapolis for our open quarterly meeting on November 18. Everyone enjoyed snacks and a social gathering before the meeting started. Miigwetch to staff member

Amanda for having set up the event and notifying the Twin Cities band members of the meeting.

In closing, I wish all band members an enjoyable holiday season, which is quickly approaching.

*Any questions or concern please contact me at:  
Email: sandrashabiash@fdlrez.com  
Office: (218) 878-7591  
Home: (218) 879-3667*

## Veteran's Day News

# Veteran's Day dinner ceremony held at Otter Creek Event Center

By Dan Huculak

A crowd of about 125 people attended the Veteran's day banquet Nov. 11, at the Otter Creek Event Center.

Cedar Creek was the host Drum. Chairwoman Karen Diver spoke to the audience, and described what an honor it was for her to meet our veterans.

FDL Veteran's Powwow Committee Chairman Chuck Smith also addressed the audience and thanked them for their service to their country. In an interview afterward, he

commented about how all of our veterans should be appreciated regardless of whether they served during combat or during peacetime. Smith also shared his gratitude for how the RBC continues to show their respect by honoring our military veterans.

The RBC Members greeted each of the veterans near the stage, with District III Representative and U.S. Army Veteran Mary Northrup presenting each with a blanket. The blankets for the veterans were made by the Girl's Club at the Brookston Center.



Travis Blacketter (left) receives a handshake from District I Representative Wally Dupuis, with Karen Diver, Mary Northrup, Sandra Shabiash, and Ferdinand Martineau Jr. looking on.



Iraq veteran Robert Thoen (left) assisting World War II Veteran Edward Kachinske cutting the Marine Corps birthday cake.

## Local Marines celebrate anniversary at the Bear

Story and photos by Dan Huculak

The United States Marine Corps veterans celebrated the 235th anniversary of the corps Nov. 10, with a dinner celebration at Black Bear Clubhouse.

About 50 people attended the anniversary party. The Black Bear catered the steak dinner, and guests could purchase "all you can drink" draught beer or freshly squeezed lemonade for the price of a glass or cup. A cash bar was also available.

Two of the visitors were asked to share the responsibilities of cut-

ting the cake. The older member, Edward Kachinske, of Hermantown, served his country in the Pacific in World War II; Robert Thoen, the younger of the two, recently served in Iraq.

The guests took turns sharing a microphone, telling personal stories about their deployments, boot camp, or about each other. Most of the stories were funny, some were poignant, and others were testimonials about how being in the Marines made them better individuals. And seeing a Purple Heart recipient in the audience was one of the highlights of the evening for your humbled editor.

Brad Bennett, one of the guests at the party, remarked that although the Marines' 235th anniversary was the first such celebration at the Black Bear, he said that he'd be happy to return next year if the party became an annual event.

Travis "Trap" Blacketter, organizer of the celebration, said that he was pleased with the turnout. "The biggest thing was that we had so much support by the Reservation and local businesses, and they're the largest reason why we will have one every year," Blacketter said.

# FDL Law Enforcement news

*The following is a summary of about one month of select police reports:*

- 10/15/10 Traffic stop on Whispering Pines; driver cited for no seat belt and warned for texting while driving.
- 10/15/10 Traffic stop on Jarvis Rd.; driver cited for possession of marijuana.
- 10/16/10 Report of kids playing around an abandoned house, the parents were advised.
- 10/16/10 Traffic stop on University Rd.; driver cited for no driver's license and no proof of insurance.
- 10/17/10 Report of a house being broken into on Drake Dr.
- 10/17/10 Traffic stop Big Lake Rd.; driver warned for a faulty headlight.
- 10/18/10 Report of intoxicated person on Mahnomen Rd.; male party agreed to leave for the night.
- 10/18/10 Report of intoxicated male making threats to jump off a bridge; male transported to Detox.
- 10/19/10 Report of 2 people returning after being kicked out of Black Bear Casino; both were arrested for trespassing.
- 10/19/10 Assisted State Patrol with a roll-over accident on Hwy. 210.
- 10/20/10 Report of an intoxicated male walking down Mission Rd.
- 10/20/10 Black Bear Casino requested police assistance with hotel eviction.
- 10/21/10 Traffic stop on Brevator Rd.; driver cited for no driver's license.
- 10/21/10 Report of car accident at the Gas and Grocery; drivers exchanged insurance info.
- 10/22/10 Report of a house being broken into on Church Rd.
- 10/22/10 Police requested to check on the welfare of a female and child; located female; everything okay.
- 10/23/10 Traffic stop on Brookston Rd.; driver cited for speeding.
- 10/23/10 Report of a party on Brandon Rd.; individuals were cited for underage drinking.
- 10/24/10 Traffic stop on McCamus Rd.; driver cited for marijuana possession and taken to jail on warrants.
- 10/24/10 Assisted Carlton County Deputies with a fight at Americinn.
- 10/25/10 Report of a bus stop arm violation; located the vehicle, driver admitted to it, and was cited.
- 10/25/10 Traffic stop on Hwy. 2; driver cited for driving after suspension and no proof of insurance.
- 10/26/10 Report of a found cell phone turned into the police dept.
- 10/26/10 Traffic stop on Hwy. 210; driver cited for driving after revocation.
- 10/27/10 Report of downed power lines on Pine Dr.; Lake County Power notified.
- 10/27/10 Traffic stop on Hwy. 2; the chains fell off the trailer causing them to spark; replaced the chains on the vehicle.
- 10/28/10 Report of a fight on Drake Dr.; no fight taking place when officers arrived; one party taken to Detox.
- 10/28/10 Assisted Floodwood Police with a drug activity investigation.
- 10/29/10 Traffic stop on Brevator Rd.; driver cited for speeding and no proof of insurance.
- 10/29/10 Assisted Cloquet Officers with an assault investigation at Mike's Bar in Cloquet.
- 10/30/10 Report of a camera taken from the Cloquet Community Center, located the camera; person was cited for theft.
- 10/30/10 Report of a car accident on County Rd. 7; driver was transported to CMH for injuries.
- 10/31/10 Traffic stop on Hwy. 210; driver cited for speeding.
- 10/31/10 Traffic stop on Hwy. 31; driver cited for no driver's license.
- 11/1/10 Traffic stop on Hwy. 210; driver cited for speeding. Car was towed for expired plates and no insurance.
- 11/1/10 Report of a vehicle in the ditch. Located the owner at home and was advised not to leave the scene of an accident.
- 11/2/10 Report of a house being broken into in Brookston.
- 11/2/10 Assisted Carlton County Deputies with a death notification.
- 11/3/10 Traffic stop on Hwy. 210; driver cited for speeding and taken to jail for drug possession.
- 11/3/10 Report of intoxicated person on Beneshi Rd.; located person and brought to Detox.
- 11/4/10 Assisted St. Louis Deputies with executing a search warrant in Brookston.
- 11/4/10 Black Bear Casino located an intoxicated male; individual was cited for underage drinking.
- 11/5/10 Report of assault on Burnett Rd.; located parties and taken to jail.
- 11/5/10 Report of unwelcome, intoxicated person on Cary Rd.; individual was taken to jail.
- 11/6/10 Report of strange vehicle parked by house on Moorhead Rd.; located the vehicle and took the driver to CMH.
- 11/6/10 Traffic stop on Hwy. 210; driver was cited for marijuana possession.
- 11/7/10 Report of underage drinking party at Black Bear Casino; located party; minors were cited.
- 11/7/10 Report of disturbance on Morning Star Lane; one party brought to jail for warrants.
- 11/8/10 Assisted St. Louis Deputies with a theft investigation.
- 11/8/10 Traffic stop on Cary Rd.; driver cited for speeding.
- 11/9/10 Stopped a walker on I-35; brought to jail for walking on interstate, disorderly conduct, and no identification.
- 11/9/10 Traffic stop on Jarvis Rd.; driver cited for driving after revocation.
- 11/10/10 Report of intoxicated person at the clinic; individual taken to Detox.
- 11/10/10 Report of a gas drive off at the Gas and Grocery.
- 11/11/10 Report of domestic assault off Cary Rd.; male party brought to Miller Dawn for evaluation and charged with domestic assault and disorderly conduct.
- 11/11/10 Report of dump trucks driving fast on Brookston Rd.
- 11/12/10 Report of car in the ditch; driver had tow coming already.
- 11/12/10 Traffic stop on Reservation Rd.; driver cited for speeding.
- 11/13/10 Report of party at Black Bear Casino; minors cited for underage consumption.
- 11/13/10 Traffic stop on Brookston Rd.; driver warned for poor driving habits.
- 11/14/10 911 hang-up call from Jarvis Rd, domestic assault had occurred; one party brought to jail for warrants.
- 11/14/10 Traffic stop on Hwy. 210; driver cited for speeding.

# Area news

## **New Lake Superior Reserve will provide research opportunities, virtual resources, and educational tools**

Government leaders from around the area, the state of Wisconsin, and the federal government met at the University of Wisconsin-Superior Oct. 26 to sign a declaration to designate the Lake Superior National Estuarine Research Reserve (LSNERR) as the 28th reserve in the National Estuarine Research Program. The program is funded by the National Oceanic and Atmospheric Administration (NOAA).

The new reserve spans 16,700 acres of pristine land, as well as urbanized working waterfront along the Wisconsin side of the St. Louis River, to the western end of Lake Superior. Of the 28 reserve areas funded by NOAA, the LSNERR is only the second freshwater reserve in the system.

The LSNERR, which consists exclusively of public lands and waters owned by the Wis. Department of Natural Resources, the City of Superior, Douglas County, and the University of Wisconsin, will be used for research and water quality studies by the University of Minnesota and the University of Wisconsin.

In addition to separate and joint research projects by the two universities, a \$165,570 Wisconsin and Minnesota Sea

Grant joint initiative will launch programs to increase awareness of the area, by using cultural, commerce-based, scientific, and historical information to help people understand the many facets of land and water in the LSNERR and the Lake Superior region. In about two years, the online presence means that even those who don't live near Lake Superior can experience the area in a virtual world.

Other key partners on the LSNERR are the Wisconsin Coastal Management Program and the Fond du Lac Band of Lake Superior Chippewa. Some of the information was obtained in a press release by the University of Wisconsin-Superior.

## **“The Frybread Factor” was very important during the 2010 election season**

With only a few political races yet to be settled and/or certified, American Indian voters played an important role in helping some politicians get elected in state and national elections.

However, Indian candidates did not fare as well in polls across the nation.

On Election Day, some political observers referred to the Native influence as “the Frybread Factor,” noting that Indians had the opportunity to provide the deciding votes in close races.

According to some election analysts, the Indian vote helped

Alaska Republican Senator Lisa Murkowski pull a stunning upset over opponent Joe Miller; and in the state of Washington for Democratic Senator Patty Murray. Both politicians faced extremely tough election battles. At the time this newspaper went to press, Murkowski's write-in campaign appears to have been successful, even though she lost her party's primary election to Miller, a Tea Party candidate.

“The Native vote tends to get noticed more at the national level when there is a presidential race,” said Chris Stearns, co-founder of Native Vote Washington, in an Indian Country Today newspaper story. “But, if you look at the massive get-out-the-vote efforts of Patty Murray's and Lisa Murkowski's re-election campaigns aimed at the tribes, and the support they received, it tells a story of the growing power of the Native vote at the state level.”

In South Dakota, Democratic Rep. Stephanie Herseth Sandlin, who was one of the candidates the Indian vote helped put into office in 2004, lost her re-election bid.

## **New Elder housing project to be built in Minneapolis**

Affordable housing for Elders living in Minneapolis could become a bit easier to find beginning late next year.

The Department of Housing and Urban Development award-

ed \$6.75 million to the American Indian Community Development Corporation (AICDC) to build 47 one bedroom apartments for low income Elders in Minneapolis.

Elders 62 years of age and older with an income at or below 50 percent of Area Median Income (AMI) may qualify for one of the apartment units; or under Department of Housing and Urban Development rental section 202 subsidies may qualify with an income at or below 30 percent AMI.

The project has been named Bii Di Gain Dash Anwebi, which means “Come in and Rest.” Construction is expected to begin next spring, and will be located on the east and west sides of Bloomington Ave. South at 24th Street in Minneapolis. The story was published in the Bois Forte News.

## **Iroquois lacrosse team travels to Hawaii on cultural and educational exchange**

Four months after being denied entrance to England because of a passport dispute, the Iroquois Nationals lacrosse team traveled to Hawaii to participate in the Hawaii Lacrosse 20th Anniversary Invitational Tournament Oct. 29-31 in Waikiki.

Hey, if you have unused airline tickets, there are worse places to go to than Hawaii.

In July, the Iroquois Nationals

were locked in a passport battle with the U.S. State Department and the United Kingdom because the team refused to obtain U.S. passports. Eventually, Secretary of State Hillary Clinton intervened on behalf of the group, only to be told by England that they would be denied entry in the UK.

The team not only participated in the lacrosse tournament, but also held a lacrosse clinic with Native Hawaiian students.

“We were given a very elaborate greeting (at the University of Hawaii's Kamakakuokalani Center for Hawaiian Studies), and we remarked that it was similar in spirit and protocol to our traditional greeting ceremony,” Percy Adams, the team's executive director, told Cindy Luis of the Honolulu Star Advertiser newspaper. “It was the unification of the two groups. We were very at home.”

The clinic was more than a cultural exchange. It was an educational experience that linked the Hawaiian sovereignty issue to the recognition problems encountered by the Iroquois Nationals last summer, according to Luis. The story was published in the Buffalo Post website.



# Ashi-niswi giizisooog (Thirteen Moons)

## Manidoo Giizis

*Manidoo Giizis is the Little Spirit moon and begins its cycle as a new moon on December 5. Leroy DeFoe, FDL's Cultural Resource Specialist shared that the name shows the influence of Christianity and European influence, specifically the baby Jesus.*

## Gaamitaawangaagamaag

In the fall of 1850, representatives from 19 Ojibwe Bands started the arduous journey to the shores of Sandy Lake (Gaa-mitaawangaagamaag), where they had been told to gather by late October by officials of the Zachary Taylor administration and MN Territory. The Sandy Lake Tragedy is the culmination of this series of events, which resulted in the deaths of several hundred Lake Superior Chippewa.

The goal was relocation of several bands of the tribe to areas west of the Mississippi River. By changing the location for fall annuity payments, officials intended the Chippewa

to stay there for the winter and lower their resistance to relocation. Delayed and inadequate payments of annuities and lack of promised supplies led to the death of about 400 Ojibwe, mostly men, (12% of the tribe) from disease, starvation, and freezing.

Nearly 3,000 Ojibwe men waited there for several weeks before a government agent arrived, only then informing them that the government had been unable to send the money and supplies. It was early December before a fraction of the payment and only small portion of supplies, much of the food already spoiled. By this time about 150

Ojibwe had already died of dysentery, measles, starvation or freezing. They returned to their home territories under peril;

aside from being weak from sickness and hunger, the Ojibwe had not expected to have to make such a winter journey.

As a result, 200-230 more died before reaching their homes by the following January.

As a result of this tragedy the Lake Superior Chippewa bands, under the leadership of Chief Buffalo of La Pointe, pressed

President Millard Fillmore to cancel the removal order. Many of the United States public were outraged about the government's treatment of the Ojibwe and supported the end of removal. Chief Buffalo called on Wisconsin residents to support them in their ef-

fort to stay in the territory. Not wanting to live with Indians

among them, European Americans encouraged the establishment of Indian Reservations.

On October 12, 2000, the US erected a memorial commemorating the Sandy Lake Tragedy at the United States Army Corps of Engineers Sandy Lake Dam Campgrounds. In addition, the state created a rest area with a view of Sandy Lake along Minnesota State Highway 65. A Historical Marker plaque memorializes the Sandy Lake Tragedy. *Content adapted from information available at wikipedia.org*



## Days of the week

*Shared by Leroy DeFoe*

Did the days have names before the arrival of Europeans? One might ask what need was there for names of the days? Possibly days were only named as they related to moon stages: new or full. Ojibwe names for the days reflect the influence of Christianity. Note they are verbs... Anama'e giizhigad (be) Sunday, the Lord's day

Ishkwaa-anama'e-giizhigad (be) Monday, the day after Niizho-giizhigad (be) Tuesday, the 2nd day Aabitoosemagad (be) Wednesday, the middle day Niiwo-giizhigad (be) Thursday, the 4th day Naano-giizhigad (be) Friday Ishwaaajanokii-giizhigad (be) Saturday, the day we scrub floors?!

**Mark your calendar now for the 2011 Storytelling, to be held February 19 at the Sawyer Community Center**

## Ikwewag & Biboon

Historically, when the men returned to their lodges and families, they would find the women engaged in their usual and accustomed winter activities. During the winter the women used their time to make eating and cooking utensils and food containers like wiig-waasi-makuk (birch bark baskets). They fashioned clothing and footwear from deer and moose



*Mad River Canoe adopted a version of waabooz for their company logo*

hides they had tanned in the fall. They decorated their work with intricate designs made from porcupine quills. Biboon, though sometimes harsh, was a time of peace and introspection for the Ojibwe people. It was a time for togetherness and teaching. This was traditionally the time for the children to hear the aadizookaanag (Aa-di-soo-kaa-nag)

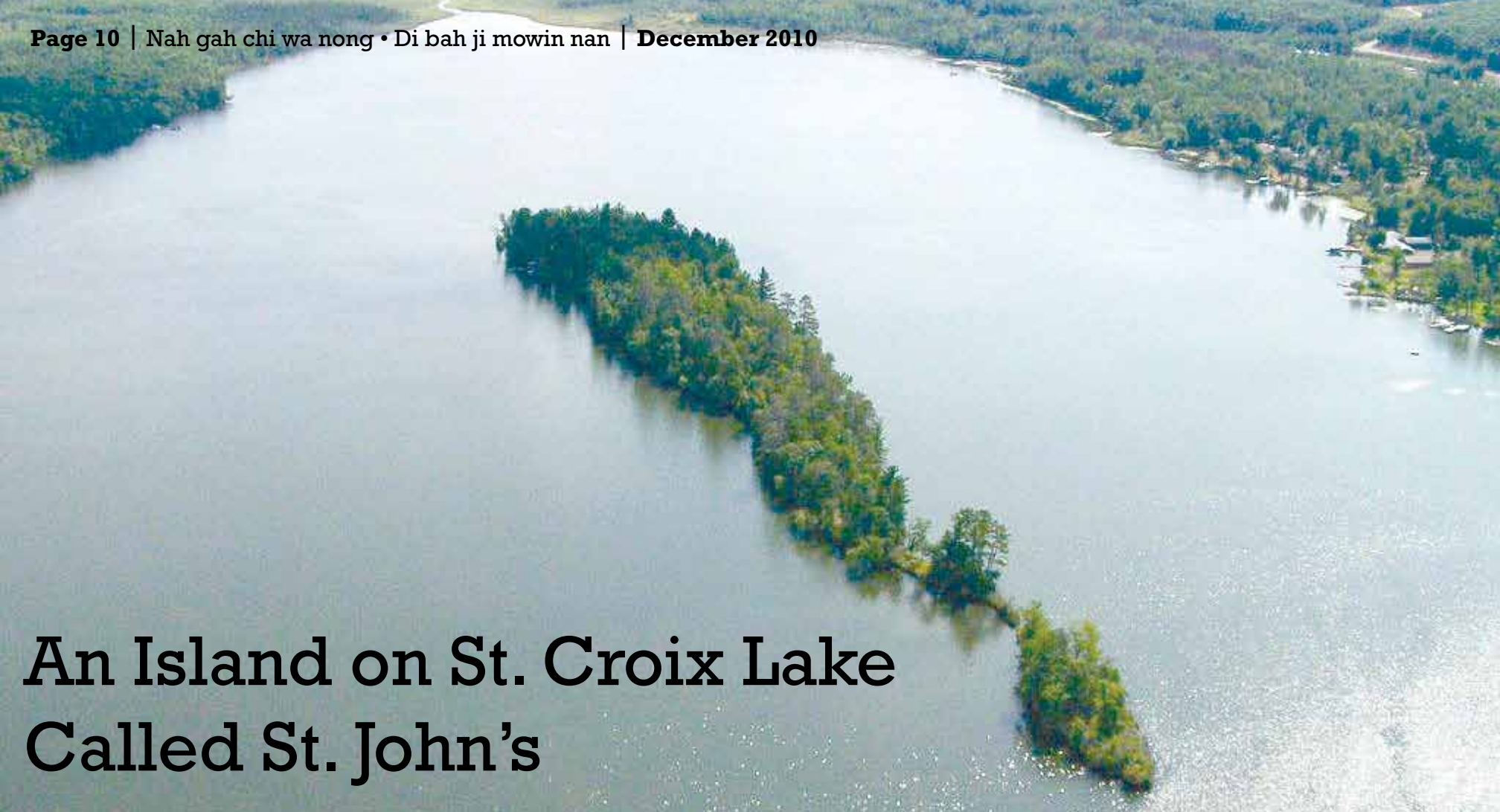
(legends) of how the Anishinabeg came to be, how they received the gifts of fire, birch bark, tobacco and mahnommin (wild rice). Tradition tells that when a well known relative of the Anishinabeg leaves his human form and takes the shape of waabooz (waa-booaz) (the snowshoe hare), when he sits down and lights his pipe, when the smoke rises and the snow falls, that is when the legends are heard... *Excerpted from Biboon - Winter Lifeways of the Ojibwe, www.nps.gov/grpo*

**Upcoming Events:** (more info at <http://giizis13.wordpress.com>)

Thirteen Moons Workshop: Preparing the home for winter, Dec. 9, 2010, 5pm

Thirteen Moons Workshop: Winter Storytelling, Feb. 19, 2011

*Thirteen Moons is a monthly production of FDL Resource Management Division and University of Minnesota Extension. Content addresses culture, ecology, and natural resource management. Comments and contributions are welcome and should be directed to FDL RMD at (218) 878-8001 or [giizis13@gmail.com](mailto:giizis13@gmail.com)*



# An Island on St. Croix Lake Called St. John's

*A view of Crownhart Island (once known as St. John's Island). Photo courtesy of Guy Little*

By **Christine Carlson**

## **D**aniel's Question

I met Daniel Huculak several months back when I went to see former editor Deborah Locke at the Tribal Center. Dan mentioned that he was a St. John descendent, and asked if I had ever done any research about the family. My story ideas come to me in many different ways. I usually have to be inspired or there must be something intriguing about a family or something of historical significance. At times, my curiosity gets the best of me.

## **History Detective**

In my memory bank of historical information, I remember reading about a St. John's Island somewhere in Wisconsin. I had no idea if there was any connection to the St. John

family that Daniel was speaking about. Jean Zacher attended a class I taught at the museum and also mentioned the St. John family. Since then I was on the lookout for more St. John information. I have a file on St. John's and started skimming through the papers. I have been collecting information on Fond du Lac Ojibwe families for about 15 years. I collect historical information. I find it in newspapers, at the many libraries or historical societies, on micro-film, in diaries, old magazines or books, in census records or anywhere I can find it. Then I quickly skim through it and file it away. I don't really start digesting the information until I decide to write the story. Then I carefully read it all, look for photos or maps, fill in any blanks and weave the story altogether. I am constantly

searching for information and consider myself a history detective.

## **Other Places to Find Information**

I went to the Minnesota Historical Society (MHS) in St. Paul on Oct. 23 with a busload of folks from this area. It was a Community Education class for adult enrichment called Greatest Generation Free Tour. I found the information about the trip in the Cloquet Community Education & Recreation Lumber Log. There were 2 busloads of people that went and it was a great experience. It is best to call or email the research library if you are going down to MHS to research your family. Be prepared. This way they can have information ready when you get there and there will be no waiting. I had a list of several

people I was researching but found nothing on the St. John's. Please don't be discouraged, just keep on looking.

Another good local resource is the University of Wisconsin - Superior. The archives are located on second floor of the Jim Dan Hill Library. Remember to bring quarters for making copies and for the parking meters. While going through a box of Bardon files, I found a letter with information on St. John's Island. This letter was the piece that I needed to write the story. I couldn't wait to tell Daniel what I had found.

## **Parts of a Letter Written in 1918 to Charles H. Crownhart from Henry H. Butler**

*Lot 1, Section 36, Township 45 Range 1, containing 5 1/10 acres according to the government survey—known as St.*

*John Island was patented by the United States to Henry M. Rice of St. Paul in 1869. Mr. Rice was an early settler on Lake Superior and in the surrounding country and as he told me he often camped on this Island when voyaging from the Mississippi River to Lake Superior on the St. Croix-Brule route; and when the Island was opened to entry he remember this and wanted to acquire it.*

*According to tradition this island was a customary stopping place for Indians and French voyageurs as they journeyed up the Brule and down the St. Croix and reverse.*

*There was perhaps at some time—say 200 or 250 years ago—a considerable Indian settlement on the island. See the language of Elliot Coues in*

*continued on next page*

his note to "The Expeditions of Zebulon Pike", Vol. 1, page 310:

"There were many Chippewa villages along nearly the whole line of both rivers (Brule and St. Croix) at various points, including one on an island in the upper St. Croix Lake. Islands and peninsulas were always favorite sites, for in such cases these Indians enjoyed some additional immunity from the Sioux in what we may style their 'moted granges'."

Coues doubtless got his information as to a village on the island from some old French relation, but he does not cite his authority. "An island in the upper St. Croix Lake" is of course St. John Island as it is the only island in the lake.

### John St. John was Born on the Island and it

#### was Named after Him

John Baptiste St. John was Ojibwe and French and born on the island on April 4, 1822. Before this time, the island was known as Magic Island or Forest Island on St. Croix Lake. This lake is about 12 miles long and from one to three miles wide and the island is on the southern end. The Ojibwe name of the lake was Azhaweewe. John was a voyager as was his father before him. John's early boyhood was spent at LaPointe on Madeline Island at the entrance to Chequamegon Bay also known as Zhaagawaamikong.

### St. John Census Information

Census records are wonderful sources of information. In the

1850 Census of the LaPointe Village in Wisconsin, there was a Jean Baptiste St. Jean with wife Angelique and daughter Catherine and son Francois. Jean is an earlier French spelling of John and St. Jean is an earlier spelling of St. John. Jean Baptiste's occupation is a voyageur. John and Angelique (Lacombre) were married in 1844. Many Fond du Lac Ojibwe are listed in La Pointe. This is where the Indian

census was taken and two treaties were signed. If you are looking for your relatives, be sure and check out LaPointe. It was also a large fur trading post. There were many missionaries and clergy at LaPointe and they kept good records.

### Searching the Internet

Now that

I had the documentation for the story, I wanted to find a map of where this island was on the Upper St. Croix River. I first clicked on Internet Explorer and put in the name St. John's Island in Wisconsin and there was nothing. Then I put in St. John's Island on the St. Croix River and there was nothing. Next I put in island on the St. Croix River and bingo there was some information. Up came this site called Friends of the St. Croix Headwaters. There was information about a Crownhart Island at Solon Springs. On this site was a photo of a beautiful, narrow island in the Upper St. Croix River. It must be the one. I read the information on the site and quickly emailed the

contact person Scott Peterson. By that afternoon I had learned a bit about the Crownhart family who owned the island. Then I called the photographer Guy Little and asked his permission to use the photo for the story. He took the photo while flying in an ultra-light aircraft. By the afternoon, Scott Peterson had 3 photos scanned to my computer. There are wonderful people out there and I am glad they are willing to help a researcher.

### Searching for a St. John Photo

In my St. John's files at home was a copy of a newspaper obituary and photo of John St. John. The article was from microfilm at the Superior Public Library. These news photos usually do not print well for the newspaper. I was trying to remember which place had old photos with the stories. It was at the Douglas County Historical Society (DCHS) on 11th and John Street in Superior. I emailed the historical society and asked if they had any St. John photos. By the end of the day I had an email back from them and yes they did. They requested \$15 to have them scanned to my computer. I mailed them a check and a few days later I had 3 photos sent to my computer.

### Bellwood Gold Mystery

Bellwood is a community in Douglas County located east of Poplar on Highway 2. In the early 1800's there was supposed to have been some gold found by the Astor Fur Company somewhere near Bellwood. A few Ojibwe had been working for the company and there was a blast killing two and injuring others. The Ojibwe thought this to be a bad sign and would not go near the place. Years later it was thought that John St. John knew the location of the old mine shaft. A couple of well to do non-Indians wanted

to get rich and find this hidden gold. St. John often led them on a wild goose chase. The final thought was that nature and water had claimed the sunken mine shaft.

### Oneota and the St. John's

In the 1865 Minnesota Territorial Census from the town of Oneota, I found the St. John family. Oneota was a thriving town along the St. Louis River in western Duluth. It was located on the bay about 34th to 50th Avenue West. Just past the Duluth Zoo, on Grand Avenue there is the I-35 entrance ramp. If you take that ramp and look to the right along the river you will see part of the Oneota area. Oneota and

the Ojibwe will be a topic of another story in the future. John Baptiste St. John is listed with his wife Ann and children Catherine, Josette, John, Lisette, Therea, Paul and Margaret and Josette Corbin.

### John and Angelique Buried at Wisconsin Point

The 1900 Federal Census from Superior, Wisconsin shows John St. John and his wife Angelia and their children Joseph, Susan, Willie, Katie, John and Katie Cadotte. John died on March 11, 1906 and Angelique died on October 11, 1906 and they were buried next to each other at the Indian Cemetery at Wisconsin Point. Their names are not in the St. Francis records

of removals from Wisconsin Point. John and Angelique may still be on the point with many other Ojibwe families.

### Crownhart Island

Since 1914, this island has been privately owned by the Crownhart family and has been called Crownhart Island. Charles H. Crownhart was born in Superior and was a lawyer and Wisconsin Supreme Court Judge.

He also wrote an entire series of good historical stories about Wisconsin. Members of this family still reside in Solon Springs and go to the island in the summer.

### My Connection to St. Croix Lake

Years ago my family always looked forward to visit Uncle Art and Aunt Millie Berger who had a summer

cabin on St. Croix Lake. We had such good times there and often went for a leisurely boat ride. I remember seeing the island as the boat slowly passed by. I didn't recall any history told to me but was happy to have memories of that beautiful area and to write this story.

*I want to thank Deborah Locke for accepting my first story about Frank and Angelique (Ajibikokue) Defoe in May 2009 and teaching me the ropes of being a better writer. I also want to thank the new editor Daniel Huculak for giving me wings to fly so I could tell the story from a personal perspective. Miig-wich!*

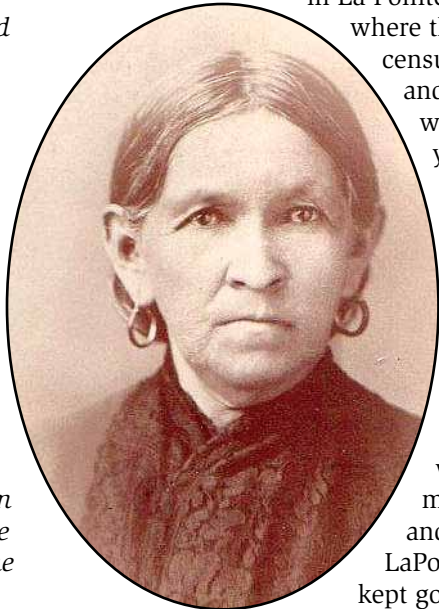


Photo of Angelique (Lacombre) St. John, courtesy of the Douglas County Historical Society

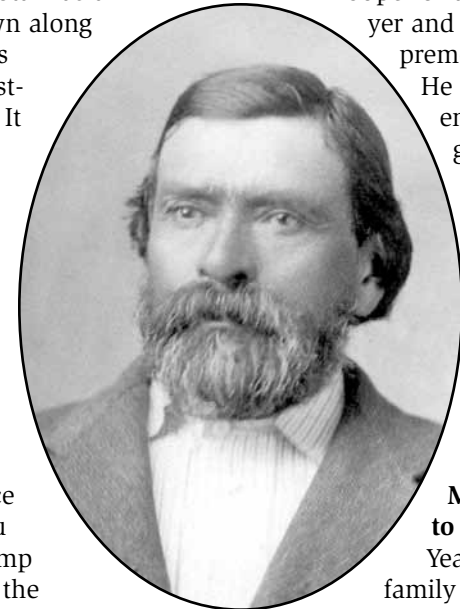


Photo of John Baptiste St. John, courtesy of the Douglas County Historical Society

## Flu season update; things you should know about influenza

By **Robin Johnson**  
*Public Health Nurse,  
FDL Human Services Division*

Flu Season is once again upon us. Here are some frequently asked questions regarding this year's influenza vaccine:

### 1. What is influenza (flu)?

Influenza is a contagious respiratory disease that can be prevented by immunization. It is not the same as the "stomach flu". Influenza is caused by a virus that attacks the nose, throat and lungs. Symptoms come on quickly and include: fever, dry cough, sore throat, headache, extreme tired-

ness, stuffed up nose, and body aches. These symptoms can be severe.

### 2. How is the flu different from a cold?

A cold generally stays up in the head while the flu brings body aches, fever and extreme fatigue. A person with a cold can usually keep up their normal daily activities, while someone with the flu will often feel too sick to do so.

### 3. Who is most at risk for getting very sick from the flu?

- people age 65 and older
- infants/young children
- pregnant women
- people with certain health conditions such

as asthma, diabetes, and heart disease

- Native Americans, African Americans and Hispanics peoples.

### 4. Should I get a flu vaccination this year?

Yes! Everyone older than 6 months of age should be vaccinated. Even if you got the seasonal flu vaccine and/or H1N1 vaccine last year, you should still get vaccinated this year.

### 5. I heard that this year's vaccine contains the H1N1, is it safe?

Yes! This year's flu vaccine is made in the same way as past flu vaccines and will protect against 3 strains of flu virus. Flu vaccines have

an excellent safety record -with an average of 100 million doses used in the U.S. each year.

### 6. Can you get the flu from the flu shot?

No! Some people do get mild flu-like symptoms for a short time after being vaccinated, but this is a sign that your body is responding to the vaccine and giving you protection. It is not the flu.

Let's all protect one another this flu season: Ask your provider for a flu shot or watch for upcoming community clinics and get vaccinated!

Source: Minnesota Department of Health

## Loving parenting tips

By **Dan Rogers**  
*Mental Health Therapist,  
FDL Human Services Division*

Among other things, effective and loving parenting means giving your child more attention for behaving well than for misbehavior. If most or all of the attention a child gets is for misbehavior, then they will act out to get that negative attention. To a child, negative attention is usually better than no attention at all. It hurts so much to be ignored. Also, if we tell our kids they are bad they will probably grow

up with low self-esteem.

It is important to be firm with discipline. If we go back on our word and let them off the hook we are teaching them they don't have to take us seriously. Consistency is also critical in disciplining children. For instance, if we discipline a child every other time they misbehave instead of every time we will be confusing them. When little kids are confused they usually act out.

We should never make threats when we have no intention of following through on them or can't follow through. For

example, if we tell our 10 year old they cannot go swimming until their room is clean we should stick to our guns, so to speak. Otherwise, we are teaching that child not to take us seriously.

I always recommend to parents that they say the following to their kids when disciplining them: "I love you enough to make you behave." Remember, disciplining our children is an act of love. It is not being mean unless the punishment is harsh or abusive.

Furthermore, I always recommend to parents that

they only tell their child twice to do something or to stop doing something. If the child still does not comply then take CALM, firm action and make them do it. If a parent has to tell a child 5 or 10 times to do something, just about any parent would blow up. If our child is getting us to blow up that means they are controlling us, which is never healthy for us or the child.

Good behavior and honesty should be rewarded often, especially with praise and affection.

## Baked Mashed Potatoes

(serves eight)

### Ingredients

- 6 medium baking potatoes (2 pounds total), peeled, cut into eighths
- Salt and black pepper
- 1 cup coarsely chopped onion (1 large)
- 1/2 cup water
- 2 TSP olive oil or cooking oil
- 1 to 2 TSP snipped fresh herbs such as parsley, chives, and/or thyme
- 1/2 tsp salt
- 1/4 tsp black pepper
- 1 to 1-1/4 cups buttermilk
- Olive oil

### Directions

1. In a greased 3-quart rectangular baking dish combine potatoes and onions. In a small bowl, combine water, oil, herbs, 1/2 teaspoon salt, and 1/4 teaspoon pepper; drizzle over potatoes and onions.
2. Bake, uncovered, in a 450 degree F oven for 40 to 45 minutes or until the vegetables are tender and browned, stirring twice.
3. Transfer to a large mixing bowl. Mash with a potato masher or beat with an electric mixer on low speed. Gradually beat in enough buttermilk to make smooth and fluffy. If desired, drizzle with additional olive oil. Season to taste with additional salt and pepper.

### Per Serving

Calories 155, Total Fat 5g, Sodium 185mg, Fiber 2g, Protein 4g, Carbohydrate 24g, Cholesterol 1mg

<http://my.hearthealthyonline.com/recipe/vegetables/baked-mashed-potatoes/>

*This material was funded by USDA's Supplemental Nutrition Assistance Program. The Supplemental Nutrition Assistance Program provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact: Fond du Lac Public Health Nursing Department's Nutrition Education Assistant @ (218) 878-3709.*

**Elders Essentials  
Elders Christmas Party to be held at Black Bear**

The annual Elders Christmas party will be held from 11:30 a.m. to 2:00 p.m., Dec 3, 2010 at the Otter Creek Event Center.

Registration begins at 9 a.m. The event is open to Band Members 52 years of age and above, plus one adult guest each.

Guests are being asked to bring one non-perishable food item to be donated to the local food shelf.

For more information, call Deb Topping at (218) 878-8053.

**New Team Walk competition for Wisdom Steps Conference**

The 2011 Wisdom Steps Conference will be held from June 14-16 at the Shooting Star Event Center and Casino in Mahanomen, Minn.

In addition to individual recognition at the conference, there will be a team walk effort by each participating reservation.

Starting Nov. 1, we will tally steps as a group and keep a weekly progress through April 28. There'll be a chart in the hall by the ENP to track our steps to see how many times we can go around the state to each of our Wisdom Step neighbor groups. It'll be amazing to see, in a big perspective, how far all of our steps take us.

Details will be available at the various Elder meetings and watch for the flyers. Please contact Patti Svaeson, Wisdom Steps board member at (218) 878-2606 or Deb Topping at (218) 878-8035 for more information.

**Legal Notice**

The following is a list of deceased band members who have monies in trust with the

Fond du Lac Band. We are requesting the heirs of these deceased band members contact the Fond du Lac Legal Affairs Office at (218) 878-2632 or toll-free at (800) 365-1613, to assist the band in distributing the trust monies to the appropriate heirs.

BEGAY, Raymond Sr.; BRIGAN, Calvin; CHRISTENSEN, Terry; CROWE, Gary; DEGRAEF, Beth; GANGSTAD, Harold; GLASGOW, Edith; HANDY, Jonathon; HERNANDEZ, Phyllis; HERNANDEZ, Sherry; HUHN, Cheryl; JEFFERSON (Drucker), Mary; JONES, William Sr.; JOSEPHSON, Charles; KAST, Cheryl; LAFAVE, John; LEMIEUX, Elvina; LEMIEUX, John; LIVINGSTON, Bruce; MARTINEAU, David; OJIBWAY, Steven; OLSON, Daniel G. Sr.; SHARLOW, Gerald D.; SMITH, Carl; STANFORD, Cathy.

**Oldies Holiday concert at the Black Bear**

The Doo Wop Yule Pop concert comes to town 7 p.m., Saturday, Dec. 11 at the Black Bear Otter Creek Event Center.

Featured performers include The Contours, The Spaniels, The Reflections, Jimmy Clanton, and more.

Tickets are on sale now. Ticket prices are \$32, \$38, and \$45. Tickets may be purchased at the Black Bear cashier counter from 8 a.m. – 11 p.m.; through Ticketmaster at (800) 745-3000; or through the Ticketmaster.com website.

**More December events at Otter Creek**

Attention billiards players! A pool tournament will take place Dec. 16-19 at the Otter Creek Event Center. The tournament will have individual and team competitions and is open to all

players.

Entry fees apply. Individual or team entry forms are available online at [www.blackbearcasinoresort.com/pooltourney.html](http://www.blackbearcasinoresort.com/pooltourney.html), or by calling (218) 878-BEAR (2327).

\*\*\*\*\*

Rock in the New Year with a free concert at the Bear beginning at 9 p.m., Dec. 31, at Otter Creek.

The Whitesidewalls, a group with members from Wisconsin and Minnesota, has been performing 50s and 60s hits for more than 35 years. The band plays hit songs by Elvis Presley, Rick Nelson, Dion and the Belmonts, Fats Domino, The Everly Brothers, Chuck Berry, Roy Orbison, and many more.

**FDL Motor Vehicle office holiday hours**

The Fond du Lac Motor Vehicle office will be closed during the holidays from Dec. 24 through Dec. 31, 2010. We're sorry for any inconvenience this may cause.

Regular hours will resume Jan. 3, 2011, from 8:30-11:30 a.m. and from 1-4 p.m. daily.

**Author and historical researcher to speak at CCC**

The Fond du Lac Cultural Center and Museum and the Cloquet Community Center are sponsoring "An Evening with Theresa Schenck," at 6 p.m. Dec. 10, at the Cloquet ENP.

Ms. Schenck is an associate professor at the University of Wisconsin-Madison, and an author of historical research. She is the author of "William Whipple Warren: Life, Letters, and Times of an Ojibway Leader."

Schenck will present historical documentation of the Fond du Lac people, and their resistance

to the Christian missionaries, as well as a presentation of the 1877 Fond du Lac Census with genealogy information.

All community members are welcome to attend. Light refreshments will be available.

**Minnesota Swarm 2011 lacrosse season opener features Native American Heritage Night.**

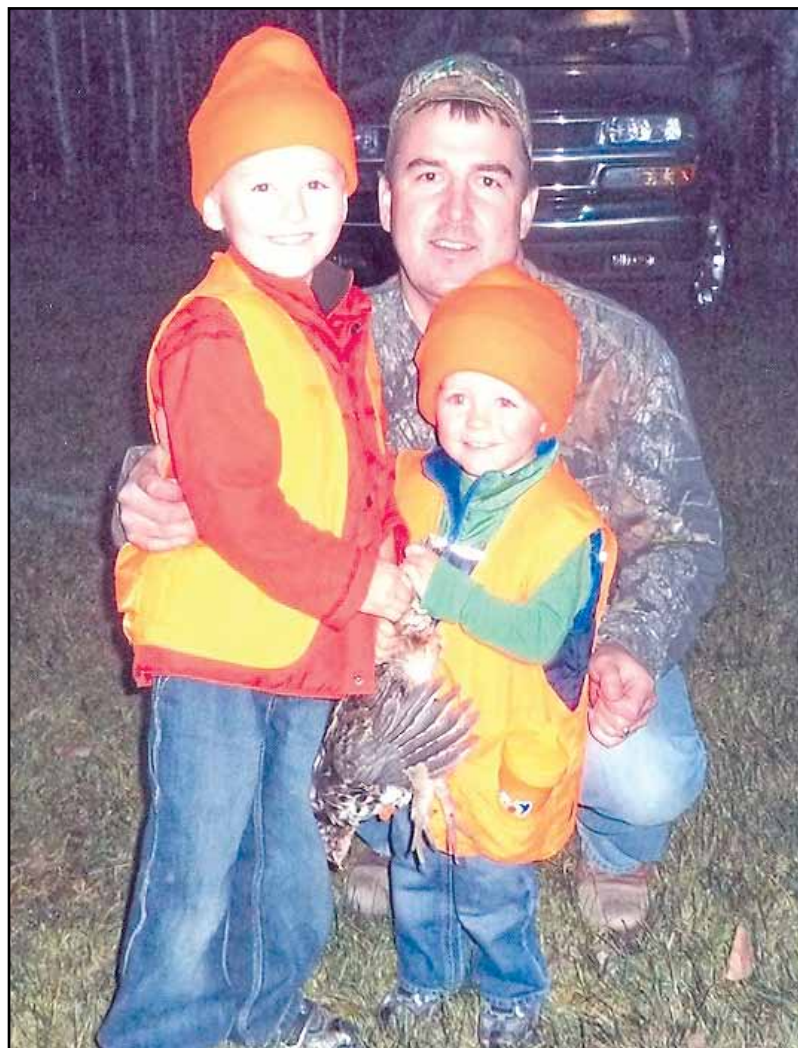
The National Lacrosse League's (NLL) Minnesota Swarm opens their 2011 season at home 7:30 p.m. Jan. 8, 2011 on Treasure Island Field at Xcel

Energy Center.

Minnesota opens their seventh season by hosting the Rochester Knighthawks.

The Home Opener will feature Native American Heritage Night. There will be a tribute to local Native American youth lacrosse players, as well as a half-time traditional game performance by the Oneida Warriors.

The Swarm teamed up with the Fond du Lac Human Services Division and the Native American Law Enforcement Summit (NALES) to conduct a "Lax for Life" lacrosse camp in Cloquet in July.



*Proud grandpa Harry Bassett sent in this photo of his son Chris, posing with his sons Ethan (left) five years old, and two year old Owen, after the boys' first hunt in Cloquet.*

# Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on December 15, 2010 for the January 2011 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720, or by email to [danielhuculak@fdlrez.com](mailto:danielhuculak@fdlrez.com)

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Always include your daytime phone number and your name with anything you submit. Materials will be edited for clarity and length.

## Birthdays

Happy Birthday to my love, **Kevin Dupuis Jr.** (Dec. 20)  
Hope your day is as special as you are!  
*Love you so much, Tasheana.*

Happy Birthday to **Kevin Dupuis Jr.**  
*Love, Mom*

Happy Birthday to **Matthew Hague** (Dec. 13)  
*Love, Mom*

Happy Birthday **Jesse Zacher** (Dec. 4)  
*You've passed me up! Love, Mom*

Happy Birthday to **Andrew Bauer** who is 13 (Dec. 13)  
*We Love You! Mom, Mike, Cody, Prairie, Joey & Mason.*

Happy 13th Birthday to my grandson **Andrew Bauer.**  
*Love, Grandpa Northrup*



Happy belated birthday wishes **Richard "Dickie" Sheehy** (Oct. 10)  
*Love, Judy*

Happy 30th anniversary to **Richard and Judy Sheehy** (Nov. 29)  
*From, your family*

Happy 6th Birthday to our crazy niece **Delilah Savage** (Dec. 17)  
*Love Patti Jo and Danny*

Happy Birthday to my Cousin **Delilah Savage**  
*Love Dannin*

Happy Birthday **Uncle Jerry** (Dec. 24)  
*Love, Dannin*

Happy Birthday **Grandma Linda and Grandma Delsie** (Dec.6)  
*I love you both  
Dereck Ray Jr.*

Happy Birthday "Pa" **Junior Diver** (Dec. 6)  
*I love you!  
Dereck Ray Jr.*

Happy sweet 16th birthday **Haley Psyck** (Dec. 14)  
*I love you, Mom*



Happy Birthday **Abby Volkert** (Dec. 24)  
*I love you!  
Your baby sister*

Happy 64th Birthday my dear big sis **Dianne (Blanchard) Kartiala** (Dec. 2)  
*Lots of love, EL*

I would like to wish my entire family a very Merry & Blessed Christmas.  
*Love and hugs from Ellen-Mom-Nana-Grandma*

Happy 65th Birthday to my wonderful brother-in-law **Tapio Kartiala** (Dec. 31)  
*Love, EL*

Happy 26th Birthday to my little twin brothers **Chubbs & Pokey Paro** (Dec. 8)  
*Love, your sister Janelle & brother-in-law Mel*

Happy 27th Birthday to **Joey Barney** (Dec. 29)  
*Love, Mel & Janelle*

Happy 25th Birthday **Patti Jo Savage-Barney** (Dec. 16)  
*I Love you!  
Love, Danny*

Happy Birthday to a wonderful daughter, **Patti Jo Savage!**  
*Love, Mom and Dad*

Happy Birthday to the best Mom in the World, **Patti Jo Savage**  
*Love, Dannin*

Happy Birthday to our sweet-heart **Savannah DeFoe** who is turning 3 (Dec.19)  
*Love you, Mom, Dad, your brothers and 'lil sister*

Happy Birthday **Jeff DeFoe Jr.** (Dec. 17); **Alizeah DeFoe** (Dec. 23); and **Jeff DeFoe Sr.** (Dec. 31)  
*Love you, Jessica, Joe, and the kids*

Happy 2nd Birthday **Zacobi "Boobers" White** (Dec. 17)  
*Love, Grandma*

Happy Birthday to my niece **Brianna Jo Reynolds** (Dec. 15)  
*Love, Auntie Nikki*

Happy 1st birthday **John DeFoe Jr.** (Nov.30)  
*Love, Mom, Dad, Rainna, Teah, and Maddy.*



Happy Golden Birthday to **John DeFoe Sr.** (Nov. 30)  
*From, Tawnie, Rainna, Teah, and Maddy.*

Happy Birthday **Genevieve Olson** (Dec. 27)  
*We love you Mom and Grandma!  
From, Brenda, Tony, Natasha, Jonathan, Michael, Cassandra, Jessica, and all the grandbabies!*

## Congratulations

Congratulations to **Larissa Bosto** on the birth of your baby boy! **Kenneth James Ogichidaa Bosto**; 4 pounds, 12 ounces. He was born Nov. 11, 2010. Love you!  
*Love, your family*

## Thank You

Our family would like to say thank you to everybody who helped prepare and participate in my mom (Ching LaFave's) retirement party.  
*Melissa LaFave and family*

## In loving memory

In loving memory of **Kenneth Michael Bosto**, who entered the spirit world Nov. 30, 2009. The family will be sponsoring a memorial dinner and give away from 1-4 p.m., Saturday Dec. 5, 2010 at the Brookston Center, 8200 Belich Rd., Cloquet.

## Obituaries

**Beth Ann DeGraef**, 49, of Superior, Wis., died Oct. 6, 2010, in St. Mary's Medical Center, Duluth.

She was born March 17, 1961, in Portland, Ore., to Peter and Beatrice (LaPorte) Depta.

Beth graduated from Anoka High School.

Beth married Louis DeGraef on Sept. 7, 2008, in Superior.

*continued on next page*

# Community News

She was employed as a bartender and waitress and the Old Town Bar and Grill.

She loved the outdoors, enjoying fishing and gardening. Beth also enjoyed baking and canning but most of all, she loved spending time with family and friends.

In addition to her husband Louis, she is survived by four sons, Jon Paul Cook, Berrien Springs, Mich., Seth (Abbie) Busch, Chase Busch and Nicholas Busch, all of Rice Lake; her mother Bea (Mark) Scanlon, Iron River; four grandchildren, Samantha, Jesse, Rafe and Tristan; and several nieces, nephews, aunts, uncles and cousins.

She was preceded in death by her father, Peter Depta; maternal grandparents, Percy and Ethel LaPorte; and paternal grandparents, Peter and Jane Depta.

A Time of Remembrance for Beth was held at the Old Town Bar and Grill, in Superior, Oct. 9. Lenroot-Maetzold Funeral Home assisted the family with arrangements.

**Leo Lawrence Peterson** 74, of Sawyer, passed away peacefully Oct. 18, 2010, in his home.

He was born Jan. 13, 1936, in Cloquet to Joseph and Elizabeth (Skunk) Peterson.

Leo worked for and was a member of the Fond du Lac Band of Lake Superior Chipewewa. He was a veteran of the U.S. Army 101st Airborne Division.

His past employment included logging, security, fish processing and the railroad.

Leo very much enjoyed yard work, gardening, hunting,

watching boxing, harvesting wild rice and cooking. He loved being married to his wife, Connie, and was grateful for and proud of his daughter, Misty Rose.

He was preceded in death by his wife, Constance; parents; brother Melvin; and sister Edith Peterson DeFoe.

Leo is survived by his daughter, Misty Rose Peterson; sister Mary Sargent; nieces, nephews and other relatives; and his best friend, John Fineday.

Visitation was held from 5-7 p.m. Oct. 21, at Handevdtt Funeral Home, Cloquet. Visitation continued at 10 until the 11 a.m. funeral service Oct. 22, in the Sawyer Chapel, in Sawyer. Interment was held at Sawyer Cemetery in Sawyer.

**Cindaria Raeanne Lone-DeFoe**, the exciting moments of pregnancy have turned to sorrow and heartfelt loss with the death of our baby Cindaria, Oct. 22, 2010.

Cindaria is survived by her parents, Sarah and Curtis; brother Coy; grandparents Roy and Geri DeFoe, May Houle, William Houle, Lynette Houle and Sherry DeFoe; Auntie Sa'Shawna "Boo" Lone; and several other relatives.

Visitation was held from 9 a.m. until the 10 a.m. traditional funeral service Oct. 26, in the Brookston Center in Brookston. Interment was held at Sawyer Cemetery.

**Larry David Francis Martineau Sr.**, 61, of Superior, Wis., died Friday, Oct. 29, 2010, in St. Mary's Medical Center in Duluth.

Larry was born in Knife Falls

Township, Minn., on June 27, 1949, the son of Eva (Nelson) and Francis Martineau.

He enlisted in the Army serving his country during the Vietnam War from 1969-71. During this time he was awarded the Bronze Star for valor.

He married the former Beverly Olson on July 17, 1969, in Superior.

Larry was a member of the American Legion and the VFW. He had worked for many years as a salesman for the Ekstrom Clothing Store in Superior.

He was an avid Packers' fan. Most important to him was spending time with his wife, children and grandchildren.

Larry was preceded in death by his parents; brothers, Gary and Jerry "Butch" Martineau; and a sister-in-law, Shirley Martineau.

He is survived by his wife of 41 years, Beverly; children, Guy Martineau of Superior, Tony (Traci) Martineau of White Bear Lake, Minn., Danyielle Martineau of Coon Rapids, Minn., and Larry Martineau Jr., of Superior; grandchildren Heather and Tara Peterson and Austin and Savannah Martineau; brothers Terry, Kerry and Perry Martineau; sister Caroline Martineau;

and many nieces, nephews and great-nieces and nephews.

Visitation was held Nov. 4, at the Downs Funeral Home in Superior. The Reverend Robert Baranow officiated. Interment was held at St. Francis Cemetery with military honors.

**Sharyn "Melly" Marie Heikkila**, 51, of Hibbing, died unexpectedly on Sunday, Nov. 7, 2010, in her home.

She was born March 24, 1959, in Willmar, Minn., to Howard and Therese Hendrickson Couture Johnson. Sharyn grew up in the New London - Spicer, Minn., area. She worked as a machine operator in several factories in various areas including Cloquet, Northfield, Minn., Kenyon, Minn., and Kimball, Minn.

In 2007, Sharyn reunited with her close friend from the late 1970s, Mark Heikkila, and they were married on July 19, 2008, in Cromwell.

Sharyn was a member of the Fond du Lac Band and the Eagle Lake Independent Apostolic Lutheran Church.

Sharyn was a perfectionist when it came to cleanliness of her home. She enjoyed going to garage sales, cooking, and

spending time with her family and friends.

She was preceded in death by her parents; and one brother, Howard "Smokey" Johnson Jr.

Sharyn is survived by her husband, Mark; son Kevin Williams of Minneapolis; step-son Abram Heikkila of Masawa, Japan; brother Jeff (Pat) Johnson of Foley, Minn.; sisters Sandy (Gary) Curry of Pensacola, Fla., and Debbie (Dan Fuller) Johnson-Fuller of Brookston; mother-in-law Beatrice Heikkila of Cromwell; nieces and nephews, Elki, Elon, Eric, Anna, Zeke, Tim, Elizabeth, Christopher, Dominic, Willow, Todd and Stacie.

Visitation was held from 5-7 p.m. Nov. 10 in the Atkins Northland Funeral Home, Cloquet. Visitation resumed at 10 until the 11 a.m. funeral service Nov. 11, in the Eagle Lake Independent Apostolic Lutheran Church in Eagle Lake, Cromwell. Burial will be at Eagle Lake Cemetery.

## For sale

Home on Big Lake in Sawyer, Minn. Located within 15 miles of three golf courses, 30 miles from Duluth. Built in 1990. Two bdrm., 1.5 baths, sauna, fireplace, open floor plan. Attached 2-car garage and detached 2-car insulated pole building. On private lot with 93 ft. of lakeshore; driveway and septic tank on 56 feet of FDL leased land. Asking \$245,900. Call (218) 879-5617 for more info.



# Manidoo Giizisoons – Little Spirit Moon December 2010

CCC: Cloquet Community Center, (218)878-7504; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185; CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BBCR: Black Bear Casino Resort; OJS: FDL Ojibwe School; CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center; FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Elder Exercise 8:30 a.m. CCC GED 4:30 p.m. SCC	Get Fit 12 p.m. CCC Knit/Crochet Circle 5 p.m. CCC	Elder Christmas Party 9 a.m. BBCR After School Children's Wrap Party 2 p.m. CCC	GYM Closed-Bazaar setup CCC
			1	2	3	4
Bazaar CCC	Elder Exercise 8:30 a.m. CCC GED 4:30 p.m. SCC Cribbage 5 p.m. CCC	Get Fit 12 p.m. CCC WIC 12 p.m. CAIR Youth Tobacco Flu Shot Clinic 3 p.m. OJS Leadership 3:30 p.m. CCC GED 4 p.m. CCC Parent Support Group 5 p.m. CCC	Elder Exercise 8:30 a.m. CCC Elder Concern 10 a.m. CCC Adult Games 12:30 p.m. CCC GED 4:30 p.m. SCC Ojibwe Language 5 p.m. CCC	Get Fit 12 p.m. CCC Language 5 p.m. CCC Knit/Crochet Circle 5 p.m. CCC <b>13 Moons Workshop 5 p.m. CCC</b>	Cooking Class PHN 12 p.m. CCC Cultural Awareness-1877 Census w/ genealogy 6 p.m. CCC	<b>Doo Wop Yule Pop 7 p.m. BBCR</b>
5	6	7	8	9	10	11
	Elder Exercise 8:30a.m. CCC GED 4:30 p.m. SCC Cribbage 5 p.m. CC C	Get Fit 12 p.m. CCC WIC 12 p.m. CAIR Elder Activity Board 1 p.m. CCC YTL 3:30 p.m. CCC GED 4 p.m. CCC Parent Support Group 5 p.m. CCC	Elder Exercise 8:30 a.m. CCC Elder Concern 10 a.m. CCC Adult Games 12 p.m. CCC WIC 12 p.m. MNAW GED 4:30 p.m. SCC Ojibwe Language 5 p.m. CCC 52 + Elders 4:30 p.m. CCC	Get Fit 12 p.m. CCC Knit/Crochet Circle 5 p.m. CCC <b>Pool Tournament BBCR</b>	Wisdom Steps Breakfast Sale CCC <b>Pool Tournament BBCR</b>	Holiday Parties *Cloquet District Holiday Party- Cloquet Enrollees and family 1 p.m. *Sawyer District Holiday Party-Sawyer Enrollees and family-3 p.m. *Brookston Holiday Party-Brookston Enrollees and family-3 p.m. <b>Pool Tournament BBCR</b>
12	13	14	15	16	17	18
<b>Pool Tournament BBCR</b>	Elder Exercise 8:30 a.m. CCC GED 4:30 p.m. SCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC	Get Fit & Walk/Jog 12 p.m. CCC WIC 12 p.m. MNAW GED 1 p.m. BCC GA 3 p.m. MNAW Youth Tobacco Leadership 3:30 p.m. CCC GED 4 p.m. CCC GED 4:30 p.m. DC AA/NA 6:30 p.m. MNAW	Elder Exercise 8:30 a.m. CCC Elder Concern 10 a.m. CCC GED 4:30 p.m. SCC Ojibwe Language 5 p.m. CCC	Knit/Crochet Circle 5 p.m. CCC CCC Closes at 6 p.m.	CCC Closed	CCC Closed
19	20	21	22	23	24	25
CCC Closed	CCC Open 8 a.m. to 4:30 p.m. Elder Exercise 8:30 a.m. CCC GED 4:30 p.m. SCC Holiday Break Activities for youth 5 yrs and up of all ages! Bring your swimsuit	CCC open regular hours Holiday Break Activities for youth 5 yrs and up of all ages! Bring your swimsuit	CCC Open regular hrs Holiday Break Activities for youth 5 yrs and up of all ages! Bring your swimsuit Elder Exercise 8:30 a.m. CCC Elder Concern 10 a.m. CC GED 4:30 p.m. SCC Ojibwe Language 5 p.m. CCC <b>Sobriety Feast 6 p.m. BBCR</b>	CCC Open regular hrs Knit/Crochet Circle 5 p.m. CCC Holiday Break Activities for youth 5 yrs and up of all ages! Bring your swimsuit	CCC Open 8am to 4:30pm Holiday Break Activities for youth 5 yrs and up of all ages! Bring your swimsuit <b>The Whitesidewalls 9 p.m. BBCR</b>	<b>HAPPY NEW YEAR!</b>
26	27	28	29	30	31	Jan.1