

Nahgahchiwanong

(Far end of the Great Lake)

Dibahjimowinnan

(Narrating of Story)



Susan Niemi (far left) and FDL Scholarship program assistant Veronica Smith (at Susan's left), meet with sulfide mining protestors from Wisconsin and Minnesota outside the Duluth Entertainment Convention Center April 13. See pages 2-3 for more information about the controversial mining operations proposed for the Iron Range.

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Local news

Proposed area mines threaten future wild rice harvests, local water quality

By Dan Huculak

As the economy slowly recovers from the Great Recession, several events in recent months have surfaced regarding Minnesota's boom or bust mining industry.

In January, PolyMet Mining Corp. hired former Minnesota Pollution Control Agency (MPCA) commissioner Brad Moore, as its new executive vice president for environmental and governmental affairs.

Then, in February, our elected officials in St. Paul approved an amendment to an environmental streamlining bill exempting the Iron Range Resources and Rehabilitation Board (IRRRB) from the Minnesota Environmental Policy Act's requirement that environmental effects be taken into consideration before certain decisions can be made. Gov. Mark Dayton signed the amendment into law March 3.

The new provision now exempts the IRRRB from complying with the same environmental rules that apply to the rest of state government, including municipal water/sewage treatment facilities. The IRRRB is an economic development agency based in Eveleth.

The Franconia Minerals/Duluth Metals merger got a significant boost when Gov. Dayton signed the bill to reduce the cost and time of environmental review and permitting.

In a prepared statement, the new company known as Twin Metals said the new law will help "to create new Minnesota jobs more quickly while

continuing to adhere to Minnesota's strong environmental standards."

According to a recent story in the Pioneer Press, the Twin Metals mine has a projected cost up to \$2 billion, and could employ 1,000 to 1,500 workers. The company says it plans to process ore into copper and nickel at a plant near the mine in Ely.

One stockholder to gain from the Duluth Metals merger: the state of Minnesota. Two years ago, as part of a state economic development loan-grant deal with Franconia, the IRRRB received warrants to purchase 2.5 million shares at 75 cents. Last week, the board agreed to exercise the warrants, thus becoming a Franconia stockholder to earn up to \$445,000.

Another copper mine has been proposed in nearby Babbitt, by PolyMet Mining Corp. The PolyMet plan is closer to implementation than the Twin Metals project. Several environmental groups, including the US Environmental Protection Agency (EPA), and the Fond du Lac Resource Management Division, have raised concerns about mining-related pollution.

PolyMet recently dropped plans to refine ore in Minnesota, saying it would sell ore concentrate only.

The attack on our wild rice and our supply of fresh water is a bipartisan effort. And that attack is coming under much scrutiny.

How does a regional economic development agency become empowered to circumvent en-

vironmental studies and regulations, despite state and federal agencies' objections?

Steve Morse, executive director of the Minnesota Environmental Partnership, called the action a "horrendous policy." "I don't know why we would just exempt whole agencies from the environmental-review process," Morse said.

The IRRRB also came under fire in December for agreeing to provide a \$4 million loan to PolyMet for its controversial copper-nickel-precious metals project on the Iron Range.

After the board approved the loan to PolyMet, environmental groups sued to block it. They dropped the lawsuit last month after Gov. Dayton signed legislation to streamline the environmental permitting process, which clarified the board's authority to make the loan.

State Representative Tom Rukavina (DFL-Virginia) stated in a recent interview, that "this mine, as it moves forward, will be the most environmentally sound copper nickel mine, I think, in the world."

Rukavina is also a member of the IRRRB Board of Directors. The city of Babbitt, home of the proposed PolyMet mine, is located next to his district's eastern border.

The project still needs approval from other state, federal, and tribal agencies to proceed. Because the proposed site, located on public land, is protected from strip mining by the Weeks Act, PolyMet will either need special legislation or an equally controversial land exchange

with the US Forest Service in order to proceed with its mine.

In a letter to the St. Paul District of the US Army Corps of Engineers, Bharat Mathur, acting Regional Administrator for the EPA's Midwestern district, said the Draft Environmental Impact Statement (DEIS) for the project is "Environmentally Unsatisfactory-Inadequate" (the lowest rating possible) and would violate federal Clean Water Act requirements by contaminating ground and surface water with acidic mine drainage and mercury and destroy over 1,000 acres of high-quality wetlands. According to the EPA, plans to combat acid mine drainage are "inadequate."

IRRRB Commissioner Tony Sertich was in Duluth April 13 as a guest speaker at the 84th annual Society for Mining, Metallurgy, and Exploration conference at the Duluth Entertainment Convention Center (DECC). Sertich spoke about creating jobs in the region, and about continuing to diversify the mining industry. "With our older existing industries, they're developing new and better technologies on the environmental side and to lower energy costs," Sertich said. "Then you have new exploration into non-ferrous mining, copper-nickel and all those precious metals. We literally have hundreds of projects going on. Some are bigger, and some are still in their infant stages."

A group of about 25 protesters marched outside the DECC while the mining conference was being held.

Len Anderson is a retired Cloquet biology teacher who has studied sulfate and rivers for years. Not referring to himself as an activist, Anderson, a self-described river rat, enjoys living near the St. Louis River.

Describing the environmental streamlining process, Anderson said, "We're allowing them to be the driver and we just shouldn't be allowing that. We're talking about a very cyclic industry. We're talking about some of the greatest metallic wealth in the entire world, and we have high schools up there that are closing; we have high schools that can't maintain their music programs."

"When you have the boom and bust economy that the metal mining facility offers, you're not building the kind of long term community structures that you need to have a quality community, you just don't do that because it's all boom or bust. It may be great if you happen to be in Babbitt for 20 years, but 20 years is not a very long time. And when the potential damage to this river system could be 2,000 years, then 20 years is a drop in the bucket," he said.

"If you fly over the Iron Range, it's so incredibly ugly. Some people would dispute that saying, well, it looks like money to me, but it is devastating."

Anderson continued: "The Iron Range legislative delegation, they love to hold up their cell phones. Like their/our infatuation with electronic gadgets is dependent on one mine worldwide; the global commodity; those precious metals, as if

Local news

the only mine in the world exists there. The metal will end up in China anyway; it's going to come back as gadgetry. I can't justify doing the mining poorly." The current environmental standard for sulfate in the water is 10 parts per million. Anderson said, "Those standards are higher than the historic levels for the entire St. Louis River watershed. All of the tributaries are now based on Iron Range sulfate; every single one of them; was well below the 10 milligram per liter standard that we now have."

According to Anderson, the agency charged to set the environmental standard (MPCA) also has its hands tied when it comes to enforcing that same standard.

"As one part of this legislation puts it, and boy, I find it just horrible, that the MPCA would only require monitoring. But they're going to dump into wild rice waters, which they virtually have to; the Embarrass or the Partridge River - both of them are wild rice waters - all they have to do is monitor, and can then say, oh, we're sorry guys, but that last month's release was hundreds of milligrams per liter which is what they would do. And this legislation, I've never seen anything like this, the MPCA is forbidden to demand that the company spend one penny mitigating the sulfate!"

"It is pretty simple. If you increase the sulfates above 10 milligrams per liter, and we have got powerful documentation going back to the 1940s, you will not have quality wild rice stems."

In a statement to the Duluth News Tribune, Craig Pagel, executive director of the Minnesota Iron Mining Association said: "everyone wants to do what's right for wild rice, but we need to really find out what that number is. We understand the significance it has for the tribes and for wildlife. But there's no good data now on exactly what's right."

To that, Anderson responded: "It (the data) is clearly there. That's why they're uncomfortable with it. It is good data, published peer review data, the highest standard in science. That's as good as it gets."

Currently moving through the legislature are bills intended to raise the sulfate standard from the current 10 parts per million to 50 parts per million. If passed, the long term future of wild rice could be in jeopardy.

Notes: The St. Louis County Board held its first evening meeting of the year April 19. About 50 residents attended the meeting at the Central Hillside Community Center in Duluth.

People came to the meeting to talk to the commissioners about topics important to



With the ore carrier William A. Irvin in the background, concerned citizens are seen marching around the DECC, protesting the proposed PolyMet sulfide mining operation in Babbitt.

them.

The subject of sulfide mining got so heated, one commissioner walked out after disagreeing with what activists had to say.

Commissioner Mike Forsman of Ely, abruptly left the meeting, saying he wasn't going to take part. Even though Forsman decided to walk out of the meeting, one commissioner said the evening meetings are good way to hear from more people.

"We're having a night meeting to kind of reach out to the public, to the citizens of St. Louis County, invite them to come and share their thoughts with us," Steve O'Neil, chair and commissioner of the St. Louis County Board said.

The College of St. Scholastica is hosting the Northeast Minnesota Sulfide Mining Conference from 12:30-4 p.m., May 7, in room 249 of the Burns Wellness Center Auditorium, Duluth.

Featured speakers include Len Anderson, who contributed to this story; Marc Fink, attorney, Center for Biological Diversity; Bob Tammen, Retired mine worker; Nancy Schuldt, Fond du Lac Water Projects Coordinator; and Steve Koschal, owner of the River Point Resort and Outfitting Co. in Ely.

For more information, contact the No Sulfide Mining Group at nomnsulfidemin-ing@Gmail.com

Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Editor: Daniel A. Huculak

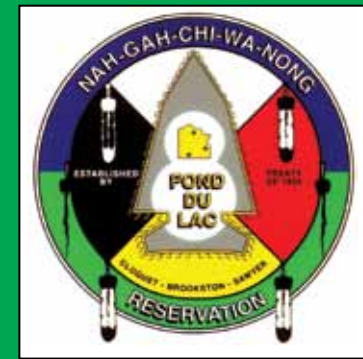
The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association



A few thoughts from RBC members

From Chairwoman Karen Diver

Great news on Wisconsin Point! The Department of Interior has completed its internal review process. The Secretary of the Interior has formally requested that the General Services Administration transfer the land at no cost. Once the GSA approves, then the Secretary of Interior can formally take the parcel into trust. While there continues to be some bureaucracy left to it, being able to get the request through the Department of Interior was a major milestone. We will continue to follow up with GSA staff to keep it mov-

ing along. The Band will be scheduling a meeting for Band members and interested descendants regarding the long-term plan for Wisconsin Point. At this time, the City of Superior, Douglas County, University of Wisconsin and Wisconsin Department of Natural Resources will be working to develop a land use plan for Wisconsin Point. With your feedback, we can make sure that the Fond du Lac plan is incorporated and considered along with those



Karen Diver

entities. Keep an eye on the FDL website and for flyers to announce the date.

Please plan on attending the May 19 open meeting at 1:30 p.m. in Sawyer. The RBC would like to continue discussions regarding violence and the reservations policies that have been developed to address these issues: expulsions, 72 hour evictions, etc. If you recall, the RBC had quite a number of meetings regarding the communities tolerance for violence, and gave us quite a bit of feed-

back about what they would like to have the RBC implement. We appreciate the overwhelming support the community has given us as we make these difficult decisions. Now that there have been some incidents where these types of decisions have had to be made, we want to touch base with community members again to make sure that the policies continue to have support, or if there needs to be any changes. We look forward to seeing you there and to our discussions.

The policies and procedures have been approved for the assisted living facility. At the time of writing this column, the

clinic was waiting for one of the necessary state licenses. That is the last step needed before they can start serving clients. The facility is so beautiful, warm and inviting. We look forward to its opening and serving our elder Band Members who need this type of care and housing.

Hope you are all enjoying the spring after what seemed like a really long winter. Please let me know if you have any questions or comments. Office (218) 878-2612, cell (218) 590-4887. Or email karendiver@fdlrez.com.

From Ferdinand Martineau

Boozhoo niiji, I think spring is finally here. The snow is gone and the ice is melting away. I live by a stream and the water is beginning to rush past my house. I remember this time of year when the water would start to run we would begin to spear in the stream. The northern were first then the suckers and the trout would be last. Night after night we would spear the fish and day after day we would prepare them for smoking. I remember the smell of the dried maple smoke and fish being carried throughout the reservation by the winds. After a couple of days I remember people beginning to stop by to sample the fish. It

was always a fun time and I always felt good because I had helped with the fish that lots of people were enjoying. Now my nephews are getting ready to go spearing and netting at Mille Lacs with the same excitement that I remember.

I would like to thank the community for the support that they have given the council in having to make some very difficult decisions in regards to our drug and violence ordinance. I have asked the chairwoman to have another meeting with the community to discuss the ordinance. She has set the May meeting in Sawyer for this dis-



Ferdinand Martineau

cussion. There are some parts of the ordinance that are not as clear as they could be and some part that were not addressed such as how long will a person be expelled from tribal lands and facilities. If you have comments on this I hope to see you there.

Now that the snow is gone and all the debris is visible to everyone we will be starting our reservation clean up again. I don't know how many remember our reservation before this project began. Almost anywhere you went in the woods there was garbage. There were old washing machines and refrig-

erators discarded down old roads. Old furniture was not an uncommon site. Today I am glad to say that garbage is now an uncommon site and people complain when they see it. So when you see our clean-up workers out there think about what my grandfather used to say to me. Leave things a little nicer than you when found them!

That brings me to the last thing that I would like to touch on this month. There is a move to increase mining on the iron range. The ore that they want to mine is hard to get and they want to use an old method that is very damaging to the environment to retrieve it. There are newer more expensive ways to accomplish their end results

that would protect our water and wild rice. The Band is not opposed to mining being done in a responsible manner but we are opposed to destroying our natural resources in an irresponsible manner. They should listen to my grandfather.

Again, I am always interested in hearing any new ideas, so please feel free to call me. My home number is (218)879-5074, Office (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com.

Gigawaabamin

RBC columns continued on next page.

From Wally Dupuis

Hello All,
As spring comes around, Our Natural Resources program is preparing for the annual spearing and netting season. The FDL website is updated daily with information regarding ice out on Mille Lacs Lake. We are hoping for a successful harvest with many Band Members getting the opportunity to stock up on their food supply.

Our construction company is also gearing up for the season. They are scheduled to continue working on the Moorhead Rd. project this summer and will continue with other jobs as they come in. Our construction company is holding an equipment operators training course this month and have approximately 18 students. This will help in our long term efforts for hiring and keeping equipment repair costs down as well as many

other benefits. We are also holding a six week commercial vehicle drivers training course in conjunction with MNDOT. A number of Band Members are participating in this program. Once completed, they will be licensed to drive anything from a car, to a school bus, to an 18 wheeler. Our Community Center and



Wally Dupuis

its staff are planning a number of activities throughout the summer, which include baseball and t-ball as well as other organized activities. Our Black Bear Casino has a schedule of upcoming events to be held at the convention center as well as the golf course. Also, Fond du Luth has plans for events and promotions to be held at their location.

These events are listed on their web page as well as advertised in the media. Please check the web site for dates and times.

On another note, it is sure nice to see green grass and budding trees.

Please feel free to contact me. You can call me at (218) 878-8078 (work) or (218) 879-2492.

From Mary Northrup

Boozhoo everyone!
I would like to start by thanking all the staff at the Brookston Center for their hard work. Recently there have been some questions raised concerning who is eligible for participation in community events. I have spoken with center manager Bryan "Bear" Bosto, and he is working on a plan for clarification for all community members. We will keep you posted.



Mary Northrup

Community cleanup is starting May 16. Let's all do our part and help keep our community clean. Dumpsters are available, and please give me a call if you need one. I will be more than happy to order one for you.

Please continue to check the FDL website for activities and program-

ming. The staff at Brookston is committed to serving the community, and we welcome any suggestions or concerns you may have.

On a personal note, I would like to express my deepest sympathies to the family of Dennis Shabaiash. He was my friend and he will be missed. The Brookston kitchen staff did a great job preparing a meal, and the family was very appreciative.

Brookston kitchen staff did a great job preparing a meal, and the family was very appreciative.

Please feel free to call me or stop in. My office number is (218) 878-7583, and my cell number is (218) 461-7986. You can also email me at marynorthrup@fdlrez.com.

P.S. A special hello to my little brother Eric Troseth. I really enjoyed the visit with you and your family.

Miigwetch!

**From Sandra Shabiash
On the Local Sawyer Scene:**

O Sure signs of spring in Sawyer: the sugar bush camps. The traditional gathering of maple sap and the processing of it into maple syrup, sugar cakes, and maple sugar has started. Several sugar bush camps have been in operation around Sawyer. The smell of boiling the sap into syrup and the syrup to maple sugar and sugar cakes brings back memories of past sugar bush camps and connects us closer to who



Sandra Shabiash

we are and where we came from. One can almost hear the laughter of our ancestors intermingled with the crackling of the fire and the sound of the wind rustling through the camp.

Another sight of spring is seeing the bicycles leaving the Sawyer Community Center. They presently have five bicycles that are available for community members to sign out. We have individuals who are riding in excess of ten miles per day. The exercise rooms at the center have been used during the winter months to get everyone in shape for their transition

from indoor to outdoor riding. Keep up the good work.

Just a reminder to parents that the road limits will be lifted shortly and the Moorhead Road project will be back in full construction mode. Be sure to talk with your children regarding safety issues and following road construction signs.

In closing we offer our condolences to the families of Shay Nahgahnub and Dennis Shabaiash.

Any questions or concern please contact me at: Email: sandrashabiash@fdlrez.com Office: (218) 878-7591 Home: (218) 879-3667

Fond du Lac Native Teacher Program

The Fond du Lac Native Teacher Program (FDLNTP) will be located on the Fond du Lac Reservation. It is designed for those interested in pursuing the elementary teacher license. This program is open to enrolled members and descendants of state and federally recognized tribes.

This project will prepare American Indian teachers in elementary education with the

goal of increasing American Indian educational success. Graduates will be able to implement best practices in American Indian Education and support other teachers, both Native and non-Native, to enhance American Indian education.

Applicants must have:

- An AA degree,
- Apply to the College of St. Scholastica,

- Apply to the FDL NTP-complete the essay,
- Send official transcripts to CSS,
- Complete the background check, and;
- Be of Native American heritage.

The U.S. Department of Education office of Indian Education will fund this partnership between Fond du Lac Tribal

College and The College of St. Scholastica Native Teacher Program. Fond du Lac Tribal College will serve as the fiscal agent of the project and the College of St. Scholastica will serve as the degree granting institution.

The office of Indian Education requires a payback agreement for all participants. This can be satisfied with service or monetary payback.

Classes begin May 13. Applications will be accepted until May 13. There is limited classroom space, so please get your applications in as soon as possible.

Contact Sara Montgomery, FDLNTP Director, at (218) 878-7245, or by email at saramontgomery@fdlrez.com.

Sturgeon: returning home upstream in the St. Louis River

By Tom Howes, Natural Resources Manager, FDL Resource Management Division

Namewag (Lake Sturgeon, plural) were once a significant part of the fishing focus for our people. When we made our homes on the lower stretches of Chigamii-ziibing (St. Louis River), the namewag spawning run was what the gigoonyikewiniwiag (fishermen) focused on after the ogaawag (walleye) spawning run.

Lake Sturgeon were captured using spears and seine nets. One documented example of this comes from 1833, the fur trader William Johnston noted: “when the sturgeon comes up to the foot of the rapids; then it is a continual feasting.” Unfortunately, the sturgeon slowly disappeared from the St. Louis River due to commercial fishing, overexploitation, and habitat degradation that took place following the arrival of Europeans to the area.

The most significant habitat degradation was the construction of hydroelectric dams along the river. The St. Louis River has five major dams between Cloquet and Lake Superior, which blocked the movement of fish, changed water levels, and altered flow rates. Present day Fond du Lac Reservation is located upstream of the five major dams and the historic namewag fishery; and the St. Louis River still makes up our northern and partial eastern boundary.

Over the past two decades, sturgeon have been reintroduced below the Fond du Lac dam by the Minnesota Department of Natural Resources (DNR) with fish from the Wolf River in Wisconsin and the Sturgeon River in Michigan.

Larry Schwarzkopf, a former FDL Natural Resources manager, believed the sturgeon were also historically present in the upper St. Louis River. He went to great lengths to document evidence

of the fish; conducting interviews with Elders and searching through historical documents. When he was satisfied that sturgeon once roamed the upper St. Louis, a restocking program began that ran from 1998-2006, placing nearly 400,000 namewag eggs or fry into the upper part of the river.

Despite several attempts over the years to recapture young sturgeon from these stockings, no fish were recaptured. In 2007 all stocking of fish from Lake Superior to inland waters was suspended due to the discovery of Viral Hemorrhagic Septicemia (VHS) in the Great Lakes.

In the fall of 2009 and the spring of 2010, a local angler sent photos of himself with a sturgeon he caught below Scanlon. Several other reports came from reputable sources of sturgeon being caught near Brookston. In the summer of 2010, the Fond du Lac Natural Resources Program decided to conduct another survey to recapture and document the status of sturgeon in the St. Louis River. We focused our efforts first on the section of river below Scanlon where the photographed fish came from. Using gillnets and multihook “trotilines” we were able to capture one name (Lake Sturgeon, singular) from this portion of the river in June. The fish was measured, implanted with a Passive Integrated Transponder (PIT) tag, a numbered identification tag, and a clip of its fin was taken for genetic analysis. The fish escaped before we were able to place a radio transmitter tag on it or take a spine for aging, but still, valuable data was gathered from this single fish. Spending time near the river led to conversations with locals, and one individual actually donated a carcass of a nine inch name he found along the river near Scanlon.

The following weeks brought our staff upriver above Spafford Park near Highway 33 in Cloquet.

One area of the river after another was sampled upriver. On July 13, another name was captured, measured, sampled, outfitted with a PIT tag, a radio transmitter tag, and was released. The transmitter allows us to follow the fish’s movements by weekly visits to the river with an antenna and receiver tuned in to the specific frequency of the transmitter attached to the fish.

The idea behind tracking fish is to determine habitat use, spawning sites, and potentially locate additional fish. As the summer and fall months went on, three more sturgeon were captured and released in the same manner. The fish range from 31 to 48 inches in length; about the size of fish that would have been stocked earlier by Fond du Lac.

With the forming of the ice came the task of answering some questions about the fish, such as how old are they, and are they really from FDL stocking efforts? We found that the ages of the fish all correspond to years in which FDL stocked sturgeon.

The small fin clips taken from the fish were sent to the University of New York-Oswego (UNY-Oswego) for genetics analysis. UNY-Oswego researcher Amy Welsh specializes in namewag genetics. Welch was able to determine that two of the fish are from the Menominee River strain stocked by Fond du Lac, and two of the fish are from the Wolf River strain (we suspect anglers brought these fish upriver from the lower St. Louis), the small donated carcass comes from the Sturgeon River and is from FDL stocking, and the one Scanlon fish that escaped without a radio transmitter could not be immediately assigned to any known lake sturgeon genetic database. Further genetic comparisons will need to be made in order to claim that a remnant population of namewag still swims in the river.

Armed with this information, St.



FDL Resource Management Adam Thompson, holding a sturgeon while doing research on the St. Louis River. Photo by Sean Thompson, FDL Resource Management.

Louis River sturgeon is now protected from harvest everywhere upstream of the Fond du Lac dam in order to allow them to grow and reproduce. If you are fishing the river and happen to catch a sturgeon please share that information or a picture with our staff, but the fish must be released. If you are able to, cut a thumbnail size piece of the tail fin from the fish, store it dry in your tackle box and bring it in to the FDL Resource Management Division. We intend on duplicating this effort this coming field season, and look forward to sharing more fish stories next winter.

This effort would not have been

possible without the people who came before us, and those we encountered along the way. I want to thank the fishermen who shared their photos and stories, the 1854 Treaty Authority and the Minnesota DNR for technical assistance; Ralph Maki, and Marcie from Knife Island Campgrounds for access through their respective properties, FDL Fisheries Biologist Brian Borkholder, and FDL Resource Management Technicians Sean and Adam Thompson. Sean and Adam are responsible for 99 percent of the fieldwork for this project, and deserve credit for their dedication and hard work.

etc.

Victor "sniffing" - approaching retirement; local youth raising money for successor

Victor's career in law enforcement has been well documented in this, and other newspapers in the area. Victor is a Belgian Malinois with an uncanny ability for finding illegal drugs during police search activities.

According to FDL Police Sgt. Casey Rennquist, he and Victor have been partners for over five years. The dog was believed to be 5-years-old when he was purchased.

"Victor is still doing a good job but I am able to see that his joints and hips are starting to show the ten years of wear and tear, Rennquist said. "He is limping a little bit when he gets out of the car. With him showing his age I think it's time to start getting ready for the future, since finding a replacement K-9 can be a long process."

Rennquist said that Victor is the second K-9 he has handled, and he has been handling police animals for six years.

"Victor has been a great partner! I have a deep love for this breed and it would take a lot for me to think about taking on a different breed as my partner," Rennquist said.

Casey and Victor have worked with many agencies from around the area. Among them, Carlton County, St. Louis County, Cloquet Police Dept., Minnesota State Patrol, Duluth Police Dept., Arrowhead Region Probation, the Minnesota Dept. of Corrections, and the Lake Superior Drug and Gang Task Force. They have assisted many

other groups, including the Fond du Lac Ojibwe School, the Cloquet, Cromwell, and Carlton School Districts, Dare programs in the area, and the Explore Program.

"I have many great memories of searches we have done and how proud Victor has made me. I have been involved in many vehicle searches, house searches, and school searches where because of Victor, we were able to locate many narcotics that otherwise would not have been recovered."

Neighboring law enforcement agencies also appreciate having a K-9 available. "Having a K-9 officer is a huge tool for us, Cloquet Police Chief Wade Lamirande said. "It's a limited commodity in northern Minnesota. We try to share those resources."

"We enjoy great cooperation between all agencies in our area. I think we're much more productive and the whole area is safer because of it. It's something we do not take advantage of or take for granted, I think it's something we will continue to work on; to foster and maintain because it's such a huge asset."

Joe Bauer, a 5th grader at Churchill Elementary School in Cloquet, decided to raise money to help the Fond du Lac Police Department find Victor's successor. He started a fundraising drive collecting aluminum cans and accepting cash donations which will be forwarded to the Police Dept.

Joe and his family were also involved in Earth Day community clean-up activities a year ago.

With many communities cutting back on spending, other agencies have had to drop their

programs or cut back on funding which has increased how much victor is being used, according to Rennquist.

"I would definitely say in the last couple of years my K-9 deployment numbers are way up. I would attribute that to more drug crimes, officer education, and fewer K-9's in the area. We're basically down to two."

"With Joe Bauer's help and his great ideas and efforts, hopefully this K-9 program can continue to protect the Fond du Lac Reservation and the people in the surrounding communities," Rennquist said.

To donate your aluminum cans or to make a monetary donation, contact Joe Bauer at (218) 590-5755.

Space is limited for second annual Lax4Life camp

The first Lax4Life lacrosse camp in 2010 brought teens together from Lac Courte Oreilles, Grand Portage, Mille Lacs, Red Lake, and Fond du Lac to make them familiar with the first indigenous game. The Native American Law Enforcement Summit (NALES), the Minnesota Swarm indoor lacrosse team, and the Fond du Lac Diabetes Prevention Program joined forces to reintroduce lacrosse back to its roots.

Last year's camp, held at the Brookston and Cloquet Centers, featured Swarm players, coaches, and staff. The team conducted a complete lacrosse instructional clinic. Most of the kids started the five day camp with virtually no lacrosse knowledge, but toward the end of the week the difference was evident.

Because the response from the community was better than expected, the camp is expanding

this year to include girls from the Fond du Lac Reservation. The second annual Lax4Life Lacrosse Camp will be held July 25-30 in Cloquet. Boys and girls ages 13-15 are welcome.

The deadline to sign up is June 1. Space is limited. To register, contact Josh Baker at (218) 878-8041. Applications after the deadline will not be accepted.

Legal Notice

The following is a list of deceased band members who have monies in trust with the Fond du Lac Band. We are requesting the heirs of these deceased band members contact the Fond du Lac Legal Affairs Office at (218) 878-2632 or toll-free at (800) 365-1613, to assist the band in distributing the trust monies to the appropriate heirs.

BEGAY, Raymond Sr.; **BRIGAN**, Calvin; **CHRISTENSEN**, Terry; **GANGSTAD**, Harold; **GLASGOW**, Edith; **HERNANDEZ**, Sherry; **HUHN**, Cheryl; **JEFFERSON** (Drucker), Mary; **JONES**, William Sr.; **JOSEPHSON**, Charles; **KAST**, Cheryl; **LAFAVE**, John; **LEMIEUX**, Elvina; **LEMIEUX**, John; **LIVINGSTON**, Bruce; **MARTINEAU**, David; **NAHGAHNUB**, Arnold; **OJIBWAY**, Steven; **OLSON**, Daniel G. Sr.; **SHARLOW**, Gerald D.; **SMITH**, Carl; **STANFORD**, Cathy.

Summer Youth Employment Program returns

The Fond du Lac Reservation Summer Youth Employment Program is now accepting applications.

Applications can be picked up at the WIA office, the Cloquet, Carlton, or Albrook School Dis-

trict's Indian Education offices, and any of the Fond du Lac community centers.

You must be between 14-17 years of age. Applications will be accepted through May 6. Applications will not be accepted after this date.

Wisdom Steps sweatshirts now available

We now have the new Wisdom Steps sweatshirts available for sale. Debra Topping will have shirts for you to see. The prices are \$25 for sizes small-XL and \$27 for sizes 2x-3x. Payment can be made with Deb Topping, Char Bodin or Patti Svaleson.

Just a reminder that the Wisdom Steps monthly meeting will be held at 5 p.m. May 3 at the CAIR building in Duluth.

We will be having an elder outing from 11 a.m. - 1 p.m. May 21. MNDOT has a stretch of highway in need of cleanup along Big Lake Rd., from Magney Dr. to Salmi Rd. Several elders expressed an interest to help. There will be a pot luck meal afterward. Please attend the May meeting for all the details and watch for flyers.

The Ojibwe School is in need of two elders that will commit to work in the Journey Garden from June 13-30. You would be working in the garden with the day group kids and sharing your knowledge on traditional ways of gardening. Please call Patti at (218) 878-2606 or Maria at (218) 878-7239 for more details.

If you have any questions about Wisdom Steps please call the local coordinators, Patti Svaleson (218) 878-2606, Char Bodin (218) 279-4119 or Debra Topping (218) 878-8053.

Public Safety

Enhanced emergency services; new fire chief for Fond du Lac and Cloquet communities

During the fall of last year, the Cloquet Area Fire District (CAFD) entered into an agreement with the Fond du Lac Band to expand the emergency and fire-related response area for the Band.

According to new CAFD Fire Chief Kevin Schroeder, The CAFD now responds to all property owned by FDL or a Band Member when a structure fire breaks out within the boundaries of the Fond du Lac Reservation. The CAFD had traditionally responded only to property within the city of Cloquet or Perch Lake Township.

Under the new professional services contract, resources from one of more of the three CAFD fire stations will be responding to all property covered under the contract throughout the entire reservation in both Carlton and St. Louis Counties.

What does this mean for the members of the Fond du Lac Band? In the areas outside of the CAFD District boundaries, the local volunteer fire department will still be responding to fire incidents. These local departments include Carlton, Cromwell, Brevator, Arrowhead, Culver, etc. In addition to these departments, the CAFD will provide a response of full-time and on-call firefighters from at least two of our stations.

This response will consist of a highly trained incident commander and full-time engine crew from the Cloquet Station and depending on the location of the incident, either a second engine and/or water tender units from

our paid-on-call stations in Perch Lake Township and Scanlon.

The inclusion of both full-time and on-call staff from CAFD will allow for a rapid fire response at all times of the day or night with enough resources to begin controlling the emergency. Under the agreement trained Incident Command staff from the CAFD will have overall command of the emergency scene and work directly with the local fire department or other responders to mitigate the emergency and increase the level of service provided on reservation lands.

The CAFD has also been working with Fond du Lac Enterprises and law enforcement to increase the level of planning and coordination for Emergency Management during large scale natural disasters and emergencies at Fond du Lac tribal buildings, including the Black Bear Casino Resort. This disaster planning included CAFD involvement in a national level pipeline rupture and spill response exercise held in Feb. at the Black Bear Casino Resort, and will continue throughout the summer as the CAFD and Fond du Lac responders work to create a local level response plan.

Work continues to address dispatching issues related to the multiple county coverage area of the Fond du Lac community, but the CAFD looks forward to a long relationship with the Fond du Lac Band as we work to improve the safety and quality of life for the citizens that we serve.

Increased seat belt enforcement by Fond du Lac and Cloquet Police

To prevent a repeat of the deadly spring in 2010, when a flurry of traffic crashes killed 11 people (nine were not belted) within four days, Fond du Lac and Cloquet area police officers will increase “Click It or Ticket” seat belt patrols beginning in May.

During a four day period last year, 12 people ages 13-23 were killed. Of note, a triple-fatal crash in Winona and six killed in Cambridge.

The campaign includes nearly 400 Minnesota agencies working overtime. Patrols are supported by federal dollars to increase seat belt use and stop preventable traffic deaths.

Each year in Minnesota, at least 200 unbelted motorists are killed. During 2007–2009, more than 600 unbelted motorists were killed and more than 1,200 were seriously injured.

According to Fond du Lac Police Chief Sam Ojibway, a seat belt is a motorist’s best defense in the event of a crash. He notes that in roll-over crashes, unbelted motorists are usually ejected from the vehicle. In most cases, the vehicle will roll over on top of them. In many cases, unbelted motorists crack or injure teeth on steering wheels or break their noses, and even slam into and injure or kill others in the vehicle.

“Seat belt enforcement is important to stop preventable deaths or injuries,” says Chief Ojibway “While we would rather not cite anyone for the violation, we know that a ticket is usually what will con-

vince people to start making the smart decision to always belt up.”

Ojibway adds that motorists need to be the first line of enforcing the law by speaking up and insisting that all passengers are belted.

Fond du Lac and Cloquet officers will enforce the state’s primary seat belt law during the effort. The primary law requires passengers in all seating positions, including the back seat, to be buckled up or seated in the correct child restraint. Officers will stop and ticket unbelted drivers or passengers. A seat belt fine is \$25 but can cost more than \$100 with court and administrative fees.

The primary law has helped the state achieve a record high daytime seat belt compliance rate of 92 percent. In a recent pre-enforcement seat belt observational survey in Fond du Lac and Cloquet areas, 89 percent of motorists were belted.

Fond du Lac and Cloquet areas will conduct another survey following the enforcement to measure belt use. The campaign will also include enforcement of Minnesota’s strengthened child passenger safety law that requires children to be in the correct restraint until they are 8 years old or 4 feet 9 inches tall, whichever comes first. This law requires booster seats for children usually starting at four years of age to ensure adult seat belts fit them correctly.

Fond du Lac and Cloquet Police are stressing belt use

especially among teens and young adults, the groups with the lowest seat belt use rates. Statewide each year, motorists age 15–29 account for 45 percent of all unbelted deaths, yet this group represents only 25 percent of licensed drivers. This same age group accounts for 55 percent of all unbelted serious injuries — 70 percent occur in Greater Minnesota.

The enforcement effort will also include a nighttime seat belt enforcement focus. Each year, more than 60 percent of the nighttime fatalities (9 p.m.–3 a.m.) are not buckled up.

“We enforce this law to save lives,” says Chief Ojibway “Far too often law enforcement and emergency responder resources are pulled away to address motorists’ injuries that wouldn’t have occurred had seat belts been used.” The “Click It or Ticket” seat belt enforcement campaign is a component of the state’s Toward Zero Death (TZD) initiative. A primary vision of the TZD program is to create a safe driving culture in Minnesota in which motorists support a goal of zero road fatalities by practicing and promoting safe and smart driving behavior. TZD focuses on the application of four strategic areas to reduce crashes — education, enforcement, engineering and emergency trauma response.

FDL Law Enforcement news

The following is a summary of about one month of select police reports.

- 3/15/11 Traffic stop of Hwy. 2; driver warned for failure to dim lights.
- 3/15/11 Traffic stop on Hwy. 210; driver cited for speeding.
- 3/16/11 Traffic stop on Brookston Rd.; driver warned for not having current registration.
- 3/16/11 Assisted St. Louis Co. on a suicide call.
- 3/16/11 Assisted State Patrol on traffic stop; located marijuana.
- 3/17/11 Traffic stop on Hwy. 33; driver arrested for DWI.
- 3/17/11 Traffic stop on Hwy. 2; driver cited for driving after revocation.
- 3/18/11 Assisted motorist by B & B Market; helped push stalled car into parking lot and gave driver a ride home.
- 3/18/11 Report of heavily intoxicated male at Black Bear Casino; male transported to CMH.
- 3/19/11 Traffic stop on Brookston Rd.; driver cited for revoked license and no insurance.
- 3/19/11 Report of out of control intoxicated person at Black Bear Casino; person brought to jail.
- 3/20/11 Traffic stop on Hwy. 2; driver arrested for DWI.
- 3/20/11 Traffic stop on Hwy. 210; driver cited for speeding.
- 3/21/11 Traffic stop on Hwy. 210; driver arrested for DWI.
- 3/21/11 Report of an assault on Ridge Road.
- 3/22/11 Traffic stop on Hwy. 2; driver warned for speeding and failure to move over.
- 3/22/11 Assisted Cloquet Officers with clearing building with opening door, all clear.
- 3/23/11 Reports of a person at Black Bear Casino with fake identification and underage consumption. Person cited for underage consumption and ID taken.
- 3/23/11 Traffic stop on Hwy. 2; driver cited for driving after suspension.
- 3/24/11 Traffic stop on Big Lake Rd.; driver cited for speeding.
- 3/24/11 Traffic stop on Reservation Rd.; driver warned for speeding.
- 3/25/11 Traffic stop on Reservation Rd.; driver cited for speeding and possession of marijuana
- 3/25/11 Traffic stop on Hwy. 210; driver warned for following too closely.
- 3/26/11 Report of domestic assault on Trettel Lane; one party brought to jail.
- 3/26/11 Assisted Carlton County Deputies with assault call.
- 3/27/11 Report of a fight on Ridge Rd.; no fight found; told to turn music down.
- 3/27/11 Report of a gas-drive-off at Sawyer Store.
- 3/28/11 Report of unwanted person on Whispering Pine Dr.; person brought to jail.
- 3/28/11 Assisted State Patrol on traffic stop; K-9 located 7 grams of Meth.
- 3/29/11 Assisted Duluth Police Dept. with K-9 and located 2.9 pounds of marijuana.
- 3/29/11 Traffic stop on Big Lake Rd.; driver cited for speeding.
- 3/30/11 Report of assault on Belich Road.
- 3/30/11 Traffic stop on Hwy. 210; driver warned for speeding.
- 4/1/11 Report of gas-drive-off at Gas and Grocery.
- 4/1/11 Traffic stop on Reservation Rd.; driver warned for speeding.
- 4/2/11 Traffic stop on Hwy. 2; driver cited for speeding.
- 4/2/11 Report of intoxicated person walking on the road; located person and brought to detox.
- 4/3/11 Report of a gas-drive-off at FDL Gas and Grocery.
- 4/3/11 Traffic stop on Brevator Rd.; driver cited for driving after revocation.
- 4/4/11 Report of an assault on Scotty Drive; victim didn't want to press charges.
- 4/4/11 Report of three young kids playing in the roadway in supportive housing without being supervised; located adult and advised them.
- 4/5/11 Assisted State Patrol with K-9; located small amount of marijuana.
- 4/5/11 Report of loud music on Ridge Rd.; advised to keep volume down.
- 4/6/11 Traffic stop on Hwy. 2; K-9 used, and alerted for obvious signs of marijuana use.
- 4/6/11 Report of domestic assault on Bindigayan Rd.; one party brought to jail.
- 4/7/11 Report of car accident in the Tribal Center parking lot; one cited for no valid driver's license.
- 4/7/11 Traffic stop on Hwy. 210; driver warned for speeding.
- 4/8/11 Assisted State Patrol with a semi-trailer on fire on Hwy. 210.
- 4/8/11 Traffic stop on Big Lake Rd.; driver cited for no proof of insurance.
- 4/9/11 Traffic stop on County Rd. 7; driver was arrested for driving after cancellation.
- 4/9/11 Traffic stop on Hwy. 2; driver warned for speeding.
- 4/10/11 Traffic stop on Hwy. 210; driver was cited for failure to stop at stop sign.
- 4/10/11 Traffic stop on Jarvi Rd.; driver cited for having no proof of insurance and driving after suspension.
- 4/11/11 Traffic stop on County Rd, 7; driver cited for speeding.
- 4/11/11 Traffic stop on Mahnomen Rd.; driver cited for driving after suspension.
- 4/12/11 Traffic stop on Reservation Rd.; driver cited for driving after revocation, no proof of insurance and failure to provide registration.
- 4/12/11 Traffic stop on Brevator Rd.; driver warned for speeding.

Fishing and the Ojibwe



A catch of whitefish and trout. The man standing by the barrel of fish is unidentified. Photo courtesy of Northeast Minnesota Historical Center.

By Christine Carlson

It's the month of May and fishing season is here. Thought I would share some fishing stories about the Ojibwe.

1826 - From the Book "Tour to the Lakes" by Thomas McKenney

The white fish is taken by both whites and Indians with a scoop net, which is fastened to a pole about ten feet long. It is hardly possible for me to describe the skill with which the Indians take these fish, but I will try. Two of them go out in a bark canoe, that you could take in your hand like a basket, and in the midst of the rapids, or rather just below where they pitch and foam most. One sits near the stern, and paddles; the other stands in the bow, and with the dexterity of a wire dancer, balances this "egg-shell," that you or I would be certain to turn over in our attempts to keep steady. When a fish is seen through the water, which is clear as crystal, the place is indicated by the man with the net, when, by a dexterous and quick motion of the paddle, by the Indian holding it, he shoots the canoe to the spot, or within reach of it, when the net is thrown over the fish, and it is scooped up, and thrown into the canoe—meanwhile the eye of the person in the stern is kept steadily fixed upon the breakers, and the eddy, and whirl, and fury, of the current; and the little frail bark is made to dance among them, lightsome as a cork; or is shot away into a smoother place, or kept stationary by the motion of that single paddle, as circumstances may require it.

1830's - Fishing in the old Village of Fond du Lac.

Fishing was prevalent in the old

village. In the St. Louis River were catfish, sturgeon, whitefish, pike, carp, black bass and suckers. Sturgeon gills were considered a delicacy. Griddle cakes were made of sturgeon eggs and flour with a topping of maple syrup. The Peter and Nancy (Roussain) Crebassa Family went on a two day fishing trip and came back with four barrels and two kegs of fish. Maosit (may also be known as Mongosit) went fishing with a scoop net up at the rapids one evening and came back with 30 whitefish. During another fishing trip, 100 to 200 fish were taken in two hours. Fish were eaten fresh, dried or smoked.

1843 – Fishing on the St. Louis River Rapids

In the first weeks of spring, a two fathom or twelve foot canoe was filled in one hour. Two men were in the canoe with one steering and one using a dip net.

Families at the Head of the Lakes with Fishing as the Occupation as Noted in the Various Census Reports

(Please keep in mind the spelling of the census taker and transcriber may be incorrect. There are many variations with the names).

- 1850 Census at LaPointe – Louis and Josette DeFault, Argapit and Charlotte Archambeau, Joseph MaChord.
- 1850 Census at Itasca County – Joseph and Ellen Roussain, Joseph and Mary Bellair.
- 1857 Census at St. Louis County – Baptiste Lesage.

A 1853 Fishing Story by William Kelly - from the Superior Public Library

The Indian process of taking fish

in the boiling rapids is peculiarly interesting. Without waiting for wind or tide, they pull out from the shore at any time when they wish to catch a meal or earn a few shillings (a shilling and a whitefish are convertible terms in the upper country). The boats are sharp at both ends, made without a keel, framed of light slats or flexible wood running both longitudinally and transversely, and covered with bark. One Indian stands erect in the bow, and the other in the stern. This attitude they maintain, however violent their exertion. The skill and ease with which they manage the canoe are a wonder to behold. The man at the stern with a scarcely perceptible motion of his paddle holds it steadily in its place, with its head up stream. The other is watching for the fish which, with their head also against the current, love to poise themselves in the swiftly-rustling waters, motionless as the two finned canoe that holds its pursuers. As soon as he spies one within reach, he plies a scoop net of large size, with which he is armed and in an instant the fish is in the boat, his companion giving it a quick impulse at the right moment, and arresting it in an instant.

Fisherman, Annuity Payments and Civil War Veteran Joseph Laundry

The Laundry family was a significant fishing family. Here is something about Joseph Laundry. On September 30, 1854, Joseph Laundry received a government annuity payment of \$10.59 as a Fond du Lac Band member. This was based on a family of one male, one woman and one child. His wife's name is Josette (Cadotte) Laundry. On October 4th, 1861, Joseph Landrie received a government annuity payment of

\$6.75 as a member of the Fond du Lac Band of Chippewa. This was based on a wife and two children. Joseph Laundry was noted as a Civil War Veteran. He enlisted from Superior, Wisconsin in Company H, Wisconsin 5th Infantry Regiment on August 29, 1864. He mustered out on June 20, 1865.

- 1860 Census at French River – Joseph and Rosette Londre, Alexis Londre, J. B. Londre, Jr., Frank Londre.
- 1860 Census at the old village of Fond du Lac – Joseph Lemab.
- 1860 Census at Superior – Joseph and Susette Laundry, Baptiste and Mary LeSage.

Jean Baptiste Laundry Jean Baptiste Laundry was the father of Joseph. Jean also caught and sold fish. He was a relative to Francois Roussain from the old village of Fond du Lac. Jean died on July 15, 1870 at his lodge on Minnesota Point.

Pioneer Richard E. Carey's Fish Story – from Douglas County Historical Society

In 1867 one day my mother saw an Indian in a canoe going up and down the bay around the islands along the edge of the swamp, sometimes moving fast sometimes very slow. He did not seem to be paddling. She was watching him and in the afternoon she saw the Indian paddle in to the big portage, jump out from his canoe, run across the portage with a line in his hand. She went over there and found he had pulled a sturgeon that

weighed 127 lbs. I saw the hook that caught the fish and it was a very large hook. The Indian said he had the bait there several days before he caught the fish. After he hooked the fish he found he could not do anything with it. He had to let the fish pull the canoe whenever it wanted to until the fish got tired out so that he could paddle the canoe and lead the fish which he did and landed his canoe at the portage. After the fish was weighed my father bought several slices of the fish and it was nice eating.

1869 – The Price of Fish in Duluth

In May of 1869, fresh lake fish were three and one half cents a pound. In December of 1869, three tons of fresh fish were brought to market in one week. This may have been the start of Duluth's commercial fishing industry. The fish sold for ten cents a pound which was considered a steep price. When the lake froze over, the fish were at a lower price. This year was when the city of Duluth was growing; it was Joe Laundry who provided most of the fish for the city.

1869 & 1870 – The Lake Superior and Mississippi Railroad was being built from Fond du Lac to Carlton

There were hundreds of people employed in the area working with the Lake Superior and Mississippi Railroad, working at various sawmills and building projects. There was a great demand for food and fishing

was a source of food for many of these workers.

- 1870 Census at the Fond du Lac village – Joseph and Isabell Sharett, Joseph and Charlotte Sharett, Migano Geshig, Joseph and Mary LeGarde, Marshol and Louisa Pettie, Pery and Louisa Gooding, Frank P. Winter, Angus Sary, Francis Kiewogeshig, and Louis Gilejelo
- 1880 Census at Superior – young Charles Lord, Frank and Elizabeth Lemieux, John Osaugie

Women's Role in Fishing

In the census reports, if the woman's name was mentioned, I also put her name in the story. Women had an important role in the fishing industry and should be remembered. The Ojibwe fished all year but the spring and fall were an especially important time to fish. Women made basswood twine nets. The nets were washed using a sumac leaf solution to get rid of the fishy odor. They also used a solution of plant and herbal medicines that attracted the fish. Fish were smoked and or dried. Some fish were hung on a wooden frame where a rod was driven through the fish tails. They would hang there until frozen. At times, there were hundreds of fish hanging there ready for the winter's supply.

Hooks, Flambeaus and Ice Fishing

Hooks were also made from deer bones. Fishing was sometimes done at night with birch

bark torches called flambeaus. For ice fishing, the Ojibwe first made a hole. Then boughs, hides or birch bark was laid down on the ice. Blankets were used to darken the area and for warmth. A wooden decoy was used which moves around in the water like a real fish. A spear was used instead of a pole.

Tourists Coming to Fish in the late 1880's

The St. Louis River was a great tourist and fishing attraction. The Spirit Lake Hotel was Duluth's only fishing resort. It had a boathouse, landing dock and supplied watercraft for their guests. This popular hotel was owned by John and Louisa Swenson and located in lower Smithville which is east of Morgan Park. Across from Morgan Park is the beautiful place called Spirit Island.

Fishing in the 1890's and Big Business Takes Over

In the 1890's was the start of the big business of selling frozen fish in the winter. A. Booth Company was one of the largest. They shipped kegs of salted fish to other markets. Information from a previous story featured Ojibwe Captain Edward C. Smith and the ship America. His ship hauled kegs of salted fish to market and then brought back supplies. Bradshaw Brothers and Bly were a big fishing and packing company. They packed and salted as much as ten tons in a season. Many schooners carried a full cargo of fish. Lake Superior fish were

always legal tender.

Life Changes

Life had changed for the Ojibwe. The 1895 Fond du Lac Reservation Census listed John Anamosin Jr. as Chief of the Band. (Naganub and Anamosin had both died in June of 1894). At this time, no one in this census showed their occupation as fishing. There were only three listed as trappers and they were John LaGarde, Joe LaDaque and Frank St. John. Most of the others in this census showed their occupation as farmers and laborers. Many of these laborers were working in the logging industry. The fraudulent logging industry will be the subject of a future story.

Wisconsin Point

A few were still fishing at Wisconsin Point. The base of Wisconsin Point had a smooth, sandy bottom and an ideal fishing grounds where nets and seines were safely used.

- 1905 Census at Superior, Wisconsin - Frank and Mrs. Sky, Joseph and Mrs. Lercry and son Frank

My sons and I have lived on a little lake for 30 years. I have taken a lot of photos but not fished. I just may have to buy a license, get out the old canoe and give it a try. While digging in the garden I found some nice worms. Wish me luck. Thanks to William Colehour for the Laundry family information.

Ashi-niswi giizisoog (Thirteen Moons)

Waabigonigiizis

The Waabigonigiizis begins May 3. This is the flowering moon. Other Ojibwe names for this moon are Zaagibagaamegiizis or Budding moon and Waswugonegiizis or Flowering moon.

Aanji-Minwaabajitoonowin Gegoo Gitigaaning (Renew the good use of something in the Garden)

By Shannon Judd

Purchasing all of the necessities for gardening can add up to a lot of zhooni-ya. Fortunately, there are many ways to reuse items we would normally throw away or recycle.

Here are some ways of reusing various items in your garden:

• **Rain Water:** (pictured) A great way to



recycle rain water from your roof, save money and protects lakes and streams from pollution. The “System” rain barrel is available for sale at cost through the Fond du Lac Environmental Program. The rain barrel is made from 50 percent recycled materials.

- **Old Pantyhose:** Cut them into sections and use them to tie plants to stakes. They are sturdy, but will not hold the plant too tightly.
- **Egg cartons, yogurt containers, last year’s plastic seedling containers:** All of these can be used to start seedlings.

Be sure to wash yogurt and old seedling containers before use. Punch two holes in the bottom of containers to allow for water movement.

- **Plastic knives, mini blinds, or popsicle sticks:** Use these as plant markers.
- **Shower curtain:** When transplanting large plants, use an old shower curtain as a skid to help haul the plant between locations.
- **Toilet:** Ok, so the thought of this disturbs some people, but we are doing this at our house this spring. If you replace your toilet, use the old one

as an outdoor double-planter for flowers (the bowl and the back). Use some weather-proof porcelain paint to make it a little more decorative. It will definitely make a good conversation piece!

- **Food Waste:** Instead of throwing your food waste in the garbage, try composting! Composting reduces waste and protects your health and the environment by reducing/eliminating the

need for man-made fertilizers. Wood pallets provide excellent construction material for an outdoor bin. You can

either build your own outdoor compost bin, compost indoors with worms, or purchase a bin (see picture).



The Fond du Lac Resource Management Division has compost bins and System rain barrels available for purchase. Call Shannon

at (218) 878-7123 for pricing

Ishkonigaazowin Gete-miinikaanan (Seed Saving)

By Nikki Crowe

The seeds we save are often referred to as heirloom, open pollinated, non-hybrid, or indigenous. Heirloom seeds are seeds that have been grown out for at least 50 years or have been handed down from at least three generations of family. Some heirloom varieties are for sale in seed catalogs or you can join a non-profit seed saving group or agree to a swap with local growers of good seed. Avoid genetically modified and F1 hybrid seed - these are not good seeds to save, they are often sterile and unreliable in character if they are grown out again.

The idea of owning nature, including the seeds of nature, is not; well, in our indigenous nature. Seeds, like the land, will take care of us if we take care of them. Saving good seeds

promotes our sovereignty, is easy and a responsible thing to do.

Once you have the seed, then you grow the seed, then you can save seeds, save money and save the variety. A few supplies you will need are jars, screen, envelopes, pen, corn starch, cold dark place (like the refrigerator), and resources for seed saving. The resources can be a knowledgeable seed saver; this may be a neighbor or someone you meet at Gitigaan class, the internet; google: seed saving techniques, or by visiting the library for a book on seed saving.

At the April 19 Gitigaan class, I provided a free to download seed saving guide. To obtain your copy, go to www.seedambassadors.org. Good luck on your seed saving. Remember my motto: grow some, eat some, save some.

Nisiwag Gimisenyiminaanig Gitigaan (Three Sister’s Garden)

By Nikki Crowe

Three sister’s gardening is a traditional Native gardening practice; it is sustainable and good for the soil. Dave Wilsey tells me, “The three sisters planting system are indigenous to the Americas, spanning from northern United States to the countries of South America. I worked with three sisters systems in Ecuador and Peru, as well as in Guatemala and Mexico”.

Growing mandaamin (corn), mashkodesimin, (beans) and okanakosimaan (squash) together requires less weeding, watering and returns nutrients back into the soil. The beans add the

nitrogen back to the soil that the corn uses to grow; the squash leaves are large enough to shade out weeds and unwanted insects. The mound that the three sisters grow in retains more water than if planted in a flat bed. Nutritionally, the corn provides carbohydrates, the beans provide protein, and the squash provide vitamins.

A good source of gardening information can be found at the Gitigaan classes held from 5:30-8 p.m. Tuesdays, at the Cloquet Community Center through the end of May. They offer a meal and a presentation on gardening topics.

Upcoming Events: 13 Moons and Gitigaan will be hosting a gardening class “Wild Edibles for the Garden” at 5:30 p.m. May 17 at the Cloquet Community Center. Check us out on Facebook: 13 Moons Ashiniswi Giizisoog

This page addresses culture, ecology, and natural resource management and is a monthly production of the Thirteen Moons, the FDL Tribal College Extension Program. Thirteen Moons is funded by a USDA grant and supported by FDL Resource Management Division and University of Minnesota Extension. Comments and Suggestions can be emailed to: thirteenmoons@fdlrez.com



Nutrition and Physical Activity Guidelines for Cancer Prevention

Part two in a series of nutrition and physical activity recommendations and guidelines for cancer prevention.

By the Fond du Lac Wiidookaage Cancer Prevention Team

Recommendation #2: Adopt a physically active lifestyle.

Adults should engage in at least 30 minutes of moderate physical activity on 5 or more days of the week. As fitness improves, increasing to 45 to 60 minutes of activity is preferable. A person's usual activity is not counted.

Children and adolescents should engage in at least 60 minutes per day of moderate physical activity, at least 5 days a week.

Moderate activities are those that require effort equal to a brisk walk. Vigorous activities often use large muscle groups and cause an increase in heart rate, breathing and sweating.

Physical activity may help to reduce the risk of several types of cancer, heart disease, diabetes, high blood pressure and osteoporosis. Physical activity can help reduce weight and prevent unwanted weight gain.

Reducing the amount of time spent in front of the television or the computer allows for more time to be active. Adults can be great

role models for kids by becoming more active. For families, planning activities that involve the children is easier.

Tips to becoming more active:

- Use the stairs instead of the elevator.
- Walk or bike to your destination.
- Exercise at lunch with a friend.
- Play with your children, go swimming or for a walk after dinner.
- Go dancing with friends or dance around the house with your children.
- Dance at Powwows.
- Wear a pedometer.
- Encourage your children to play with friends/ bike/ join a sports team.
- Start with small goals and gradually increase the number of days and minutes per session.
- Contact Fond du Lac personal trainers.
- Visit the work out areas at the community centers

Sources: World Cancer Research Fund, American Institute for Cancer Research, American Cancer Society

Women's Wellness activities in May

The Fond du Lac Human Services Division is hosting a Women's Wellness Gathering from 9 a.m. – 5 p.m. May 23 and from 9 a.m. - 3 p.m. May 24 at the Cloquet Forestry Center, 175 University Rd, Cloquet. There will be guest speakers and activities with a talking circle. There will be skywatching starting at 6 p.m.

Activities include a Sweat Lodge after 3 p.m., and a Journaling workshop in which we will be expressing ourselves creatively by making our own journals and writing in them.

Featured speakers include:

- Rose Marie DeBungie, Elder from Ponemah, Red Lake "Traditional Teachings;"
- Annette Lee, "Native Skywalkers" stories, teachings and observations;
- Nikki Crowe, 13 Moons, "Healing thru our Connection to the Earth."

There will also be speakers from the Minnesota Indian Women's Sexual Assault Coalition; Sacred Hoop Coalition – survivor stories; and Oshkii Giizhik singers.

Registration is at 8:30 a.m. on both days with lunch provided. If you have any questions con-

tact Marcia at (218) 878-3782, December at (218) 878-3783 or Patricia at (218) 878-3784.

Last chance to enter FDL Diabetes Prevention Disney contest

By the Fond du Lac Human Services Diabetes Prevention Staff

If you haven't had your blood sugar checked at a community screening for your chance to win the trip to Disney, it's not too late. The last community screening will be held on 1-3 p.m. May 31, in the MNAW clinic lobby.

Sadly, many people have said they are too scared to be tested because they are afraid they may already have diabetes. It's much scarier to have diabetes and not know it.

Often people have diabetes for 5 years before they are diagnosed. The longer blood sugars are high, the greater the chances of developing the complications of diabetes such as heart attack, stroke, amputations, and kidney failure.

Those complications can be prevented with good blood sugar control. The purpose of these blood sugar screenings is to find people with pre-diabetes so they have a chance to prevent or delay diabetes and to find people

with diabetes so they can learn to control blood sugars and prevent complications. We offer programs at our clinics for both pre-diabetes and diabetes to help you make lifestyle changes and live well.

To date, we have screened 426 people and have found:

- New Diabetes diagnosis - 7
- New Pre Diabetes diagnosis - 42
- Normal ranges- 224
- Previous Diabetes Diagnosis - 93
- Previous Pre Diabetes Diagnosis - 60

To be eligible to win the trip, participants must be:

- 1) 18 years of age or older on the date of the blood sugar screening
- 2) American Indian
- 3) Eligible for services at the MNAW and/or CAIR clinics

If diagnosed with diabetes or pre-diabetes you can participate by getting an A1C blood test at a community blood sugar screening.

The contest ends May 31. The winner will be announced at the annual FDL Health Fair. The winner will receive an all inclusive trip for four to Walt Disney World for 4 nights and 5 days (approximate retail value of \$4,550).

Recipe for the month: Broiled Tomatoes Provencal

Tomatoes are a good source of Vitamin C and potassium, as well as lycopene, a potent phytochemical that may protect against prostate cancer. The lycopene is actually more available after the tomato is cooked. Serve on a bed of fresh leafy greens for an appealing appetizer.

- Olive oil cooking spray
- 4 medium firm, ripe tomatoes
- 1/2 cup bread crumbs, preferably whole wheat
- 2 Tbsp. grated Parmesan cheese
- 2 Tbsp. chopped flat-leaf parsley
- 2 Tbsp. chopped fresh basil
- 2 cloves garlic, minced
- 2 tsp. extra-virgin olive oil
- Salt and black pepper to taste

Preheat the oven to 350 degrees. Lightly spray a 7x11-inch baking dish with cooking spray and set aside. If necessary, cut a thin slice from the bottom of each tomato so that it will stand upright. Combine the breadcrumbs, Parmesan, parsley, basil, garlic, olive oil, salt and pepper. Cut the tomatoes in half

crosswise; then gently squeeze out their seeds. Arrange cut side up in the baking dish. Spoon the breadcrumb mixture evenly over the tomatoes, gently patting down on top of each tomato half. Bake until the breadcrumbs are golden and the tomatoes are softened, about 50 minutes.

Makes 8 servings. Per serving: 56 calories, 2 g. total fat (< 1 g. saturated fat), 8 g. carbohydrate, 2 g. protein, less than 2 g. dietary fiber, 75 mg. sodium.

Recipe taken from AICR's Diet and Health Guidelines for Cancer Prevention.

Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on May 15, 2011 for the June issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720, or by email to danielhuculak@fdlrez.com

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Full names, including individual last names are required, and please remember to include the date of the birthday, anniversary, etc. in your greeting.

Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Birthdays



Happy Birthday **Anthony White** (May 3)
Love, Mom, Chico, Deena, and Sam

Happy Birthday **Deena Budreau** (May 3)
Love, Mom, Chico Tony and Sam

Happy Birthday **Victoria** (May 30)
Grandma Karen

Happy Birthday **Victoria**
Love Mama, RaeLynn, and baby brother Randell

Happy Birthday to **Kaley and Jerome** (May 17)
Love, Mom



Happy 7th Birthday **Kaydance B.** (April 28), and Happy 1st Birthday **Vienna D.** (May 1). We love you!
Love, Mommy, Daddy, and the girls

Happy Birthday **Kaydance and Vienna!** We love you girls!
Love, Auntie Alisha, Uncle Will, Theodore, Grandma and Grandpa

Happy Birthday "**Mom**" **Barb Wienke** (May 13)
Love you! Sherri

Happy birthday to my "**Broham**" **Jerome**
Love Kaley and Rado, and your nieces and nephew

Happy belated Birthday **Granny Doris Otis** (April 27)
From, Karen, Kaley, Rado, Victoria, RaeLynn, Randell, and Jerome

Happy belated Birthday to "**Granny,**" **Doris Otis**
Love, Krissy and Stuart

Happy belated Birthday to our mom, **Doris Otis**
Love, Bev and Jim

Margaret Needham would like to wish the following CAIR staff a Happy Birthday to: **Shirley Reynolds** CHR, (May 14); and **Rhonda Johnson**, LPN, (May 22).

Happy 6th Birthday **Cameron Lewis** (May 3)
With love, from Chalsea and the girls

Happy 4th Birthday **Ayeden Diver** (May 12)
Your Mom and your sister love you

Happy Birthday **Nancy Seppala** (May 7) Enjoy your birthday, you young hot chick!
Love, Chico, your family and friends

Owen Wilton is 18! Happy Birthday **Owen** (May 2)
You're an official Adult. I love you more than anything.
Mom



Happy 10th Birthday **Tristin Paulson** (May 28)
Love, Mom, Tono, & Uncle Chewy

Happy 3rd birthday **Chazz Martin-eau** (May 22), and Happy 33rd Birthday **Junior Korby** (May 21)
Love you, Danielle, Courtney, Cameron, Tanisha, Tamara, Talayah



Happy 6th Birthday **Deacon "Dude" Whitebird!** (May 5)
Love, Dad and Vicki

Happy Birthday **Violet Reynolds-Wyner!** (May 31)
Love, your favorite daughter



Happy Birthday **Robin Marie Bridge** (May 8)
Lots of love, Auntie el

Happy Birthday to my sweet sister **Rosemary Bridge** (May 12)
Much love and hugs, el

Happy 15th (Golden) Birthday **Hailey Rose Bridge** (May 15)
Love you honey! Auntie el

Happy Birthday **Ryan Bridge** (May 18)
Lots of love, Auntie el

Happy B-day **Darryn Jaakola!** (May 28)
Love, your sister Lorri

Happy Birthday **Cory Mountain** (May 7)
With Love, Mom, Gene, Warren & Carter

Happy 26th Birthday to my nephew, **Jerone Gahbow** (May 3)

You are now more than a quarter-century OLD!!!
Much love, your favorite Antie

Happy Birthday to **Rose Shottley** (May 15)!
We love you Queen Bee!
"Inkapunk" Christine

Happy Birthday to the **Peacocks!**
Happy 18th Birthday **Chanel** (May 1)
Happy 16th Birthday **Shana** (May 14)
Happy 14th Birthday **Cole** (May 7)
Always, Mom, Dad, and Chloe

Happy Birthday **David Boswell** (May 1)
Love, Neva and all the cousins

Happy Birthday **Cindy McCosky** (May 6)

Happy first Birthday to **Mercedi Mae Martin!** (May 12)
Love, Mom, Maci, Madi and Grandma



Happy Birthday to my beautiful girl, **April Anita Petite**, 22 years old, (May 2)
Happy Birthday to my other beautiful girl, **Amberlynn Petite**, (May 16)
Happy Birthday to my handsome son, **Matthew Ray Petite**, 24 years old, (May 29)
May all your birthdays be special! *Love you all so very much, Mom, Lonnie, Davey, Dez, Sabrina, and James*

Happy Birthday to **Wanez Desjarlait** (May 3)
Love you, your favorite cousin Jess

Community News

Happy 2nd Birthday to my nephew **Desmond Defoe** (May 19)
Love you, Auntie Jessie, Joe, and the kids

Happy 2nd birthday to my "sexy mom" **Diondra Defoe** (May 28)
Hugs and kisses - we love you *Mom, Dad, your brothers, and sister*

Happy Birthday to my sister **Maggie Defoe** (May 17)
Love your favorite sister Jess

Happy 32nd Birthday to **Kenneth Skinaway!** (May 15) I love you baby, and I hope you have a great birthday!
Jennifer

Renee Sutherland, Administrative Slot Supervisor at the Black Bear Casino Resort would like to wish the following employees a Happy Birthday: **Nancy Seppala** (May 7), **Kenneth Skinaway** (May 15), and **Mark Huntington** (May 18).

Congratulations

Congrats to **Chanel E. Wachsmuth** on her graduation from Cloquet High School, class of 2011.
Mom, Dad, and Chloe

Congratulations to FDL enrollee, **Megan Lichterman**, who will graduate from the University of Wisconsin-Madison with a Bachelor of Science Degree. I am very proud of you!
Love, Mom

Congratulations to our daughter, **Tracy Marie Peacock**, who has recently graduated with a Juris Doctorate degree from Wayne

State University Law School. Tracy graduated from Esko High School in 1997, received her Associates degree from Inver Hills Community College in 2004 and received her Bachelor's degree from Metropolitan State University in St. Paul, Minnesota in 2006. Tracy presently resides in Arizona where she plans to take her bar exam and to find employment.



Tracy
The world sees a young woman, Charmed as she smiles, But behind that young woman, I see my child. Young woman, my daughter, My joy, my heart, Now you reach the end, Only to find a new start.

We are so very proud of you!
Love, Mom, Mark, Dale and Isabella

Thank you

Torrey Petite and Marita Jones Yellowhammer would like to thank the following people who helped them make their Europe trip possible: The FDL Reservation Business Committee,



Wanda Smith, for her assistance; Brenda Shabiash, Roberta Welper, Melinda Peterson, Sharon Shabiash, the Fond du Lac community for all their support, and friends and family who donated money. The kids held numerous fundraisers, including taco sales, volleyball tournaments, 50/50 raffle, a blanket raffle, and a Minnesota Viking ticket and limo raffle. Miigwetch!

A request from a community member

On April 25 while I was assisting a client, a family member decided to steal my Trails End beaded necklace from my office. The necklace was hanging on a framed eagle feather in memory of the one who faithfully served for years in this office before me.

It has little monetary value but is worth a lot to me. Please find it in your heart to return this to me NO QUESTIONS ASKED. Thank you!
Tammy L Nykanen
Administrative Assistant of Community Services
(218) 878-2603

Obituaries

Dennis Gerald Shabaish, "Ge-Be-Yaash" (Flying and covering all areas) 60, of Cloquet, entered the spirit world Sunday, April 10, 2011, in Regions Hospital in St. Paul. .

He was born May 24, 1950, in Cloquet, to Joseph and Delphine (Benjamin) Shabaish.

Dennis was a hard worker his entire life doing various jobs. He really enjoyed and embraced the Ojibwe language. He loved walking, visiting and spending time with his family.

He was preceded in death by his parents; wife Joann; and a brother, David.

Dennis is survived by his sons, Russell (Donna) and Dustin (Chrissy), all of Cloquet, Kevin of Stillwater, Minn., Wesley of Duluth, Jared of East Grand Forks, Minn., and Damien; one daughter, Toni; sisters Linda and Lois, both of Cloquet, and Rosalie (Neil) and Ruth (Bill), both of St. Paul; brothers Joseph Jr. and Rodney (Davi) of Sawyer, Daniel (Pam) and Donald of Cloquet, Leslie of Hertel, Wis., Lloyd of Rush City, Minn., and Roy of Hinckley; grandchildren

Christina Elizabeth, Christopher Elijah, Joanna Grace and Julianne Elizabeth; and numerous nieces, nephews, cousins and friends.

A wake service was held April 14, in the Fond du Lac Brookston Center in Brookston and continued until the 11 a.m. service April 15.

Pallbearers for Dennis were Darwin and John Diver, Craig and Darrell Shabaish, Corey Benjamin, Jack Jr. and William Thompson.

Interment was held at the St. Mary and Joseph Cemetery in Sawyer following the service.

Arrangements by Northern Peace Funeral Home of Walker, Minn.

Maxine Lyzeme Savage, 60, of Cass Lake, passed away April 18, 2011.

A private family service was held April 22, at the home of Alice Buck, in Cloquet.

Arrangements by Handevitt Funeral and Cremation Service, Cloquet.

For sale

Home on Big Lake in Sawyer, Minn. Located within 15 miles of three golf courses, 30 miles from Duluth. Built in 1990. Two bdrm., 1.5 baths, sauna, fireplace, open floor plan. Attached 2-car garage and detached 2-car insulated pole building. On private lot with 93 ft. of lakeshore; driveway and septic tank on 56 feet of FDL leased land. Asking \$245,900. Call (218) 879-5617 for more info.



Waabigwani Giizis – Flower Moon

May 2011

CCC: Cloquet Community Center, (218)878-7504; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185; CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BCCR: Black Bear Casino Resort; OJS: FDL Ojibwe School; CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center; FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center; FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; OJS: Ojibwe school; TRC: Tagwii Recovery Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Golf practice 10 a.m. CCC Volleyball Net up 12:30 p.m. CCC Teen workout 4 p.m. CCC 1	Elder exercise 8:30 a.m. CCC GED 4:30 p.m. SCC Zumba 5 p.m. OJSHS Cribbage 5 p.m. CCC AA/NA 6 p.m. TRC 2	Blood screening 10 a.m. MNAW Get Fit 12 p.m. CCC WIC 12 p.m. CAIR MN DOT CDL Graduation & Job Fair 1 p.m. BCCR Teen workout 3:30 p.m. GED 4 p.m. CCC Wisdom Steps mtg 5 p.m. CAIR Gitigaan Garden 5:30 p.m. CCC 3	Elder exercise 8:30 a.m. CCC Adult game day 12:30 p.m. CCC GED 4:30 p.m. SCC Beading 4:30 p.m. FDLM Zumba 5 p.m. CCC AA/NA 6 p.m. TRC 4	WIC 9 a.m. CAIR Teen workout 3:30 p.m. CCC Ojibwe language 5 p.m. CCC 5	Yoga 12 p.m. MNAW Pow wow feast 5 p.m. OJS Water aerobics 5:30 p.m. CCC 6	Teen workout 4 p.m. CCC Fearless Fighting Championship 5 p.m. BCCR 7
Golf practice 10 a.m. CCC Volleyball Net up 12:30 p.m. CCC Water aerobics 1 p.m. CCC Teen workout 4 p.m. CCC 8	HOLIDAY CLOSED CCC 9	Get Fit 12 p.m. CCC Elder Activity Fund Bd Mtg 1 p.m. CCC Teen workout 3:30 p.m. CCC GED 4 p.m. CCC Gitigaan Garden 5:30 p.m. CCC 10	Elder exercise 8:30 a.m. CCC On the Move Pick-up 12 p.m. CCC Adult game day 12:30 p.m. CCC Beading 4:30 FDLM GED 4:30 p.m. SCC Zumba 5 p.m. CCC 52+ Elder 5 p.m. CCC I CAN COPE 5 p.m. MNAW AA/NA 6 p.m. TRC 11	Teen workout 3:30 p.m. CCC Ojibwe language 5 p.m. CCC 12	Blood screening 11:30 a.m. CCC Cook class 12 p.m. PHN Yoga 12 p.m. MNAW Water Aerobics 5:30 p.m. CCC 13	Elder overnight trip to Guthrie Theatre Homebuyer class 8:30 a.m. CCC Teen workout 4 p.m. CCC 14
Golf practice 10 a.m. CCC Volleyball net up 12:30 p.m. CCC Water aerobics 1 p.m. CCC Teen workout 4 p.m. CCC 15	Elder exercise 8:30 a.m. Blood screening 4 p.m. FLDG&G GED 4:30 p.m. SCC Zumba 5 p.m. OJSHS Cribbage 5 p.m. CCC AA/NA 6 p.m. TRC 16	Blood screening 10 a.m. CAIR WIC 12 p.m. MNAW Get Fit 12 p.m. CCC Teen workout 3:30 p.m. CCC GED 4 p.m. CCC Gitigaan Garden 5:30 p.m. CCC 17	Elder exercise 8:30 a.m. CCC Adult game day 12:30 p.m. CCC Beading 4:30 p.m. FDLM GED 4:30 p.m. SCC Zumba 5 p.m. OJSHS AA/NA 6 p.m. TRC 18	WIC 8:30 a.m. MNAW Open meeting 1:30 p.m. SCC Teen workout 3:30 p.m. CCC Ojibwe language 5 p.m. CCC 19	Yoga 12 p.m. MNAW Water aerobics 5:30 p.m. CCC 20	Battle at the Bear Bounty 10 a.m. BCCR Highway cleanup 11 a.m. Teen workout 4 p.m. CCC 21
Golf practice 10 a.m. CCC Volleyball net up 12:30 p.m. CCC Water aerobics 1 p.m. CCC Teen workout 4 p.m. CCC 22	Deadline for baseball sign-up Elder Exercise 8:30 a.m. CCC Women's Wellness Gathering 9 a.m. CFC GED 4:30 p.m. SCC Zumba 5 p.m. OJSHS AA/NA 6 p.m. TRC 23	Women's Wellness Gathering 9 a.m. CFC Get Fit 12 p.m. CCC Teen workout 3:30 p.m. CCC GED 4 p.m. CCC Gitigaan Garden 5:30 p.m. CCC 24	Elder exercise 8:30 a.m. CCC Adult game day 12:30 p.m. CCC Beading 4:30 p.m. FDLM GED 4:30 p.m. SCC Zumba 5 p.m. OJSHS 52+ Elder meeting 5 p.m. CCC Sobriety Feast 6 P.M. BCCR AA/NA 6 p.m. TRC 25	Teen workout 3:30 p.m. CCC Ojibwe language 5 p.m. CCC 26	Yoga 12 p.m. MNAW Water aerobics 5:30 p.m. CCC The Doobie Brothers 7:30 p.m. BCCR 27	Teen workout 4 p.m. CCC 28
Golf practice 10 a.m. CCC Volleyball net up 12:30 p.m. CCC Water aerobics 1 p.m. CCC Teen workout 4 p.m. CCC 29	HOLIDAY 30	Get Fit 12 p.m. CCC Blood screening 1 p.m. MNAW Teen workout 3:30 p.m. CCC GED 4 p.m. CCC Gitigaan Garden 5:30 p.m. CCC 31	FDL Youth Baseball Deadline for Sign up May 23, 2011			